

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K Run - 4.97 Miles
135 Finishers

8K19&UF - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	PELLEGRIN, IZZY	337	40:13.182	05:01	08:05	36/135	4/69	+00:00:00	RED DEER
2/6	WEIDELL, LILY	303	42:48.829	05:21	08:36	47/135	10/69	+00:02:35	PONOKA
3/6	CUNNINGHAM, VIVIAN	130	47:17.092	05:54	09:30	68/135	25/69	+00:07:03	RED DEER
4/6	SUSHYNSKI, DANICA	280	49:53.278	06:14	10:02	88/135	35/69	+00:09:40	RED DEER COUN
5/6	LARSEN, BRYNN	201	1:03:04.853	07:53	12:41	119/135	59/69	+00:22:51	RED DEER
6/6	MAYAN, JORDYN	219	1:28:54.123	11:06	17:53	134/135	68/69	+00:48:40	BLACKFALDS

8K19&UM - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	GALBRAITH, HAYDEN	159	31:17.269	03:54	06:17	5/135	5/66	+00:00:00	BLACKFALDS
2/7	LECLERC, RYAN	205	35:39.174	04:27	07:10	17/135	16/66	+00:04:21	SYLVAN LAKE
3/7	CLEMENS, XAVIER	344	38:29.075	04:48	07:44	27/135	25/66	+00:07:11	RED DEER
4/7	SLOBODAN, BRADY	265	38:45.434	04:50	07:47	29/135	27/66	+00:07:28	RED DEER
5/7	GRAY, MYLES	168	40:47.705	05:05	08:12	39/135	34/66	+00:09:30	RED DEER
6/7	GRIFFITHS, FINN	169	41:57.217	05:14	08:26	45/135	36/66	+00:10:39	RED DEER
7/7	CUNNINGHAM, OLIVER	129	42:02.048	05:15	08:27	46/135	37/66	+00:10:44	RED DEER

8K20-29F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	GIESBRECHT, SARAH	339	35:09.741	04:23	07:04	15/135	1/69	+00:00:00	RED DEER
2/3	KELLY, ABBY	191	42:59.399	05:22	08:38	48/135	11/69	+00:07:49	EDMONTON
3/3	WARDER, JENNIFER	298	49:24.075	06:10	09:56	83/135	33/69	+00:14:14	RED DEER

8K20-29M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	REEFHUIS, WYATT	323	32:04.893	04:00	06:27	7/135	7/66	+00:00:00	RED DEER COUN
2/3	VAN EATON, VIRGIL	291	32:24.401	04:03	06:31	8/135	8/66	+00:00:19	ALHAMBRA
3/3	DUBITZ, ALEC	335	47:42.429	05:57	09:35	73/135	46/66	+00:15:37	BASHAW

8K30-39F - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/18	CLERMONT, NICOLE	332	40:40.932	05:05	08:11	37/135	5/69	+00:00:00	RED DEER
2/18	DAY, TESSA	134	43:29.891	05:26	08:45	52/135	14/69	+00:02:48	RED DEER
3/18	DOERKSEN, JENNY	144	43:55.086	05:29	08:50	54/135	16/69	+00:03:14	RED DEER
4/18	MOLLER, MEAGAN	318	46:36.992	05:49	09:22	65/135	23/69	+00:05:56	EDMONTON
5/18	AVRAM, COURTNEY	104	46:52.975	05:51	09:25	66/135	24/69	+00:06:12	RED DEER
6/18	SCHUR, SAMANTHA	260	47:30.428	05:56	09:33	69/135	26/69	+00:06:49	BLACKFALDS
7/18	KING, TELAINA	193	47:31.881	05:56	09:33	72/135	27/69	+00:06:50	RED DEER
8/18	DODMAN, STEPHANIE	141	48:30.500	06:03	09:45	80/135	31/69	+00:07:49	BLACKFALDS
9/18	SNIDER, CRISTA	269	49:13.694	06:09	09:54	81/135	32/69	+00:08:32	RED DEER
10/18	ZELOWSKY, MEAGHAN	313	51:57.310	06:29	10:27	94/135	39/69	+00:11:16	PENHOLD
11/18	NEWANS, KAYLA	237	52:14.876	06:31	10:30	95/135	40/69	+00:11:33	PONOKA
12/18	NORRIS, ASHLEY	242	55:47.923	06:58	11:13	104/135	46/69	+00:15:06	RED DEER
13/18	REX, RACHEL	253	57:37.175	07:12	11:35	108/135	50/69	+00:16:56	RED DEER
14/18	MARTIN, ANNA-MARIE	215	1:00:25.664	07:33	12:09	113/135	54/69	+00:19:44	RED DEER
15/18	HOWDLE, VANESSA	185	1:00:44.214	07:35	12:13	115/135	56/69	+00:20:03	RED DEER
16/18	CHASSE, KERRY	119	1:02:16.241	07:47	12:31	117/135	58/69	+00:21:35	RED DEER
17/18	MCENTEE, COLLEEN	224	1:03:19.689	07:54	12:44	121/135	60/69	+00:22:38	PONOKA
18/18	GLENN, FATINA	163	1:08:35.365	08:34	13:48	126/135	64/69	+00:27:54	RED DEER

