

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

8K Run - 4.97 Miles  
169 Finishers

## 8K19&amp;UF - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	VAN GINHOVEN, SYDNEY	850	38:32.962	04:49	07:45	27/169	6/96	+00:00:00	BOWDEN
2/7	REEFHUIS, MEGHAN	721	41:55.179	05:14	08:26	38/169	10/96	+00:03:22	RED DEER COUN
3/7	PANGMAN, ATHENA	696	48:04.527	06:00	09:40	84/169	33/96	+00:09:31	RED DEER COUN
4/7	BELICH, RACHEL	521	48:08.136	06:01	09:41	86/169	34/96	+00:09:35	RED DEER
5/7	BUCKLAND, KEIRA	535	48:21.893	06:02	09:43	87/169	35/96	+00:09:48	RED DEER
6/7	FORKLIFT, GUIDO	841	1:08:05.946	08:30	13:42	160/169	87/96	+00:29:32	RED DEER
7/7	SHOGR, FLO	838	1:08:07.492	08:30	13:42	161/169	88/96	+00:29:34	RED DEER

## 8K19&amp;UM - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	HOFFART, NOAH	610	30:49.137	03:51	06:12	5/169	5/73	+00:00:00	RED DEER
2/9	GALBRAITH, HAYDEN	815	34:35.610	04:19	06:57	10/169	9/73	+00:03:46	BLACKFALDS
3/9	ADEY, BEN	501	36:30.734	04:33	07:20	19/169	15/73	+00:05:41	BLACKFALDS
4/9	GRAY, MYLES	598	38:09.852	04:46	07:40	26/169	21/73	+00:07:20	RED DEER
5/9	CUNNINGHAM, OLIVER	553	42:41.397	05:20	08:35	44/169	30/73	+00:11:52	RED DEER
6/9	GIRARDIN, FELIX	588	43:20.653	05:25	08:43	48/169	33/73	+00:12:31	RED DEER
7/9	LOWNSLO, RAMONE	829	44:36.966	05:34	08:58	53/169	35/73	+00:13:47	RED DEER
8/9	STORM, JACKSON	843	44:37.459	05:34	08:58	54/169	36/73	+00:13:48	RED DEER
9/9	HALE, EMMA	817	46:58.198	05:52	09:27	69/169	45/73	+00:16:09	RED DEER

## 8K20-29F - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/14	TELL, SHAY	352	34:00.384	04:15	06:50	8/169	1/96	+00:00:00	CALGARY
2/14	SNOW, TARA	823	37:18.264	04:39	07:30	23/169	5/96	+00:03:17	RED DEER
3/14	ALDERLIESTEN, CRYSTAL	810	43:59.787	05:29	08:51	51/169	18/96	+00:09:59	RED DEER
4/14	MOONEY, CIARA	671	45:45.574	05:43	09:12	60/169	21/96	+00:11:45	RED DEER
5/14	CARRERA, SALLY	797	47:32.019	05:56	09:33	79/169	31/96	+00:13:31	RED DEER
6/14	PICKLES, CHYANNE	847	49:09.096	06:08	09:53	92/169	39/96	+00:15:08	RED DEER
7/14	GOULDIE, MORGAN	595	49:57.964	06:14	10:03	96/169	43/96	+00:15:57	RED DEER
8/14	CHOI, JANICE	542	53:32.343	06:41	10:46	115/169	53/96	+00:19:31	RED DEER
9/14	CELSO, DANIELLE	539	54:06.094	06:45	10:53	117/169	55/96	+00:20:05	RED DEER
10/14	BARKER, CASS	509	54:13.031	06:46	10:54	119/169	57/96	+00:20:12	RED DEER
11/14	SHOKALO, YULIIA	741	56:56.952	07:07	11:27	134/169	67/96	+00:22:56	RED DEER
12/14	PIPER, MERCEDES	708	57:59.973	07:14	11:40	138/169	70/96	+00:23:59	RED DEER
13/14	WATTS, ERICA	785	1:02:23.784	07:47	12:33	150/169	79/96	+00:28:23	RED DEER
14/14	DURRANT, JESSA	571	1:11:11.172	08:53	14:19	164/169	91/96	+00:37:10	RED DEER COUN

