

Overall Results

Sprint Individual 750M - 20K - 5K

27 Finishers

Name	Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
1. DUQUESNAY, ANDREW	247	SPRT30-39M	01:08:54.98	00:14:10.10	5	01:53	00:33:21.26	1	35.98	00:21:23.62	1	04:16	FERNIE
2. CULTRERA, JORDAN	234	SPRT20-29F	01:11:54.91	00:11:33.65	2	01:32	00:37:31.87	2	31.97	00:22:49.39	3	04:33	CALGARY
3. TOGO, BENTLEY	233	SPRT19&UM	01:19:30.08	00:11:31.55	1	01:32	00:42:24.49	6	28.30	00:25:34.04	5	05:06	LETHBRIDGE
4. LUONG, NICK	266	SPRT20-29M	01:21:48.93	00:17:07.44	10	02:16	00:42:07.45	5	28.49	00:22:34.04	2	04:30	ELKFORD
5. SIMPKIN, DEVIN	250	SPRT30-39M	01:24:44.20	00:15:19.54	6	02:02	00:42:49.57	7	28.02	00:26:35.09	7	05:19	LETHBRIDGE
6. LESSARD, CHRISTIAN	265	SPRT60+M	01:25:58.13	00:18:57.68	18	02:31	00:41:45.29	3	28.74	00:25:15.16	4	05:03	OKOTOKS
7. HARRINGTON, MIKE	260	SPRT50-59M	01:26:31.19	00:16:23.71	9	02:11	00:41:55.59	4	28.62	00:28:11.89	10	05:38	SPARWOOD
8. JACYSZYN, PHILIP	248	SPRT30-39M	01:32:18.24	00:19:17.33	20	02:34	00:45:37.30	8	26.30	00:27:23.61	9	05:28	SPARWOOD
9. LEMIEUX, STEPHANIE	254	SPRT40-49F	01:35:22.12	00:15:29.34	8	02:03	00:49:18.98	14	24.33	00:30:33.80	14	06:06	FERNIE
10. NEAL, CAMILLE	255	SPRT40-49F	01:36:15.39	00:18:40.81	17	02:29	00:47:14.92	11	25.40	00:30:19.66	12	06:03	FERNIE
11. BIBERGER, SARAH	251	SPRT40-49F	01:37:37.14	00:17:08.48	11	02:17	00:48:58.12	13	24.51	00:31:30.54	15	06:18	ELKFORD
12. OOMS, ANDREW	267	SPRT30-39M	01:37:37.21	00:21:07.19	21	02:48	00:49:24.80	15	24.28	00:27:05.22	8	05:25	FORT MCMURRAY
13. WIGGINS, AYLA	237	SPRT20-29F	01:38:29.48	00:13:39.83	3	01:49	00:51:48.77	17	23.16	00:33:00.88	17	06:36	SPARWOOD
14. KALLIES, STEVE	257	SPRT40-49M	01:39:21.85	00:17:23.34	12	02:19	00:47:33.94	12	25.23	00:34:24.57	20	06:52	SPARWOOD
15. DARIMONT, EMMA	239	SPRT30-39F	01:41:23.58	00:18:58.98	19	02:31	00:46:00.91	9	26.08	00:36:23.69	23	07:16	SPARWOOD
16. MACLEOD, LAURA	242	SPRT30-39F	01:41:43.39	00:17:35.45	14	02:20	00:53:45.72	19	22.32	00:30:22.22	13	06:04	SPARWOOD
17. MEADOWS, JESSICA	243	SPRT30-39F	01:42:31.76	00:14:03.54	4	01:52	00:53:05.39	18	22.60	00:35:22.83	21	07:04	FERNIE
18. DOKA, GALATEE	240	SPRT30-39F	01:43:23.01	00:15:22.86	7	02:03	00:54:42.06	20	21.94	00:33:18.09	19	06:39	ELKFORD
19. AMARAL, DANIELLE	238	SPRT30-39F	01:47:27.24	00:17:40.50	16	02:21	00:56:39.42	21	21.18	00:33:07.32	18	06:37	SPARWOOD
20. KLIX, WAYLON	258	SPRT40-49M	01:50:17.72	00:34:19.01	27	04:34	00:46:56.22	10	25.57	00:29:02.49	11	05:48	ELKFORD
21. ATHERTON, KEVIN	264	SPRT60+M	01:50:49.80	00:23:34.88	24	03:08	00:50:43.67	16	23.66	00:36:31.25	24	07:18	ELKFORD
22. DION, MARYSE	262	SPRT60+F	01:52:19.44	00:17:38.73	15	02:21	01:02:22.20	26	19.24	00:32:18.51	16	06:27	OKOTOKS
23. MISZKIEL, PETER	249	SPRT30-39M	01:54:57.26	00:17:33.21	13	02:20	01:11:35.47	27	16.76	00:25:48.58	6	05:09	ELKFORD
24. BAIRD, BRENDA	261	SPRT60+F	01:55:29.66	00:22:45.72	23	03:02	00:57:10.41	23	20.99	00:35:33.53	22	07:06	LETHBRIDGE
25. MURLAND, ANDREA	244	SPRT30-39F	01:57:21.12	00:21:19.03	22	02:50	00:57:41.29	24	20.80	00:38:20.80	25	07:40	SPARWOOD
26. CARDOZO, AMY	252	SPRT40-49F	02:03:23.44	00:26:01.31	25	03:28	00:56:42.24	22	21.16	00:40:39.89	27	08:07	SPARWOOD
27. MCCUE, REBECCA	235	SPRT20-29F	02:13:02.70	00:31:28.93	26	04:11	01:01:18.31	25	19.57	00:40:15.46	26	08:03	SPARWOOD