8K30-39M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	GLENN, CLIFF	162	30:23.387	03:47	06:06	4/135	4/66	+00:00:00	CALGARY
2/14	CAPTON, TYLER	117	33:28.283	04:11	06:44	12/135	12/66	+00:03:04	LACOMBE
3/14	CLERMONT, CODY	342	37:04.420	04:38	07:27	21/135	20/66	+00:06:41	RED DEER
4/14	VAN DE VELDE, MICHAEL	290	37:04.439	04:38	07:27	22/135	21/66	+00:06:41	RED DEER COUN
5/14	VEENEMAN, BRAEDEN	293	38:41.052	04:50	07:47	28/135	26/66	+00:08:17	EDMONTON
6/14	GLENN, GREGORY	164	43:25.648	05:25	08:44	51/135	38/66	+00:13:02	RED DEER
7/14	WARDER, ZACHARY	299	45:33.312	05:41	09:09	59/135	40/66	+00:15:09	RED DEER
8/14	PRINS, DAVID	247	46:15.405	05:46	09:18	63/135	42/66	+00:15:52	RED DEER
9/14	SCHUR, JORDAN	259	47:31.507	05:56	09:33	70/135	44/66	+00:17:08	BLACKFALDS
10/14	KING, DAVID	192	47:31.834	05:56	09:33	71/135	45/66	+00:17:08	RED DEER
11/14	HACKETT, BYRON	170	47:45.944	05:58	09:36	74/135	47/66	+00:17:22	RED DEER
12/14	KUZEK, MATTHEW	199	47:53.609	05:59	09:38	75/135	48/66	+00:17:30	RED DEER
13/14	FORD, REGINALD	154	49:45.756	06:13	10:00	87/135	53/66	+00:19:22	RED DEER
14/14	BOURRET, CHRIS	111	51:44.513	06:28	10:24	93/135	55/66	+00:21:21	RED DEER

8K40-49F - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
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OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K Run - 4.97 Miles
135 Finishers

8K40-49F - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/28	DERKSEN, DIANNA	137	38:11.050	04:46	07:40	26/135	2/69	+00:00:00	RED DEER COUNT
2/28	MCLAREN, CINDY	227	39:37.628	04:57	07:58	33/135	3/69	+00:01:26	RIMBEY
3/28	HAUCK, DARLENE	176	40:52.345	05:06	08:13	41/135	6/69	+00:02:41	RED DEER
4/28	GRAY, ANGELA	167	40:56.375	05:07	08:14	42/135	7/69	+00:02:45	RED DEER
5/28	MEJIA, PATRICIA	230	41:20.845	05:10	08:19	43/135	8/69	+00:03:09	RED DEER
6/28	KLESSENS, MORIAH	195	43:06.500	05:23	08:40	49/135	12/69	+00:04:55	RED DEER
7/28	ROMANS, AYUMI	255	43:24.407	05:25	08:44	50/135	13/69	+00:05:13	RED DEER
8/28	MACKAY, SUSAN	210	45:14.162	05:39	09:06	56/135	18/69	+00:07:03	RED DEER
9/28	WEIDELL, LORELEI	304	45:22.225	05:40	09:07	58/135	19/69	+00:07:11	PONOKA
10/28	ANDERSON, CHELSEY	341	45:43.929	05:42	09:12	60/135	20/69	+00:07:32	PENHOLD
11/28	MARTENS, LORI	214	48:16.061	06:02	09:42	78/135	29/69	+00:10:05	SYLVAN LAKE
12/28	STEPHAN, ALISON	277	50:09.614	06:16	10:05	90/135	37/69	+00:11:58	RED DEER
13/28	HALE, MIKE	172	52:45.427	06:35	10:36	98/135	41/69	+00:14:34	RED DEER
14/28	DRIEDGER, G	315	52:49.248	06:36	10:37	99/135	42/69	+00:14:38	RED DEER COUNT
15/28	PHILLIPS, YVONNE	246	52:57.823	06:37	10:39	100/135	43/69	+00:14:46	RED DEER
16/28	MELGAR, LIZA	231	53:39.969	06:42	10:47	101/135	44/69	+00:15:28	RED DEER
17/28	D'ONOFRIO, KIM	131	55:28.760	06:56	11:09	103/135	45/69	+00:17:17	RED DEER
18/28	CHENIER, RHIANNA	120	56:43.995	07:05	11:24	105/135	47/69	+00:18:32	RED DEER
19/28	FRASER, JILL	156	56:44.370	07:05	11:24	106/135	48/69	+00:18:33	RED DEER
20/28	MACNAUGHTON, SONA	213	57:21.532	07:10	11:32	107/135	49/69	+00:19:10	RED DEER
21/28	WILSON, RIDEHL	312	59:24.165	07:25	11:57	110/135	51/69	+00:21:13	SPRINGBROOK
22/28	RAYMOND, DAWN	249	59:24.166	07:25	11:57	111/135	52/69	+00:21:13	RED DEER
23/28	RUFIANGE, LINDSEY	256	59:51.540	07:28	12:02	112/135	53/69	+00:21:40	RED DEER
24/28	HEATH, DAWN	177	1:00:39.143	07:34	12:12	114/135	55/69	+00:22:28	RED DEER
25/28	WILLIAMS, JAIME	307	1:00:59.393	07:37	12:16	116/135	57/69	+00:22:48	INNISFAIL
26/28	SMESTAD, LISA	266	1:04:36.867	08:04	13:00	124/135	63/69	+00:26:25	RED DEER
27/28	UNUAFE, ROSE	289	1:21:58.068	10:14	16:29	133/135	67/69	+00:43:47	RED DEER
28/28	MAYAN, CHRISTINE	218	1:28:54.945	11:06	17:53	135/135	69/69	+00:50:43	BLACKFALDS

