

## 2024 Kainai Diabetes 5K/2K Run/Walk May 14/2024

## Alpha Overall Results

## 5K - 3.1 Miles

## 88 Finishers

| O/A   | Name                      | Bib# | Time        | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI | School                 |
|-------|---------------------------|------|-------------|--------|--------|----------|--------|--------|--------|------------------------|
| 13/88 | ALSTON, RYAN              | 500  | 27:42.464   | 05:32  | 08:54  | 5K40-49M | 1/4    | M      | 10/55  | Cardston Elementary    |
| 2/88  | BEAR HAT, KESSLER         | 501  | 21:29.204   | 04:17  | 06:54  | 5K17-19M | 1/6    | M      | 2/55   |                        |
| 66/88 | BEAR HAT, RYDER           | 502  | 55:26.399   | 11:05  | 17:49  | 5K13&UM  | 21/33  | M      | 42/55  | Cardston Elementary    |
| 24/88 | BENNETT, JONES            | 504  | 32:13.353   | 06:26  | 10:21  | 5K13&UM  | 7/33   | M      | 19/55  | Cardston Elementary    |
| 88/88 | BIG SORREL HORSE, DRAYTON | 114  | 1:19:11.145 | 15:50  | 25:27  | 5K13&UM  | 33/33  | M      | 55/55  | Saipoyi Elementary     |
| 85/88 | BLACK FOREHEAD, AMY       | 622  | 1:10:08.595 | 14:01  | 22:33  | 5K13&UF  | 17/17  | F      | 33/33  | Saipoyi Elementary     |
| 51/88 | BLACK FOREHEAD, EMMA      | 505  | 46:24.432   | 09:16  | 14:55  | 5K13&UF  | 9/17   | F      | 19/33  | TATSIKIISAAPO'P Middle |
| 54/88 | BLACK FOREHEAD, MIKE      | 506  | 48:11.119   | 09:38  | 15:29  | 5K13&UM  | 16/33  | M      | 35/55  | TATSIKIISAAPO'P Middle |
| 77/88 | BLACK PLUME, RUDY         | 520  | 59:42.728   | 11:56  | 19:12  | 5K30-39F | 2/2    | F      | 30/33  | TATSIKIISAAPO'P Middle |
| 79/88 | BLACKWATER, ALAH          | 507  | 59:53.908   | 11:58  | 19:15  | 5K13&UF  | 16/17  | F      | 32/33  |                        |
| 26/88 | BROADBENT, GREGORY        | 509  | 32:20.477   | 06:28  | 10:23  | 5K50-59M | 1/1    | M      | 21/55  |                        |
| 60/88 | BROWN WEASEL, JOSEPH      | 510  | 50:28.530   | 10:05  | 16:13  | 5K13&UM  | 19/33  | M      | 39/55  | TATSIKIISAAPO'P Middle |
| 76/88 | BROWN WEASEL, KAYSON      | 619  | 59:03.516   | 11:48  | 18:59  | 5K13&UM  | 26/33  | M      | 47/55  | Saipoyi Elementary     |
| 53/88 | BRUISED HEAD, STRYDER     | 513  | 47:25.556   | 09:29  | 15:14  | 5K13&UM  | 15/33  | M      | 34/55  | TATSIKIISAAPO'P Middle |
| 4/88  | BULLSHIELDS, JACOB        | 564  | 23:17.180   | 04:39  | 07:29  | 5K17-19M | 2/6    | M      | 3/55   |                        |
| 1/88  | CASPER, ROB               | 547  | 20:16.879   | 04:03  | 06:31  | 5K30-39M | 1/3    | M      | 1/55   |                        |
| 70/88 | CHALIFOUX, LYNNDA         | 516  | 57:12.312   | 11:26  | 18:23  | 5K13&UF  | 14/17  | F      | 27/33  | Cardston Elementary    |
