

## 2023 AIMS High River Half, 10K, 5K

## Overall Gender Results

## 10K/6.21 Miles

## 85 Finishers

## Female 45 Finishers

Gen/PI	Name	Bib#	Time	Pace/K	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/45	FEHR, SANDY	1079	49:00.079	04:54	10K30-39F	5/85	1/20	+00:00:00	48:58.163
2/45	KUECHLER, ADINA	1028	49:12.900	04:55	10K40-49F	6/85	1/14	+00:00:12	49:07.768
3/45	BENNETT, COLBY	1004	50:15.619	05:01	10K30-39F	9/85	2/20	+00:01:15	50:00.566
4/45	GOUGH, MELISSA	1016	51:39.571	05:09	10K30-39F	14/85	3/20	+00:02:39	51:25.430
5/45	SALDANA, ROCIO	1075	52:01.604	05:12	10K40-49F	15/85	2/14	+00:03:01	51:57.059
6/45	DOWIE, KIMBERLY	1065	53:12.574	05:19	10K30-39F	16/85	4/20	+00:04:12	52:59.329
7/45	FLORA, MINDY	1081	53:31.253	05:21	10K40-49F	17/85	3/14	+00:04:31	53:20.801
8/45	TAYLOR, REBECCA	1080	57:24.106	05:44	10K30-39F	29/85	5/20	+00:08:24	57:20.194
9/45	TJADER, KIRSTIE	1059	57:42.177	05:46	10K30-39F	30/85	6/20	+00:08:42	57:39.304
10/45	MORANTE, SALYNA	1038	57:47.146	05:46	10K30-39F	31/85	7/20	+00:08:47	57:33.820
11/45	SPARKS, LESLEY	1056	57:58.257	05:47	10K40-49F	32/85	4/14	+00:08:58	57:53.716
12/45	DION, MARYSE	1064	1:01:30.624	06:09	10K50-59F	37/85	1/4	+00:12:30	1:01:16.979
13/45	LAUSER, EMILY	1030	1:03:26.034	06:20	10K30-39F	39/85	8/20	+00:14:25	1:03:06.272
14/45	LEPP, KRISTEN	1031	1:03:39.018	06:21	10K30-39F	40/85	9/20	+00:14:38	1:03:33.308
15/45	MCTIGHE, TAMMY	1036	1:05:09.206	06:30	10K40-49F	42/85	5/14	+00:16:09	1:05:06.552
16/45	CHANDLER, JENI	1008	1:05:37.613	06:33	10K30-39F	43/85	10/20	+00:16:37	1:05:16.154
17/45	MARTINEZ, HANITH	1074	1:05:53.971	06:35	10K40-49F	44/85	6/14	+00:16:53	1:05:49.625
18/45	BOHM, CAITLIN	1005	1:06:30.933	06:39	10K30-39F	45/85	11/20	+00:17:30	1:06:13.859
19/45	HERRICK, MARIAN	1020	1:06:40.940	06:40	10K40-49F	47/85	7/14	+00:17:40	1:06:33.795
20/45	KEYOWSKI, STEPHANIE	1025	1:06:51.933	06:41	10K30-39F	49/85	12/20	+00:17:51	1:06:28.579
21/45	MCDUGALL, MELODY	1035	1:06:59.434	06:41	10K60+F	50/85	1/5	+00:17:59	1:06:39.034
22/45	KREZE, ERIKA	1027	1:07:11.855	06:43	10K30-39F	51/85	13/20	+00:18:11	1:06:51.716
