

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

## Overall Results

## Placings based on Gun Time

## 5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	City
1/75	THOMSON, NICOLE	586	23:37.76	04:43	07:35	5K30-39F	1/17	F	1/54	+00:00:00	23:36.35	CALGARY
2/75	ROMMENS, ADAM	610	24:30.56	04:54	07:52	5K30-39M	1/2	M	1/21	+00:00:52	24:28.80	HIGH RIVER
3/75	SANDOVAL, RUBI	581	24:45.65	04:57	07:57	5K16-19F	1/2	F	2/54	+00:01:07	24:44.74	HIGH RIVER
4/75	ROMMENS, HARPER	609	24:56.52	04:59	08:01	5K15&UM	1/5	M	2/21	+00:01:18	24:54.57	HIGH RIVER
5/75	ABRAMSON, DONNA	531	24:58.77	04:59	08:01	5K50-59F	1/5	F	3/54	+00:01:21	24:58.05	HIGH RIVER
6/75	MOSSING, REID	573	25:15.41	05:03	08:07	5K15&UM	2/5	M	3/21	+00:01:37	25:15.41	FOOTHILLS
7/75	BLAIS, KARA-LEE	601	25:25.05	05:05	08:10	5K40-49F	1/8	F	4/54	+00:01:47	25:24.75	FOOTHILLS
8/75	BLAIS, MICAH	602	25:25.09	05:05	08:10	5K15&UM	3/5	M	4/21	+00:01:47	25:24.51	FOOTHILLS
9/75	WALSH, KEVIN	589	26:18.39	05:15	08:27	5K50-59M	1/4	M	5/21	+00:02:40	26:06.49	CALGARY
10/75	WARNER, CHRISTOPHER	607	26:18.44	05:15	08:27	5K40-49M	1/3	M	6/21	+00:02:40	26:07.62	OKOTOKS
11/75	KUECHLER, DEREK	559	26:18.60	05:15	08:27	5K40-49M	2/3	M	7/21	+00:02:40	26:07.66	OKOTOKS
12/75	MOSSING, AMANDA	571	26:42.98	05:20	08:35	5K40-49F	2/8	F	5/54	+00:03:05	26:42.53	FOOTHILLS
13/75	JACOBUS, DEREK	553	28:39.88	05:43	09:13	5K30-39M	2/2	M	8/21	+00:05:02	28:27.82	CALGARY
14/75	ROBINSON, JESSICA	580	29:10.59	05:50	09:22	5K30-39F	2/17	F	6/54	+00:05:32	29:02.23	HIGH RIVER
15/75	MCINTOSH, ANN	564	29:46.40	05:57	09:34	5K60+F	1/10	F	7/54	+00:06:08	29:40.66	HIGH RIVER
16/75	MCINTOSH, RON	565	29:46.47	05:57	09:34	5K60+M	1/5	M	9/21	+00:06:08	29:41.55	HIGH RIVER
17/75	SCHOEN, ANDREW	583	29:54.67	05:58	09:37	5K20-29M	1/2	M	10/21	+00:06:16	29:43.27	RED DEER
18/75	MACMILLAN, SHEILA	605	30:11.90	06:02	09:42	5K30-39F	3/17	F	8/54	+00:06:34	30:03.32	EDMONTON
19/75	JANTZEN, COLLEEN	554	30:37.42	06:07	09:50	5K60+F	2/10	F	9/54	+00:06:59	30:21.27	HIGH RIVER
20/75	REHAK, LILLIAN	579	31:00.06	06:12	09:58	5K60+F	3/10	F	10/54	+00:07:22	30:55.43	HIGH RIVER
21/75	MARTIN, HEATHER	595	31:20.17	06:16	10:04	5K20-29F	1/4	F	11/54	+00:07:42	31:04.56	CALGARY
22/75	POWELL, SANDI	596	31:20.66	06:16	10:04	5K40-49F	3/8	F	12/54	+00:07:42	31:04.97	HIGH RIVER
23/75	TSCHRITTER, HYRUM	615	31:44.99	06:20	10:12	5K15&UM	4/5	M	11/21	+00:08:07	31:41.38	OKOTOKS
24/75	MEIKLE, DANIKA	568	31:47.01	06:21	10:13	5K15&UF	1/7	F	13/54	+00:08:09	31:40.28	BLACK DIAMOND
25/75	ATTWOOD, ALYSSA	535	31:47.29	06:21	10:13	5K30-39F	4/17	F	14/54	+00:08:09	31:40.08	CALGARY
26/75	MEIKLE, CHRISTINA	567	31:47.78	06:21	10:13	5K30-39F	5/17	F	15/54	+00:08:10	31:40.07	BLACK DIAMOND
27/75	TSCHRITTER, NICOLE	587	31:57.86	06:23	10:16	5K30-39F	6/17	F	16/54	+00:08:20	31:54.26	OKOTOKS
28/75	MOSSING, CLAIRE	572	32:10.21	06:26	10:20	5K15&UF	2/7	F	17/54	+00:08:32	32:09.39	FOOTHILLS
29/75	WESTON, ANN	591	32:24.20	06:28	10:25	5K60+F	4/10	F	18/54	+00:08:46	32:19.45	HIGH RIVER
30/75	HANULIK, TONI	552	32:31.02	06:30	10:27	5K40-49F	4/8	F	19/54	+00:08:53	32:10.14	HIGH RIVER
31/75	MARLEAU, CHANTAL	562	33:36.39	06:43	10:48	5K40-49F	5/8	F	20/54	+00:09:58	33:04.70	OKOTOKS
32/75	PASOLLI, ALAN	576	33:54.20	06:46	10:54	5K60+M	2/5	M	12/21	+00:10:16	33:35.95	HIGH RIVER
33/75	JANTZEN, KYLE	555	34:46.18	06:57	11:10	5K50-59M	2/4	M	13/21	+00:11:08	34:28.85	HIGH RIVER
34/75	PEEK, FALARA	577	35:10.74	07:02	11:18	5K30-39F	7/17	F	21/54	+00:11:32	34:57.79	CALGARY
35/75	BLOCKA, MARIE	603	36:25.51	07:17	11:42	5K30-39F	8/17	F	22/54	+00:12:47	36:01.03	CALGARY

