

2022 Harvest Run 8K/3K - Red Deer

Alpha Overall Results

8K Run - 4.97 Miles

95 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI
70/95	AVRAM, COURTNEY	501	52:57.674	06:37	10:39	8K30-39F	12/20	F	37/59
31/95	BAST, MAIREAD	502	42:22.644	05:17	08:31	8K20-29F	1/6	F	7/59
82/95	BECKER, CHERYLE	504	55:48.490	06:58	11:13	8K50-59F	7/11	F	47/59
39/95	BEEBE, MELANIE	505	43:27.757	05:25	08:44	8K50-59F	1/11	F	13/59
94/95	BERTSCH, ELAINE	507	1:08:39.084	08:34	13:48	8K50-59F	11/11	F	58/59
84/95	BOURN, RHONDA	510	57:10.813	07:08	11:30	8K30-39F	18/20	F	49/59
16/95	BOWD, ALYSSE	673	37:49.859	04:43	07:36	8K30-39F	1/20	F	1/59
35/95	CHASSE, JP	514	42:52.364	05:21	08:37	8K60+M	4/6	M	25/36
13/95	CHEETHAM, JESSE	685	36:47.517	04:35	07:24	8K40-49M	7/11	M	13/36
24/95	CLEMENS, PETER	687	40:11.793	05:01	08:05	8K40-49M	8/11	M	21/36
15/95	CLEMENS, XAVIER	516	37:39.922	04:42	07:34	8K19&UM	3/4	M	15/36
76/95	CLERMONT, JENNIFER	659	54:24.561	06:48	10:56	8K30-39F	16/20	F	43/59
19/95	COLLIER, JODI	518	38:03.969	04:45	07:39	8K30-39F	2/20	F	3/59
46/95	COUSINE, STEVE	519	46:27.987	05:48	09:20	8K60+M	5/6	M	28/36
47/95	COWLES, NICK	520	46:53.861	05:51	09:26	8K40-49M	9/11	M	29/36
20/95	CRAMER, DUNCAN	660	38:06.361	04:45	07:40	8K30-39M	2/5	M	17/36
60/95	CROZIER, TINA	522	48:34.291	06:04	09:46	8K30-39F	9/20	F	28/59
7/95	CUTHBERTSON, ANDREW	661	33:10.322	04:08	06:40	8K60+M	1/6	M	7/36
95/95	DEPTA, CATHRYN	528	1:08:40.022	08:35	13:48	8K60+F	8/8	F	59/59
62/95	DODMAN, STEPHANIE	529	49:52.238	06:14	10:02	8K30-39F	10/20	F	30/59
92/95	DOGAN, DALEEN	530	1:04:00.924	08:00	12:52	8K50-59F	10/11	F	56/59
10/95	DOYON, JEAN	531	35:59.025	04:29	07:14	8K50-59M	2/7	M	10/36
6/95	FOX, SHAUN	535	33:06.620	04:08	06:39	8K40-49M	3/11	M	6/36
63/95	FRIESEN, SHELBY	536	50:03.999	06:15	10:04	8K20-29F	4/6	F	31/59
4/95	GALBRAITH, HAYDEN	539	32:08.847	04:01	06:28	8K19&UM	1/4	M	4/36
68/95	GINGERICH, MONICA	540	52:14.295	06:31	10:30	8K50-59F	5/11	F	35/59
14/95	GORGICHUK, BROCK	545	37:15.806	04:39	07:29	8K30-39M	1/5	M	14/36
28/95	GRAY, ANGELA	546	40:45.145	05:05	08:11	8K40-49F	2/12	F	4/59
26/95	GRAY, MYLES	547	40:34.951	05:04	08:09	8K19&UM	4/4	M	23/36
78/95	HALE, EMMA	689	55:20.529	06:55	11:08	8K19&UF	2/2	F	45/59
79/95	HALE, MIKE	688	55:20.529	06:55	11:08	8K30-39M	5/5	M	34/36
30/95	HEINTZ, AMY	552	42:18.778	05:17	08:30	8K30-39F	4/20	F	6/59
