

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

127 Finishers

5K15&UF (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	HINGE, MARLEY	5244	22:18.519	04:27	07:10	+00:00:00	11/127	2/77	OKOTOKS
2/15	HALL, MYA	5258	23:43.596	04:44	07:37	+00:01:25	14/127	4/77	HIGH RIVER
3/15	DUECK, LIANA	5242	24:48.611	04:57	07:58	+00:02:30	17/127	5/77	FOOTHILLS

5K15&UM (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	COMFORT, GREYSON	5240	20:12.378	04:02	06:29	+00:00:00	3/127	3/50	FOOTHILLS COUNTY
2/8	FLORA, BEN	5243	20:55.386	04:11	06:43	+00:00:43	5/127	5/50	OKOTOKS
3/8	MURPHY, TOM	5190	21:01.574	04:12	06:45	+00:00:49	6/127	6/50	OKOTOKS

5K16-19F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	BROWN, KAITLYN	5238	25:34.105	05:06	08:13	+00:00:00	19/127	7/77	OKOTOKS
2/3	POWELL, JESSICA	5252	33:00.774	06:36	10:36	+00:07:26	56/127	27/77	CALGARY
3/3	UKRAINETZ, SARAH	5250	39:48.539	07:57	12:48	+00:14:14	79/127	44/77	CALGARY

5K16-19M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	PETERSON, JACK	5203	24:10.386	04:50	07:46	+00:00:00	15/127	11/50	CALGARY
2/2	STROM, LIAM	5255	31:54.211	06:22	10:15	+00:07:43	48/127	25/50	HIGH RIVER

5K20-29F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	SEYMOUR, ARLENE	5219	33:32.015	06:42	10:46	+00:00:00	59/127	29/77	HIGH RIVER
2/10	MCILWRICK, TAYLOR	5175	34:05.906	06:49	10:57	+00:00:33	63/127	32/77	OKOTOKS
3/10	MINNES, SHAE	5187	35:20.061	07:04	11:21	+00:01:48	69/127	36/77	VULCAN

5K20-29M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	MCDONALD, EMMETT	5170	19:12.778	03:50	06:10	+00:00:00	2/127	2/50	CALGARY
2/9	MCDONALD, STIRLING	5173	24:19.175	04:51	07:49	+00:05:06	16/127	12/50	CALGARY
3/9	ROY, JONAH	5214	27:19.830	05:27	08:47	+00:08:07	31/127	15/50	HIGH RIVER

5K30-39F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	COMFORT, KRISTA	5147	21:48.214	04:21	07:00	+00:00:00	9/127	1/77	FOOTHILLS
2/16	KU, ARIEL	5160	23:26.886	04:41	07:32	+00:01:38	13/127	3/77	CALGARY
3/16	BENNETT, COLBY	5235	25:55.502	05:11	08:20	+00:04:07	22/127	9/77	CALGARY

5K30-39M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	PAYNE, JACKSON	5200	19:11.023	03:50	06:10	+00:00:00	1/127	1/50	EDMONTON
2/9	COMFORT, JUSTIN	5146	20:13.387	04:02	06:30	+00:01:02	4/127	4/50	FOOTHILLS
3/9	MCKEIGAN, COREY	5178	21:44.276	04:20	06:59	+00:02:33	7/127	7/50	OKOTOKS

5K40-49F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/12	HASSALL, ERIN	5154	31:42.187	06:20	10:11	+00:00:00	47/127	23/77	OKOTOKS
2/12	MEIKLE, CHRISTINA	5183	32:40.571	06:32	10:30	+00:00:58	51/127	25/77	BLACK DIAMOND
3/12	BROWN, JENNIFER	5236	34:18.540	06:51	11:01	+00:02:36	64/127	33/77	OKOTOKS

5K40-49M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	PETERSON, DAVID	5202	21:48.050	04:21	07:00	+00:00:00	8/127	8/50	CALGARY
2/5	MCGUIRE, BRENT	5174	28:19.994	05:39	09:06	+00:06:31	35/127	19/50	OKOTOKS
3/5	SCHNEIDER, ADAM	5216	32:48.072	06:33	10:32	+00:11:00	54/127	28/50	VULCAN

5K50-59F (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	MCDONALD, JULIE	5171	26:56.253	05:23	08:39	+00:00:00	28/127	15/77	CALGARY
2/8	RIOUX, JENNIFER	5253	30:07.244	06:01	09:41	+00:03:10	44/127	22/77	OKOTOKS
3/8	MULHOLLAND, SYLVIA	5188	38:17.367	07:39	12:18	+00:11:21	78/127	43/77	CLARESHOLM

5K50-59M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	MCDONALD, DUNCAN	5169	26:56.464	05:23	08:39	+00:00:00	29/127	14/50	CALGARY
2/6	MCKENNA, JW	5181	41:18.117	08:15	13:16	+00:14:21	86/127	39/50	HIGH RIVER
3/6	COLEMAN, JOHN	5143	49:31.941	09:54	15:55	+00:22:35	98/127	42/50	NANTON

OA/PI = Overall Placing

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Category Award Results

TOP 3 In Category

5K/3.11 Miles

127 Finishers

5K60+F (Female) - 13 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	ABRAMSON, DONNA	5032	27:05.322	05:25	08:42	+00:00:00	30/127	16/77	HIGH RIVER
2/13	MCINTOSH, ANN	5176	32:44.016	06:32	10:31	+00:05:38	53/127	26/77	HIGH RIVER
3/13	REHAK, LILLIAN	5210	33:04.290	06:36	10:38	+00:05:58	57/127	28/77	HIGH RIVER

5K60+M (Male) - 11 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	CROWELL, GORD	5149	22:28.597	04:29	07:13	+00:00:00	12/127	10/50	OKOTOKS
2/11	KIRKBY, BOB	5158	31:39.563	06:19	10:10	+00:09:10	46/127	24/50	ROCKY VIEW COUNTY
3/11	MCINTOSH, RON	5177	32:43.806	06:32	10:31	+00:10:15	52/127	27/50	HIGH RIVER