

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

3K - 1.86 Miles
187 Finishers

3K09&UF - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/16	VELDHUISEN, ELEANOR	225	17:05.451	05:41	09:11	32/187	10/115	+00:00:00	LACOMBE
2/16	BOODT, EMMA	113	17:08.520	05:42	09:12	33/187	11/115	+00:00:03	ROCKY MOUNTAIN
3/16	MATTHIES, BLAKE	166	18:32.190	06:10	09:57	47/187	20/115	+00:01:26	RED DEER
4/16	BURGESS, SIERRA	118	21:03.224	07:01	11:19	74/187	37/115	+00:03:57	RED DEER
5/16	BITTORF, LUELLA	109	23:12.947	07:44	12:28	99/187	51/115	+00:06:07	RED DEER
6/16	HOEHNE, KARLY	143	23:57.479	07:59	12:52	103/187	55/115	+00:06:52	ROCKY MOUNTAIN
7/16	PRINS, CHARLIE	184	24:23.494	08:07	13:06	110/187	61/115	+00:07:18	LACOMBE
8/16	HUNTER, CAITLYN	283	24:24.430	08:08	13:07	111/187	62/115	+00:07:18	RED DEER
9/16	PRINS, ALLIE	182	24:28.627	08:09	13:09	112/187	63/115	+00:07:23	LACOMBE
10/16	BOWIE, MADISON	114	24:39.122	08:13	13:15	115/187	66/115	+00:07:33	RED DEER
11/16	MURPHY, ASHLYNN	247	24:41.633	08:13	13:16	117/187	68/115	+00:07:36	RED DEER
12/16	KLOOTWYK, ASPEN	244	27:26.518	09:08	14:45	147/187	80/115	+00:10:21	RED DEER
13/16	HASTIE, HAYLEY	141	29:42.174	09:54	15:58	158/187	90/115	+00:12:36	RED DEER
14/16	SENONON, HAVEN	201	31:06.478	10:22	16:43	165/187	96/115	+00:14:01	RED DEER
15/16	VALDEZ, JOYCE	221	33:43.108	11:14	18:07	174/187	104/115	+00:16:37	RED DEER
16/16	VALDEZ, CADENCE	220	36:43.155	12:14	19:44	185/187	113/115	+00:19:37	RED DEER

3K09&UM - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/27	BEINGESSNER, DANIEL	106	13:56.123	04:38	07:29	9/187	8/72	+00:00:00	RED DEER
2/27	MATTHIES, GREY	168	14:41.076	04:53	07:53	14/187	12/72	+00:00:44	RED DEER
3/27	KAY, ETHAN	150	15:25.818	05:08	08:17	20/187	16/72	+00:01:29	LACOMBE
4/27	BLACK, NORM	111	15:32.615	05:10	08:21	21/187	17/72	+00:01:36	RED DEER
5/27	FOWLER, LOGAN	130	15:35.286	05:11	08:22	23/187	18/72	+00:01:39	RED DEER
6/27	HALE, TRISTAN	265	16:15.647	05:25	08:44	29/187	20/72	+00:02:19	RED DEER
7/27	PINEDA MOULTON, LIAM	181	16:27.810	05:29	08:51	30/187	21/72	+00:02:31	RED DEER
8/27	MCKENZIE, MATTHEW	270	17:09.951	05:43	09:13	34/187	23/72	+00:03:13	RED DEER
9/27	KAY, NATHAN	151	17:16.229	05:45	09:17	38/187	25/72	+00:03:20	LACOMBE
10/27	PINEDA MOULTON, ISAAC	180	17:51.738	05:57	09:36	44/187	27/72	+00:03:55	RED DEER
11/27	BECKER, NATE	105	18:54.341	06:18	10:09	56/187	32/72	+00:04:58	RED DEER
12/27	ROSS, CONNOR	197	19:34.606	06:31	10:31	63/187	34/72	+00:05:38	SYLVAN LAKE
13/27	VÉLIZ, GABRIEL	253	19:58.442	06:39	10:44	66/187	36/72	+00:06:02	RED DEER
14/27	HASTIE, HAYDEN	140	21:13.395	07:04	11:24	77/187	40/72	+00:07:17	RED DEER
15/27	LOUWRENS, LEO	162	21:16.585	07:05	11:26	79/187	42/72	+00:07:20	RED DEER
16/27	RENNIE, HUNTER	192	21:44.356	07:14	11:41	83/187	44/72	+00:07:48	CLIVE
17/27	BECKER, JACE	103	22:26.588	07:28	12:03	90/187	46/72	+00:08:30	RED DEER
18/27	RATTAI, REED	273	25:06.573	08:22	13:29	123/187	51/72	+00:11:10	RED DEER
19/27	LOUWRENS, GERHARD	160	25:24.586	08:28	13:39	126/187	54/72	+00:11:28	RED DEER
20/27	LOUWRENS, DANIEL	159	25:25.604	08:28	13:40	127/187	55/72	+00:11:29	RED DEER
21/27	SUERTO, JAXX	210	26:07.790	08:42	14:02	129/187	57/72	+00:12:11	RED DEER
22/27	PANGMAN, LACHLAN	177	26:20.551	08:46	14:09	131/187	59/72	+00:12:24	RED DEER COUNTY
23/27	VISTO, LUCAS	227	26:50.541	08:56	14:25	141/187	63/72	+00:12:54	RED DEER
24/27	SENONON, YESHUA	204	26:54.620	08:58	14:28	142/187	64/72	+00:12:58	RED DEER
25/27	DODMAN, LUKAS	261	27:02.516	09:00	14:32	144/187	65/72	+00:13:06	BLACKFALDS
26/27	MOJICA NORDMARK, ANTON	174	29:41.072	09:53	15:57	157/187	68/72	+00:15:44	RED DEER
27/27	SUERTO, ROJAN	213	36:23.232	12:07	19:33	182/187	72/72	+00:22:27	RED DEER

