

2022 AIMS High River Half, 10K, 5K

Overall Gender Results

5K Run - 3.1 Miles

75 Finishers

Female 54 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/54	THOMSON, NICOLE	586	23:37.766	04:43	07:35	5K30-39F	1/75	1/17	+00:00:00	23:36.354
2/54	SANDOVAL, RUBI	581	24:45.653	04:57	07:57	5K16-19F	3/75	1/2	+00:01:07	24:44.741
3/54	ABRAMSON, DONNA	531	24:58.779	04:59	08:01	5K50-59F	5/75	1/5	+00:01:21	24:58.057
4/54	BLAIS, KARA-LEE	601	25:25.052	05:05	08:10	5K40-49F	7/75	1/8	+00:01:47	25:24.751
5/54	MOSSING, AMANDA	571	26:42.981	05:20	08:35	5K40-49F	12/75	2/8	+00:03:05	26:42.538
6/54	ROBINSON, JESSICA	580	29:10.590	05:50	09:22	5K30-39F	14/75	2/17	+00:05:32	29:02.237
7/54	MCINTOSH, ANN	564	29:46.403	05:57	09:34	5K60+F	15/75	1/10	+00:06:08	29:40.661
8/54	MACMILLAN, SHEILA	605	30:11.903	06:02	09:42	5K30-39F	18/75	3/17	+00:06:34	30:03.328
9/54	JANTZEN, COLLEEN	554	30:37.425	06:07	09:50	5K60+F	19/75	2/10	+00:06:59	30:21.274
10/54	REHAK, LILLIAN	579	31:00.067	06:12	09:58	5K60+F	20/75	3/10	+00:07:22	30:55.430
11/54	MARTIN, HEATHER	595	31:20.176	06:16	10:04	5K20-29F	21/75	1/4	+00:07:42	31:04.561
12/54	POWELL, SANDI	596	31:20.668	06:16	10:04	5K40-49F	22/75	3/8	+00:07:42	31:04.977
13/54	MEIKLE, DANIKA	568	31:47.011	06:21	10:13	5K15&UF	24/75	1/7	+00:08:09	31:40.284
14/54	ATTWOOD, ALYSSA	535	31:47.292	06:21	10:13	5K30-39F	25/75	4/17	+00:08:09	31:40.089
15/54	MEIKLE, CHRISTINA	567	31:47.786	06:21	10:13	5K30-39F	26/75	5/17	+00:08:10	31:40.071
16/54	TSCHITTER, NICOLE	587	31:57.863	06:23	10:16	5K30-39F	27/75	6/17	+00:08:20	31:54.261
17/54	MOSSING, CLAIRE	572	32:10.213	06:26	10:20	5K15&UF	28/75	2/7	+00:08:32	32:09.391
18/54	WESTON, ANN	591	32:24.207	06:28	10:25	5K60+F	29/75	4/10	+00:08:46	32:19.453
19/54	HANULIK, TONI	552	32:31.025	06:30	10:27	5K40-49F	30/75	4/8	+00:08:53	32:10.140
20/54	MARLEAU, CHANTAL	562	33:36.391	06:43	10:48	5K40-49F	31/75	5/8	+00:09:58	33:04.709
21/54	PEEK, FALARA	577	35:10.749	07:02	11:18	5K30-39F	34/75	7/17	+00:11:32	34:57.791
22/54	BLOCKA, MARIE	603	36:25.517	07:17	11:42	5K30-39F	35/75	8/17	+00:12:47	36:01.034
23/54	GREENWICH, MICHELLE	550	36:25.680	07:17	11:42	5K30-39F	36/75	9/17	+00:12:47	36:01.338
24/54	BEHLKE, CORDELIA	537	37:07.726	07:25	11:56	5K15&UF	38/75	3/7	+00:13:29	37:01.403
25/54	VALGARDSON, MIKAELA	588	37:42.154	07:32	12:07	5K20-29F	39/75	2/4	+00:14:04	37:22.577
26/54	MOORE, SHEENA	608	38:05.685	07:37	12:14	5K30-39F	40/75	10/17	+00:14:27	37:56.088
