2024 Elkford Triathlon Overall Solo Gender Results

Xtreme Sprint 750M - 20K - 5K

2 Finishers

Female 2 Fir	nishers
--------------	---------

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
 RUSSELL, KATHERINE 	228	XSPRT40-49F	01:45:10.88	00:14:07.03	1	01:01:54.23	1	00:29:09.62	1	ELKFORD
2. BAIRD, BRENDA	230	XSPRT60+F	02:27:49.02	00:22:54.30	1	01:28:06.90	1	00:36:47.82	1	LETHBRIDGE