

## 2023 Harvest Run 8K/3K - Red Deer

## Alpha Overall Results

## 3K - 1.86 Miles

## 92 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
47/92	ADIELE, EZE	314	22:00.995	07:20	11:50	3K18+M	9/15	M	22/33	PONOKA, AB
59/92	AREVALO, FRANCIS	102	24:20.914	08:06	13:05	3K18+M	11/15	M	26/33	LACOMBE, AB
58/92	AREVALO, NASHREEN	103	24:20.798	08:06	13:05	3K18+F	19/40	F	33/59	LACOMBE, AB
70/92	BALATTI, MEGAN	101	27:32.302	09:10	14:48	3K18+F	28/40	F	44/59	RED DEER, AB
61/92	BARKER, CASS	105	25:12.968	08:24	13:33	3K18+F	21/40	F	35/59	RED DEER, AB
87/92	BEATON, TERRY	106	44:35.563	14:51	23:58	3K18+M	14/15	M	32/33	RED DEER, AB
36/92	BERNARD, JESSICA	108	20:29.121	06:49	11:00	3K18+F	7/40	F	16/59	RED DEER, AB
4/92	BOYD, MATTHEW	112	13:18.370	04:26	07:09	3K18+M	2/15	M	4/33	RED DEER, AB
22/92	BRINEN, MADISON	113	19:16.022	06:25	10:21	3K09&UF	2/8	F	10/59	RED DEER, AB
75/92	BURKIN, JOANNE	114	28:00.356	09:20	15:03	3K18+F	31/40	F	48/59	RED DEER, AB
82/92	BURKIN, KIM	115	31:12.143	10:24	16:46	3K18+F	36/40	F	53/59	RED DEER, AB
80/92	BURMEISTER, IMKE	116	29:26.067	09:48	15:49	3K18+F	34/40	F	51/59	RED DEER, AB
26/92	CHEETHAM, JACK	345	19:40.441	06:33	10:34	3K09&UM	2/9	M	15/33	RED DEER,
25/92	CHEETHAM, JESSE	346	19:40.117	06:33	10:34	3K18+M	6/15	M	14/33	RED DEER,
62/92	CHUNG, ILIANA	122	25:24.936	08:28	13:39	3K10-12F	6/7	F	36/59	EDMONTON, AB
74/92	CHUNG, JODI	123	27:55.455	09:18	15:00	3K18+F	30/40	F	47/59	EDMONTON, AB
55/92	COLE, KATHY	124	23:13.744	07:44	12:29	3K18+F	17/40	F	30/59	RED DEER, AB
60/92	COUNTRYMAN-SMITH, JEANETTE	126	24:32.680	08:10	13:11	3K18+F	20/40	F	34/59	RED DEER, AB
27/92	COZENS, KLARA	128	19:53.315	06:37	10:41	3K18+F	6/40	F	12/59	RED DEER, AB
54/92	DAURY, HOLLY	133	23:06.428	07:42	12:25	3K18+F	16/40	F	29/59	RED DEER, AB
41/92	DODMAN, KAIDEN	138	20:54.855	06:58	11:14	3K09&UM	6/9	M	21/33	BLACKFALDS, AB
84/92	DODMAN, LUKAS	139	33:31.594	11:10	18:01	3K09&UM	9/9	M	30/33	BLACKFALDS, AB
85/92	DODMAN, STEFN	140	33:31.969	11:10	18:01	3K18+M	13/15	M	31/33	BLACKFALDS, AB
17/92	DOERKSEN, DORIS	143	17:49.866	05:56	09:35	3K18+F	2/40	F	7/59	RED DEER, AB
12/92	DOERKSEN, KAITLIN	145	16:15.085	05:25	08:44	3K18+F	1/40	F	4/59	RED DEER, AB
1/92	DOERKSEN, NATHAN	146	11:01.112	03:40	05:55	3K18+M	1/15	M	1/33	RED DEER, AB
35/92	EZE-ADIELE, CHIDOZIRIMUZOR	149	20:25.019	06:48	10:58	3K09&UM	5/9	M	20/33	PONOKA, AB
83/92	EZE-ADIELE, CHIHURUMNANYA	150	32:51.669	10:57	17:40	3K18+F	37/40	F	54/59	PONOKA, AB
