

2023 AIMS High River Half, 10K, 5K

Alpha Overall Results

5K/3.11 Miles

117 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
26/117	ABRAMSON, DONNA	5001	25:40.729	05:08	08:15	5K50-59F	1/9	F	13/70	25:38.586
40/117	ANGELES, SALOMON	5003	31:01.568	06:12	09:58	5K50-59M	2/5	M	21/47	30:56.602
55/117	ARAGON, DINARA	5004	34:09.163	06:49	10:58	5K15&UF	10/16	F	30/70	33:57.723
30/117	ARMOUR, KEELEY	5005	27:42.276	05:32	08:54	5K15&UF	6/16	F	15/70	27:28.137
77/117	ARMOUR, TAUREA	5007	44:32.208	08:54	14:19	5K50-59F	5/9	F	46/70	44:15.417
103/117	ARMSTRONG, BRYNN	5008	56:47.731	11:21	18:15	5K15&UF	16/16	F	61/70	56:16.481
52/117	ARMSTRONG, LOGAN	5009	33:51.515	06:46	10:53	5K15&UM	9/11	M	24/47	33:23.392
101/117	ARMSTRONG, WILLIAM	5100	56:46.981	11:21	18:15	5K40-49M	9/10	M	42/47	56:15.017
116/117	ATKINS, DONALD	5010	1:34:40.584	18:56	30:26	5K60+M	8/9	M	46/47	1:34:11.342
68/117	BAARDA, WILLOW	5083	39:39.707	07:55	12:45	5K30-39F	6/10	F	40/70	39:25.806
4/117	BARLOW, ELIJAH	5084	21:43.304	04:20	06:59	5K15&UM	3/11	M	4/47	21:39.933
3/117	BARLOW, LUCAS	5086	20:56.569	04:11	06:44	5K16-19M	1/2	M	3/47	20:53.698
58/117	BEHLKE, CORDELIA	5011	34:37.476	06:55	11:07	5K15&UF	11/16	F	33/70	34:24.235
62/117	BEHLKE, HOXIE	5012	36:14.602	07:14	11:39	5K15&UF	13/16	F	36/70	36:01.360
113/117	BELL, DIANE	5013	1:04:43.681	12:56	20:48	5K60+F	14/15	F	69/70	1:04:08.089
71/117	BOUCHER, TIFFANEY	5014	41:41.255	08:20	13:24	5K30-39F	8/10	F	42/70	41:23.844
108/117	BOYER, JEFF	5124	1:04:18.037	12:51	20:40	5K40-49M	10/10	M	44/47	1:03:36.558
15/117	BROWN, JULIANNA	5015	23:06.203	04:37	07:25	5K15&UF	4/16	F	6/70	23:05.823
21/117	BROWN, KAITLYN	5016	24:41.432	04:56	07:56	5K16-19F	2/3	F	9/70	24:41.352
114/117	BRULE, LAURA	5017	1:34:36.884	18:55	30:25	5K60+F	15/15	F	70/70	1:34:06.730
81/117	CLINANSMITH, JACLYN	5018	45:48.076	09:09	14:43	5K40-49F	8/12	F	48/70	45:37.622
90/117	COLEMAN, HANNAH	5019	52:11.775	10:26	16:47	5K20-29F	4/5	F	55/70	51:58.131
91/117	COLEMAN, JOHN	5020	53:39.409	10:43	17:15	5K50-59M	3/5	M	36/47	53:30.887
96/117	COLEMAN, LEE-ANNE	5021	55:54.949	11:10	17:58	5K50-59F	9/9	F	57/70	55:44.418
89/117	COLEMAN, SCOTT	5022	52:11.614	10:26	16:46	5K20-29M	3/4	M	35/47	51:58.253
16/117	COMFORT, BRANDON	5107	23:41.594	04:44	07:37	5K30-39M	1/6	M	10/47	23:25.356
27/117	COMFORT, JUSTIN	5128	25:45.112	05:09	08:16	5K30-39M	2/6	M	14/47	25:30.609
28/117	CORNET, JORDYN	5024	27:24.440	05:28	08:48	5K20-29F	1/5	F	14/70	27:19.901