8K40-49M - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/24	LEWANS, JASON	207	29:50.061	03:43	06:00	1/135	1/66	+00:00:00	SASKATOON
2/24	DOERKSEN, COURTNEY	142	30:05.386	03:45	06:03	2/135	2/66	+00:00:15	RED DEER
3/24	SMITH, JAMES	268	32:02.502	04:00	06:26	6/135	6/66	+00:02:12	RED DEER
4/24	WEIDELL, LESLIE	302	33:02.502	04:07	06:38	9/135	9/66	+00:03:12	PONOKA
5/24	LECLERC, DENIS	204	33:04.984	04:08	06:39	10/135	10/66	+00:03:14	SYLVAN LAKE
6/24	LANGRIDGE, GRAHAM	200	33:17.408	04:09	06:41	11/135	11/66	+00:03:27	RED DEER
7/24	DE RUYCK, STEVEN	136	33:35.711	04:11	06:45	13/135	13/66	+00:03:45	RED DEER
8/24	MEDING, BRAD	229	34:08.243	04:16	06:52	14/135	14/66	+00:04:18	PENHOLD
9/24	SLOBODAN, JEREMY	264	35:23.311	04:25	07:07	16/135	15/66	+00:05:33	RED DEER
10/24	SUNDGAARD, TYLER	325	36:17.335	04:32	07:18	18/135	17/66	+00:06:27	RED DEER
11/24	FOX, SHAUN	155	36:45.623	04:35	07:23	20/135	19/66	+00:06:55	REDDEER
12/24	NIEUWENHUIS, JASON	319	37:37.184	04:42	07:34	23/135	22/66	+00:07:47	REDDEER
13/24	CLEMENS, PETER	343	39:12.596	04:54	07:53	32/135	30/66	+00:09:22	RED DEER
14/24	PHOMMAKASIKONE, SANTY	190	39:47.870	04:58	08:00	34/135	31/66	+00:09:57	RED DEER
15/24	GORMAN, FERGAL	165	39:57.478	04:59	08:02	35/135	32/66	+00:10:07	RED DEER
16/24	HOWLEY, GABRIEL	186	40:47.002	05:05	08:12	38/135	33/66	+00:10:56	RED DEER
17/24	STENDIE, DARRYL	276	40:48.101	05:06	08:12	40/135	35/66	+00:10:58	BLACKFALDS
18/24	COWLES, NICK	127	45:50.938	05:43	09:13	61/135	41/66	+00:16:00	BLACKFALDS
19/24	GRAVES, JEREMY	166	48:04.273	06:00	09:40	77/135	49/66	+00:18:14	RED DEER
20/24	MCDUGALL, JUSTIN	222	52:20.373	06:32	10:31	96/135	56/66	+00:22:30	RED DEER
21/24	MCENTEE, NATHAN	225	53:49.481	06:43	10:49	102/135	58/66	+00:23:59	PONOKA
22/24	LARSEN, PAUL	202	1:03:05.743	07:53	12:41	120/135	61/66	+00:33:15	RED DEER
23/24	D'ONOFRIO, MARK	132	1:04:38.063	08:04	13:00	125/135	62/66	+00:34:48	RED DEER
24/24	UNUAFE, ENOCH	288	1:09:50.548	08:43	14:03	127/135	63/66	+00:40:00	RED DEER