27/54	DE GRANO, ALLIA	546	39:07.140	07:49	12:34	5K20-29F	41/75	3/4	+00:15:29	38:55.996
28/54	BEHLKE, HOXIE	538	40:49.628	08:09	13:07	5K15&UF	42/75	4/7	+00:17:11	40:43.686
29/54	WURZ, JOLIE	592	40:49.849	08:09	13:07	5K15&UF	43/75	5/7	+00:17:12	40:42.947
30/54	ALI, ZYMAL	533	40:50.356	08:10	13:07	5K15&UF	44/75	6/7	+00:17:12	40:44.468
31/54	BAARDA, WILLOW	536	41:09.387	08:13	13:14	5K30-39F	46/75	11/17	+00:17:31	41:00.131
32/54	KOLK, LAURA	557	41:18.456	08:15	13:16	5K50-59F	47/75	2/5	+00:17:40	41:09.123
33/54	CLINANSMITH, JACLYN	540	46:14.515	09:14	14:52	5K40-49F	48/75	6/8	+00:22:36	46:01.800
34/54	MARTIN, ANNE MARIE	606	46:39.102	09:19	15:00	5K60+F	49/75	5/10	+00:23:01	46:20.469
35/54	KERSBERGEN, JORDANNA	556	46:55.251	09:23	15:05	5K30-39F	50/75	12/17	+00:23:17	46:41.495
36/54	KOZEY, LYNDSAY	558	46:55.507	09:23	15:05	5K30-39F	51/75	13/17	+00:23:17	46:41.956
37/54	MCKENNA, RUNA	566	47:07.790	09:25	15:09	5K06&UF	54/75	1/1	+00:23:30	46:57.072
38/54	COLEMAN, LEE-ANNE	544	50:09.591	10:01	16:07	5K50-59F	55/75	3/5	+00:26:31	49:50.195
39/54	COLEMAN, CATHLIN	541	50:10.086	10:02	16:07	5K16-19F	56/75	2/2	+00:26:32	49:50.994
40/54	LUTZ, SARAH	561	50:23.490	10:04	16:12	5K30-39F	57/75	14/17	+00:26:45	50:15.198
41/54	LUTZ, MOLLY	560	50:28.411	10:05	16:13	5K20-29F	58/75	4/4	+00:26:50	50:20.116
42/54	STRAIN, LAURA	585	50:57.919	10:11	16:23	5K50-59F	59/75	4/5	+00:27:20	50:37.516
43/54	STRAIN, KELLY	584	50:59.114	10:11	16:23	5K40-49F	60/75	7/8	+00:27:21	50:39.019
44/54	ROCHER, KATHERINE	599	51:55.810	10:23	16:41	5K40-49F	61/75	8/8	+00:28:18	51:27.738
45/54	BUCK, KRISTIE	612	54:20.466	10:52	17:28	5K30-39F	63/75	15/17	+00:30:42	53:58.520
46/54	THOMAS, JENNIFER	613	54:21.074	10:52	17:28	5K30-39F	64/75	16/17	+00:30:43	53:58.139
47/54	RAPCHUK, JANIS	578	54:58.737	10:59	17:40	5K60+F	66/75	6/10	+00:31:20	54:27.052
48/54	ARMSTRONG, BRYNN	593	54:58.879	10:59	17:40	5K15&UF	67/75	7/7	+00:31:21	54:26.698
49/54	RAY, LINDA	597	57:26.627	11:29	18:28	5K50-59F	68/75	5/5	+00:33:48	57:03.380
50/54	RAY, MARISSA	598	57:28.244	11:29	18:28	5K30-39F	69/75	17/17	+00:33:50	57:05.923
51/54	SAWATZKY, ESTHER	582	1:03:32.412	12:42	20:25	5K60+F	70/75	7/10	+00:39:54	1:03:07.197
52/54	WEST, SHIRLEY	590	1:03:34.825	12:42	20:26	5K60+F	71/75	8/10	+00:39:57	1:03:09.902
53/54	MORRISON, MARIANNE	570	1:09:36.276	13:55	22:22	5K60+F	72/75	9/10	+00:45:58	1:09:12.454

