

2025 Elkford Triathlon

Run Times/w Pace

Individual Sprint 5K

O/A	Name	Bib#	Swim Time	Category	Cat/Pl	Pace/KM
1.	DUQUESNAY, ANDREW	247	00:21:23.62	SPRT30-39M	1/5	04:16
5.	LUONG, NICK	266	00:22:34.04	SPRT20-29M	1/1	04:30
2.	CULTRERA, JORDAN	234	00:22:49.39	SPRT20-29F	1/3	04:33
3.	LESSARD, CHRISTIAN	265	00:25:15.16	SPRT60+M	1/2	05:03
6.	TOGO, BENTLEY	233	00:25:34.04	SPRT19&UM	1/1	05:06
27.	MISZKIEL, PETER	249	00:25:48.58	SPRT30-39M	5/5	05:09
7.	SIMPIN, DEVIN	250	00:26:35.09	SPRT30-39M	2/5	05:19
15.	OOMS, ANDREW	267	00:27:05.22	SPRT30-39M	4/5	05:25
8.	JACYSZYN, PHILIP	248	00:27:23.61	SPRT30-39M	3/5	05:28
4.	HARRINGTON, MIKE	260	00:28:11.89	SPRT50-59M	1/1	05:38
10.	KLIX, WAYLON	258	00:29:02.49	SPRT40-49M	1/2	05:48
11.	NEAL, CAMILLE	255	00:30:19.66	SPRT40-49F	1/4	06:03
19.	MACLEOD, LAURA	242	00:30:22.22	SPRT30-39F	3/6	06:04
14.	LEMIEUX, STEPHANIE	254	00:30:33.80	SPRT40-49F	3/4	06:06
13.	BIBERGER, SARAH	251	00:31:30.54	SPRT40-49F	2/4	06:18
26.	DION, MARYSE	262	00:32:18.51	SPRT60+F	2/2	06:27
17.	WIGGINS, AYLA	237	00:33:00.88	SPRT20-29F	2/3	06:36
21.	AMARAL, DANIELLE	238	00:33:07.32	SPRT30-39F	5/6	06:37
20.	DOKA, GALATEE	240	00:33:18.09	SPRT30-39F	4/6	06:39
12.	KALLIES, STEVE	257	00:34:24.57	SPRT40-49M	2/2	06:52
18.	MEADOWS, JESSICA	243	00:35:22.83	SPRT30-39F	2/6	07:04
23.	BAIRD, BRENDA	261	00:35:33.53	SPRT60+F	1/2	07:06
9.	DARIMONT, EMMA	239	00:36:23.69	SPRT30-39F	1/6	07:16
16.	ATHERTON, KEVIN	264	00:36:31.25	SPRT60+M	2/2	07:18
24.	MURLAND, ANDREA	244	00:38:20.80	SPRT30-39F	6/6	07:40
25.	MCCUE, REBECCA	235	00:40:15.46	SPRT20-29F	3/3	08:03
22.	CARDOZO, AMY	252	00:40:39.89	SPRT40-49F	4/4	08:07