

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/34	BROWN, KAITLYN	140	25:00.636	05:00	08:02	5K16-19F	1/3	5/55	OKOTOKS, AB
2/34	MAKSYMICH, MADISON	141	25:31.056	05:06	08:12	5K16-19F	2/3	6/55	DIAMOND VALLE, AB
3/34	CROWDER, NICOLE	153	25:34.173	05:06	08:13	5K30-39F	1/8	8/55	LETHBRIDGE, AB
4/34	BROWN, JULIANNA	139	25:48.776	05:09	08:17	5K12-15F	1/3	10/55	OKOTOKS, AB
5/34	ROSTOKER, LINDSEY	155	27:24.287	05:28	08:48	5K40-49F	1/7	13/55	BRAGG CREEK,
6/34	LEWIS, ASHLEIGH	115	27:58.032	05:35	08:59	5K40-49F	2/7	16/55	FOOTHILLS, AB
7/34	MCFADYEN, MEGHAN	127	28:04.782	05:36	09:01	5K16-19F	3/3	18/55	OKOTOKS,
8/34	ALVES, RACHEL	101	28:17.672	05:39	09:05	5K20-29F	1/6	19/55	CALGARY, AB
9/34	ANDREWS, STEPHANIE	154	28:22.315	05:40	09:07	5K40-49F	3/7	20/55	CALGARY, AB
10/34	MCLEAN, JOANNE	123	28:25.829	05:41	09:08	5K50-59F	1/3	21/55	TURNER VALLEY, AB
11/34	LUNDBERG, STEPHANIE	118	28:53.486	05:46	09:17	5K40-49F	4/7	23/55	HIGH RIVER, AB
12/34	BOUCHARD, SHANDA	104	29:21.021	05:52	09:26	5K50-59F	2/3	24/55	OKOTOKS, AB
13/34	CRASTO, KAYLEY	107	29:30.216	05:54	09:29	5K30-39F	2/8	25/55	CALGARY, AB
14/34	LUTZ, SARAH	120	29:32.367	05:54	09:29	5K30-39F	3/8	26/55	OKOTOKS, AB
15/34	FINNEGAN, TRISH	112	29:47.039	05:57	09:34	5K50-59F	3/3	27/55	OKOTOKS, AB
16/34	FERREIRA, MELISA	111	29:54.118	05:58	09:36	5K30-39F	4/8	28/55	CALGARY, AB
17/34	TIEDJE, JENNA	132	30:18.913	06:03	09:44	5K20-29F	2/6	29/55	DE WINTON, AB
18/34	TIEDJE, KYLIE	134	30:18.936	06:03	09:44	5K20-29F	3/6	30/55	DE WINTON, AB
19/34	MAXSON, AMANDA	121	31:15.559	06:15	10:03	5K40-49F	5/7	33/55	CALGARY, AB
20/34	BOHN, LYNDA	103	31:24.536	06:16	10:05	5K60-69F	1/4	34/55	HIGH RIVER, AB
21/34	WILLIAMS, ZOE	137	31:24.724	06:16	10:06	5K30-39F	5/8	35/55	FOOTHILLS, AB
22/34	CHASE, LYNN	106	31:24.842	06:16	10:06	5K60-69F	2/4	36/55	CALGARY, AB
23/34	LEE, JULIA	114	32:42.676	06:32	10:31	5K20-29F	4/6	39/55	OKOTOKS, AB
24/34	TIEDJE, CAITLYN	131	33:06.066	06:37	10:38	5K20-29F	5/6	40/55	DE WINTON, AB
25/34	KOHLMAN, SHIANNE	113	33:18.606	06:39	10:42	5K20-29F	6/6	41/55	OKOTOKS, AB
26/34	YOUNGGREN, TARA	138	34:34.190	06:54	11:06	5K30-39F	6/8	43/55	OKOTOKS, AB
27/34	DIXON, ADRIENNE	109	34:58.847	06:59	11:14	5K30-39F	7/8	45/55	MEDICINE HAT, AB
