

2024 Hike For Hospice 5K Run May 5/2024

Alpha Overall Results

5K - 3.1 Miles

55 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
19/55	ALVES, RACHEL	101	28:17.672	05:39	09:05	5K20-29F	1/6	F	8/34	CALGARY, AB
20/55	ANDREWS, STEPHANIE	154	28:22.315	05:40	09:07	5K40-49F	3/7	F	9/34	CALGARY, AB
4/55	ANHORN, TATE	102	24:31.315	04:54	07:53	5K16-19M	2/2	M	4/21	DE WINTON, AB
54/55	ARISTOU, SOPHIA	147	54:03.945	10:48	17:23	5K40-49F	7/7	F	33/34	CALGARY, AB
34/55	BOHN, LYNDA	103	31:24.536	06:16	10:05	5K60-69F	1/4	F	20/34	HIGH RIVER, AB
24/55	BOUCHARD, SHANDA	104	29:21.021	05:52	09:26	5K50-59F	2/3	F	12/34	OKOTOKS, AB
10/55	BROWN, JULIANNA	139	25:48.776	05:09	08:17	5K12-15F	1/3	F	4/34	OKOTOKS, AB
5/55	BROWN, KAITLYN	140	25:00.636	05:00	08:02	5K16-19F	1/3	F	1/34	OKOTOKS, AB
48/55	BROWN, TRACEY	105	36:56.922	07:23	11:52	5K30-39F	8/8	F	29/34	CALGARY, AB
36/55	CHASE, LYNN	106	31:24.842	06:16	10:06	5K60-69F	2/4	F	22/34	CALGARY, AB
25/55	CRASTO, KAYLEY	107	29:30.216	05:54	09:29	5K30-39F	2/8	F	13/34	CALGARY, AB
17/55	CRASTO, LEO	108	28:03.026	05:36	09:01	5K40-49M	3/5	M	11/21	CALGARY, AB
8/55	CROWDER, NICOLE	153	25:34.173	05:06	08:13	5K30-39F	1/8	F	3/34	LETHBRIDGE, AB
45/55	DIXON, ADRIENNE	109	34:58.847	06:59	11:14	5K30-39F	7/8	F	27/34	MEDICINE HAT, AB
44/55	DIXON, BRAD	110	34:57.627	06:59	11:14	5K40-49M	5/5	M	18/21	OKOTOKS, AB
2/55	DOWELL, LIAM	200	21:14.184	04:14	06:49	5K16-19M	1/2	M	2/21	OKOTOKS, AB
52/55	DRADER, JESS	150	41:46.516	08:21	13:25	5K40-49F	6/7	F	31/34	DIAMOND VALLEY, AB
51/55	DRADER, MADDY	151	41:38.968	08:19	13:23	5K12-15F	2/3	F	30/34	DIAMOND VALLEY, AB
28/55	FERREIRA, MELISA	111	29:54.118	05:58	09:36	5K30-39F	4/8	F	16/34	CALGARY, AB
27/55	FINNEGAN, TRISH	112	29:47.039	05:57	09:34	5K50-59F	3/3	F	15/34	OKOTOKS, AB
53/55	HORNE, REBECCA	159	42:06.298	08:25	13:32	5K60-69F	4/4	F	32/34	TURNER VALLEY,
41/55	KOHLMAN, SHIANNE	113	33:18.606	06:39	10:42	5K20-29F	6/6	F	25/34	OKOTOKS, AB
38/55	KRAMER, SPENCER	152	32:26.861	06:29	10:26	5K12-15M	3/4	M	16/21	DIAMOND VALLEY, AB
39/55	LEE, JULIA	114	32:42.676	06:32	10:31	5K20-29F	4/6	F	23/34	OKOTOKS, AB
16/55	LEWIS, ASHLEIGH	115	27:58.032	05:35	08:59	5K40-49F	2/7	F	6/34	FOOTHILLS, AB
42/55	LOUGHERY, CHAD	116	33:18.723	06:39	10:42	5K20-29M	2/4	M	17/21	OKOTOKS, AB
31/55	LOVE, STEVEN	117	30:39.232	06:07	09:51	5K30-39M	2/2	M	13/21	OKOTOKS, AB
