

## 2022 Harvest Run 8K/3K - Red Deer

## Overall Gender Award Results

## Top 10 In Gender

8K Run - 4.97 Miles  
95 Finishers

Female						59 Finishers			
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	GenOffset
1/59	BOWD, ALYSSE	673	37:49.859	04:43	07:36	8K30-39F	16/95	1/20	+00:00:00
2/59	RENTAS, ERIN	610	37:53.938	04:44	07:37	8K40-49F	17/95	1/12	+00:00:04
3/59	COLLIER, JODI	518	38:03.969	04:45	07:39	8K30-39F	19/95	2/20	+00:00:14
4/59	GRAY, ANGELA	546	40:45.145	05:05	08:11	8K40-49F	28/95	2/12	+00:02:55
5/59	HOFFMAN, ROBYN	555	41:19.974	05:09	08:18	8K30-39F	29/95	3/20	+00:03:30
6/59	HEINTZ, AMY	552	42:18.778	05:17	08:30	8K30-39F	30/95	4/20	+00:04:28
7/59	BAST, MAIREAD	502	42:22.644	05:17	08:31	8K20-29F	31/95	1/6	+00:04:32
8/59	MORRIS, PATTI	589	42:27.832	05:18	08:32	8K60+F	32/95	1/8	+00:04:37
9/59	VANDE GLIND, JANET	667	42:38.630	05:19	08:34	8K40-49F	33/95	3/12	+00:04:48
10/59	KRAUSE, BRANDI	663	42:45.684	05:20	08:36	8K20-29F	34/95	2/6	+00:04:55
Male						36 Finishers			
Gen/PI	Name	Bib#	Time	Pace/K	Pace/M	Category	OA/PI	Cat/PI	GenOffset
1/36	MCARTHUR, BRIAN	580	29:58.395	03:44	06:01	8K50-59M	1/95	1/7	+00:00:00
2/36	LEWANS, JASON	572	30:22.483	03:47	06:06	8K40-49M	2/95	1/11	+00:00:24
3/36	SMITH, JAMES	623	30:48.083	03:51	06:11	8K40-49M	3/95	2/11	+00:00:49
4/36	GALBRAITH, HAYDEN	539	32:08.847	04:01	06:28	8K19&UM	4/95	1/4	+00:02:10
5/36	HOFFART, NOAH	683	32:53.704	04:06	06:37	8K19&UM	5/95	2/4	+00:02:55
6/36	FOX, SHAUN	535	33:06.620	04:08	06:39	8K40-49M	6/95	3/11	+00:03:08
7/36	CUTHBERTSON, ANDREW	661	33:10.322	04:08	06:40	8K60+M	7/95	1/6	+00:03:11
8/36	MEDING, BRAD	586	33:11.682	04:08	06:40	8K40-49M	8/95	4/11	+00:03:13
9/36	PANGMAN, PETER	600	35:53.070	04:29	07:13	8K40-49M	9/95	5/11	+00:05:54
10/36	DOYON, JEAN	531	35:59.025	04:29	07:14	8K50-59M	10/95	2/7	+00:06:00