3K10-12F - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/16	LUNTY, SKYLER	205	15:25.444	05:08	08:17	19/187	4/115	+00:00:00	BENTLEY
2/16	VÉLIZ, DANIELA	252	15:41.567	05:13	08:26	24/187	6/115	+00:00:16	RED DEER
3/16	CLIFFORD, EDEN	258	16:01.652	05:20	08:37	26/187	8/115	+00:00:36	RED DEER
4/16	WEISSE, NATALIE	268	17:32.146	05:50	09:25	40/187	15/115	+00:02:06	RED DEER
5/16	COZENS, NORA	279	18:09.692	06:03	09:45	46/187	19/115	+00:02:44	RED DEER
6/16	HEIDECKER, SLOANE	104	19:24.643	06:28	10:26	62/187	29/115	+00:03:59	RED DEER
7/16	SYMES, CELESTE	277	20:25.956	06:48	10:59	71/187	35/115	+00:05:00	RED DEER
8/16	HUNTER, BRYN	284	21:44.025	07:14	11:41	82/187	39/115	+00:06:18	RED DEER
9/16	GIRARDIN, MADA	241	22:10.252	07:23	11:55	85/187	40/115	+00:06:44	RED DEER
10/16	ROSS, LEIGHTON	199	22:55.509	07:38	12:19	94/187	47/115	+00:07:30	SYLVAN LAKE
11/16	PYRA, CHARLEE	188	23:09.971	07:43	12:27	98/187	50/115	+00:07:44	LACOMBE
12/16	MACNAUGHTON, MIRA	164	24:21.526	08:07	13:05	108/187	59/115	+00:08:56	RED DEER
13/16	MURPHY, MIKAYLA	248	24:39.945	08:13	13:15	116/187	67/115	+00:09:14	RED DEER
14/16	CHRISTEN, HARLOW	280	24:47.094	08:15	13:19	119/187	70/115	+00:09:21	RED DEER
15/16	BRINEN, SAVANNAH	116	29:25.955	09:48	15:49	155/187	88/115	+00:14:00	RED DEER
16/16	SUERTO, MAIARA	212	31:05.517	10:21	16:42	164/187	95/115	+00:15:40	RED DEER