14/117	CROWELL, GORD	5087	23:00.672	04:36	07:23	5K60+M	1/9	M	9/47	23:00.228
115/117	DOUCET, BILL	5025	1:34:40.162	18:56	30:26	5K50-59M	5/5	M	45/47	1:34:10.565
64/117	DOWIE, BARB	5088	38:25.900	07:41	12:21	5K60+F	5/15	F	38/70	38:14.300
99/117	DOWIE, DWAYNE	5089	56:46.069	11:21	18:15	5K60+M	7/9	M	40/47	56:09.135
111/117	DUNCAN, GLORIA	5108	1:04:41.900	12:56	20:48	5K60+F	12/15	F	67/70	1:04:05.734
13/117	EASTON, ABBEY	5026	23:00.110	04:36	07:23	5K15&UF	3/16	F	5/70	22:59.726
78/117	EBERL, JENN	5105	44:58.857	08:59	14:27	5K30-39F	9/10	F	47/70	44:38.373
32/117	FINDLATER, ROSS	5109	28:25.685	05:41	09:08	5K60+M	2/9	M	17/47	28:17.402
5/117	FLORA, BEN	5110	21:45.132	04:21	06:59	5K15&UM	4/11	M	5/47	21:44.813
72/117	GLADISH, VAL	5111	41:49.035	08:21	13:26	5K60+F	6/15	F	43/70	41:48.073
53/117	GUTIERREZ SANTARRIAGA, CAROL	5007	34:00.584	06:48	10:56	5K16-19M	2/2	M	25/47	33:57.035
54/117	HAGEL, ASHLEY	5028	34:07.094	06:49	10:58	5K20-29F	2/5	F	29/70	34:01.262
8/117	HALBERT, JANELLE	5029	22:19.656	04:27	07:10	5K40-49F	1/12	F	2/70	22:19.132
7/117	HALBERT, JENNY	5030	22:19.492	04:27	07:10	5K16-19F	1/3	F	1/70	22:18.968
22/117	HALL, MYA	5112	25:07.962	05:01	08:04	5K15&UF	5/16	F	10/70	25:07.119
43/117	HANULIK, TONI	5031	31:33.537	06:18	10:08	5K40-49F	4/12	F	22/70	31:24.317
107/117	HASS, KATHLEEN	5123	1:04:15.674	12:51	20:39	5K20-29F	5/5	F	64/70	1:03:33.602
1/117	HEUVER, NOAH	5090	18:28.187	03:41	05:56	5K15&UM	1/11	M	1/47	18:27.465
20/117	HEUVER, TODD	5091	24:38.737	04:55	07:55	5K40-49M	1/10	M	12/47	24:37.588
85/117	HOBKIRK, LYNN	5033	47:25.131	09:29	15:14	5K50-59F	7/9	F	52/70	46:57.828
106/117	HUNTER, JILL	5034	58:12.436	11:38	18:42	5K60+F	9/15	F	63/70	58:01.327
25/117	KACZMAREK, ROBIN	5106	25:38.385	05:07	08:14	5K30-39F	2/10	F	12/70	25:33.574
73/117	KIEFUIK, NICOLE	5036	42:22.668	08:28	13:37	5K40-49F	7/12	F	44/70	41:58.465
79/117	KIEFUIK, RUSSELL	5113	45:06.217	09:01	14:30	5K40-49M	6/10	M	32/47	44:41.657
38/117	KIRKBY, BOB	5037	30:29.153	06:05	09:48	5K60+M	3/9	M	20/47	30:22.700
41/117	KUSTERMANS, LUNA	5038	31:09.208	06:13	10:01	5K15&UF	7/16	F	20/70	31:08.187
98/117	LEWTHWAITE, AYISHA	5039	55:56.590	11:11	17:59	5K40-49F	12/12	F	59/70	55:16.671
95/117	LUBECK, CARA	5101	55:48.387	11:09	17:56	5K40-49F	10/12	F	56/70	55:09.688
100/117	LUBECK, RAYMOND	5102	56:46.585	11:21	18:15	5K30-39M	6/6	M	41/47	56:08.151
88/117	LUTZ, MOLLY	5040	49:30.055	09:54	15:55	5K30-39F	10/10	F	54/70	49:10.155