23/55	LUNDBERG, STEPHANIE	118	28:53.486	05:46	09:17	5K40-49F	4/7	F	11/34	HIGH RIVER, AB
14/55	LUTZ, JOSHUA	119	27:29.556	05:29	08:50	5K30-39M	1/2	M	9/21	OKOTOKS, AB
26/55	LUTZ, SARAH	120	29:32.367	05:54	09:29	5K30-39F	3/8	F	14/34	OKOTOKS, AB
6/55	MAKSYMICH, MADISON	141	25:31.056	05:06	08:12	5K16-19F	2/3	F	2/34	DIAMOND VALLE, AB
33/55	MAXSON, AMANDA	121	31:15.559	06:15	10:03	5K40-49F	5/7	F	19/34	CALGARY, AB
47/55	MCCREDIE, BRENDA	122	36:49.401	07:21	11:50	5K60-69F	3/4	F	28/34	HIGH RIVER, AB
18/55	MCFADYEN, MEGHAN	127	28:04.782	05:36	09:01	5K16-19F	3/3	F	7/34	OKOTOKS,
21/55	MCLEAN, JOANNE	123	28:25.829	05:41	09:08	5K50-59F	1/3	F	10/34	TURNER VALLEY, AB
55/55	MCLEAN, MATILDA	148	54:04.248	10:48	17:23	5K12-15F	3/3	F	34/34	CALGARY, AB
22/55	PASCUAL, BENJAMIN	149	28:45.891	05:45	09:14	5K40-49M	4/5	M	12/21	CALGARY, AB
50/55	PASCUAL, GABIN	369	40:38.001	08:07	13:03	5K12-15M	4/4	M	21/21	CALGARY, AB
49/55	PELLETIER, ETHAN	124	40:07.633	08:01	12:54	5K20-29M	4/4	M	20/21	OKOTOKS, AB
37/55	PELLETIER, LYLE	125	31:38.318	06:19	10:10	5K50-59M	4/4	M	15/21	OKOTOKS, AB
46/55	PELLETIER, OWEN	142	36:26.504	07:17	11:43	5K20-29M	3/4	M	19/21	OKOTOKS, AB
12/55	POWELL, CHRIS	143	27:04.971	05:24	08:42	5K50-59M	2/4	M	8/21	HIGH RIVER, AB
15/55	POWELL, STEPHEN	144	27:53.861	05:34	08:58	5K20-29M	1/4	M	10/21	FOOTHILLS, AB
7/55	ROSTOKER, CAMILO	158	25:32.814	05:06	08:12	5K40-49M	1/5	M	5/21	BRAGG CREEK,
1/55	ROSTOKER, COLTON	156	20:52.951	04:10	06:42	5K12-15M	1/4	M	1/21	BRAGG CREEK,
13/55	ROSTOKER, LINDSEY	155	27:24.287	05:28	08:48	5K40-49F	1/7	F	5/34	BRAGG CREEK,
3/55	ROSTOKER, LOGAN	157	23:14.301	04:38	07:28	5K12-15M	2/4	M	3/21	BRAGG CREEK,
40/55	TIEDJE, CAITLYN	131	33:06.066	06:37	10:38	5K20-29F	5/6	F	24/34	DE WINTON, AB
29/55	TIEDJE, JENNA	132	30:18.913	06:03	09:44	5K20-29F	2/6	F	17/34	DE WINTON, AB
30/55	TIEDJE, KYLIE	134	30:18.936	06:03	09:44	5K20-29F	3/6	F	18/34	DE WINTON, AB
32/55	TIEDJE, MIKE	135	30:52.685	06:10	09:55	5K50-59M	3/4	M	14/21	DE WINTON, AB
11/55	TINCHER, JEFF	136	26:56.837	05:23	08:39	5K40-49M	2/5	M	7/21	CALGARY, AB
9/55	WALSH, KEVIN	146	25:43.832	05:08	08:16	5K50-59M	1/4	M	6/21	CALGARY, AB
35/55	WILLIAMS, ZOE	137	31:24.724	06:16	10:06	5K30-39F	5/8	F	21/34	FOOTHILLS, AB
43/55	YOUNGGREN, TARA	138	34:34.190	06:54	11:06	5K30-39F	6/8	F	26/34	OKOTOKS, AB