## 8K20-29M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	ARYCHUK, BENJAMIN	505	27:52.654	03:29	05:36	2/169	2/73	+00:00:00	SYLVAN LAKE
2/9	VAN EATON, VIRGIL	777	31:02.798	03:52	06:14	7/169	7/73	+00:03:10	ALHAMBRA
3/9	MACDONALD, CLAYNE	647	46:14.221	05:46	09:18	62/169	40/73	+00:18:21	RED DEER
4/9	MCQUEEN, LIGHTNING	805	47:15.296	05:54	09:30	74/169	47/73	+00:19:22	RED DEER
5/9	COROZA, RUSSELL	839	51:22.429	06:25	10:20	103/169	54/73	+00:23:29	EDMONTON
6/9	WEST, CARSON	787	53:09.633	06:38	10:41	113/169	61/73	+00:25:16	RED DEER COUN
7/9	BOERSMA, ERIC	526	53:19.171	06:39	10:43	114/169	62/73	+00:25:26	RED DEER COUN
8/9	VILLANUEVA, RALPH	781	55:24.067	06:55	11:08	128/169	65/73	+00:27:31	RED DEER
9/9	CUNANAN, PAUL	552	57:55.849	07:14	11:39	137/169	68/73	+00:30:03	RED DEER

## 8K30-39F - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/32	COLLIER, JODI	767	36:10.702	04:31	07:16	15/169	2/96	+00:00:00	RED DEER COUN
2/32	LUNTY, MICHELLE	842	36:11.657	04:31	07:16	16/169	3/96	+00:00:00	BENTLEY
3/32	MCGOVERN, MELODIE	660	39:09.679	04:53	07:52	31/169	7/96	+00:02:58	LACOMBE
4/32	REICH, HANNAH	722	41:11.818	05:08	08:17	33/169	8/96	+00:05:01	LACOMBE
5/32	DOERKSEN, JENNY	568	42:02.137	05:15	08:27	39/169	11/96	+00:05:51	RED DEER
6/32	SNIDER, ELYSHA	747	42:08.069	05:16	08:28	42/169	13/96	+00:05:57	RED DEER
7/32	LAMEY, BRIANNE	636	42:14.252	05:16	08:29	43/169	14/96	+00:06:03	RED DEER
8/32	DAY, TESSA	558	42:58.879	05:22	08:38	46/169	15/96	+00:06:48	RED DEER
9/32	WAISANEN, KARLEY	783	43:26.771	05:25	08:44	49/169	16/96	+00:07:16	ECKVILLE
10/32	SCHUR, SAMANTHA	740	47:41.628	05:57	09:35	82/169	32/96	+00:11:30	BLACKFALDS
11/32	MORGAN, DELANEY	674	50:29.160	06:18	10:09	99/169	46/96	+00:14:18	RED DEER
12/32	BURDICK, KIMBERLY	536	50:53.534	06:21	10:14	101/169	48/96	+00:14:42	SYLVAN LAKE
13/32	TWOREK, EMILY	772	50:58.148	06:22	10:15	102/169	49/96	+00:14:47	RED DEER
14/32	SUK, BREANNA	754	54:02.883	06:45	10:52	116/169	54/96	+00:17:52	SPRINGBROOK
15/32	TOMASZEWSKI, ZOE	770	54:08.390	06:46	10:53	118/169	56/96	+00:17:57	RED DEER
16/32	SNIDER, CRISTA	743	54:18.372	06:47	10:55	121/169	58/96	+00:18:07	RED DEER
17/32	HECK, TEGAN	609	54:32.669	06:49	10:58	122/169	59/96	+00:18:21	LACOMBE

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Offset = Diff from Category win time hh:mm:ss

