

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

55 Finishers

5K12-15F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	BROWN, JULIANNA	139	25:48.776	05:09	08:17	+00:00:00	10/55	4/34	OKOTOKS
2/3	DRADER, MADDY	151	41:38.968	08:19	13:23	+00:15:50	51/55	30/34	DIAMOND VALLEY
3/3	MCLEAN, MATILDA	148	54:04.248	10:48	17:23	+00:28:15	55/55	34/34	CALGARY

5K12-15M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	ROSTOKER, COLTON	156	20:52.951	04:10	06:42	+00:00:00	1/55	1/21	BRAGG CREEK
2/4	ROSTOKER, LOGAN	157	23:14.301	04:38	07:28	+00:02:21	3/55	3/21	BRAGG CREEK
3/4	KRAMER, SPENCER	152	32:26.861	06:29	10:26	+00:11:33	38/55	16/21	DIAMOND VALLEY

5K16-19F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	BROWN, KAITLYN	140	25:00.636	05:00	08:02	+00:00:00	5/55	1/34	OKOTOKS
2/3	MAKSYMICH, MADISON	141	25:31.056	05:06	08:12	+00:00:30	6/55	2/34	DIAMOND VALLE
3/3	MCFADYEN, MEGHAN	127	28:04.782	05:36	09:01	+00:03:04	18/55	7/34	OKOTOKS

5K16-19M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	DOWELL, LIAM	200	21:14.184	04:14	06:49	+00:00:00	2/55	2/21	OKOTOKS
2/2	ANHORN, TATE	102	24:31.315	04:54	07:53	+00:03:17	4/55	4/21	DE WINTON

5K20-29F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	ALVES, RACHEL	101	28:17.672	05:39	09:05	+00:00:00	19/55	8/34	CALGARY
2/6	TIEDJE, JENNA	132	30:18.913	06:03	09:44	+00:02:01	29/55	17/34	DE WINTON
3/6	TIEDJE, KYLIE	134	30:18.936	06:03	09:44	+00:02:01	30/55	18/34	DE WINTON

5K20-29M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	POWELL, STEPHEN	144	27:53.861	05:34	08:58	+00:00:00	15/55	10/21	FOOTHILLS
2/4	LOUGHERY, CHAD	116	33:18.723	06:39	10:42	+00:05:24	42/55	17/21	OKOTOKS
3/4	PELLETIER, OWEN	142	36:26.504	07:17	11:43	+00:08:32	46/55	19/21	OKOTOKS

5K30-39F (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	CROWDER, NICOLE	153	25:34.173	05:06	08:13	+00:00:00	8/55	3/34	LETHBRIDGE
2/8	CRASTO, KAYLEY	107	29:30.216	05:54	09:29	+00:03:56	25/55	13/34	CALGARY
3/8	LUTZ, SARAH	120	29:32.367	05:54	09:29	+00:03:58	26/55	14/34	OKOTOKS

5K30-39M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	LUTZ, JOSHUA	119	27:29.556	05:29	08:50	+00:00:00	14/55	9/21	OKOTOKS
2/2	LOVE, STEVEN	117	30:39.232	06:07	09:51	+00:03:09	31/55	13/21	OKOTOKS

5K40-49F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	ROSTOKER, LINDSEY	155	27:24.287	05:28	08:48	+00:00:00	13/55	5/34	BRAGG CREEK
2/7	LEWIS, ASHLEIGH	115	27:58.032	05:35	08:59	+00:00:33	16/55	6/34	FOOTHILLS
3/7	ANDREWS, STEPHANIE	154	28:22.315	05:40	09:07	+00:00:58	20/55	9/34	CALGARY

5K40-49M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	ROSTOKER, CAMILO	158	25:32.814	05:06	08:12	+00:00:00	7/55	5/21	BRAGG CREEK
2/5	TINCHER, JEFF	136	26:56.837	05:23	08:39	+00:01:24	11/55	7/21	CALGARY
3/5	CRASTO, LEO	108	28:03.026	05:36	09:01	+00:02:30	17/55	11/21	CALGARY

5K50-59F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	MCLEAN, JOANNE	123	28:25.829	05:41	09:08	+00:00:00	21/55	10/34	TURNER VALLEY
2/3	BOUCHARD, SHANDA	104	29:21.021	05:52	09:26	+00:00:55	24/55	12/34	OKOTOKS
3/3	FINNEGAN, TRISH	112	29:47.039	05:57	09:34	+00:01:21	27/55	15/34	OKOTOKS

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

55 Finishers

5K50-59M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	WALSH, KEVIN	146	25:43.832	05:08	08:16	+00:00:00	9/55	6/21	CALGARY
2/4	POWELL, CHRIS	143	27:04.971	05:24	08:42	+00:01:21	12/55	8/21	HIGH RIVER
3/4	TIEDJE, MIKE	135	30:52.685	06:10	09:55	+00:05:08	32/55	14/21	DE WINTON

5K60-69F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	BOHN, LYNDA	103	31:24.536	06:16	10:05	+00:00:00	34/55	20/34	HIGH RIVER
2/4	CHASE, LYNN	106	31:24.842	06:16	10:06	+00:00:00	36/55	22/34	CALGARY
3/4	MCCREDIE, BRENDA	122	36:49.401	07:21	11:50	+00:05:24	47/55	28/34	HIGH RIVER