| 31/88 | COTTLE, JODI              | 518  | 36:59.380   | 07:23  | 11:53  | 5K40-49F | 2/4    | F      | 6/33   | Cardston Elementary    |
| 82/88 | CROW CHIEF, BRIXTON       | 519  | 1:07:32.674 | 13:30  | 21:43  | 5K13&UM  | 29/33  | M      | 50/55  | TATSIKIISAAPO'P Middle |
| 67/88 | DAY RIDER, DELILAH        | 521  | 55:34.877   | 11:06  | 17:52  | 5K13&UF  | 12/17  | F      | 25/33  | TATSIKIISAAPO'P Middle |
| 80/88 | DAYCHIEF, DALLAS          | 168  | 1:04:48.654 | 12:57  | 20:50  | 5K13&UM  | 27/33  | M      | 48/55  | Saipoyi Elementary     |
| 81/88 | DEVINE, LIAM              | 181  | 1:04:52.461 | 12:58  | 20:51  | 5K13&UM  | 28/33  | M      | 49/55  | Saipoyi Elementary     |
| 34/88 | DOBSON, SADIE             | 522  | 38:52.653   | 07:46  | 12:30  | 5K13&UF  | 2/17   | F      | 8/33   | Cardston Elementary    |
| 11/88 | EAGLE BEAR, JAIME         | 524  | 27:13.661   | 05:26  | 08:45  | 5K40-49F | 1/4    | F      | 3/33   |                        |
| 83/88 | EAGLE CHILD, BEN          | 525  | 1:07:33.185 | 13:30  | 21:43  | 5K13&UM  | 30/33  | M      | 51/55  | Saipoyi Elementary     |
| 74/88 | EAGLE CHILD, GRAYSON      | 526  | 58:26.791   | 11:41  | 18:47  | 5K13&UM  | 24/33  | M      | 45/55  | Saipoyi Elementary     |
| 64/88 | EAGLE CHILD, SYLVIA       | 527  | 54:54.403   | 10:58  | 17:39  | 5K70+F   | 1/1    | F      | 24/33  |                        |
| 36/88 | ELLINGSON, ALICE          | 529  | 39:31.324   | 07:54  | 12:42  | 5K13&UF  | 3/17   | F      | 10/33  | Cardston Elementary    |
| 6/88  | FIRST RIDER, OKAN         | 530  | 24:12.654   | 04:50  | 07:47  | 5K17-19M | 4/6    | M      | 5/55   | Kainai High School     |
| 18/88 | GAUTHIER, HEATHER         | 556  | 30:14.947   | 06:02  | 09:43  | 5K50-59F | 1/3    | F      | 4/33   |                        |
| 52/88 | GOOD EAGLE, LJ            | 534  | 47:20.753   | 09:28  | 15:13  | 5K40-49M | 3/4    | M      | 33/55  | TATSIKIISAAPO'P Middle |
| 5/88  | GROS VENTRE BOY, ASHTON   | 538  | 24:12.045   | 04:50  | 07:46  | 5K17-19M | 3/6    | M      | 4/55   | Kainai High School     |
| 84/88 | GUGYELKA, CARSON          | 617  | 1:10:03.604 | 14:00  | 22:31  | 5K30-39M | 3/3    | M      | 52/55  | Saipoyi Elementary     |
| 7/88  | HEALY, RILEY              | 539  | 25:16.288   | 05:03  | 08:07  | 5K30-39M | 2/3    | M      | 6/55   |                        |
| 27/88 | HILL, EASTON              | 541  | 35:05.798   | 07:01  | 11:17  | 5K13&UM  | 9/33   | M      | 22/55  | Cardston Elementary    |
| 32/88 | HORNBERGER, HAILEY        | 542  | 37:08.498   | 07:25  | 11:56  | 5K13&UF  | 1/17   | F      | 7/33   | Cardston Elementary    |
| 65/88 | JAVIER, JACOB CHESTEIR    | 543  | 55:22.508   | 11:04  | 17:48  | 5K13&UM  | 20/33  | M      | 41/55  | Cardston Elementary    |