Category Results

8K Run - 4.97 Miles  
169 Finishers

8K30-39F - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
18/32	PIGEON, ASHLEY	704	54:47.810	06:50	11:01	126/169	63/96	+00:18:37	RED DEER
19/32	CAREY, CASSANDRA	538	55:38.108	06:57	11:11	130/169	65/96	+00:19:27	RED DEER
20/32	PIRIE, JACIE	709	57:50.082	07:13	11:38	136/169	69/96	+00:21:39	RED DEER
21/32	DEWIT, JANA	560	58:22.497	07:17	11:44	139/169	71/96	+00:22:11	RED DEER
22/32	NEWANS, KAYLA	683	59:31.332	07:26	11:58	143/169	74/96	+00:23:20	RED DEER
23/32	DODMAN, STEPHANIE	565	1:00:05.596	07:30	12:05	144/169	75/96	+00:23:54	BLACKFALDS
24/32	MARTIN, ANNA-MARIE	654	1:00:05.739	07:30	12:05	145/169	76/96	+00:23:55	RED DEER
25/32	LAYDEN, STEPH	639	1:02:17.033	07:47	12:31	148/169	78/96	+00:26:06	RED DEER COUN
26/32	ODERMATT, MATHIA	688	1:02:56.717	07:52	12:39	154/169	81/96	+00:26:46	SYLVAN LAKE
27/32	MCTAGGART, HAYLEY	846	1:05:19.541	08:09	13:08	156/169	83/96	+00:29:08	SYLVAN LAKE
28/32	STAUFFER, AMBER	751	1:06:28.328	08:18	13:22	157/169	84/96	+00:30:17	ECKVILLE
29/32	WILLIS, STEPHANIE	789	1:06:56.383	08:22	13:28	158/169	85/96	+00:30:45	PONOKA
30/32	RYCKMAN, LINDSAY	728	1:07:08.854	08:23	13:30	159/169	86/96	+00:30:58	ALIX
31/32	CHASSE, KERRY	541	1:14:24.086	09:18	14:58	166/169	93/96	+00:38:13	RED DEER
32/32	TJEPKEMA, CHARLOTTE	769	1:23:47.612	10:28	16:51	169/169	96/96	+00:47:36	FORT ST. JOHN

8K30-39M - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	PYLYPCHYK, IHOR	848	26:41.567	03:20	05:22	1/169	1/73	+00:00:00	KHMELNYTSKYI
2/15	COZENS, TIM	550	35:04.017	04:23	07:03	12/169	11/73	+00:08:22	RED DEER
3/15	HARRISON, MAX	799	39:08.772	04:53	07:52	29/169	23/73	+00:12:27	RED DEER
4/15	SLIPP, WILLIAM	807	39:08.985	04:53	07:52	30/169	24/73	+00:12:27	RED DEER
5/15	CUPPLES, CONNOR	555	42:05.349	05:15	08:28	41/169	29/73	+00:15:23	RED DEER
6/15	LOEPPKY, JOHN	643	42:56.231	05:22	08:38	45/169	31/73	+00:16:14	LACOMBE
7/15	THOMPSON, TANNER	765	47:05.418	05:53	09:28	72/169	46/73	+00:20:23	RED DEER
8/15	SCHUR, JORDAN	739	47:41.114	05:57	09:35	81/169	50/73	+00:20:59	BLACKFALDS
9/15	SAARI, OWEN	729	47:45.354	05:58	09:36	83/169	51/73	+00:21:03	ECKVILLE
10/15	BOURRET, CHRIS	528	48:06.705	06:00	09:40	85/169	52/73	+00:21:25	RED DEER
11/15	SUK, STEVE	755	51:50.930	06:28	10:25	107/169	55/73	+00:25:09	SPRINGBROOK
12/15	85, MACK	796	52:46.195	06:35	10:37	111/169	59/73	+00:26:04	RED DEER
13/15	BATISLA-ONG, CHRISTIAN	512	55:24.024	06:55	11:08	127/169	64/73	+00:28:42	RED DEER
14/15	AMERONGEN, JOHN	811	56:29.671	07:03	11:22	133/169	67/73	+00:29:48	RED DEER
15/15	LAGRANGE, TYLER	635	1:02:17.175	07:47	12:31	149/169	71/73	+00:35:35	RED DEER COUN