23/45	BARNHART, CHRISTA	1002	1:09:14.224	06:55	10K40-49F	53/85	8/14	+00:20:14	1:09:00.865
24/45	SHIELDS, MERCEDES	1053	1:09:14.317	06:55	10K20-29F	54/85	1/2	+00:20:14	1:09:00.797
25/45	MYDEN, TARA	1039	1:09:23.834	06:56	10K30-39F	55/85	14/20	+00:20:23	1:09:02.111
26/45	VALGARDSON, MIKAELA	1060	1:09:49.145	06:58	10K20-29F	57/85	2/2	+00:20:49	1:09:31.615
27/45	BROOM, SARAH	1007	1:09:49.825	06:58	10K40-49F	58/85	9/14	+00:20:49	1:09:10.082
28/45	ARMSTRONG, DARIA	1001	1:11:11.998	07:07	10K40-49F	59/85	10/14	+00:22:11	1:10:40.668
29/45	MAKISHI, DAWN	1034	1:11:38.014	07:09	10K60+F	60/85	2/5	+00:22:37	1:11:17.474
30/45	JONES, TRISH	1024	1:11:41.437	07:10	10K50-59F	61/85	2/4	+00:22:41	1:11:23.985
31/45	NESOM, MORGAN	1041	1:13:24.749	07:20	10K30-39F	67/85	15/20	+00:24:24	1:13:09.839
32/45	SCHULTZ, LINDSAY	1052	1:14:25.383	07:26	10K30-39F	69/85	16/20	+00:25:25	1:14:10.388
33/45	GOODWIN, DIANE	1015	1:16:18.237	07:37	10K60+F	70/85	3/5	+00:27:18	1:16:01.445
34/45	MACDONALD, SARAH	1033	1:16:20.344	07:38	10K40-49F	71/85	11/14	+00:27:20	1:16:08.258
35/45	DUNCAN, BRITTANY	1012	1:16:24.353	07:38	10K30-39F	72/85	17/20	+00:27:24	1:16:12.538
36/45	WADDLE, JODY	1061	1:18:29.768	07:50	10K40-49F	73/85	12/14	+00:29:29	1:18:01.769
37/45	BROOKE-GRIGGS, ALEXA	1006	1:19:02.558	07:54	10K30-39F	75/85	18/20	+00:30:02	1:18:38.354
38/45	ERVIN, SHELLEY	1068	1:20:20.699	08:02	10K60+F	76/85	4/5	+00:31:20	1:20:13.058
39/45	STEINEBACH, JESSICA	1058	1:21:51.146	08:11	10K30-39F	77/85	19/20	+00:32:51	1:21:28.127
40/45	PALSKY, BETHANY	1044	1:22:02.301	08:12	10K30-39F	78/85	20/20	+00:33:02	1:21:31.710
41/45	FIEGEN, DAWN	1013	1:22:02.489	08:12	10K50-59F	79/85	3/4	+00:33:02	1:21:31.323
42/45	YOUNG, CATHARINE	1091	1:33:55.746	09:23	10K60+F	80/85	5/5	+00:44:55	1:33:33.746
43/45	NORDICK, JENNIFER	1042	1:39:04.938	09:54	10K40-49F	81/85	13/14	+00:50:04	1:38:40.697
44/45	BOYER, SARAH	1087	1:41:58.399	10:11	10K40-49F	82/85	14/14	+00:52:58	1:41:28.819
45/45	COLBY, KERRI ANN	1072	1:41:59.295	10:11	10K50-59F	84/85	4/4	+00:52:59	1:41:29.698