50/95	HERBERT, AMANDA	553	47:32.696	05:56	09:33	8K30-39F	6/20	F	21/59
5/95	HOFFART, NOAH	683	32:53.704	04:06	06:37	8K19&UM	2/4	M	5/36
80/95	HOFFMAN, NATHAN	554	55:27.678	06:55	11:09	8K40-49M	11/11	M	35/36
29/95	HOFFMAN, ROBYN	555	41:19.974	05:09	08:18	8K30-39F	3/20	F	5/59
69/95	HOLIEN, JULIA	557	52:19.545	06:32	10:31	8K60+F	6/8	F	36/59
87/95	HOLOBOFF, JOYCE	558	57:52.238	07:14	11:38	8K60+F	7/8	F	51/59
77/95	HOWDLE, VANESSA	662	54:24.658	06:48	10:56	8K30-39F	17/20	F	44/59
75/95	JACOBSEN, CANDICE	560	54:05.131	06:45	10:52	8K30-39F	15/20	F	42/59
64/95	JEWELL, ERIN	561	50:49.124	06:21	10:13	8K30-39F	11/20	F	32/59
41/95	JOHANNSON, SASHA	562	43:42.965	05:27	08:47	8K40-49F	6/12	F	15/59
59/95	JONES, BERNIE	563	48:20.223	06:02	09:43	8K60+M	6/6	M	32/36
43/95	JUNGWIRTH, LEATTA	564	45:43.597	05:42	09:12	8K40-49F	7/12	F	17/59
34/95	KRAUSE, BRANDI	663	42:45.684	05:20	08:36	8K20-29F	2/6	F	10/59
91/95	KROEGER, BOBBI	566	1:03:34.117	07:56	12:47	8K50-59F	9/11	F	55/59
23/95	KUTNEY, DAVID	567	39:12.101	04:54	07:53	8K50-59M	5/7	M	20/36
27/95	LEE, DONALD F	570	40:38.609	05:04	08:10	8K60+M	3/6	M	24/36
2/95	LEWANS, JASON	572	30:22.483	03:47	06:06	8K40-49M	1/11	M	2/36
81/95	MACNAUGHTON, SONA	578	55:46.896	06:58	11:13	8K40-49F	10/12	F	46/59
90/95	MARTIN, ANNA-MARIE	579	1:00:33.415	07:34	12:11	8K30-39F	20/20	F	54/59
1/95	MARTHUR, BRIAN	580	29:58.395	03:44	06:01	8K50-59M	1/7	M	1/36
49/95	MCDONALD, HELENE	686	47:28.478	05:56	09:33	8K60+F	3/8	F	20/59
58/95	MCDUGALL, JUSTIN	583	48:18.913	06:02	09:43	8K40-49M	10/11	M	31/36
89/95	MCGRATH, KAREN	664	59:55.612	07:29	12:03	8K40-49F	11/12	F	53/59
51/95	MCKAY, CECILIA	681	47:34.854	05:56	09:34	8K40-49F	8/12	F	22/59
8/95	MEDING, BRAD	586	33:11.682	04:08	06:40	8K40-49M	4/11	M	8/36
57/95	MOLLAN, DEANNA	587	47:55.642	05:59	09:38	8K20-29F	3/6	F	27/59
25/95	MORGAN, JAMES	588	40:16.862	05:02	08:06	8K50-59M	6/7	M	22/36
32/95	MORRIS, PATTI	589	42:27.832	05:18	08:32	8K60+F	1/8	F	8/59
21/95	MORRIS, TONY	590	38:06.664	04:45	07:40	8K60+M	2/6	M	18/36
11/95	MULZET, MARK	591	36:33.523	04:34	07:21	8K50-59M	3/7	M	11/36
74/95	NEWANS, KAYLA	592	54:03.327	06:45	10:52	8K30-39F	14/20	F	41/59
38/95	NEWMAN, SHELLEY	594	43:12.287	05:24	08:41	8K40-49F	4/12	F	12/59
44/95	NISHIZEKI, PEGGY	595	45:54.311	05:44	09:14	8K50-59F	3/11	F	18/59
65/95	OKE, NATASHA	691	51:20.484	06:25	10:19	8K19&UF	1/2	F	33/59