32/92	EZE-ADIELE, CHIHURUMNANYA	151	20:17.123	06:45	10:54	3K09&UM	4/9	M	18/33	PONOKA, AB
21/92	FLECK, HAYDEN	152	19:14.922	06:24	10:20	3K10-12M	4/7	M	12/33	RED DEER, AB
23/92	FLECK, SARAH	153	19:16.959	06:25	10:22	3K18+F	5/40	F	11/59	RED DEER, AB
56/92	FRAYN, SHANNON	157	23:42.661	07:54	12:44	3K18+F	18/40	F	31/59	RED DEER, AB
68/92	FULLER, MANDY	158	27:19.952	09:06	14:41	3K18+F	26/40	F	42/59	ALLIANCE, AB
73/92	GALBRAITH, HILARY	160	27:37.293	09:12	14:51	3K18+F	29/40	F	46/59	BLACKFALDS, AB
7/92	GIRARDIN, FEILIX	316	14:26.666	04:48	07:45	3K10-12M	3/7	M	6/33	RED DEER, AB
45/92	GIRARDIN, SARA	317	21:40.416	07:13	11:39	3K18+F	12/40	F	24/59	RED DEER, AB
92/92	HALE, EMMA	171	52:45.052	17:35	28:21	3K09&UF	8/8	F	59/59	RED DEER,
48/92	HALE, NATALIE	173	22:10.013	07:23	11:55	3K18+F	14/40	F	26/59	RED DEER,
50/92	HALE, TRISTAN	174	22:10.769	07:23	11:55	3K09&UM	7/9	M	23/33	RED DEER,
2/92	HOFFART, NOAH	179	11:25.799	03:48	06:08	3K16-17M	1/2	M	2/33	RED DEER, AB
6/92	HOFFART, SAMSON	180	13:56.221	04:38	07:29	3K10-12M	2/7	M	5/33	RED DEER, AB
43/92	HOFFART, SARAH	181	21:28.395	07:09	11:32	3K09&UF	4/8	F	22/59	RED DEER, AB
44/92	HOBLOFF, JOYCE	182	21:37.839	07:12	11:37	3K18+F	11/40	F	23/59	RED DEER, AB
64/92	HUNTER, ASHLEY	188	26:26.609	08:48	14:13	3K18+F	23/40	F	38/59	RED DEER,
88/92	LANDAVERDE, CLAUDIA	330	49:25.835	16:28	26:34	3K18+F	39/40	F	56/59	RED DEER, AB
66/92	LEIKEIM, CELINE	206	26:50.795	08:56	14:26	3K18+F	24/40	F	40/59	RED DEER,
63/92	LEWANS, KARI	208	26:19.294	08:46	14:09	3K18+F	22/40	F	37/59	SASKATOON, SK
34/92	MACNAUGHTON, BRENT	211	20:20.380	06:46	10:56	3K18+M	8/15	M	19/33	RED DEER, AB
33/92	MACNAUGHTON, MIRA	212	20:19.113	06:46	10:55	3K09&UF	3/8	F	15/59	RED DEER, AB
86/92	MCDougALL, ERIN	220	34:26.501	11:28	18:31	3K18+F	38/40	F	55/59	RED DEER, AB
76/92	MCDougALL, ISAAC	221	28:03.709	09:21	15:05	3K10-12M	7/7	M	28/33	RED DEER, AB
89/92	MOORE, HENLEY	233	49:33.732	16:31	26:38	3K09&UF	7/8	F	57/59	LACOMBE, AB
90/92	MOORE, MARIE	234	49:35.890	16:31	26:39	3K18+F	40/40	F	58/59	LACOMBE, AB
14/92	NEWMAN, DARYL	238	16:36.627	05:32	08:55	3K18+M	3/15	M	9/33	RED DEER, AB
69/92	NORRIE, LINDSAY	241	27:32.163	09:10	14:48	3K18+F	27/40	F	43/59	RED DEER, AB
24/92	NOWE, RYLEY	243	19:34.305	06:31	10:31	3K10-12M	5/7	M	13/33	RED DEER, AB
78/92	OLVER, LINDSAY	321	28:14.466	09:24	15:11	3K18+F	32/40	F	49/59	RED DEER, AB