OA/PI = Overall Placing

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Category Results

3K - 1.86 Miles
187 Finishers

3K10-12M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	VANDERWATER, EDWIN	223	12:10.962	04:03	06:32	2/187	2/72	+00:00:00	RED DEER
2/8	RICHMOND, THEO	195	12:41.451	04:13	06:49	4/187	4/72	+00:00:30	RED DEER
3/8	VANDERWATER, OLIVER	224	13:04.186	04:21	07:01	7/187	6/72	+00:00:53	RED DEER
4/8	BECKER, BLAKE	102	14:22.139	04:47	07:43	12/187	11/72	+00:02:11	RED DEER
5/8	PINEDA MOULTON, EVAN	179	15:15.974	05:05	08:12	17/187	15/72	+00:03:05	RED DEER
6/8	TOORNSTRA, FELIX	226	17:00.411	05:40	09:08	31/187	22/72	+00:04:49	LACOMBE
7/8	LANGRIDGE, HARVEY	153	17:10.442	05:43	09:14	36/187	24/72	+00:04:59	RED DEER
8/8	DODMAN, KAIDEN	260	21:14.660	07:04	11:25	78/187	41/72	+00:09:03	BLACKFALDS

3K13-15F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	GONDA, FELICITY	243	12:45.883	04:15	06:51	5/187	1/115	+00:00:00	ERSKINE
2/6	SUSHYNSKI, DANICA	294	15:57.974	05:19	08:35	25/187	7/115	+00:03:12	RED DEER COUN
3/6	SUSHYNSKI, BROOKLYNN	293	18:04.323	06:01	09:42	45/187	18/115	+00:05:18	RED DEER COUN
4/6	CRATE, GISELLE	292	18:41.261	06:13	10:02	52/187	23/115	+00:05:55	SYLVAN LAKE
5/6	TOEWS, JENAE	217	19:42.644	06:34	10:35	64/187	30/115	+00:06:56	THREE HILLS
6/6	SENONON, ISABELLA	202	27:46.862	09:15	14:56	149/187	82/115	+00:15:00	RED DEER

3K13-15M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	GIRARDIN, FÉLIX	240	12:41.195	04:13	06:49	3/187	3/72	+00:00:00	RED DEER
2/3	HOLM, EZRA	145	14:55.771	04:58	08:01	15/187	13/72	+00:02:14	ARDROSSAN
3/3	FLECK, HAYDEN	128	18:53.447	06:17	10:09	54/187	30/72	+00:06:12	RED DEER

3K16-17F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	LEONARD, CHLOE	156	23:07.908	07:42	12:26	97/187	49/115	+00:00:00	RED DEER
2/3	MAYAN, JORDYN	170	23:50.728	07:56	12:49	101/187	53/115	+00:00:42	BLACKFALDS
3/3	KNOWLES, MILEY	288	26:22.322	08:47	14:10	133/187	73/115	+00:03:14	RED DEER

3K16-17M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	STELMASCHUK, NICK	208	14:10.866	04:43	07:37	11/187	10/72	+00:00:00	RED DEER
2/2	HOLM, MALAKAI	146	20:47.542	06:55	11:10	72/187	37/72	+00:06:36	ARDROSSAN

