

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

5K Run - 3.1 Miles  
55 Finishers

## 5K12-15F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	BROWN, JULIANNA	139	25:48.776	05:09	08:17	10/55	4/34	+00:00:00	OKOTOKS
2/3	DRADER, MADDY	151	41:38.968	08:19	13:23	51/55	30/34	+00:15:50	DIAMOND VALLEY
3/3	MCLEAN, MATILDA	148	54:04.248	10:48	17:23	55/55	34/34	+00:28:15	CALGARY

## 5K12-15M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	ROSTOKER, COLTON	156	20:52.951	04:10	06:42	1/55	1/21	+00:00:00	BRAGG CREEK
2/4	ROSTOKER, LOGAN	157	23:14.301	04:38	07:28	3/55	3/21	+00:02:21	BRAGG CREEK
3/4	KRAMER, SPENCER	152	32:26.861	06:29	10:26	38/55	16/21	+00:11:33	DIAMOND VALLEY
4/4	PASCUAL, GABIN	369	40:38.001	08:07	13:03	50/55	21/21	+00:19:45	CALGARY

## 5K16-19F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	BROWN, KAITLYN	140	25:00.636	05:00	08:02	5/55	1/34	+00:00:00	OKOTOKS
2/3	MAKSYMICH, MADISON	141	25:31.056	05:06	08:12	6/55	2/34	+00:00:30	DIAMOND VALLE
3/3	MCFADYEN, MEGHAN	127	28:04.782	05:36	09:01	18/55	7/34	+00:03:04	OKOTOKS

## 5K16-19M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	DOWELL, LIAM	200	21:14.184	04:14	06:49	2/55	2/21	+00:00:00	OKOTOKS
2/2	ANHORN, TATE	102	24:31.315	04:54	07:53	4/55	4/21	+00:03:17	DE WINTON

## 5K20-29F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	ALVES, RACHEL	101	28:17.672	05:39	09:05	19/55	8/34	+00:00:00	CALGARY
2/6	TIEDJE, JENNA	132	30:18.913	06:03	09:44	29/55	17/34	+00:02:01	DE WINTON
3/6	TIEDJE, KYLIE	134	30:18.936	06:03	09:44	30/55	18/34	+00:02:01	DE WINTON
4/6	LEE, JULIA	114	32:42.676	06:32	10:31	39/55	23/34	+00:04:25	OKOTOKS
5/6	TIEDJE, CAITLYN	131	33:06.066	06:37	10:38	40/55	24/34	+00:04:48	DE WINTON
6/6	KOHLMAN, SHIANNE	113	33:18.606	06:39	10:42	41/55	25/34	+00:05:00	OKOTOKS

## 5K20-29M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	POWELL, STEPHEN	144	27:53.861	05:34	08:58	15/55	10/21	+00:00:00	FOOTHILLS
2/4	LOUGHERY, CHAD	116	33:18.723	06:39	10:42	42/55	17/21	+00:05:24	OKOTOKS
3/4	PELLETIER, OWEN	142	36:26.504	07:17	11:43	46/55	19/21	+00:08:32	OKOTOKS
4/4	PELLETIER, ETHAN	124	40:07.633	08:01	12:54	49/55	20/21	+00:12:13	OKOTOKS

## 5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	CROWDER, NICOLE	153	25:34.173	05:06	08:13	8/55	3/34	+00:00:00	LETHBRIDGE
2/8	CRASTO, KAYLEY	107	29:30.216	05:54	09:29	25/55	13/34	+00:03:56	CALGARY
3/8	LUTZ, SARAH	120	29:32.367	05:54	09:29	26/55	14/34	+00:03:58	OKOTOKS
4/8	FERREIRA, MELISA	111	29:54.118	05:58	09:36	28/55	16/34	+00:04:19	CALGARY
5/8	WILLIAMS, ZOE	137	31:24.724	06:16	10:06	35/55	21/34	+00:05:50	FOOTHILLS
6/8	YOUNGGREN, TARA	138	34:34.190	06:54	11:06	43/55	26/34	+00:09:00	OKOTOKS
7/8	DIXON, ADRIENNE	109	34:58.847	06:59	11:14	45/55	27/34	+00:09:24	MEDICINE HAT
8/8	BROWN, TRACEY	105	36:56.922	07:23	11:52	48/55	29/34	+00:11:22	CALGARY

