

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 8K - 4.97 Miles

## 211 Finishers

**8K19&UF (Female) - 11 Competitors**

| Cat/PI | Name            | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI   | Gen/PI | City            |
|--------|-----------------|-------|-----------|--------|--------|-----------|---------|--------|-----------------|
| 1/11   | PELLEGRIN, IZZY | 8247  | 43:35.619 | 05:26  | 08:46  | +00:00:00 | 57/211  | 15/123 | RED DEER COUNTY |
| 2/11   | PANGMAN, ATHENA | 8149  | 43:46.403 | 05:28  | 08:48  | +00:00:10 | 59/211  | 16/123 | RED DEER COUNTY |
| 3/11   | CRIPPEN, ALEXIS | 8045  | 50:14.848 | 06:16  | 10:06  | +00:06:39 | 101/211 | 42/123 | RED DEER        |

**8K19&UM (Male) - 12 Competitors**

| Cat/PI | Name            | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|-----------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/12   | GONDA, RYAN     | 8223  | 30:54.515 | 03:51  | 06:13  | +00:00:00 | 4/211  | 4/88   | ERSKINE  |
| 2/12   | GRANT, HARRISON | 8224  | 30:59.604 | 03:52  | 06:14  | +00:00:05 | 5/211  | 5/88   | RED DEER |
| 3/12   | STEVENS, KAYSEN | 8237  | 36:46.031 | 04:35  | 07:23  | +00:05:51 | 20/211 | 19/88  | STETTLER |

**8K20-29F (Female) - 14 Competitors**

| Cat/PI | Name               | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|--------------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/14   | COTA, JORDANNA     | 8040  | 34:26.841 | 04:18  | 06:55  | +00:00:00 | 13/211 | 1/123  | RED DEER |
| 2/14   | NASEWICH, MAEGAN   | 8264  | 38:40.739 | 04:50  | 07:46  | +00:04:13 | 31/211 | 4/123  | RED DEER |
| 3/14   | SANDAGER, JONMARIE | 8157  | 48:01.127 | 06:00  | 09:39  | +00:13:34 | 82/211 | 27/123 | RED DEER |

**8K20-29M (Male) - 11 Competitors**

| Cat/PI | Name              | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City            |
|--------|-------------------|-------|-----------|--------|--------|-----------|--------|--------|-----------------|
| 1/11   | SZUCS, DANIEL     | 8240  | 28:11.277 | 03:31  | 05:40  | +00:00:00 | 1/211  | 1/88   | LACOMBE         |
| 2/11   | VAN EATON, VIRGIL | 8192  | 31:18.703 | 03:54  | 06:18  | +00:03:07 | 7/211  | 7/88   | ALHAMBRA        |
| 3/11   | REEFHUIS, WYATT   | 8159  | 33:19.243 | 04:09  | 06:42  | +00:05:07 | 11/211 | 11/88  | RED DEER COUNTY |

**8K30-39F (Female) - 44 Competitors**

| Cat/PI | Name              | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City            |
|--------|-------------------|-------|-----------|--------|--------|-----------|--------|--------|-----------------|
| 1/44   | COLLIER, JODI     | 8037  | 37:16.753 | 04:39  | 07:30  | +00:00:00 | 24/211 | 3/123  | RED DEER COUNTY |
| 2/44   | MCGOVERN, MELODIE | 8120  | 40:04.073 | 05:00  | 08:03  | +00:02:47 | 36/211 | 6/123  | LACOMBE         |
| 3/44   | CLAIRE, HANNAH    | 8034  | 41:23.051 | 05:10  | 08:19  | +00:04:06 | 40/211 | 7/123  | LACOMBE         |

**8K30-39M (Male) - 22 Competitors**

| Cat/PI | Name         | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|--------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/22   | MACLEAN, JON | 8261  | 29:28.746 | 03:41  | 05:55  | +00:00:00 | 2/211  | 2/88   | RED DEER |
| 2/22   | IRELAND, JOE | 8093  | 38:36.251 | 04:49  | 07:46  | +00:09:07 | 29/211 | 26/88  | RED DEER |
| 3/22   | MOIST, KYLE  | 8130  | 38:51.882 | 04:51  | 07:49  | +00:09:23 | 32/211 | 28/88  | RED DEER |

**8K40-49F (Female) - 35 Competitors**

| Cat/PI | Name            | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|-----------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/35   | LUNTY, MICHELLE | 8129  | 37:00.712 | 04:37  | 07:26  | +00:00:00 | 22/211 | 2/123  | BENTLEY  |
| 2/35   | MCLAREN, CINDY  | 8121  | 39:12.716 | 04:54  | 07:53  | +00:02:12 | 34/211 | 5/123  | RIMBEY   |
| 3/35   | HODDER, JULIE   | 8256  | 41:26.647 | 05:10  | 08:20  | +00:04:25 | 42/211 | 8/123  | RED DEER |

