

2022 AIMS High River Half, 10K, 5K

Overall Gender Award Results

Top 10 In Gender

5K Run - 3.1 Miles

75 Finishers

Female 54 Finishers										
Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	OA/PI	Cat/PI	Offset	City
1/54	THOMSON, NICOLE	586	23:37.766	04:43	07:35	5K30-39F	1/75	1/17	+00:00:00	CALGARY
2/54	SANDOVAL, RUBI	581	24:45.653	04:57	07:57	5K16-19F	3/75	1/2	+00:01:07	HIGH RIVER
3/54	ABRAMSON, DONNA	531	24:58.779	04:59	08:01	5K50-59F	5/75	1/5	+00:01:21	HIGH RIVER
4/54	BLAIS, KARA-LEE	601	25:25.052	05:05	08:10	5K40-49F	7/75	1/8	+00:01:47	FOOTHILLS
5/54	MOSSING, AMANDA	571	26:42.981	05:20	08:35	5K40-49F	12/75	2/8	+00:03:05	FOOTHILLS
6/54	ROBINSON, JESSICA	580	29:10.590	05:50	09:22	5K30-39F	14/75	2/17	+00:05:32	HIGH RIVER
7/54	MCINTOSH, ANN	564	29:46.403	05:57	09:34	5K60+F	15/75	1/10	+00:06:08	HIGH RIVER
8/54	MACMILLAN, SHEILA	605	30:11.903	06:02	09:42	5K30-39F	18/75	3/17	+00:06:34	EDMONTON
9/54	JANTZEN, COLLEEN	554	30:37.425	06:07	09:50	5K60+F	19/75	2/10	+00:06:59	HIGH RIVER
10/54	REHAK, LILLIAN	579	31:00.067	06:12	09:58	5K60+F	20/75	3/10	+00:07:22	HIGH RIVER
Male 21 Finishers										
Gen/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	OA/PI	Cat/PI	Offset	City
1/21	ROMMENS, ADAM	610	24:30.560	04:54	07:52	5K30-39M	2/75	1/2	+00:00:00	HIGH RIVER
2/21	ROMMENS, HARPER	609	24:56.528	04:59	08:01	5K15&UM	4/75	1/5	+00:00:25	HIGH RIVER
3/21	MOSSING, REID	573	25:15.418	05:03	08:07	5K15&UM	6/75	2/5	+00:00:44	FOOTHILLS
4/21	BLAIS, MICAH	602	25:25.098	05:05	08:10	5K15&UM	8/75	3/5	+00:00:54	FOOTHILLS
5/21	WALSH, KEVIN	589	26:18.395	05:15	08:27	5K50-59M	9/75	1/4	+00:01:47	CALGARY
6/21	WARNER, CHRISTOPHER	607	26:18.444	05:15	08:27	5K40-49M	10/75	1/3	+00:01:47	OKOTOKS
7/21	KUECHLER, DEREK	559	26:18.606	05:15	08:27	5K40-49M	11/75	2/3	+00:01:48	OKOTOKS
8/21	JACOBUS, DEREK	553	28:39.887	05:43	09:13	5K30-39M	13/75	2/2	+00:04:09	CALGARY
9/21	MCINTOSH, RON	565	29:46.473	05:57	09:34	5K60+M	16/75	1/5	+00:05:15	HIGH RIVER
10/21	SCHOEN, ANDREW	583	29:54.676	05:58	09:37	5K20-29M	17/75	1/2	+00:05:24	RED DEER