

Overall Gender Results

3K - 1.86 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/59	WEIDELL, SHILOH	305	13:41.925	04:33	07:21	3K10-12F	1/7	5/92	PONOKA, AB
2/59	WEIDELL, CORA	300	14:57.330	04:59	08:02	3K13-15F	1/4	10/92	PONOKA, AB
3/59	PFAFF, ALEENA	334	15:56.221	05:18	08:34	3K10-12F	2/7	11/92	RED DEER, AB
4/59	DOERKSEN, KAITLIN	145	16:15.085	05:25	08:44	3K18+F	1/40	12/92	RED DEER, AB
5/59	VELIZ, DANIELA	294	16:31.703	05:30	08:53	3K09&UF	1/8	13/92	RED DEER, AB
6/59	VELIZ, LEANDRA	295	16:59.256	05:39	09:07	3K10-12F	3/7	15/92	RED DEER, AB
7/59	DOERKSEN, DORIS	143	17:49.866	05:56	09:35	3K18+F	2/40	17/92	RED DEER, AB
8/59	WILLSON, SHAWNA	310	18:58.492	06:19	10:12	3K18+F	3/40	19/92	PONOKA, AB
9/59	PARSONS, ROXANE	245	18:58.912	06:19	10:12	3K18+F	4/40	20/92	LACOMBE, AB
10/59	BRINEN, MADISON	113	19:16.022	06:25	10:21	3K09&UF	2/8	22/92	RED DEER, AB
11/59	FLECK, SARAH	153	19:16.959	06:25	10:22	3K18+F	5/40	23/92	RED DEER, AB
12/59	COZENS, KLARA	128	19:53.315	06:37	10:41	3K18+F	6/40	27/92	RED DEER, AB
13/59	SUSHYNSKI, BROOKLYNN	279	20:05.427	06:41	10:48	3K13-15F	2/4	29/92	RED DEER COUNT, AB
14/59	SCHALKWYK, LEAH	257	20:05.638	06:41	10:48	3K13-15F	3/4	30/92	RED DEER COUNTY, AB
15/59	MACNAUGHTON, MIRA	212	20:19.113	06:46	10:55	3K09&UF	3/8	33/92	RED DEER, AB
16/59	BERNARD, JESSICA	108	20:29.121	06:49	11:00	3K18+F	7/40	36/92	RED DEER, AB
17/59	RENNIE, KATRINA	252	20:48.459	06:56	11:11	3K18+F	8/40	37/92	CLIVE, AB
18/59	SCHALKWYK, NADINE	258	20:49.020	06:56	11:11	3K18+F	9/40	38/92	RED DEER COUNTY, AB
19/59	SUSHYNSKI, KIM	281	20:49.098	06:56	11:11	3K18+F	10/40	39/92	RED DEER COUNT, AB
20/59	SZAMKO, ALYSSIA	282	20:51.062	06:57	11:12	3K13-15F	4/4	40/92	PONOKA, AB
21/59	TOEWS, JENAE	285	21:03.947	07:01	11:19	3K10-12F	4/7	42/92	THREE HILLS, AB
22/59	HOFFART, SARAH	181	21:28.395	07:09	11:32	3K09&UF	4/8	43/92	RED DEER, AB
23/59	HOLOBOFF, JOYCE	182	21:37.839	07:12	11:37	3K18+F	11/40	44/92	RED DEER, AB
24/59	GIRARDIN, SARA	317	21:40.416	07:13	11:39	3K18+F	12/40	45/92	RED DEER, AB
25/59	TOEWS, LEIANNE	286	21:45.127	07:15	11:41	3K18+F	13/40	46/92	THREE HILLS, AB
26/59	HALE, NATALIE	173	22:10.013	07:23	11:55	3K18+F	14/40	48/92	RED DEER,
27/59	SPADY, AVA	273	22:10.229	07:23	11:55	3K10-12F	5/7	49/92	RED DEER, AB
28/59	SOLDAN, MEGAN	272	22:32.401	07:30	12:07	3K18+F	15/40	51/92	RED DEER, AB
29/59	DAURY, HOLLY	133	23:06.428	07:42	12:25	3K18+F	16/40	54/92	RED DEER, AB
30/59	COLE, KATHY	124	23:13.744	07:44	12:29	3K18+F	17/40	55/92	RED DEER, AB
31/59	FRAYN, SHANNON	157	23:42.661	07:54	12:44	3K18+F	18/40	56/92	RED DEER, AB