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Gender win time hh:mm:ss

5K Run - 3.1 Miles 75 Finishers

Female 54 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
54/54	BRULE, LAURA	539	1:27:14.236	17:26	28:03	5K60+F	74/75	10/10	+01:03:36	1:26:38.845

Male 21 Finishers

Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/21	ROMMENS, ADAM	610	24:30.560	04:54	07:52	5K30-39M	2/75	1/2	+00:00:00	24:28.803
2/21	ROMMENS, HARPER	609	24:56.528	04:59	08:01	5K15&UM	4/75	1/5	+00:00:25	24:54.572
3/21	MOSSING, REID	573	25:15.418	05:03	08:07	5K15&UM	6/75	2/5	+00:00:44	25:15.417
4/21	BLAIS, MICAH	602	25:25.098	05:05	08:10	5K15&UM	8/75	3/5	+00:00:54	25:24.516
5/21	WALSH, KEVIN	589	26:18.395	05:15	08:27	5K50-59M	9/75	1/4	+00:01:47	26:06.491
6/21	WARNER, CHRISTOPHER	607	26:18.444	05:15	08:27	5K40-49M	10/75	1/3	+00:01:47	26:07.626
7/21	KUECHLER, DEREK	559	26:18.606	05:15	08:27	5K40-49M	11/75	2/3	+00:01:48	26:07.661
8/21	JACOBUS, DEREK	553	28:39.887	05:43	09:13	5K30-39M	13/75	2/2	+00:04:09	28:27.824
9/21	MCINTOSH, RON	565	29:46.473	05:57	09:34	5K60+M	16/75	1/5	+00:05:15	29:41.558
10/21	SCHOEN, ANDREW	583	29:54.676	05:58	09:37	5K20-29M	17/75	1/2	+00:05:24	29:43.274
11/21	TSCHITTER, HYRUM	615	31:44.990	06:20	10:12	5K15&UM	23/75	4/5	+00:07:14	31:41.387
12/21	PASOLLI, ALAN	576	33:54.204	06:46	10:54	5K60+M	32/75	2/5	+00:09:23	33:35.950
13/21	JANTZEN, KYLE	555	34:46.189	06:57	11:10	5K50-59M	33/75	2/4	+00:10:15	34:28.856
14/21	HANULIK, STEVEN	551	36:26.077	07:17	11:42	5K40-49M	37/75	3/3	+00:11:55	36:06.224
15/21	MCCALLUM, GERRY	611	40:56.238	08:11	13:09	5K60+M	45/75	3/5	+00:16:25	40:43.662
16/21	COLEMAN, JOHN	543	46:57.197	09:23	15:05	5K50-59M	52/75	3/4	+00:22:26	46:40.645
17/21	COLEMAN, SCOTT	545	46:57.220	09:23	15:05	5K20-29M	53/75	2/2	+00:22:26	46:38.303
18/21	COLEMAN, ROB	614	54:20.254	10:52	17:28	5K60+M	62/75	4/5	+00:29:49	53:58.107
19/21	ARMSTRONG, LOGAN	594	54:58.011	10:59	17:40	5K15&UM	65/75	5/5	+00:30:27	54:26.808
20/21	ATKINS, DON	534	1:26:59.376	17:23	27:58	5K60+M	73/75	5/5	+01:02:28	1:26:23.763
21/21	DOUCET, BILL	548	1:27:37.579	17:31	28:10	5K50-59M	75/75	4/4	+01:03:07	1:27:00.957