3K18+F - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/74	MATTHIES, CHANTAL	167	14:40.749	04:53	07:53	13/187	2/115	+00:00:00	RED DEER
2/74	GRUNINGER, MAIRIN	135	15:18.059	05:06	08:13	18/187	3/115	+00:00:37	RED DEER
3/74	GRUNINGER, MARISTELLA	136	15:33.975	05:11	08:22	22/187	5/115	+00:00:53	RED DEER
4/74	CLIFFORD, CHELSEY	257	16:01.960	05:20	08:37	27/187	9/115	+00:01:21	RED DEER
5/74	BOODT, CAILYN	112	17:09.998	05:43	09:13	35/187	12/115	+00:02:29	ROCKY MOUNTAIN
6/74	WHITFORD, AMBER	271	17:12.433	05:44	09:15	37/187	13/115	+00:02:31	RED DEER
7/74	COULTER, LEANNE	259	17:26.086	05:48	09:22	39/187	14/115	+00:02:45	SYLVAN LAKE
8/74	WEISSE, KAREN	267	17:33.447	05:51	09:26	41/187	16/115	+00:02:52	RED DEER
9/74	PEANUT, PEANUT	287	17:34.841	05:51	09:27	43/187	17/115	+00:02:54	RED DEER
10/74	FINDLAY, ANNA	127	18:36.385	06:12	10:00	49/187	21/115	+00:03:55	RED DEER
11/74	DOERKSEN, DORIS	237	18:37.232	06:12	10:00	50/187	22/115	+00:03:56	RED DEER
12/74	FLECK, SARAH	129	18:53.191	06:17	10:09	53/187	24/115	+00:04:12	RED DEER
13/74	SAWYER, MCKENZIE	251	19:00.154	06:20	10:12	57/187	25/115	+00:04:19	ALHAMBRA
14/74	LEONARD, ANGELA	155	19:03.363	06:21	10:14	58/187	26/115	+00:04:22	RED DEER
15/74	DAND, LINDSEY	125	19:11.894	06:23	10:19	59/187	27/115	+00:04:31	RED DEER
16/74	PRETORIUS, SHANÉ	249	19:15.598	06:25	10:21	60/187	28/115	+00:04:34	ROCKY MOUNTAIN
17/74	RENNIE, KATRINA	193	19:59.847	06:39	10:45	67/187	31/115	+00:05:19	CLIVE
18/74	MOULTON, SANDRA	175	20:09.786	06:43	10:50	68/187	32/115	+00:05:29	RED DEER
19/74	LEE, JANIE	266	20:13.066	06:44	10:52	69/187	33/115	+00:05:32	OLDS
20/74	ARMSTRONG, JODIE	256	20:20.658	06:46	10:56	70/187	34/115	+00:05:39	RED DEER
21/74	LEIKEIM, CELINE	154	21:02.352	07:00	11:18	73/187	36/115	+00:06:21	RED DEER COUN
22/74	KAY, CINDY	149	21:37.951	07:12	11:37	81/187	38/115	+00:06:57	LACOMBE
23/74	SCHUMACHER, DARCIÉ	200	22:11.518	07:23	11:55	86/187	41/115	+00:07:30	RED DEER
24/74	STEWART, BEV	209	22:25.579	07:28	12:03	87/187	42/115	+00:07:44	STETTTLER
25/74	LOSHNY, KAREN	158	22:25.722	07:28	12:03	88/187	43/115	+00:07:44	STETTTLER
26/74	BECKER, AMANDA	101	22:26.495	07:28	12:03	89/187	44/115	+00:07:45	RED DEER
27/74	HOFF, MEGAN	301	22:47.908	07:35	12:15	91/187	45/115	+00:08:07	RED DEER AB
28/74	GIRARDIN, SARA	242	22:52.840	07:37	12:18	92/187	46/115	+00:08:12	RED DEER
29/74	CYR, BETHANY	299	23:06.832	07:42	12:25	95/187	48/115	+00:08:26	RED DEER
30/74	LAVALLEE-KOENIG, ASHLEY	281	23:28.370	07:49	12:37	100/187	52/115	+00:08:47	SPRINGBROOK
31/74	HOEHNE, KRYSTAL	144	23:56.119	07:58	12:52	102/187	54/115	+00:09:15	ROCKY MOUNTAIN