| 33/88 | KAPCSOS, BAUER            | 545  | 38:50.845   | 07:46  | 12:29  | 5K13&UM  | 12/33  | M      | 26/55  | Cardston Elementary    |
| 57/88 | LEAVITT, GRACE            | 546  | 49:04.205   | 09:48  | 15:46  | 5K13&UF  | 10/17  | F      | 20/33  | Cardston Elementary    |
| 9/88  | LOW, LUKE                 | 548  | 25:56.717   | 05:11  | 08:20  | 5K13&UM  | 2/33   | M      | 8/55   | Cardston Elementary    |
| 16/88 | LOW, MASON                | 549  | 29:17.270   | 05:51  | 09:25  | 5K13&UM  | 3/33   | M      | 13/55  | Cardston Elementary    |
| 19/88 | LOW, THOMAS               | 550  | 31:16.471   | 06:15  | 10:03  | 5K13&UM  | 5/33   | M      | 15/55  | Cardston Elementary    |
| 22/88 | LOWHORN-WADSWORTH, KSISTE | 511  | 32:09.369   | 06:25  | 10:20  | 5K14-16M | 2/2    | M      | 17/55  | Kainai High School     |
| 41/88 | LOWRY, RYKER              | 552  | 42:18.200   | 08:27  | 13:36  | 5K13&UM  | 14/33  | M      | 29/55  | Cardston Elementary    |
| 37/88 | MALIN, SIERRA             | 553  | 39:32.568   | 07:54  | 12:42  | 5K13&UF  | 4/17   | F      | 11/33  | Cardston Elementary    |
| 28/88 | MANY CHIEFS, MARVIN       | 554  | 35:19.820   | 07:03  | 11:21  | 5K40-49M | 2/4    | M      | 23/55  |                        |
| 59/88 | MANY FINGERS, JARRED      | 555  | 49:21.968   | 09:52  | 15:52  | 5K17-19M | 6/6    | M      | 38/55  | Kainai High School     |
| 73/88 | MANYFINGERS, TARA         | 557  | 58:15.355   | 11:39  | 18:43  | 5K40-49F | 4/4    | F      | 29/33  |                        |
| 58/88 | MCCARTHY, JETTA           | 558  | 49:04.556   | 09:48  | 15:46  | 5K13&UF  | 11/17  | F      | 21/33  | Cardston Elementary    |
| 8/88  | MERKLEY, COVEY            | 560  | 25:56.411   | 05:11  | 08:20  | 5K13&UM  | 1/33   | M      | 7/55   | Cardston Elementary    |
| 48/88 | NISH, JEMMA               | 561  | 44:56.712   | 08:59  | 14:27  | 5K13&UF  | 7/17   | F      | 17/33  | Cardston Elementary    |
| 45/88 | PANTHER BONE, DAILYN      | 566  | 43:16.044   | 08:39  | 13:54  | 5K20-29M | 3/3    | M      | 31/55  |                        |
| 62/88 | PANTHER BONE, DESMOND     | 570  | 54:41.513   | 10:56  | 17:35  | 5K40-49M | 4/4    | M      | 40/55  |                        |
| 42/88 | PANTHER BONE, GABRIEL     | 568  | 42:19.793   | 08:27  | 13:36  | 5K17-19M | 5/6    | M      | 30/55  |                        |
| 29/88 | PAYNE, GRIFFIN            | 572  | 36:37.522   | 07:19  | 11:46  | 5K13&UM  | 10/33  | M      | 24/55  | Cardston Elementary    |
| 10/88 | PILLING, HALLEE           | 623  | 27:03.019   | 05:24  | 08:41  | 5K17-19F | 2/2    | F      | 2/33   |                        |
| 3/88  | PILLING, HANNAH           | 573  | 22:21.440   | 04:28  | 07:11  | 5K17-19F | 1/2    | F      | 1/33   |                        |

