

2023 AIMS High River Half, 10K, 5K

Alpha Overall Results

Half Marathon 21.1K/13.11 Miles

64 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
31/64	ADEDOKUN, OLUSHOLA	2002	1:56:55.539	05:32	08:55	HALF30-39M	13/18	M	22/38	1:56:49.599
56/64	ALAN, LUIS	2003	2:21:59.680	06:43	10:50	HALF30-39M	18/18	M	36/38	2:21:54.330
53/64	ARTERO, LESLEY	2004	2:18:58.202	06:35	10:36	HALF40-49F	1/2	F	19/26	2:18:50.127
4/64	BALTUTIS, PETER	2005	1:34:59.042	04:30	07:15	HALF40-49M	2/7	M	4/38	1:34:56.422
41/64	BEAULIEU, GLEN	2061	2:00:55.520	05:43	09:13	HALF20-29M	3/4	M	29/38	2:00:55.411
10/64	BICKLEY, ED	2069	1:39:23.185	04:42	07:35	HALF60+M	1/4	M	8/38	1:39:22.282
48/64	BILLINGHAM, GREGG	2006	2:06:55.266	06:00	09:41	HALF60+M	2/4	M	32/38	2:06:50.554
57/64	BLAIR, CRYSTAL	2007	2:22:48.102	06:46	10:54	HALF50-59F	4/5	F	21/26	2:22:47.399
1/64	BOSNICK, SANDOR	2008	1:28:45.210	04:12	06:46	HALF40-49M	1/7	M	1/38	1:28:44.208
51/64	CAMPBELL, BRUCE	2010	2:09:11.531	06:07	09:51	HALF60+M	3/4	M	33/38	2:09:04.877
60/64	COOPER, PAIGE	2062	2:29:00.036	07:03	11:22	HALF20-29F	5/5	F	24/26	2:28:58.396
12/64	DAWES, ADAM	2012	1:41:57.570	04:49	07:46	HALF30-39M	5/18	M	9/38	1:41:53.766
46/64	DE GROOD, JILL	2063	2:04:01.121	05:52	09:28	HALF30-39F	7/11	F	15/26	2:03:58.580
54/64	DEJONG, DYLAN	2076	2:20:45.220	06:40	10:44	HALF30-39M	17/18	M	35/38	2:20:45.219
37/64	DERKSON, NORM	2013	1:58:10.610	05:36	09:01	HALF50-59M	4/5	M	27/38	1:58:03.776
13/64	DICKIE, BRUCE	2070	1:43:12.758	04:53	07:52	HALF50-59M	1/5	M	10/38	1:43:04.444
62/64	DUBIEL, ZACK	2015	2:41:16.310	07:38	12:18	HALF20-29M	4/4	M	37/38	2:41:09.973
8/64	DUKE, JAY	2016	1:36:48.450	04:35	07:23	HALF40-49M	3/7	M	6/38	1:36:45.977
18/64	DUNLOP, JACKIE	2017	1:49:49.418	05:12	08:23	HALF30-39F	3/11	F	6/26	1:49:47.136
25/64	EARL, PHYLICIA	2018	1:52:59.218	05:21	08:37	HALF20-29F	2/5	F	8/26	1:52:57.917
17/64	FAI, MADISON	2034	1:46:18.901	05:02	08:06	HALF30-39F	2/11	F	5/26	1:46:17.342
40/64	FLEURY, CHANTAL	2064	2:00:35.433	05:42	09:12	HALF30-39F	5/11	F	12/26	2:00:26.362
16/64	FORBES, JARED	2065	1:45:11.892	04:59	08:01	HALF30-39M	7/18	M	12/38	1:45:03.341
6/64	FORREST, KAYLEIGH	2019	1:35:39.776	04:32	07:18	HALF20-29F	1/5	F	2/26	1:35:35.824
3/64	FRASER, WES	2020	1:34:11.042	04:27	07:11	HALF30-39M	2/18	M	3/38	1:34:07.899
11/64	GAMBLE, MARGARET	2021	1:39:23.420	04:42	07:35	HALF60+F	1/1	F	3/26	1:39:20.556
29/64	GARDNER, DAVID	2071	1:54:12.225	05:24	08:43	HALF50-59M	3/5	M	20/38	1:54:06.810
34/64	GERLITZ, COLTON	2022	1:57:06.697	05:33	08:56	HALF20-29M	1/4	M	24/38	1:57:00.185
64/64	GREVE, CASSANDRA	2072	2:52:25.084	08:10	13:09	HALF30-39F	11/11	F	26/26	2:52:20.709
14/64	GURM, KIRAN	2066	1:43:22.625	04:53	07:53	HALF30-39F	1/11	F	4/26	1:43:21.001
55/64	HIPKIN, BREENA	2024	2:21:28.345	06:42	10:47	HALF20-29F	4/5	F	20/26	2:21:21.694
2/64	HOWEY, PATRICK	2025	1:33:55.572	04:27	07:10	HALF30-39M	1/18	M	2/38	1:33:52.427