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Category Results

3K - 1.86 Miles
187 Finishers

3K18+F - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
32/74	DURRANT, JESSA	303	24:00.946	08:00	12:54	104/187	56/115	+00:09:20	RED DEER COUNT
33/74	TOEWS, LEIANNE	218	24:02.564	08:00	12:55	105/187	57/115	+00:09:21	THREE HILLS
34/74	JUDSON, COURTNEY	147	24:06.644	08:02	12:57	106/187	58/115	+00:09:25	RED DEER
35/74	MACNAUGHTON, SONA	278	24:21.666	08:07	13:05	109/187	60/115	+00:09:40	RED DEER
36/74	WALKER, CHARLOTTE	229	24:29.329	08:09	13:09	113/187	64/115	+00:09:48	STETTTLER
37/74	PRINS, KRYSTAL	185	24:29.728	08:09	13:10	114/187	65/115	+00:09:48	LACOMBE
38/74	CHRISTEN, STACY	124	24:42.525	08:14	13:17	118/187	69/115	+00:10:01	RED DEER
39/74	BITTORF, MEGHARA	110	24:57.550	08:19	13:25	121/187	71/115	+00:10:16	RED DEER
40/74	ORAM, SYDNEY	300	24:58.087	08:19	13:25	122/187	72/115	+00:10:17	RED DEER COUNT
41/74	ARMSTRONG, NICOLE	290	26:40.112	08:53	14:20	135/187	74/115	+00:11:59	RED DEER
42/74	BRENNAN, LUCIE	302	26:41.518	08:53	14:21	136/187	75/115	+00:12:00	SPRINGBROOK
43/74	WILSON, ELIZABETH	234	26:44.971	08:54	14:22	137/187	76/115	+00:12:04	STETTTLER
44/74	FULLER, MANDY	131	26:47.049	08:55	14:24	138/187	77/115	+00:12:06	ALLIANCE
45/74	VISTO, MICHELLE	276	26:50.353	08:56	14:25	140/187	78/115	+00:12:09	RED DEER
46/74	SENONRON, KHARMI	203	26:54.853	08:58	14:28	143/187	79/115	+00:12:14	RED DEER
47/74	KLOOTWYK, CALI	245	27:26.610	09:08	14:45	148/187	81/115	+00:12:45	RED DEER
48/74	BOWIE, TANYA	115	28:04.767	09:21	15:05	150/187	83/115	+00:13:24	RED DEER
49/74	MURPHY, AMANDA	246	28:05.564	09:21	15:06	151/187	84/115	+00:13:24	RED DEER
50/74	HUNTER, ASHLEY	282	28:09.854	09:23	15:08	152/187	85/115	+00:13:29	RED DEER
51/74	MC FARLANE, CONNIE	171	28:29.681	09:29	15:19	153/187	86/115	+00:13:48	RED DEER
52/74	MEIER, NICOLA	173	28:30.479	09:30	15:19	154/187	87/115	+00:13:49	RED DEER
53/74	NORDMARK, THERESA	176	29:40.816	09:53	15:57	156/187	89/115	+00:15:00	RED DEER
54/74	HASTIE, COURTNEY	139	29:42.665	09:54	15:58	159/187	91/115	+00:15:01	RED DEER
55/74	EDGINTON, LORI	238	30:09.619	10:03	16:12	160/187	92/115	+00:15:28	LACOMBE
56/74	OLVER, PAT	296	30:19.135	10:06	16:18	161/187	93/115	+00:15:38	SYLVAN LAKE
57/74	GOODKEY, LADONN	269	30:23.070	10:07	16:20	163/187	94/115	+00:15:42	RED DEER
58/74	WALKER, TERESA	230	31:10.158	10:23	16:45	166/187	97/115	+00:16:29	STETTTLER
59/74	OUELLETTE, VANESSA	298	31:45.194	10:35	17:04	167/187	98/115	+00:17:04	BLACKFALDS
60/74	MCLEOD, MEGAN	297	31:45.845	10:35	17:04	168/187	99/115	+00:17:05	BLACKFALDS
61/74	WILLIS, TRICIA	233	32:44.446	10:54	17:36	170/187	100/115	+00:18:03	BLACKFALDS
62/74	BURMEISTER, IMKE	120	32:44.727	10:54	17:36	171/187	101/115	+00:18:03	RED DEER
63/74	TORREJAS-PARKER, JOY	219	32:45.195	10:55	17:36	172/187	102/115	+00:18:04	RED DEER
64/74	SANTOS, MICHELLE ANGELA	285	33:39.688	11:13	18:05	173/187	103/115	+00:18:58	RED DEER
65/74	MARTENS, LORI	274	34:07.225	11:22	18:20	176/187	105/115	+00:19:26	SYLVAN LAKE
66/74	GREENE, JOANNE	133	34:09.232	11:23	18:21	177/187	106/115	+00:19:28	RED DEER
67/74	PARTRIDGE, LAURA	178	34:50.960	11:36	18:44	178/187	107/115	+00:20:10	RED DEER
68/74	LOEPPKY, LISA	157	34:53.094	11:37	18:45	179/187	108/115	+00:20:12	RED DEER COUNT
69/74	REID, CATHY	250	35:16.833	11:45	18:58	180/187	109/115	+00:20:36	OLDS
70/74	PYRA, ERICA	190	35:35.256	11:51	19:07	181/187	110/115	+00:20:54	LACOMBE
71/74	SUERTO, JUVI	211	36:28.179	12:09	19:36	183/187	111/115	+00:21:47	RED DEER
72/74	VALDEZ, MARIA CECILIA	222	36:40.671	12:13	19:43	184/187	112/115	+00:21:59	RED DEER
73/74	BURKIN, JOANNE	119	44:34.151	14:51	23:57	186/187	114/115	+00:29:53	RED DEER
74/74	BURKIN, KIM	236	44:38.555	14:52	24:00	187/187	115/115	+00:29:57	RED DEER