28/34	MCCREDIE, BRENDA	122	36:49.401	07:21	11:50	5K60-69F	3/4	47/55	HIGH RIVER, AB
29/34	BROWN, TRACEY	105	36:56.922	07:23	11:52	5K30-39F	8/8	48/55	CALGARY, AB
30/34	DRADER, MADDY	151	41:38.968	08:19	13:23	5K12-15F	2/3	51/55	DIAMOND VALLEY, AB
31/34	DRADER, JESS	150	41:46.516	08:21	13:25	5K40-49F	6/7	52/55	DIAMOND VALLEY, AB
32/34	HORNE, REBECCA	159	42:06.298	08:25	13:32	5K60-69F	4/4	53/55	TURNER VALLEY,
33/34	ARISTOU, SOPHIA	147	54:03.945	10:48	17:23	5K40-49F	7/7	54/55	CALGARY, AB
34/34	MCLEAN, MATILDA	148	54:04.248	10:48	17:23	5K12-15F	3/3	55/55	CALGARY, AB

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/21	ROSTOKER, COLTON	156	20:52.951	04:10	06:42	5K12-15M	1/4	1/55	BRAGG CREEK,
2/21	DOWELL, LIAM	200	21:14.184	04:14	06:49	5K16-19M	1/2	2/55	OKOTOKS, AB
3/21	ROSTOKER, LOGAN	157	23:14.301	04:38	07:28	5K12-15M	2/4	3/55	BRAGG CREEK,
4/21	ANHORN, TATE	102	24:31.315	04:54	07:53	5K16-19M	2/2	4/55	DE WINTON, AB
5/21	ROSTOKER, CAMILO	158	25:32.814	05:06	08:12	5K40-49M	1/5	7/55	BRAGG CREEK,
6/21	WALSH, KEVIN	146	25:43.832	05:08	08:16	5K50-59M	1/4	9/55	CALGARY, AB
7/21	TINCHER, JEFF	136	26:56.837	05:23	08:39	5K40-49M	2/5	11/55	CALGARY, AB
8/21	POWELL, CHRIS	143	27:04.971	05:24	08:42	5K50-59M	2/4	12/55	HIGH RIVER, AB
9/21	LUTZ, JOSHUA	119	27:29.556	05:29	08:50	5K30-39M	1/2	14/55	OKOTOKS, AB
10/21	POWELL, STEPHEN	144	27:53.861	05:34	08:58	5K20-29M	1/4	15/55	FOOTHILLS, AB
11/21	CRASTO, LEO	108	28:03.026	05:36	09:01	5K40-49M	3/5	17/55	CALGARY, AB
12/21	PASCUAL, BENJAMIN	149	28:45.891	05:45	09:14	5K40-49M	4/5	22/55	CALGARY, AB
13/21	LOVE, STEVEN	117	30:39.232	06:07	09:51	5K30-39M	2/2	31/55	OKOTOKS, AB
14/21	TIEDJE, MIKE	135	30:52.685	06:10	09:55	5K50-59M	3/4	32/55	DE WINTON, AB
15/21	PELLETIER, LYLE	125	31:38.318	06:19	10:10	5K50-59M	4/4	37/55	OKOTOKS, AB
16/21	KRAMER, SPENCER	152	32:26.861	06:29	10:26	5K12-15M	3/4	38/55	DIAMOND VALLEY, AB
17/21	LOUGHERY, CHAD	116	33:18.723	06:39	10:42	5K20-29M	2/4	42/55	OKOTOKS, AB
18/21	DIXON, BRAD	110	34:57.627	06:59	11:14	5K40-49M	5/5	44/55	OKOTOKS, AB
19/21	PELLETIER, OWEN	142	36:26.504	07:17	11:43	5K20-29M	3/4	46/55	OKOTOKS, AB
20/21	PELLETIER, ETHAN	124	40:07.633	08:01	12:54	5K20-29M	4/4	49/55	OKOTOKS, AB
21/21	PASCUAL, GABIN	369	40:38.001	08:07	13:03	5K12-15M	4/4	50/55	CALGARY, AB