

2022 Harvest Run 8K/3K - Red Deer

Alpha Overall Results

3K Run/Walk - 1.86 Miles

67 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI
31/67	BODIE, DIANA	508	20:28.549	06:49	11:00	3K18+F	8/28	F	19/46
37/67	BRANT, ASHLEY	511	20:56.065	06:58	11:15	3K18+F	13/28	F	25/46
36/67	BRANT, LAURYN	512	20:55.925	06:58	11:15	3K10-12F	8/9	F	24/46
55/67	CHUNG, JODI	515	28:00.256	09:20	15:03	3K18+F	23/28	F	37/46
41/67	COLE, KATHY	517	21:52.010	07:17	11:45	3K18+F	14/28	F	27/46
34/67	COZENS, KLARA	521	20:54.215	06:58	11:14	3K18+F	11/28	F	22/46
42/67	CUNNINGHAM, CALVIN	523	22:08.159	07:22	11:54	3K13-15M	2/2	M	15/21
40/67	CUNNINGHAM, CODY	524	21:36.213	07:12	11:36	3K18+M	7/8	M	14/21
43/67	CUNNINGHAM, DUNCAN	525	22:09.237	07:23	11:54	3K09&UM	3/7	M	16/21
15/67	CUNNINGHAM, OLIVER	526	16:57.404	05:39	09:06	3K10-12M	3/4	M	10/21
24/67	FLECK, HAYDEN	533	19:01.363	06:20	10:13	3K10-12M	4/4	M	12/21
25/67	FLECK, SARAH	534	19:01.714	06:20	10:13	3K18+F	5/28	F	13/46
47/67	FRIESEN, SYLVIA	537	23:09.864	07:43	12:27	3K18+F	16/28	F	29/46
54/67	FULLER, AMANDA	538	26:33.610	08:51	14:16	3K18+F	22/28	F	36/46
13/67	GIRARDIN, DAVID	541	15:42.804	05:14	08:26	3K18+M	3/8	M	8/21
10/67	GIRARDIN, FELIX	542	15:19.506	05:06	08:14	3K10-12M	1/4	M	6/21
56/67	GIRARDIN, MADELEINE	543	28:31.289	09:30	15:20	3K09&UF	3/6	F	38/46
57/67	GIRARDIN, SARA	544	28:37.732	09:32	15:23	3K18+F	24/28	F	39/46
67/67	HALL, CHARLOTTE	674	35:38.479	11:52	19:09	3K09&UF	6/6	F	46/46
66/67	HALL, MADELAINE	675	35:37.470	11:52	19:09	3K09&UF	5/6	F	45/46
65/67	HALL, PATRICIA	548	35:33.838	11:51	19:07	3K18+F	28/28	F	44/46
51/67	HARNEY, CAITLIN	549	25:21.280	08:27	13:37	3K18+F	20/28	F	33/46
12/67	HOFFART, SAM	684	15:33.943	05:11	08:22	3K10-12M	2/4	M	7/21
50/67	HUNTER, ASHLEY	559	25:16.064	08:25	13:35	3K18+F	19/28	F	32/46
1/67	LECLERC, DENIS	568	11:48.780	03:56	06:21	3K18+M	1/8	M	1/21
2/67	LECLERC, RYAN	569	12:43.038	04:14	06:50	3K13-15M	1/2	M	2/21
49/67	LEIKEIM, CELINE	571	23:58.148	07:59	12:53	3K18+F	18/28	F	31/46
48/67	LEWANS, KARI	573	23:53.580	07:57	12:50	3K18+F	17/28	F	30/46
21/67	LOZANO, DAMARIS	574	18:08.184	06:02	09:45	3K18+F	4/28	F	11/46
39/67	MACNAUGHTON, BRENT	576	21:10.691	07:03	11:23	3K18+M	6/8	M	13/21
38/67	MACNAUGHTON, MIRA	577	21:09.284	07:03	11:22	3K09&UF	2/6	F	26/46
63/67	MCDOUGALL, ERIN	581	33:49.253	11:16	18:10	3K18+F	27/28	F	43/46
60/67	MCDOUGALL, ISAAC	582	31:42.230	10:34	17:02	3K09&UM	5/7	M	19/21