110/117	MACDONALD, JO-ANN	5041	1:04:41.198	12:56	20:47	5K60+F	11/15	F	66/70	1:04:05.809
24/117	MAKSYMICH, MADISON	5092	25:26.923	05:05	08:10	5K16-19F	3/3	F	11/70	25:21.028
51/117	MAKSYMICH, SHANON	5093	33:18.373	06:39	10:42	5K40-49F	6/12	F	28/70	33:10.532

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117 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
17/117	MARSHALL, CARMEN	5042	23:46.493	04:45	07:38	5K40-49F	2/12	F	7/70	23:42.941
87/117	MCCALLUM, GERRY	5043	49:00.523	09:48	15:45	5K60+M	6/9	M	34/47	48:34.663
86/117	MCCALLUM, SHELLI	5044	49:00.009	09:48	15:45	5K50-59F	8/9	F	53/70	48:34.349
48/117	MCINTOSH, ANN	5045	32:12.914	06:26	10:21	5K60+F	2/15	F	25/70	31:53.152
47/117	MCINTOSH, RON	5046	32:12.913	06:26	10:21	5K60+M	4/9	M	23/47	31:53.190
84/117	MCKENNA, JESSICA	5094	45:58.436	09:11	14:46	5K40-49F	9/12	F	51/70	45:56.294
83/117	MCKENNA, RUNA	5095	45:53.654	09:10	14:45	5K15&UF	15/16	F	50/70	45:52.364
2/117	MCKERNAN, KAELAN	5047	20:13.842	04:02	06:30	5K15&UM	2/11	M	2/47	20:13.839
31/117	MCKERNAN, SEAN	5048	27:58.495	05:35	08:59	5K40-49M	2/10	M	16/47	27:31.853
33/117	MISMAS, DAVID	5049	28:53.972	05:46	09:17	5K50-59M	1/5	M	18/47	28:44.248
75/117	MURPHY, CHLOE	5103	43:50.045	08:46	14:05	5K15&UF	14/16	F	45/70	43:30.959
76/117	MURPHY, DAVE	5104	43:50.911	08:46	14:05	5K40-49M	5/10	M	31/47	43:32.531
6/117	MURPHY, TOM	5050	22:14.735	04:26	07:09	5K15&UM	5/11	M	6/47	22:14.415
117/117	MURRAY, MIKE	5051	1:34:40.841	18:56	30:26	5K60+M	9/9	M	47/47	1:34:03.568
11/117	NESTERENKO, DANIEL	5052	22:52.281	04:34	07:21	5K20-29M	1/4	M	7/47	22:45.097
12/117	NICKERSON, DYLAN	5114	22:52.400	04:34	07:21	5K15&UM	6/11	M	8/47	22:47.049
57/117	NICKERSON, MANDY	5115	34:20.014	06:52	11:02	5K50-59F	3/9	F	32/70	34:14.044
70/117	NORMAN, JAXSON	5053	41:39.378	08:19	13:23	5K15&UM	11/11	M	29/47	41:22.424
65/117	NORMAN, JORDAN	5054	38:35.814	07:43	12:24	5K30-39M	5/6	M	27/47	38:17.917
69/117	NORMAN, KELSEY	5055	41:37.598	08:19	13:23	5K30-39F	7/10	F	41/70	41:19.706
67/117	NORMAN, LIAM	5056	38:40.386	07:44	12:26	5K15&UM	10/11	M	28/47	38:24.124
10/117	O'CALLAGHAN, CAMY	5119	22:48.836	04:33	07:20	5K15&UF	2/16	F	4/70	22:48.496
80/117	OROSZ, STEPHEN	5096	45:31.225	09:06	14:38	5K60+M	5/9	M	33/47	44:57.669
94/117	PATTERSON, CURTIS	5097	55:37.981	11:07	17:53	5K40-49M	8/10	M	39/47	54:56.241
49/117	PETERSON, CLAIRE	5059	32:51.045	06:34	10:33	5K15&UF	9/16	F	26/70	32:29.641
23/117	PETERSON, JACK	5060	25:20.431	05:04	08:08	5K15&UM	8/11	M	13/47	25:05.635
