## 2025 Elkford Triathlon

**Overall Results** 

Kids Tri 200m Swim 5K E	3ike 2K Run	20 Finishers										
Name	Bib# Category	Finish	Swim	O/A	Pace/100M	1 Bike	O/A	Pace K/H	l Run	O/A	Pace/Km	n City
1. RUSSELL, ISAAC	577 K200-11-13M	00:25:11.58	00:04:40.30	12	02:20	00:13:03.13	1	22.98	00:07:28.15	1	03:44	ELKFORD
2. DODDS, NOAH	574 K200-11-13M	00:26:47.68	00:03:12.85	1	01:36	00:14:40.88	3	20.43	00:08:53.95	5 3	04:26	FERNIE
3. MCFARLAND, COLTON	576 K200-11-13M	00:27:31.90	00:04:22.83	6	02:11	00:15:14.82	5	19.68	00:07:54.25	5 2	03:57	LETHBRIDGE
4. RUSSELL, ELLIOT	566 K200- 8-10M	00:28:54.11	00:05:18.05	15	02:39	00:13:54.48	2	21.57	00:09:41.58	8 8	04:50	ELKFORD
5. WELSH, ETHAN	579 K200-11-13M	00:29:03.98	00:04:49.12	13	02:24	00:14:44.41	4	20.35	00:09:30.45	56	04:45	ELKFORD
6. SUTHERLAND, DECLAN	578 K200-11-13M	00:29:13.44	00:04:32.56	9	02:16	00:15:30.40	8	19.35	00:09:10.48	3 5	04:35	ELKFORD
7. KIROUAC, OLIVE	571 K200-11-13F	00:30:10.10	00:04:17.17	3	02:08	00:15:27.89	7	19.40	00:10:25.04	l 10	0 05:12	CANMORE
8. ZILINSKI, GRAYSON	588 K200- 8-10M	00:30:12.23	00:04:20.09	4	02:10	00:16:43.46	11	17.94	00:09:08.68	, 4	04:34	COLEMAN
9. WELSH, MIKAYLA	581 K200-14-16F	00:30:40.07	00:04:15.47	2	02:07	00:15:48.52	9	18.98	00:10:36.08	3 11	1 05:18	ELKFORD
10. KIROUAC, BEATRICE	570 K200-11-13F	00:31:31.83	00:04:36.18	11	02:18	00:16:38.15	10	18.03	00:10:17.50	) 9	05:08	CANMORE
11. GOGGIN, ANNE	568 K200-11-13F	00:31:36.73	00:04:50.69	14	02:25	00:15:27.06	6	19.42	00:11:18.98	3 15	5 05:39	ELKFORD
12. GOGGIN, JULIETTE	563 K200- 8-10F	00:32:57.23	00:06:01.15	18	03:00	00:17:23.23	12	17.25	00:09:32.85	, 7	04:46	ELKFORD
13. ZILINSKI, FINN	587 K200- 8-10M	00:33:50.56	00:04:22.38	5	02:11	00:18:10.65	17	16.50	00:11:17.53	3 14	4 05:38	COLEMAN
14. BINGLE, GRIFFIN	589 K200-11-13M	00:34:56.48	00:05:57.89	17	02:58	00:17:50.89	14	16.81	00:11:07.70	) 13	3 05:33	ELKFORD
15. BROWN, OLIVIA	567 K200-11-13F	00:35:21.00	00:04:28.00	7	02:14	00:18:02.69	16	16.63	00:12:50.31	17	7 06:25	ELKFORD
16. RATAY, LACHLAN	582 K200- 8-10M	00:35:51.12	00:05:28.22	16	02:44	00:18:00.34	15	16.66	00:12:22.56	6 16	6 06:11	FERNIE
17. WELSH, JADEN	580 K200-14-16F	00:36:20.18	00:04:28.86	8	02:14	00:17:31.69	13	17.12	00:14:19.63	3 20	07:09	ELKFORD
18. OOMS, BROM	565 K200- 8-10M	00:37:12.42	00:04:32.61	10	02:16	00:21:43.43	19	13.81	00:10:56.38	3 12	2 05:28	FORT MCMURRA
19. SUTHERLAND, NAHANNI	572 K200-11-13F	00:37:13.80	00:06:08.33	19	03:04	00:18:14.27	18	16.45	00:12:51.20	) 18	3 06:25	ELKFORD
20. BINGLE, MASON	590 K200-11-13M	00:46:26.45	00:07:44.61	20	03:52	00:24:56.89	20	12.02	00:13:44.95	5 19	9 06:52	ELKFORD