21/64	HUFFMAN, CHAD	2026	1:51:47.075	05:17	08:31	HALF30-39M	10/18	M	15/38	1:51:41.587
35/64	HUGHTON, DOUGALD	2027	1:57:42.698	05:34	08:59	HALF20-29M	2/4	M	25/38	1:57:35.026
44/64	KEAN, CHAD	2028	2:02:31.099	05:48	09:21	HALF30-39M	16/18	M	31/38	2:02:31.098
58/64	KEIBEL, MARIA	2029	2:24:45.175	06:51	11:02	HALF50-59F	5/5	F	22/26	2:24:33.939
38/64	KHAN, LEENA	2030	1:58:18.206	05:36	09:01	HALF15&UF	1/1	F	11/26	1:58:14.192
33/64	KOEHLER, TARA	2068	1:57:03.907	05:32	08:56	HALF50-59F	2/5	F	10/26	1:57:02.347
39/64	KUSTERMANS, PETRUS	2031	2:00:32.057	05:42	09:12	HALF40-49M	6/7	M	28/38	2:00:23.446
22/64	LIVINGSTONE, KEVIN	2075	1:51:58.208	05:18	08:32	HALF50-59M	2/5	M	16/38	1:51:51.495
19/64	LJA, ROB	2077	1:51:08.637	05:16	08:29	HALF30-39M	8/18	M	13/38	1:51:04.530
52/64	MARTIN, SCOTT	2035	2:18:56.140	06:35	10:36	HALF50-59M	5/5	M	34/38	2:18:51.130
63/64	MEADOWS, GARY	2037	2:49:08.509	08:00	12:54	HALF60+M	4/4	M	38/38	2:48:58.998
9/64	MILDNER, JIRI	2038	1:39:00.803	04:41	07:33	HALF30-39M	4/18	M	7/38	1:39:00.388
15/64	MITCHELL, ROB	2039	1:44:18.431	04:56	07:57	HALF30-39M	6/18	M	11/38	1:44:11.195
26/64	MORAES, MICHELLE	2040	1:53:24.389	05:22	08:39	HALF30-39F	4/11	F	9/26	1:53:14.759
50/64	MYLES, FONTANNA	2041	2:09:04.523	06:07	09:51	HALF30-39F	9/11	F	18/26	2:08:58.723
28/64	NAITO, KAZU	2042	1:54:10.842	05:24	08:42	HALF30-39M	11/18	M	19/38	1:54:07.601
24/64	NEUKOM, SYDNEY	2043	1:52:56.544	05:21	08:37	HALF16-19F	1/1	F	7/26	1:52:51.573
30/64	NICOLA, WILTEN	2044	1:55:27.344	05:28	08:48	HALF30-39M	12/18	M	21/38	1:55:19.569
7/64	ORME, CHRISTIAN	2046	1:35:40.996	04:32	07:18	HALF30-39M	3/18	M	5/38	1:35:37.191
49/64	RAY, KELSEY	2047	2:08:43.453	06:06	09:49	HALF30-39F	8/11	F	17/26	2:08:36.363
47/64	REID, GABRIELLE	2048	2:04:35.716	05:54	09:30	HALF20-29F	3/5	F	16/26	2:04:27.703
20/64	REIMER, JEREMY	2049	1:51:45.716	05:17	08:31	HALF30-39M	9/18	M	14/38	1:51:39.001
27/64	SCHULTZ, SCOTT	2052	1:54:01.679	05:24	08:42	HALF40-49M	5/7	M	18/38	1:53:53.745
5/64	SHARIF, ISHA	2053	1:35:12.238	04:30	07:16	HALF50-59F	1/5	F	1/26	1:35:08.497
59/64	SORKILMO, NATALIE	2055	2:25:08.846	06:52	11:04	HALF40-49F	2/2	F	23/26	2:25:05.105
32/64	STEINEBACH, CLAYTON	2056	1:56:58.844	05:32	08:55	HALF30-39M	14/18	M	23/38	1:56:54.134
36/64	THEMIG, NEIL	2074	1:57:48.625	05:35	08:59	HALF30-39M	15/18	M	26/38	1:57:40.273
43/64	TRUONG, LAURENT	2057	2:02:12.159	05:47	09:19	HALF40-49M	7/7	M	30/38	2:02:07.349
61/64	VALGARDSON, PAIGE	2058	2:38:34.472	07:30	12:06	HALF30-39F	10/11	F	25/26	2:38:25.662

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23/64	VANDERVEEN, VINCE	2059	1:52:33.670	05:20	08:35	HALF40-49M	4/7	M	17/38	1:52:29.238
42/64	VO-TIGLEY, EMILIE	2073	2:01:24.020	05:45	09:16	HALF50-59F	3/5	F	13/26	2:01:17.364
45/64	WALDRON, BREE	2060	2:03:57.912	05:52	09:27	HALF30-39F	6/11	F	14/26	2:03:54.309