

Overall Results

X-Sprint Individual 750M - 20K - 5K**5 Finishers**

Name	Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
1. HAWLEY, CURTIS	281	XSPRT20-29M	01:26:24.26	00:15:28.08	2	02:03	00:46:51.83	1	25.61	00:24:04.35	1	04:48	CALGARY
2. LEVESQUE, TIMOTHE	282	XSPRT20-29M	01:39:24.98	00:18:33.13	3	02:28	00:54:33.67	2	21.99	00:26:18.18	4	05:15	SPARWOOD
3. RUSSELL, KATHERINE	283	XSPRT40-49F	01:43:53.22	00:14:35.65	1	01:56	00:59:27.69	3	20.18	00:29:49.88	5	05:57	ELKFORD
4. CARR, MATTHEW	280	XSPRT20-29M	01:49:45.97	00:22:42.77	5	03:01	01:01:54.95	4	19.38	00:25:08.25	2	05:01	FERNIE
5. KIROUAC, CHRISTOPHER	284	XSPRT40-49M	01:58:34.67	00:20:27.82	4	02:43	01:12:55.83	5	16.45	00:25:11.02	3	05:02	CANMORE