**8K40-49M (Male) - 21 Competitors**

| Cat/PI | Name               | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI | Gen/PI | City     |
|--------|--------------------|-------|-----------|--------|--------|-----------|-------|--------|----------|
| 1/21   | DOERKSEN, COURTNEY | 8059  | 30:45.813 | 03:50  | 06:11  | +00:00:00 | 3/211 | 3/88   | RED DEER |
| 2/21   | SMITH, JAMES       | 8175  | 31:13.696 | 03:54  | 06:17  | +00:00:27 | 6/211 | 6/88   | RED DEER |
| 3/21   | VALDEZ, JOLLY      | 8191  | 32:30.747 | 04:03  | 06:32  | +00:01:44 | 8/211 | 8/88   | RED DEER |

**8K50-59F (Female) - 9 Competitors**

| Cat/PI | Name             | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City           |
|--------|------------------|-------|-----------|--------|--------|-----------|--------|--------|----------------|
| 1/9    | WADE, LYNNE      | 8201  | 41:27.493 | 05:10  | 08:20  | +00:00:00 | 43/211 | 9/123  | ROCKY MOUNTAIN |
| 2/9    | NISHIZEKI, PEGGY | 8140  | 46:12.490 | 05:46  | 09:17  | +00:04:44 | 74/211 | 23/123 | RED DEER       |
| 3/9    | PHILLIPS, YVONNE | 8152  | 48:53.921 | 06:06  | 09:50  | +00:07:26 | 89/211 | 33/123 | RED DEER       |

**8K50-59M (Male) - 11 Competitors**

| Cat/PI | Name                | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|---------------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/11   | HARTMAN, KEVIN      | 8225  | 32:51.963 | 04:06  | 06:36  | +00:00:00 | 9/211  | 9/88   | RED DEER |
| 2/11   | MCIVER, PAUL ANDREW | 8269  | 34:51.574 | 04:21  | 07:00  | +00:01:59 | 15/211 | 14/88  | RED DEER |
| 3/11   | MULZET, MARK        | 8134  | 38:18.814 | 04:47  | 07:42  | +00:05:26 | 28/211 | 25/88  | RED DEER |

**8K60-69F (Female) - 9 Competitors**

| Cat/PI | Name           | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|----------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/9    | RAY, SHARMAGNE | 8158  | 45:58.267 | 05:44  | 09:14  | +00:00:00 | 73/211 | 22/123 | RED DEER |
| 2/9    | SNIDER, LORI   | 8178  | 46:58.753 | 05:52  | 09:27  | +00:01:00 | 76/211 | 24/123 | RED DEER |
| 3/9    | BECKWITH, LYN  | 8015  | 48:33.682 | 06:04  | 09:46  | +00:02:35 | 85/211 | 30/123 | ECKVILLE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

8K - 4.97 Miles

211 Finishers

**8K60-69M (Male) - 8 Competitors**

| Cat/PI | Name                | Bib # | Time      | Pace/K | Pace/M | Offset    | OA/PI  | Gen/PI | City     |
|--------|---------------------|-------|-----------|--------|--------|-----------|--------|--------|----------|
| 1/8    | CUTHBERTSON, ANDREW | 8271  | 34:45.127 | 04:20  | 06:59  | +00:00:00 | 14/211 | 13/88  | RED DEER |
| 2/8    | TIRRELL, JEFF       | 8189  | 37:12.196 | 04:39  | 07:29  | +00:02:27 | 23/211 | 21/88  | RED DEER |
| 3/8    | MERRIMAN, CLARK     | 8128  | 41:53.980 | 05:14  | 08:25  | +00:07:08 | 46/211 | 36/88  | RED DEER |

**8K70+F (Female) - 1 Competitors**

| Cat/PI | Name           | Bib # | Time        | Pace/K | Pace/M | Offset    | OA/PI   | Gen/PI  | City     |
|--------|----------------|-------|-------------|--------|--------|-----------|---------|---------|----------|
| 1/1    | MENZIES, MAVIS | 8127  | 1:31:38.059 | 11:27  | 18:26  | +00:00:00 | 211/211 | 123/123 | RED DEER |

**8K70+M (Male) - 3 Competitors**

| Cat/PI | Name           | Bib # | Time        | Pace/K | Pace/M | Offset    | OA/PI   | Gen/PI | City       |
|--------|----------------|-------|-------------|--------|--------|-----------|---------|--------|------------|
| 1/3    | MORRIS, TONY   | 8132  | 42:26.594   | 05:18  | 08:32  | +00:00:00 | 50/211  | 39/88  | RED DEER   |
| 2/3    | COUSINE, STEVE | 8266  | 51:27.120   | 06:25  | 10:21  | +00:09:00 | 114/211 | 61/88  | BLACKFALDS |
| 3/3    | REID, ALLEN    | 8233  | 1:01:44.652 | 07:43  | 12:25  | +00:19:18 | 184/211 | 82/88  | OLDS       |