32/59	PALAMARUK, MELAYNA	347	23:43.416	07:54	12:45	3K09&UF	5/8	57/92	RED DEER, AB
33/59	AREVALO, NASHREEN	103	24:20.798	08:06	13:05	3K18+F	19/40	58/92	LACOMBE, AB
34/59	COUNTRYMAN-SMITH, JEANETTE	126	24:32.680	08:10	13:11	3K18+F	20/40	60/92	RED DEER, AB
35/59	BARKER, CASS	105	25:12.968	08:24	13:33	3K18+F	21/40	61/92	RED DEER, AB
36/59	CHUNG, ILIANA	122	25:24.936	08:28	13:39	3K10-12F	6/7	62/92	EDMONTON, AB
37/59	LEWANS, KARI	208	26:19.294	08:46	14:09	3K18+F	22/40	63/92	SASKATOON, SK
38/59	HUNTER, ASHLEY	188	26:26.609	08:48	14:13	3K18+F	23/40	64/92	RED DEER,
39/59	PANGMAN, ATHENA	320	26:45.757	08:55	14:23	3K10-12F	7/7	65/92	RED DEER COUNTY, AB
40/59	LEIKEIM, CELINE	206	26:50.795	08:56	14:26	3K18+F	24/40	66/92	RED DEER,
41/59	WILSON, ELIZABETH	311	27:18.990	09:06	14:41	3K18+F	25/40	67/92	STETTLER, AB
42/59	FULLER, MANDY	158	27:19.952	09:06	14:41	3K18+F	26/40	68/92	ALLIANCE, AB
43/59	NORRIE, LINDSAY	241	27:32.163	09:10	14:48	3K18+F	27/40	69/92	RED DEER, AB
44/59	BALATTI, MEGAN	101	27:32.302	09:10	14:48	3K18+F	28/40	70/92	RED DEER, AB
45/59	TILBURY, CHLOE	349	27:35.357	09:11	14:49	3K09&UF	6/8	72/92	LACOMBE, AB
46/59	GALBRAITH, HILARY	160	27:37.293	09:12	14:51	3K18+F	29/40	73/92	BLACKFALDS, AB
47/59	CHUNG, JODI	123	27:55.455	09:18	15:00	3K18+F	30/40	74/92	EDMONTON, AB
48/59	BURKIN, JOANNE	114	28:00.356	09:20	15:03	3K18+F	31/40	75/92	RED DEER, AB
49/59	OLVER, LINDSAY	321	28:14.466	09:24	15:11	3K18+F	32/40	78/92	RED DEER, AB
50/59	TORREJAS, MARY	287	29:25.902	09:48	15:49	3K18+F	33/40	79/92	RED DEER, AB
51/59	BURMEISTER, IMKE	116	29:26.067	09:48	15:49	3K18+F	34/40	80/92	RED DEER, AB
52/59	WILLIS, TRICIA	308	29:26.699	09:48	15:49	3K18+F	35/40	81/92	BLACKFALDS, AB
53/59	BURKIN, KIM	115	31:12.143	10:24	16:46	3K18+F	36/40	82/92	RED DEER, AB
54/59	EZE-ADIELE, CHIHURUMNANYA	150	32:51.669	10:57	17:40	3K18+F	37/40	83/92	PONOKA, AB
55/59	MCDUGALL, ERIN	220	34:26.501	11:28	18:31	3K18+F	38/40	86/92	RED DEER, AB

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Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/59	LANDAVERDE, CLAUDIA	330	49:25.835	16:28	26:34	3K18+F	39/40	88/92	RED DEER, AB
57/59	MOORE, HENLEY	233	49:33.732	16:31	26:38	3K09&UF	7/8	89/92	LACOMBE, AB
58/59	MOORE, MARIE	234	49:35.890	16:31	26:39	3K18+F	40/40	90/92	LACOMBE, AB
59/59	HALE, EMMA	171	52:45.052	17:35	28:21	3K09&UF	8/8	92/92	RED DEER,

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/33	DOERKSEN, NATHAN	146	11:01.112	03:40	05:55	3K18+M	1/15	1/92	RED DEER, AB