## 2023 AIMS High River Half, 10K, 5K

## Overall Gender Results

## 10K/6.21 Miles

## 85 Finishers

## Male 40 Finishers

Gen/PI	Name	Bib#	Time	Pace/K	Category	O/A/PI	Cat/PI	Offset	Chip Time
1/40	PHILLIPS, MIKE	1078	40:59.933	04:05	10K50-59M	1/85	1/5	+00:00:00	40:58.601
2/40	BEHLKE, ERIC	1003	43:57.567	04:23	10K40-49M	2/85	1/14	+00:02:57	43:55.344
3/40	ELLICE, ANDERS	1077	48:11.211	04:49	10K40-49M	3/85	2/14	+00:07:11	48:09.713
4/40	PETERSON, DAVID	1046	48:45.173	04:52	10K40-49M	4/85	3/14	+00:07:45	48:30.121
5/40	LESSARD, CHRISTIAN	1070	49:50.305	04:59	10K60+M	7/85	1/9	+00:08:50	49:35.905
6/40	SPARKS, GRAYSON	1055	50:02.447	05:00	10K15&UM	8/85	1/1	+00:09:02	49:57.904
7/40	LEWTHWAITE, PATRICK	1071	50:29.047	05:02	10K40-49M	10/85	4/14	+00:09:29	50:13.737
8/40	HERRICK, DEVON	1019	50:54.783	05:05	10K40-49M	11/85	5/14	+00:09:54	50:51.872
9/40	ROBITAILLE, CHRISTOPHER	1050	50:59.142	05:05	10K30-39M	12/85	1/6	+00:09:59	50:48.691
10/40	BARBACARIU, GABE	1076	51:18.996	05:07	10K40-49M	13/85	6/14	+00:10:19	51:15.624
11/40	LIM, SU-CHONG	1032	53:42.949	05:22	10K60+M	18/85	2/9	+00:12:43	53:40.729
12/40	POWELL, CHRIS	1048	53:57.972	05:23	10K50-59M	19/85	2/5	+00:12:58	53:41.687
13/40	SMALL, DAVID	1054	54:53.574	05:29	10K40-49M	20/85	7/14	+00:13:53	54:37.335
14/40	JOHAL, JOE	1023	55:06.879	05:30	10K20-29M	21/85	1/4	+00:14:06	55:00.118
15/40	TIGLEY, ALLAN	1082	55:13.231	05:31	10K50-59M	22/85	3/5	+00:14:13	55:09.222
16/40	LEBLANC, REUBEN	1069	55:44.028	05:34	10K16-19M	23/85	1/1	+00:14:44	55:35.888
17/40	FLOOTMAN, PETER	1014	55:44.144	05:34	10K20-29M	24/85	2/4	+00:14:44	55:36.119
18/40	KORNELSEN, DONOVAN	1089	55:59.801	05:35	10K40-49M	25/85	8/14	+00:14:59	55:45.980
19/40	KORNELSEN, DEREK	1090	56:08.310	05:36	10K30-39M	26/85	2/6	+00:15:08	55:57.121
20/40	ORLAND, KEVIN	1043	56:19.325	05:37	10K40-49M	27/85	9/14	+00:15:19	56:11.565
21/40	KORNELSEN, GARRY	1026	56:53.731	05:41	10K60+M	28/85	3/9	+00:15:53	56:41.970
22/40	KUECHLER, DEREK	1029	58:32.404	05:51	10K40-49M	33/85	10/14	+00:17:32	58:16.263
23/40	MORANTE, CARLOS	1037	58:38.451	05:51	10K30-39M	34/85	3/6	+00:17:38	58:26.488
24/40	DALRYMPLE, STEWART	1010	59:45.085	05:58	10K50-59M	35/85	4/5	+00:18:45	59:38.936
25/40	WARNER, CHRIS	1062	1:01:17.546	06:07	10K40-49M	36/85	11/14	+00:20:17	1:01:02.556
26/40	HADUBIAK, MARK	1017	1:02:28.658	06:14	10K30-39M	38/85	4/6	+00:21:28	1:02:09.394
27/40	BAILEY, RYAN	1085	1:04:24.626	06:26	10K20-29M	41/85	3/4	+00:23:24	1:04:08.552
28/40	PITON, CHRISTOPHER	1047	1:06:35.246	06:39	10K30-39M	46/85	5/6	+00:25:35	1:06:23.806
29/40	SAWATZKY, GARY	1084	1:06:42.744	06:40	10K60+M	48/85	4/9	+00:25:42	1:06:10.344
30/40	HOLMSTROM, CHUCK	1021	1:07:39.020	06:45	10K60+M	52/85	5/9	+00:26:39	1:07:20.636
31/40	DERISH, RYAN	1011	1:09:23.997	06:56	10K30-39M	56/85	6/6	+00:28:24	1:09:01.496
32/40	JONES, PAUL	1086	1:11:57.866	07:11	10K60+M	62/85	6/9	+00:30:57	1:11:49.142
33/40	PASOLLI, ALAN	1045	1:12:02.531	07:12	10K60+M	63/85	7/9	+00:31:02	1:11:44.331
34/40	NESOM, GREG	1040	1:12:18.116	07:13	10K50-59M	64/85	5/5	+00:31:18	1:12:03.062
35/40	SCHNEIDER, ADAM	1051	1:12:20.436	07:14	10K40-49M	65/85	12/14	+00:31:20	1:12:15.106
36/40	YOUNG, KEN	1092	1:13:14.249	07:19	10K60+M	66/85	8/9	+00:32:14	1:12:51.809
37/40	ERVIN, MITCHELL	1067	1:13:58.737	07:23	10K20-29M	68/85	4/4	+00:32:58	1:13:50.337
38/40	ERVIN, GREG	1066	1:18:33.496	07:51	10K60+M	74/85	9/9	+00:37:33	1:18:24.396
39/40	DEAKIN, CHRIS	1073	1:41:59.033	10:11	10K40-49M	83/85	13/14	+01:00:59	1:41:29.084
40/40	REGNIER, CHRIS	1049	1:42:39.369	10:15	10K40-49M	85/85	14/14	+01:01:39	1:42:16.727