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## Overall Results

## Placings based on Gun Time

## 5K Run - 3.1 Miles

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	City
36/75	GRENWICH, MICHELLE	550	36:25.68	07:17	11:42	5K30-39F	9/17	F	23/54	+00:12:47	36:01.33	OKOTOKS
37/75	HANULIK, STEVEN	551	36:26.07	07:17	11:42	5K40-49M	3/3	M	14/21	+00:12:48	36:06.22	HIGH RIVER
38/75	BEHLKE, CORDELIA	537	37:07.72	07:25	11:56	5K15&UF	3/7	F	24/54	+00:13:29	37:01.40	HIGH RIVER
39/75	VALGARDSON, MIKAELA	588	37:42.15	07:32	12:07	5K20-29F	2/4	F	25/54	+00:14:04	37:22.57	HIGH RIVER
40/75	MOORE, SHEENA	608	38:05.68	07:37	12:14	5K30-39F	10/17	F	26/54	+00:14:27	37:56.08	EDMONTON
41/75	DE GRANO, ALLIA	546	39:07.14	07:49	12:34	5K20-29F	3/4	F	27/54	+00:15:29	38:55.99	VEGREVILLE
42/75	BEHLKE, HOXIE	538	40:49.62	08:09	13:07	5K15&UF	4/7	F	28/54	+00:17:11	40:43.68	HIGH RIVER
43/75	WURZ, JOLIE	592	40:49.84	08:09	13:07	5K15&UF	5/7	F	29/54	+00:17:12	40:42.94	HIGH RIVER
44/75	ALI, ZYMAL	533	40:50.35	08:10	13:07	5K15&UF	6/7	F	30/54	+00:17:12	40:44.46	HIGH RIVER
45/75	MCCALLUM, GERRY	611	40:56.23	08:11	13:09	5K60+M	3/5	M	15/21	+00:17:18	40:43.66	HIGH RIVER
46/75	BAARDA, WILLOW	536	41:09.38	08:13	13:14	5K30-39F	11/17	F	31/54	+00:17:31	41:00.13	PICTURE BUTTE
47/75	KOLK, LAURA	557	41:18.45	08:15	13:16	5K50-59F	2/5	F	32/54	+00:17:40	41:09.12	PICTURE BUTTE
48/75	CLINANSMITH, JACLYN	540	46:14.51	09:14	14:52	5K40-49F	6/8	F	33/54	+00:22:36	46:01.80	HIGH RIVER
49/75	MARTIN, ANNE MARIE	606	46:39.10	09:19	15:00	5K60+F	5/10	F	34/54	+00:23:01	46:20.46	HIGH RIVER
50/75	KERSBERGEN, JORDANNA	556	46:55.25	09:23	15:05	5K30-39F	12/17	F	35/54	+00:23:17	46:41.49	OKOTOKS
51/75	KOZEY, LYNDASAY	558	46:55.50	09:23	15:05	5K30-39F	13/17	F	36/54	+00:23:17	46:41.95	OKOTOKS
52/75	COLEMAN, JOHN	543	46:57.19	09:23	15:05	5K50-59M	3/4	M	16/21	+00:23:19	46:40.64	HIGH RIVER
53/75	COLEMAN, SCOTT	545	46:57.22	09:23	15:05	5K20-29M	2/2	M	17/21	+00:23:19	46:38.30	HIGH RIVER
54/75	MCKENNA, RUNA	566	47:07.79	09:25	15:09	5K06&UF	1/1	F	37/54	+00:23:30	46:57.07	HIGH RIVER
55/75	COLEMAN, LEE-ANNE	544	50:09.59	10:01	16:07	5K50-59F	3/5	F	38/54	+00:26:31	49:50.19	HIGH RIVER