8K50-59F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	NISHIZEKI, PEGGY	240	41:36.806	05:12	08:22	44/135	9/69	+00:00:00	RED DEER
2/6	ORRELL-HOSKINS, CHARLOTTE	244	43:47.096	05:28	08:48	53/135	15/69	+00:02:10	ALBERTA
3/6	CHOPEK, CARLA	121	46:10.694	05:46	09:17	62/135	21/69	+00:04:33	PROVOST
4/6	VIANI, ELIZABETH	297	48:03.897	06:00	09:40	76/135	28/69	+00:06:27	RED DEER COUNT
5/6	KNUTSON, BARB	197	1:04:26.297	08:03	12:57	122/135	61/69	+00:22:49	RED DEER
6/6	MCKINNON, TRACEY	226	1:04:29.319	08:03	12:58	123/135	62/69	+00:22:52	RED DEER

8K50-59M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
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OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

8K Run - 4.97 Miles
135 Finishers

8K50-59M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	MCARTHUR, BRIAN	336	30:19.262	03:47	06:06	3/135	3/66	+00:00:00	RED DEER
2/8	MCDERMOTT, SCOTT	340	36:30.225	04:33	07:20	19/135	18/66	+00:06:10	SYLVAN LAKE
3/8	KUTNEY, DAVID	198	37:49.091	04:43	07:36	24/135	23/66	+00:07:29	RED DEER COUN
4/8	ROBINSON, ALAN	254	38:10.664	04:46	07:40	25/135	24/66	+00:07:51	RED DEER
5/8	REIJNDERS, MAT	309	38:53.800	04:51	07:49	30/135	28/66	+00:08:34	BLACKFALDS
6/8	WILLIAMS, IAN	306	49:22.390	06:10	09:56	82/135	50/66	+00:19:03	INNISFAIL
7/8	CONNOLLY, JOHN	125	49:25.788	06:10	09:56	84/135	51/66	+00:19:06	RD COUNTY
8/8	STEWART, FRASER	278	50:14.208	06:16	10:06	91/135	54/66	+00:19:54	RED DEER

8K60+F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	MORRIS, PATTI	235	44:35.624	05:34	08:58	55/135	17/69	+00:00:00	RED DEER
2/8	DURET, OLIVE	148	46:28.601	05:48	09:21	64/135	22/69	+00:01:52	RED DEER
3/8	VAN ZANDT, CHERYL	292	48:23.278	06:02	09:44	79/135	30/69	+00:03:47	INNISFAIL
4/8	KLESSENS, CAROL	194	49:26.678	06:10	09:56	86/135	34/69	+00:04:51	BASHAW
5/8	SNIDER, LORI	271	50:02.020	06:15	10:04	89/135	36/69	+00:05:26	RED DEER
6/8	DE REPENTIGNY, CLAIRE	135	51:12.100	06:24	10:18	92/135	38/69	+00:06:36	RED DEER
7/8	MENZIES, MAVIS	232	1:11:59.361	08:59	14:29	128/135	65/69	+00:27:23	RED DEER
8/8	MARTIN, PAMELA	217	1:16:47.828	09:35	15:27	129/135	66/69	+00:32:12	RED DEER

8K60+M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	MORRIS, TONY	236	38:57.857	04:52	07:50	31/135	29/66	+00:00:00	RED DEER
2/10	COUSINE, STEVE	329	45:21.874	05:40	09:07	57/135	39/66	+00:06:24	BLACKFALDS
3/10	SCHUSTER, SHANE	324	46:57.381	05:52	09:26	67/135	43/66	+00:07:59	RED DEER COUN
4/10	GILLRIE, HAL	161	49:26.069	06:10	09:56	85/135	52/66	+00:10:28	RED DEER COUN
5/10	HASTIE, LARRY	333	52:34.598	06:34	10:34	97/135	57/66	+00:13:36	RED DEER
6/10	THOMPSON, BERT	284	58:24.636	07:18	11:45	109/135	59/66	+00:19:26	RED DEER COUN
7/10	CHASSE, JP	118	1:02:17.063	07:47	12:31	118/135	60/66	+00:23:19	RED DEER
8/10	MARTIN, NEIL	216	1:16:50.758	09:36	15:27	130/135	64/66	+00:37:52	RED DEER
9/10	MACKAY, BOB	209	1:19:16.492	09:54	15:57	131/135	65/66	+00:40:18	VANCOUVER
10/10	HANSON, DUKE	175	1:19:17.406	09:54	15:57	132/135	66/66	+00:40:19	RED DEER