8K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/24	DERKSEN, DIANNA	356	36:28.578	04:33	07:20	17/169	4/96	+00:00:00	RED DEER COUN
2/24	HAUCK, DARLENE	605	42:03.803	05:15	08:27	40/169	12/96	+00:05:35	RED DEER
3/24	MARTENS, LORI	653	45:44.815	05:43	09:12	59/169	20/96	+00:09:16	SYLVAN LAKE
4/24	MILNE, LAYLA	666	45:57.051	05:44	09:14	61/169	22/96	+00:09:28	RED DEER
5/24	PHILLIPS, JENNIFER	701	46:33.568	05:49	09:22	64/169	23/96	+00:10:04	RED DEER
6/24	THOMPSON, VICKI	766	46:59.582	05:52	09:27	70/169	25/96	+00:10:31	RED DEER
7/24	GRAY, ANGELA	350	47:31.950	05:56	09:33	78/169	30/96	+00:11:03	RED DEER
8/24	MELGAR, LIZA	662	48:21.893	06:02	09:43	88/169	36/96	+00:11:53	RED DEER
9/24	KNIGHT, NICOLE	631	49:12.331	06:09	09:54	93/169	40/96	+00:12:43	BLACKFALDS
10/24	PACSON, JEANETTE	693	50:35.463	06:19	10:10	100/169	47/96	+00:14:06	RED DEER
11/24	STEPHAN, ALISON	752	51:37.124	06:27	10:23	104/169	50/96	+00:15:08	RED DEER
12/24	ROY, MARYLA	726	51:40.032	06:27	10:23	105/169	51/96	+00:15:11	LACOMBE
13/24	PACIA, MICHELLE	692	51:40.469	06:27	10:23	106/169	52/96	+00:15:11	RED DEER
14/24	COZENS, KLARA	549	54:33.514	06:49	10:58	123/169	60/96	+00:18:04	RED DEER
15/24	DUFRESNE, COLLEEN	569	54:36.490	06:49	10:59	124/169	61/96	+00:18:07	LACOMBE
16/24	SARGENT, ASHLEY	730	54:39.585	06:49	10:59	125/169	62/96	+00:18:11	RED DEER
17/24	DALE, RANDI	556	55:31.475	06:56	11:10	129/169	64/96	+00:19:02	RED DEER
18/24	BARKER, DENYSE	510	55:49.756	06:58	11:13	132/169	66/96	+00:19:21	RED DEER
19/24	KABEL, CLAIRE	802	57:43.264	07:12	11:36	135/169	68/96	+00:21:14	SYLVAN LAKE
20/24	ROSE, ROXANNE	725	59:30.842	07:26	11:58	142/169	73/96	+00:23:02	RED DEER
21/24	MACNAUGHTON, SONA	650	1:03:55.870	07:59	12:51	155/169	82/96	+00:27:27	RED DEER
22/24	ORAM, JODIE	690	1:11:10.750	08:53	14:19	163/169	90/96	+00:34:42	RED DEER COUN
23/24	RUFIANGE, LINDSEY	727	1:14:23.569	09:17	14:58	165/169	92/96	+00:37:54	RED DEER
24/24	WOOD, DEBORAH	791	1:23:47.149	10:28	16:51	168/169	95/96	+00:47:18	SYLVAN LAKE

8K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	DOERKSEN, COURTNEY	566	30:07.112	03:45	06:03	3/169	3/73	+00:00:00	RED DEER
2/12	SMITH, JAMES	742	30:57.737	03:52	06:13	6/169	6/73	+00:00:50	RED DEER
3/12	CLIFFORD, DION	813	37:00.664	04:37	07:26	22/169	18/73	+00:06:53	RED DEER
4/12	SUNDGAARD, TYLER	756	37:24.265	04:40	07:31	24/169	19/73	+00:07:17	RED DEER