56/75	COLEMAN, CATHLIN	541	50:10.08	10:02	16:07	5K16-19F	2/2	F	39/54	+00:26:32	49:50.99	HIGH RIVER
57/75	LUTZ, SARAH	561	50:23.49	10:04	16:12	5K30-39F	14/17	F	40/54	+00:26:45	50:15.19	OKOTOKS
58/75	LUTZ, MOLLY	560	50:28.41	10:05	16:13	5K20-29F	4/4	F	41/54	+00:26:50	50:20.11	HIGH RIVER
59/75	STRAIN, LAURA	585	50:57.91	10:11	16:23	5K50-59F	4/5	F	42/54	+00:27:20	50:37.51	CALGARY
60/75	STRAIN, KELLY	584	50:59.11	10:11	16:23	5K40-49F	7/8	F	43/54	+00:27:21	50:39.01	CALGARY
61/75	ROCHER, KATHERINE	599	51:55.81	10:23	16:41	5K40-49F	8/8	F	44/54	+00:28:18	51:27.73	HIGH RIVER
62/75	COLEMAN, ROB	614	54:20.25	10:52	17:28	5K60+M	4/5	M	18/21	+00:30:42	53:58.10	LETHBRIDGE
63/75	BUCK, KRISTIE	612	54:20.46	10:52	17:28	5K30-39F	15/17	F	45/54	+00:30:42	53:58.52	LETHBRIDGE
64/75	THOMAS, JENNIFER	613	54:21.07	10:52	17:28	5K30-39F	16/17	F	46/54	+00:30:43	53:58.13	LETHBRIDGE
65/75	ARMSTRONG, LOGAN	594	54:58.01	10:59	17:40	5K15&UM	5/5	M	19/21	+00:31:20	54:26.80	CALGARY
66/75	RAPCHUK, JANIS	578	54:58.73	10:59	17:40	5K60+F	6/10	F	47/54	+00:31:20	54:27.05	CALGARY
67/75	ARMSTRONG, BRYNN	593	54:58.87	10:59	17:40	5K15&UF	7/7	F	48/54	+00:31:21	54:26.69	CALGARY
68/75	RAY, LINDA	597	57:26.62	11:29	18:28	5K50-59F	5/5	F	49/54	+00:33:48	57:03.38	STRATHMORE
69/75	RAY, MARISSA	598	57:28.24	11:29	18:28	5K30-39F	17/17	F	50/54	+00:33:50	57:05.92	STRATHMORE
70/75	SAWATZKY, ESTHER	582	1:03:32.41	12:42	20:25	5K60+F	7/10	F	51/54	+00:39:54	1:03:07.19	HIGH RIVER

## 2022 AIMS High River Half, 10K, 5K

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## Overall Results

*Placings based on Gun Time***5K Run - 3.1 Miles**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gen	Gen/PI	Offset	Chiptime	City
71/75	WEST, SHIRLEY	590	1:03:34.82	12:42	20:26	5K60+F	8/10	F	52/54	+00:39:57	1:03:09.90	HIGH RIVER
72/75	MORRISON, MARIANNE	570	1:09:36.27	13:55	22:22	5K60+F	9/10	F	53/54	+00:45:58	1:09:12.45	NANTON
73/75	ATKINS, DON	534	1:26:59.37	17:23	27:58	5K60+M	5/5	M	20/21	+01:03:21	1:26:23.76	LONGVIEW
74/75	BRULE, LAURA	539	1:27:14.23	17:26	28:03	5K60+F	10/10	F	54/54	+01:03:36	1:26:38.84	LONGVIEW
75/75	DOUCET, BILL	548	1:27:37.57	17:31	28:10	5K50-59M	4/4	M	21/21	+01:03:59	1:27:00.95	LONGVIEW