3K18+M - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/32	DOERKSEN, NATHAN	126	11:18.741	03:46	06:04	1/187	1/72	+00:00:00	RED DEER
2/32	RICHMOND, KIT	194	12:46.092	04:15	06:51	6/187	5/72	+00:01:27	RED DEER
3/32	SNIDER, DALLAS	206	13:29.147	04:29	07:15	8/187	7/72	+00:02:10	RED DEER
4/32	BEINGESSNER, MARK	107	13:58.138	04:39	07:30	10/187	9/72	+00:02:39	RED DEER
5/32	GRUNINGER, MAGNUS	134	15:06.319	05:02	08:07	16/187	14/72	+00:03:47	SYLVAN LAKE
6/32	HALE, MIKE	264	16:15.270	05:25	08:44	28/187	19/72	+00:04:56	RED DEER
7/32	JAM, JAM	286	17:34.301	05:51	09:26	42/187	26/72	+00:06:15	RED DEER
8/32	MATTHIES, JOSH	169	18:32.286	06:10	09:58	48/187	28/72	+00:07:13	RED DEER
9/32	RENNIE, ALAN	191	18:39.786	06:13	10:02	51/187	29/72	+00:07:21	CLIVE
10/32	FLECK, BENNETT	291	18:53.917	06:17	10:09	55/187	31/72	+00:07:35	RED DEER
11/32	ROBERTS, RICH	196	19:20.755	06:26	10:24	61/187	33/72	+00:08:02	RED DEER
12/32	VÉLIZ, MARTIN	254	19:58.231	06:39	10:44	65/187	35/72	+00:08:39	RED DEER
13/32	BROADBENT, TANNER	117	21:03.620	07:01	11:19	75/187	38/72	+00:09:44	RED DEER
14/32	HASTIE, CARSON	138	21:12.880	07:04	11:24	76/187	39/72	+00:09:54	RED DEER
15/32	HASTIE, LARRY	142	21:19.980	07:06	11:28	80/187	43/72	+00:10:01	RED DEER
16/32	WATTENBARGER, TRISTAN	232	22:10.136	07:23	11:55	84/187	45/72	+00:10:51	RED DEER
17/32	ROSS, JORDAN	198	22:55.252	07:38	12:19	93/187	47/72	+00:11:36	SYLVAN LAKE
18/32	MEIER, CHARLES	172	23:07.227	07:42	12:25	96/187	48/72	+00:11:48	RED DEER
19/32	MACNAUGHTON, BRENT	163	24:21.454	08:07	13:05	107/187	49/72	+00:13:02	RED DEER
20/32	BITTORF, DARREN	108	24:56.375	08:18	13:24	120/187	50/72	+00:13:37	RED DEER

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

3K - 1.86 Miles

187 Finishers

3K18+M - 32 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
21/32	RATTAI, RILEY	272	25:08.096	08:22	13:30	124/187	52/72	+00:13:49	RED DEER
22/32	LOUWRENS, GERHARD	161	25:24.267	08:28	13:39	125/187	53/72	+00:14:05	RED DEER
23/32	TAKATS, LIZ	216	25:33.594	08:31	13:44	128/187	56/72	+00:14:14	EDMONTON
24/32	SUERTO, ROMEO JR	214	26:11.072	08:43	14:04	130/187	58/72	+00:14:52	RED DEER
25/32	OLVER, DENNIS	295	26:20.846	08:46	14:09	132/187	60/72	+00:15:02	SYLVAN LAKE
26/32	KETTLEWELL, LAURENCE	289	26:38.634	08:52	14:19	134/187	61/72	+00:15:19	RED DEER
27/32	VISTO, JESSIE	275	26:47.962	08:55	14:24	139/187	62/72	+00:15:29	RED DEER
28/32	DODMAN, MIKE	262	27:15.972	09:05	14:39	145/187	66/72	+00:15:57	BLACKFALDS
29/32	DODMAN, STEFN	263	27:16.859	09:05	14:40	146/187	67/72	+00:15:58	BLACKFALDS
30/32	GOODKEY, MURRAY	132	30:22.578	10:07	16:19	162/187	69/72	+00:19:03	CALGARY
31/32	KAY, ARDYN	148	32:15.406	10:45	17:20	169/187	70/72	+00:20:56	LACOMBE
32/32	TAKATS, GABOR	215	33:49.438	11:16	18:11	175/187	71/72	+00:22:30	EDMONTON