42/117	PETERSON, JORDAN	5061	31:15.493	06:15	10:03	5K15&UF	8/16	F	21/70	30:53.249
39/117	PETERSON, LEEZA	5062	30:43.942	06:08	09:52	5K40-49F	3/12	F	19/70	30:18.129
102/117	RAPCHUK, JANIS	5064	56:47.449	11:21	18:15	5K60+F	7/15	F	60/70	56:14.968
104/117	RAY, KELLY	5120	57:23.100	11:28	18:27	5K50-59M	4/5	M	43/47	56:49.056
105/117	RAY, LINDA	5065	57:23.146	11:28	18:27	5K60+F	8/15	F	62/70	56:48.476
46/117	REHAK, LEE	5121	32:08.694	06:25	10:20	5K30-39M	4/6	M	22/47	32:05.881
45/117	REHAK, LILLIAN	5067	32:08.693	06:25	10:20	5K60+F	1/15	F	24/70	32:06.079
36/117	ROBINSON, JESSICA	5098	29:52.426	05:58	09:36	5K30-39F	3/10	F	17/70	29:38.526
29/117	ROY, JONAH	5068	27:34.026	05:30	08:51	5K20-29M	2/4	M	15/47	27:31.116
63/117	SANTARRIAGA, GABRIELA	5069	38:17.440	07:39	12:18	5K50-59F	4/9	F	37/70	38:13.371
112/117	SAWATZKY, ESTHER	5070	1:04:42.368	12:56	20:48	5K60+F	13/15	F	68/70	1:04:05.548
18/117	SCHIERMAN, MICHELLE	5125	23:59.970	04:47	07:43	5K30-39F	1/10	F	8/70	23:55.963
66/117	SEDERS, EMILY	5122	38:39.705	07:43	12:25	5K30-39F	5/10	F	39/70	38:17.624
61/117	SEIBEL, DEBORAH	5116	35:52.055	07:10	11:31	5K60+F	4/15	F	35/70	35:41.925
93/117	SINGH, SATVIR	5072	53:41.894	10:44	17:15	5K20-29M	4/4	M	38/47	53:34.051
60/117	SPARKS, GRAEME	5117	35:21.117	07:04	11:22	5K40-49M	3/10	M	26/47	35:16.106
59/117	SPARKS, SCARLETT	5118	35:11.977	07:02	11:19	5K15&UF	12/16	F	34/70	35:07.271
74/117	STEEVES, JOSEPH	5073	43:22.364	08:40	13:56	5K40-49M	4/10	M	30/47	43:04.122
44/117	STRONKS, ASHLEY	5099	31:39.866	06:19	10:10	5K40-49F	5/12	F	23/70	31:27.125
56/117	SUTHERLAND, GRACE	5074	34:10.663	06:50	10:59	5K20-29F	3/5	F	31/70	33:18.324
82/117	SUTHERLAND, JANE	5075	45:48.897	09:09	14:43	5K50-59F	6/9	F	49/70	44:56.421
35/117	TINGEY, BENJAMIN	5076	29:11.574	05:50	09:23	5K30-39M	3/6	M	19/47	28:55.477
92/117	TODD, KEVIN	5077	53:41.753	10:44	17:15	5K40-49M	7/10	M	37/47	53:29.936
97/117	TODD, ROBYN	5078	55:55.417	11:11	17:58	5K40-49F	11/12	F	58/70	55:42.177
37/117	TSCHRITTER, NICOLE	5127	30:25.965	06:05	09:47	5K30-39F	4/10	F	18/70	30:14.061
19/117	TSCHRITTER, SETH	5126	24:15.791	04:51	07:48	5K15&UM	7/11	M	11/47	24:15.152
109/117	WEST, SHIRLEY	5079	1:04:40.868	12:56	20:47	5K60+F	10/15	F	65/70	1:04:05.539
50/117	WESTON, ANN	5080	33:14.155	06:38	10:41	5K60+F	3/15	F	27/70	32:57.085
34/117	WILSON, NICOLE	5081	28:54.207	05:46	09:17	5K50-59F	2/9	F	16/70	28:44.434
9/117	YEE, CARMELLA	5082	22:45.156	04:33	07:18	5K15&UF	1/16	F	3/70	22:45.155