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from Category win time hh:mm:ss

Category Results

8K Run - 4.97 Miles  
169 Finishers

8K40-49M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
5/12	HOWLEY, GABE	614	41:34.764	05:11	08:21	34/169	26/73	+00:11:27	RED DEER
6/12	PHOMMAKASIKONE, SANTY	703	41:53.936	05:14	08:25	37/169	28/73	+00:11:46	RED DEER
7/12	AUSTEN, THOMAS	508	46:47.369	05:50	09:24	67/169	43/73	+00:16:40	RED DEER
8/12	HALE, MIKE	818	46:58.035	05:52	09:27	68/169	44/73	+00:16:50	RED DEER
9/12	GIRARDIN, DAVID	587	47:33.004	05:56	09:34	80/169	49/73	+00:17:25	RED DEER
10/12	GRAVES, JEREMY	816	51:54.447	06:29	10:26	108/169	56/73	+00:21:47	RED DEER
11/12	GOULDIE, TYLER	596	59:30.768	07:26	11:58	141/169	69/73	+00:29:23	RED DEER
12/12	ANDERSEN, PAUL	502	1:02:51.791	07:51	12:38	153/169	73/73	+00:32:44	RED DEER

8K50-59F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	THIBAUT, SUZANNE	763	41:39.359	05:12	08:22	35/169	9/96	+00:00:00	SYLVAN LAKE
2/6	ANDERSON, PAT	503	48:29.838	06:03	09:45	89/169	37/96	+00:06:50	INNISFAIL
3/6	PHILLIPS, YVONNE	702	49:25.410	06:10	09:56	94/169	41/96	+00:07:46	RED DEER
4/6	LAFRENIERE, ROSE	634	50:13.384	06:16	10:06	97/169	44/96	+00:08:34	SYLVAN LAKE
5/6	VIANI, ELIZABETH	780	50:24.587	06:18	10:08	98/169	45/96	+00:08:45	RED DEER COUNT
6/6	WATTS, LORI	786	1:02:26.503	07:48	12:33	151/169	80/96	+00:20:47	RED DEER

8K50-59M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	MCARTHUR, BRIAN	804	30:22.183	03:47	06:06	4/169	4/73	+00:00:00	RED DEER COUNT
2/9	FOX, SHAUN	578	35:19.813	04:24	07:06	13/169	12/73	+00:04:57	RED DEER
3/9	MULZET, MARK	678	36:30.665	04:33	07:20	18/169	14/73	+00:06:08	RED DEER
4/9	REIJNDERS, MAT	723	36:30.734	04:33	07:20	20/169	16/73	+00:06:08	BLACKFALDS
5/9	MCDERMOTT, SCOTT	834	39:03.762	04:52	07:51	28/169	22/73	+00:08:41	JARVIS BAY
6/9	HOLLOWAY, DOUGLAS	760	45:18.756	05:39	09:07	57/169	39/73	+00:14:56	RED DEER
7/9	STAHL, ANDY	750	52:45.961	06:35	10:37	110/169	58/73	+00:22:23	RED DEER
8/9	BUCKLAND, CHRIS	534	53:06.117	06:38	10:41	112/169	60/73	+00:22:43	RED DEER
9/9	OLSTAD, BRAD	689	1:00:18.488	07:32	12:08	146/169	70/73	+00:29:56	RED DEER