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O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
57/92	PALAMARUK, MELAYNA	347	23:43.416	07:54	12:45	3K09&UF	5/8	F	32/59	RED DEER, AB
65/92	PANGMAN, ATHENA	320	26:45.757	08:55	14:23	3K10-12F	7/7	F	39/59	RED DEER COUNTY, AB
77/92	PANGMAN, SAXTON	322	28:13.035	09:24	15:10	3K09&UM	8/9	M	29/33	RED DEER COUNTY, AB
20/92	PARSONS, ROXANE	245	18:58.912	06:19	10:12	3K18+F	4/40	F	9/59	LACOMBE, AB
3/92	PENNINGA, BRODIE	331	12:07.495	04:02	06:31	3K10-12M	1/7	M	3/33	RED DEER, AB
11/92	PFAFF, ALEENA	334	15:56.221	05:18	08:34	3K10-12F	2/7	F	3/59	RED DEER, AB
16/92	RATTAI, RILEY	338	17:21.016	05:47	09:19	3K18+M	4/15	M	10/33	RED DEER, AB
28/92	RENNIE, ALAN	250	20:02.764	06:40	10:46	3K18+M	7/15	M	16/33	CLIVE, AB
31/92	RENNIE, HUNTER	251	20:12.833	06:44	10:52	3K09&UM	3/9	M	17/33	CLIVE, AB
37/92	RENNIE, KATRINA	252	20:48.459	06:56	11:11	3K18+F	8/40	F	17/59	CLIVE, AB
30/92	SCHALKWYK, LEAH	257	20:05.638	06:41	10:48	3K13-15F	3/4	F	14/59	RED DEER COUNTY, AB
38/92	SCHALKWYK, NADINE	258	20:49.020	06:56	11:11	3K18+F	9/40	F	18/59	RED DEER COUNTY, AB
91/92	SNIDER, DALLAS	270	50:48.593	16:56	27:19	3K18+M	15/15	M	33/33	RED DEER, AB
51/92	SOLDAN, MEGAN	272	22:32.401	07:30	12:07	3K18+F	15/40	F	28/59	RED DEER, AB
49/92	SPADY, AVA	273	22:10.229	07:23	11:55	3K10-12F	5/7	F	27/59	RED DEER, AB
52/92	SPADY, JACKSON	274	22:45.196	07:35	12:13	3K10-12M	6/7	M	24/33	RED DEER, AB
53/92	SPADY, KURT	275	22:46.064	07:35	12:14	3K18+M	10/15	M	25/33	RED DEER, AB
29/92	SUSHYNSKI, BROOKLYNN	279	20:05.427	06:41	10:48	3K13-15F	2/4	F	13/59	RED DEER COUNT, AB
39/92	SUSHYNSKI, KIM	281	20:49.098	06:56	11:11	3K18+F	10/40	F	19/59	RED DEER COUNT, AB
40/92	SZAMKO, ALYSSIA	282	20:51.062	06:57	11:12	3K13-15F	4/4	F	20/59	PONOKA, AB
8/92	SZAMKO, WILLIAM	283	14:27.369	04:49	07:46	3K16-17M	2/2	M	7/33	PONOKA, AB
71/92	TILBURY, ANDREW	348	27:35.023	09:11	14:49	3K18+M	12/15	M	27/33	LACOMBE, AB
72/92	TILBURY, CHLOE	349	27:35.357	09:11	14:49	3K09&UF	6/8	F	45/59	LACOMBE, AB
42/92	TOEWS, JENAE	285	21:03.947	07:01	11:19	3K10-12F	4/7	F	21/59	THREE HILLS, AB
46/92	TOEWS, LEIANNE	286	21:45.127	07:15	11:41	3K18+F	13/40	F	25/59	THREE HILLS, AB
79/92	TORREJAS, MARY	287	29:25.902	09:48	15:49	3K18+F	33/40	F	50/59	RED DEER, AB
13/92	VELIZ, DANIELA	294	16:31.703	05:30	08:53	3K09&UF	1/8	F	5/59	RED DEER, AB
15/92	VELIZ, LEANDRA	295	16:59.256	05:39	09:07	3K10-12F	3/7	F	6/59	RED DEER, AB
18/92	VELIZ, MARTIN	296	18:05.429	06:01	09:43	3K18+M	5/15	M	11/33	RED DEER, AB
10/92	WEIDELL, CORA	300	14:57.330	04:59	08:02	3K13-15F	1/4	F	2/59	PONOKA, AB
9/92	WEIDELL, JUSTUS	301	14:30.812	04:50	07:48	3K09&UM	1/9	M	8/33	PONOKA, AB
5/92	WEIDELL, SHILOH	305	13:41.925	04:33	07:21	3K10-12F	1/7	F	1/59	PONOKA, AB
81/92	WILLIS, TRICIA	308	29:26.699	09:48	15:49	3K18+F	35/40	F	52/59	BLACKFALDS, AB
19/92	WILLSON, SHAWNA	310	18:58.492	06:19	10:12	3K18+F	3/40	F	8/59	PONOKA, AB
67/92	WILSON, ELIZABETH	311	27:18.990	09:06	14:41	3K18+F	25/40	F	41/59	STETTLER, AB