

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

71 Finishers

10K15&UM (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	DELA CRUZ, MARK	1104	1:00:54.695	06:05	09:48	+00:00:00	26/71	16/32	CALGARY

10K16-19F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	UKRAINETZ, AMY	1168	1:02:43.655	06:16	10:06	+00:00:00	31/71	14/39	CALGARY

10K16-19M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	MCCALLUM, NICK	1136	1:13:48.529	07:22	11:53	+00:00:00	58/71	29/32	HIGH RIVER

10K20-29F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	THROCKMORTON, HANNAH	1159	48:40.871	04:52	07:50	+00:00:00	5/71	3/39	CALGARY
2/10	AGUINALDO, ANNE	1009	56:19.753	05:37	09:04	+00:07:38	14/71	5/39	HIGH RIVER
3/10	CORNET, JORDYN	1103	1:00:48.531	06:04	09:47	+00:12:07	25/71	10/39	BRANT

10K20-29M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	NGUYEN, DUC	1141	55:31.940	05:33	08:56	+00:00:00	13/71	9/32	CALGARY
2/4	STRANGEWAY, AIDAN	1157	1:02:51.086	06:17	10:07	+00:07:19	33/71	18/32	CALGARY
3/4	BAILEY, RYAN	1170	1:03:41.453	06:22	10:15	+00:08:09	35/71	20/32	HIGH RIVER

10K30-39F (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/18	FEHR, SANDY	1172	46:31.425	04:39	07:29	+00:00:00	2/71	1/39	FOOTHILLS COUNTY
2/18	LAFLAMME, CATHERINE	1130	48:33.277	04:51	07:49	+00:02:01	4/71	2/39	HIGH RIVER
3/18	HARTLEY, KRISTEN	1118	54:13.354	05:25	08:43	+00:07:41	11/71	4/39	CALGARY

10K30-39M (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	MORAN, KEVIN	1174	42:36.254	04:15	06:51	+00:00:00	1/71	1/32	CALGARY
2/13	STRUIK, NICO	1158	48:08.223	04:48	07:45	+00:05:31	3/71	2/32	CALGARY
3/13	RUBY, DYLAN	1148	54:44.245	05:28	08:48	+00:12:07	12/71	8/32	OKOTOKS

10K40-49F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	VERHOEF, JOLANDA	1164	1:06:20.265	06:38	10:40	+00:00:00	42/71	21/39	HIGH RIVER
2/5	BHERER, ANDREA	1083	1:08:06.038	06:48	10:57	+00:01:45	47/71	23/39	OKOTOKS
3/5	PETERSON, LEEZA	1143	1:08:43.093	06:52	11:03	+00:02:22	51/71	25/39	CALGARY

10K40-49M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	ELLICE, ANDERS	1106	49:15.418	04:55	07:55	+00:00:00	6/71	3/32	HIGH RIVER
2/5	CALVEZ, STEVEN	1100	52:21.019	05:14	08:25	+00:03:05	9/71	6/32	OKOTOKS
3/5	ROOTHAM, ADAM	1022	53:43.355	05:22	08:39	+00:04:27	10/71	7/32	HIGH RIVER

10K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	REISS, CHERYL	1147	58:13.306	05:49	09:22	+00:00:00	20/71	8/39	AIRDRIE
2/3	UKRAINETZ, SANDRA	1169	1:03:53.312	06:23	10:17	+00:05:40	36/71	16/39	CALGARY
3/3	DION, MARYSE	1105	1:04:54.155	06:29	10:27	+00:06:40	39/71	19/39	OKOTOKS

10K50-59M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	POWELL, CHRIS	1145	57:16.963	05:43	09:13	+00:00:00	16/71	10/32	HIGH RIVER
2/3	ASHFORD, PAUL	1063	1:08:11.475	06:49	10:58	+00:10:54	49/71	25/32	CALGARY
3/3	HULAR, RONNIE	1173	1:11:00.928	07:06	11:26	+00:13:43	55/71	28/32	HIGH RIVER

10K60+F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	TOOMBS, LORI	1161	56:52.986	05:41	09:09	+00:00:00	15/71	6/39	OKOTOKS
2/2	WATKINS, SUSAN	1166	1:00:42.086	06:04	09:46	+00:03:49	24/71	9/39	VANCOUVER

10K60+M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	LESSARD, CHRISTIAN	1132	49:32.621	04:57	07:58	+00:00:00	7/71	4/32	OKOTOKS
2/5	MORAN, BILL	1138	50:09.910	05:00	08:04	+00:00:37	8/71	5/32	HIGH RIVER
3/5	KORNELSEN, GARRY	1129	57:49.518	05:46	09:18	+00:08:16	18/71	12/32	CALGARY