## 5K30-39M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	LUTZ, JOSHUA	119	27:29.556	05:29	08:50	14/55	9/21	+00:00:00	OKOTOKS
2/2	LOVE, STEVEN	117	30:39.232	06:07	09:51	31/55	13/21	+00:03:09	OKOTOKS

## 5K40-49F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	ROSTOKER, LINDSEY	155	27:24.287	05:28	08:48	13/55	5/34	+00:00:00	BRAGG CREEK
2/7	LEWIS, ASHLEIGH	115	27:58.032	05:35	08:59	16/55	6/34	+00:00:33	FOOTHILLS
3/7	ANDREWS, STEPHANIE	154	28:22.315	05:40	09:07	20/55	9/34	+00:00:58	CALGARY
4/7	LUNDBERG, STEPHANIE	118	28:53.486	05:46	09:17	23/55	11/34	+00:01:29	HIGH RIVER
5/7	MAXSON, AMANDA	121	31:15.559	06:15	10:03	33/55	19/34	+00:03:51	CALGARY
6/7	DRADER, JESS	150	41:46.516	08:21	13:25	52/55	31/34	+00:14:22	DIAMOND VALLEY
7/7	ARISTOU, SOPHIA	147	54:03.945	10:48	17:23	54/55	33/34	+00:26:39	CALGARY

## 5K40-49M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	ROSTOKER, CAMILO	158	25:32.814	05:06	08:12	7/55	5/21	+00:00:00	BRAGG CREEK
2/5	TINCHER, JEFF	136	26:56.837	05:23	08:39	11/55	7/21	+00:01:24	CALGARY
3/5	CRASTO, LEO	108	28:03.026	05:36	09:01	17/55	11/21	+00:02:30	CALGARY
4/5	PASCUAL, BENJAMIN	149	28:45.891	05:45	09:14	22/55	12/21	+00:03:13	CALGARY
5/5	DIXON, BRAD	110	36:59.000	06:59	11:14	44/55	18/21	+00:09:24	OKOTOKS

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## Category Results

5K Run - 3.1 Miles  
55 Finishers

## 5K40-49M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
			34:57.627						

## 5K50-59F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	MCLEAN, JOANNE	123	28:25.829	05:41	09:08	21/55	10/34	+00:00:00	TURNER VALLEY
2/3	BOUCHARD, SHANDA	104	29:21.021	05:52	09:26	24/55	12/34	+00:00:55	OKOTOKS
3/3	FINNEGAN, TRISH	112	29:47.039	05:57	09:34	27/55	15/34	+00:01:21	OKOTOKS

## 5K50-59M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	WALSH, KEVIN	146	25:43.832	05:08	08:16	9/55	6/21	+00:00:00	CALGARY
2/4	POWELL, CHRIS	143	27:04.971	05:24	08:42	12/55	8/21	+00:01:21	HIGH RIVER
3/4	TIEDJE, MIKE	135	30:52.685	06:10	09:55	32/55	14/21	+00:05:08	DE WINTON
4/4	PELLETIER, LYLE	125	31:38.318	06:19	10:10	37/55	15/21	+00:05:54	OKOTOKS

## 5K60-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	BOHN, LYNDIA	103	31:24.536	06:16	10:05	34/55	20/34	+00:00:00	HIGH RIVER
2/4	CHASE, LYNN	106	31:24.842	06:16	10:06	36/55	22/34	+00:00:00	CALGARY
3/4	MCCREDIE, BRENDA	122	36:49.401	07:21	11:50	47/55	28/34	+00:05:24	HIGH RIVER
4/4	HORNE, REBECCA	159	42:06.298	08:25	13:32	53/55	32/34	+00:10:41	TURNER VALLEY