8K60+F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	FRERE SCHMIDT, RINKY	581	43:45.943	05:28	08:48	50/169	17/96	+00:00:00	RED DEER
2/13	MORRIS, PATTI	675	45:25.013	05:40	09:08	58/169	19/96	+00:01:39	RED DEER
3/13	BECKWITH, LYN	744	46:36.285	05:49	09:22	65/169	24/96	+00:02:50	ECKVILLE
4/13	MEDING, ELAINE	661	47:03.918	05:52	09:28	71/169	26/96	+00:03:17	TROCHU
5/13	RAY, SHARMAGNE	720	47:07.455	05:53	09:28	73/169	27/96	+00:03:21	RED DEER
6/13	GEDDES, KAREN	584	47:17.371	05:54	09:30	75/169	28/96	+00:03:31	SYLVAN LAKE
7/13	DURET, OLIVE	570	47:26.724	05:55	09:32	77/169	29/96	+00:03:40	RED DEER
8/13	SNIDER, LORI	748	48:54.916	06:06	09:50	91/169	38/96	+00:05:08	RED DEER
9/13	MADILL, JULENE	652	49:44.508	06:13	10:00	95/169	42/96	+00:05:58	RED DEER
10/13	COLLINS, TERRY	545	58:58.988	07:22	11:52	140/169	72/96	+00:15:13	SYLVAN LAKE
11/13	HOLOBOFF, JOYCE	613	1:01:22.239	07:40	12:20	147/169	77/96	+00:17:36	RED DEER
12/13	COLE, KATHY	543	1:09:26.901	08:40	13:58	162/169	89/96	+00:25:40	RED DEER
13/13	MENZIES, MAVIS	663	1:18:27.482	09:48	15:47	167/169	94/96	+00:34:41	RED DEER

8K60+M - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/19	BICKLEY, ED	830	34:12.362	04:16	06:52	9/169	8/73	+00:00:00	CALGARY
2/19	DAVIDUCK, BRENT	840	34:42.995	04:20	06:59	11/169	10/73	+00:00:30	RED DEER
3/19	CUTHBERTSON, ANDY	354	36:08.471	04:31	07:16	14/169	13/73	+00:01:56	RED DEER
4/19	MADILL, BRIAN	651	36:43.366	04:35	07:23	21/169	17/73	+00:02:31	RED DEER
5/19	TIRRELL, JEFF	768	38:02.867	04:45	07:39	25/169	20/73	+00:03:50	RED DEER
6/19	MORRIS, TONY	676	40:54.240	05:06	08:13	32/169	25/73	+00:06:41	RED DEER
7/19	KUTNEY, DAVID	633	41:47.628	05:13	08:24	36/169	27/73	+00:07:35	RED DEER COUNT
8/19	MERRIMAN, CLARK	664	43:10.272	05:23	08:41	47/169	32/73	+00:08:57	RED DEER
9/19	VAN LAAR, BONDY	835	44:26.536	05:33	08:56	52/169	34/73	+00:10:14	RED DEER
10/19	GILLRIE, HAL	586	45:00.990	05:37	09:03	55/169	37/73	+00:10:48	HIGHWAY 11
11/19	KOSTER, BEREND	632	45:16.410	05:39	09:06	56/169	38/73	+00:11:04	RED DEER COUNT
12/19	CHASSE, JEAN-PIERRE	540	46:26.773	05:48	09:20	63/169	41/73	+00:12:14	RED DEER
13/19	GEDDES, PAT	585	46:45.005	05:50	09:24	66/169	42/73	+00:12:32	SYLVAN LAKE
14/19	COUSINE, STEVE	548	47:23.957	05:55	09:32	76/169	48/73	+00:13:11	BLACKFALDS
15/19	BEAUCHAMP, LEONARD	798	48:46.946	06:05	09:48	90/169	53/73	+00:14:34	RED DEER
16/19	VAN DORP, JOHN	849	51:58.642	06:29	10:27	109/169	57/73	+00:17:46	RED DEER
17/19	BOERSMA, HANS	527	54:14.670	06:46	10:54	120/169	63/73	+00:20:02	PENHOLD
18/19	MOE, GARY	667	55:48.986	06:58	11:13	131/169	66/73	+00:21:36	RED DEER
19/19	THOMPSON, ROBERT	764	1:02:49.002	07:51	12:38	152/169	72/73	+00:28:36	RED DEER COUNT