2/33	HOFFART, NOAH	179	11:25.799	03:48	06:08	3K16-17M	1/2	2/92	RED DEER, AB
3/33	PENNINGA, BRODIE	331	12:07.495	04:02	06:31	3K10-12M	1/7	3/92	RED DEER, AB
4/33	BOYD, MATTHEW	112	13:18.370	04:26	07:09	3K18+M	2/15	4/92	RED DEER, AB
5/33	HOFFART, SAMSON	180	13:56.221	04:38	07:29	3K10-12M	2/7	6/92	RED DEER, AB
6/33	GIRARDIN, FEILIX	316	14:26.666	04:48	07:45	3K10-12M	3/7	7/92	RED DEER, AB
7/33	SZAMKO, WILLIAM	283	14:27.369	04:49	07:46	3K16-17M	2/2	8/92	PONOKA, AB
8/33	WEIDELL, JUSTUS	301	14:30.812	04:50	07:48	3K09&UM	1/9	9/92	PONOKA, AB
9/33	NEWMAN, DARYL	238	16:36.627	05:32	08:55	3K18+M	3/15	14/92	RED DEER, AB
10/33	RATTAI, RILEY	338	17:21.016	05:47	09:19	3K18+M	4/15	16/92	RED DEER, AB
11/33	VELIZ, MARTIN	296	18:05.429	06:01	09:43	3K18+M	5/15	18/92	RED DEER, AB
12/33	FLECK, HAYDEN	152	19:14.922	06:24	10:20	3K10-12M	4/7	21/92	RED DEER, AB
13/33	NOWE, RYLEY	243	19:34.305	06:31	10:31	3K10-12M	5/7	24/92	RED DEER, AB
14/33	CHEETHAM, JESSE	346	19:40.117	06:33	10:34	3K18+M	6/15	25/92	RED DEER,
15/33	CHEETHAM, JACK	345	19:40.441	06:33	10:34	3K09&UM	2/9	26/92	RED DEER,
16/33	RENNIE, ALAN	250	20:02.764	06:40	10:46	3K18+M	7/15	28/92	CLIVE, AB
17/33	RENNIE, HUNTER	251	20:12.833	06:44	10:52	3K09&UM	3/9	31/92	CLIVE, AB
18/33	EZE-ADIELE, CHIHURUMNANYA B	151	20:17.123	06:45	10:54	3K09&UM	4/9	32/92	PONOKA, AB
19/33	MACNAUGHTON, BRENT	211	20:20.380	06:46	10:56	3K18+M	8/15	34/92	RED DEER, AB
20/33	EZE-ADIELE, CHIDOZIRIMUZOR M	149	20:25.019	06:48	10:58	3K09&UM	5/9	35/92	PONOKA, AB
21/33	DODMAN, KAIDEN	138	20:54.855	06:58	11:14	3K09&UM	6/9	41/92	BLACKFALDS, AB
22/33	ADIELE, EZE	314	22:00.995	07:20	11:50	3K18+M	9/15	47/92	PONOKA, AB
23/33	HALE, TRISTAN	174	22:10.769	07:23	11:55	3K09&UM	7/9	50/92	RED DEER,
24/33	SPADY, JACKSON	274	22:45.196	07:35	12:13	3K10-12M	6/7	52/92	RED DEER, AB
25/33	SPADY, KURT	275	22:46.064	07:35	12:14	3K18+M	10/15	53/92	RED DEER, AB
26/33	AREVALO, FRANCIS	102	24:20.914	08:06	13:05	3K18+M	11/15	59/92	LACOMBE, AB
27/33	TILBURY, ANDREW	348	27:35.023	09:11	14:49	3K18+M	12/15	71/92	LACOMBE, AB
28/33	MCDUGALL, ISAAC	221	28:03.709	09:21	15:05	3K10-12M	7/7	76/92	RED DEER, AB
29/33	PANGMAN, SAXTON	322	28:13.035	09:24	15:10	3K09&UM	8/9	77/92	RED DEER COUNTY, AB
30/33	DODMAN, LUKAS	139	33:31.594	11:10	18:01	3K09&UM	9/9	84/92	BLACKFALDS, AB
31/33	DODMAN, STEFN	140	33:31.969	11:10	18:01	3K18+M	13/15	85/92	BLACKFALDS, AB
32/33	BEATON, TERRY	106	44:35.563	14:51	23:58	3K18+M	14/15	87/92	RED DEER, AB
33/33	SNIDER, DALLAS	270	50:48.593	16:56	27:19	3K18+M	15/15	91/92	RED DEER, AB