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI
9/95	PANGMAN, PETER	600	35:53.070	04:29	07:13	8K40-49M	5/11	M	9/36
72/95	PARSONS, ROXANE	602	53:10.288	06:38	10:41	8K50-59F	6/11	F	39/59
61/95	PATTERSON, BEV	690	49:22.571	06:10	09:56	8K60+F	5/8	F	29/59
53/95	PHILLIPS, YVONNE	603	47:41.955	05:57	09:35	8K40-49F	9/12	F	24/59
45/95	PURVES, ARRON	604	45:59.839	05:44	09:15	8K30-39M	3/5	M	27/36
88/95	RATTAI, MORGAN	666	58:07.778	07:15	11:41	8K30-39F	19/20	F	52/59
42/95	RAY, SHARMAGNE	605	44:50.980	05:36	09:01	8K50-59F	2/11	F	16/59
18/95	REIJNDERS, MAT	606	37:57.242	04:44	07:38	8K50-59M	4/7	M	16/36
17/95	RENTAS, ERIN	610	37:53.938	04:44	07:37	8K40-49F	1/12	F	2/59
40/95	SAMPSON, KELLY	613	43:31.013	05:26	08:45	8K40-49F	5/12	F	14/59
36/95	SARGENT, ANN-MARIE	550	42:59.279	05:22	08:38	8K60+F	2/8	F	11/59
85/95	SCHUMACHER, DARCIÉ	617	57:33.770	07:11	11:34	8K20-29F	6/6	F	50/59
56/95	SCHUR, JORDAN	618	47:53.485	05:59	09:38	8K30-39M	4/5	M	30/36
55/95	SCHUR, SAMANTHA	619	47:53.480	05:59	09:38	8K30-39F	8/20	F	26/59
66/95	SENIÓ, SUE	620	51:25.264	06:25	10:20	8K50-59F	4/11	F	34/59
83/95	SKJAVELAND, CINDY	679	56:08.177	07:01	11:17	8K50-59F	8/11	F	48/59
52/95	SMITH, ERINN	622	47:34.946	05:56	09:34	8K30-39F	7/20	F	23/59
3/95	SMITH, JAMES	623	30:48.083	03:51	06:11	8K40-49M	2/11	M	3/36
71/95	SNIDER, CRISTA	625	52:59.624	06:37	10:39	8K30-39F	13/20	F	38/59
93/95	STEPHAN, ALISON	682	1:04:49.352	08:06	13:02	8K40-49F	12/12	F	57/59
67/95	STEWART, FRASER	628	51:56.108	06:29	10:26	8K50-59M	7/7	M	33/36
37/95	SYPKES, STEVEN	635	43:11.655	05:23	08:41	8K20-29M	2/3	M	26/36
48/95	THOMPSON, VICKI	637	47:23.323	05:55	09:32	8K30-39F	5/20	F	19/59
12/95	UPPENBORN, DANIEL	680	36:44.494	04:35	07:23	8K40-49M	6/11	M	12/36
54/95	VAN ZANDT, CHERYL	640	47:44.206	05:58	09:36	8K60+F	4/8	F	25/59
33/95	VANDE GLIND, JANET	667	42:38.630	05:19	08:34	8K40-49F	3/12	F	9/59
73/95	WATSON, HEATHER	643	53:32.248	06:41	10:46	8K20-29F	5/6	F	40/59
86/95	WATTENBARGER, TRISTAN	644	57:34.355	07:11	11:35	8K20-29M	3/3	M	36/36
22/95	WYLIE, JARED	654	38:20.234	04:47	07:42	8K20-29M	1/3	M	19/36