## 2024 Kainai Diabetes 5K/2K Run/Walk May 14/2024

## Alpha Overall Results

## 5K - 3.1 Miles

## 88 Finishers

| O/A   | Name                     | Bib# | Time        | Pace/K | Pace/M | Category | Cat/PI | Gender | Gen/PI | School                  |
|-------|--------------------------|------|-------------|--------|--------|----------|--------|--------|--------|-------------------------|
| 30/88 | PRINCE, BRODY            | 574  | 36:51.507   | 07:22  | 11:51  | 5K13&UM  | 11/33  | M      | 25/55  | Cardston Elementary     |
| 68/88 | QUESNELLE, JAYDA         | 575  | 55:35.700   | 11:07  | 17:52  | 5K13&UF  | 13/17  | F      | 26/33  | TATSIKIISSAAPO'P Middle |
| 39/88 | RACINE, DERIK            | 578  | 40:57.574   | 08:11  | 13:10  | 5K13&UM  | 13/33  | M      | 27/55  | TATSIKIISSAAPO'P Middle |
| 25/88 | RAMSEY, THEOREN          | 620  | 32:14.101   | 06:26  | 10:21  | 5K13&UM  | 8/33   | M      | 20/55  | Saipoyi Elementary      |
| 44/88 | RED CROW, MIRANDA        | 581  | 43:13.019   | 08:38  | 13:53  | 5K50-59F | 2/3    | F      | 14/33  |                         |
| 23/88 | REDCROW, STRAN           | 624  | 32:12.766   | 06:26  | 10:21  | 5K20-29M | 2/3    | M      | 18/55  | Saipoyi Elementary      |
| 47/88 | REDFORD, LINLEY          | 582  | 44:56.581   | 08:59  | 14:27  | 5K13&UF  | 6/17   | F      | 16/33  | Cardston Elementary     |
| 20/88 | SCHOW, THOMAS            | 583  | 31:21.504   | 06:16  | 10:04  | 5K13&UM  | 6/33   | M      | 16/55  | Cardston Elementary     |
| 38/88 | SCOUT, KATNISS           | 584  | 39:33.789   | 07:54  | 12:43  | 5K13&UF  | 5/17   | F      | 12/33  | Cardston Elementary     |
| 50/88 | SHADE, BROOKLYN          | 585  | 46:21.034   | 09:16  | 14:54  | 5K13&UF  | 8/17   | F      | 18/33  | TATSIKIISSAAPO'P Middle |
| 55/88 | SHOT BOTH SIDES, DRAYDEN | 586  | 48:28.237   | 09:41  | 15:35  | 5K13&UM  | 17/33  | M      | 36/55  | TATSIKIISSAAPO'P Middle |
| 71/88 | SMITH, LUCAS             | 590  | 57:13.104   | 11:26  | 18:23  | 5K13&UM  | 23/33  | M      | 44/55  | Cardston Elementary     |
| 86/88 | SPEARCHIEF, DRAYTIN      | 625  | 1:17:25.748 | 15:29  | 24:53  | 5K13&UM  | 31/33  | M      | 53/55  | Saipoyi Elementary      |
| 87/88 | SPOTTED EAGLE, DAVID     | 621  | 1:19:08.121 | 15:49  | 25:26  | 5K13&UM  | 32/33  | M      | 54/55  | Saipoyi Elementary      |
| 78/88 | SWEET GRASS, SELAH       | 593  | 59:43.595   | 11:56  | 19:12  | 5K14-16F | 1/1    | F      | 31/33  | Kainai High School      |
| 75/88 | TALLOW, KELLIN           | 626  | 59:01.221   | 11:48  | 18:58  | 5K13&UM  | 25/33  | M      | 46/55  | Saipoyi Elementary      |
| 17/88 | THOMSON, JAX             | 594  | 29:26.932   | 05:53  | 09:28  | 5K13&UM  | 4/33   | M      | 14/55  | Cardston Elementary     |
| 63/88 | VIELLE, JOAN             | 595  | 54:52.670   | 10:58  | 17:38  | 5K40-49F | 3/4    | F      | 23/33  |                         |
| 35/88 | WADSWORTH, ANNIE         | 596  | 38:56.687   | 07:47  | 12:31  | 5K30-39F | 1/2    | F      | 9/33   |                         |
| 12/88 | WADSWORTH, OSAYGE        | 597  | 27:33.980   | 05:30  | 08:51  | 5K14-16M | 1/2    | M      | 9/55   |                         |
| 49/88 | WEASEL FAT, HORTON       | 599  | 45:03.644   | 09:00  | 14:29  | 5K60-69M | 3/3    | M      | 32/55  | TATSIKIISSAAPO'P Middle |
| 69/88 | WEASEL MOCCASIN, WYLIE   | 603  | 57:01.786   | 11:24  | 18:20  | 5K13&UM  | 22/33  | M      | 43/55  | Cardston Elementary     |
| 61/88 | WELLS, ROBERTA           | 604  | 51:03.687   | 10:12  | 16:25  | 5K50-59F | 3/3    | F      | 22/33  |                         |
| 43/88 | WHITE MAN, CODY          | 605  | 42:46.721   | 08:33  | 13:45  | 5K20-29F | 1/2    | F      | 13/33  |                         |
| 46/88 | WHITE QUILLS, BROOKE     | 607  | 43:42.390   | 08:44  | 14:03  | 5K20-29F | 2/2    | F      | 15/33  |                         |
| 21/88 | WHITE QUILLS, GERALDINE  | 608  | 31:33.695   | 06:18  | 10:08  | 5K60-69F | 1/1    | F      | 5/33   |                         |
| 15/88 | WOLF CHILD, CRAIG        | 611  | 28:45.394   | 05:45  | 09:14  | 5K20-29M | 1/3    | M      | 12/55  |                         |
| 56/88 | WOLF CHILD, DAZLIE       | 612  | 48:43.752   | 09:44  | 15:40  | 5K13&UM  | 18/33  | M      | 37/55  | TATSIKIISSAAPO'P Middle |
| 72/88 | WYNDER, LENNON           | 614  | 57:22.503   | 11:28  | 18:26  | 5K13&UF  | 15/17  | F      | 28/33  | Cardston Elementary     |
| 40/88 | YOUNG PINE, DALLAS       | 615  | 42:08.308   | 08:25  | 13:32  | 5K60-69M | 2/3    | M      | 28/55  |                         |
| 14/88 | YOUNG PINE, PAUL JOSEPH  | 618  | 28:07.285   | 05:37  | 09:02  | 5K60-69M | 1/3    | M      | 11/55  |                         |