64/67	MCDOUGALL, SAMUEL	584	33:51.245	11:17	18:12	3K09&UM	7/7	M	21/21
14/67	NEWMAN, DARYL	593	16:32.373	05:30	08:53	3K18+M	4/8	M	9/21
61/67	OLVER, LINDSAY	596	32:59.153	10:59	17:44	3K18+F	26/28	F	42/46
9/67	OSHALDA, ZOE	665	15:10.131	05:03	08:09	3K10-12F	2/9	F	4/46
52/67	PANGMAN, ATHENA	599	25:46.757	08:35	13:51	3K10-12F	9/9	F	34/46
62/67	PANGMAN, SAXTON	601	32:59.504	10:59	17:44	3K09&UM	6/7	M	20/21
44/67	RENNIE, ALAN	607	22:34.033	07:31	12:07	3K18+M	8/8	M	17/21
46/67	RENNIE, HUNTER	608	22:34.807	07:31	12:08	3K09&UM	4/7	M	18/21
45/67	RENNIE, KATRINA	609	22:34.362	07:31	12:08	3K18+F	15/28	F	28/46
11/67	ROTH, SARAH	509	15:31.042	05:10	08:20	3K18+F	1/28	F	5/46
29/67	SCHALKWYK, LEAH	615	20:19.197	06:46	10:55	3K13-15F	2/2	F	17/46
32/67	SCHALKWYK, NADINE	616	20:28.719	06:49	11:00	3K18+F	9/28	F	20/46
27/67	SETTLE, ISABELLE	676	19:46.221	06:35	10:37	3K18+F	6/28	F	15/46
5/67	SETTLE, MAYA	677	13:28.039	04:29	07:14	3K10-12F	1/9	F	3/46
6/67	SETTLE, OWEN	678	14:05.843	04:41	07:34	3K09&UM	1/7	M	3/21
7/67	SNIDER, DALLAS	626	14:06.381	04:42	07:35	3K18+M	2/8	M	4/21
35/67	STEPANIK, LUCIE	627	20:54.259	06:58	11:14	3K18+F	12/28	F	23/46
8/67	STUDER, HESED	630	15:06.572	05:02	08:07	3K09&UM	2/7	M	5/21
30/67	SUSHYNSKI, BROOKLYNN	631	20:19.480	06:46	10:55	3K10-12F	7/9	F	18/46
18/67	SUSHYNSKI, DANICA	632	17:21.098	05:47	09:19	3K10-12F	4/9	F	8/46
33/67	SUSHYNSKI, KIM	633	20:30.119	06:50	11:01	3K18+F	10/28	F	21/46
26/67	TOEWS, JENAE	638	19:34.763	06:31	10:31	3K10-12F	6/9	F	14/46
28/67	TOEWS, LEIANNE	639	19:56.958	06:38	10:43	3K18+F	7/28	F	16/46
22/67	VELIZ, DANIELA	668	18:25.222	06:08	09:54	3K09&UF	1/6	F	12/46
20/67	VELIZ, LEANDRA	669	17:30.604	05:50	09:24	3K10-12F	5/9	F	10/46
23/67	VELIZ, MARTIN	670	18:26.277	06:08	09:54	3K18+M	5/8	M	11/21
19/67	VELIZ, PAMELA	671	17:30.064	05:50	09:24	3K18+F	3/28	F	9/46
4/67	WEIDELL, LILY	647	13:14.349	04:24	07:07	3K13-15F	1/2	F	2/46
17/67	WEIDELL, LORELEI	648	17:09.698	05:43	09:13	3K18+F	2/28	F	7/46
16/67	WEIDELL, SHILOH	649	17:02.138	05:40	09:09	3K10-12F	3/9	F	6/46
59/67	WIENS, KETY	692	29:12.962	09:44	15:42	3K18+F	25/28	F	41/46
3/67	WIENS, MADISON	672	12:53.935	04:17	06:56	3K16-17F	1/1	F	1/46
58/67	WIENS, SARAH-ISABELLA	693	29:07.286	09:42	15:39	3K09&UF	4/6	F	40/46

2022 Harvest Run 8K/3K - Red Deer

Alpha Overall Results

3K Run/Walk - 1.86 Miles

67 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI
53/67	WILSON, ELIZABETH	652	26:33.445	08:51	14:16	3K18+F	21/28	F	35/46