

**2024 Timber Limit Trail Run  
Category Award Results  
TOP 3 In Category**

**10K Run - 6.21 Miles  
6 Finishers**

**10K30-39M (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	MANY SWAN, EVAN	1020	59:24.837	05:56	09:34	+00:00:00	1/6	1/3	BROCKET
2/2	RED CROW, RICHARD JUNIOR	1024	1:01:04.864	06:06	09:50	+00:01:40	2/6	2/3	STANDOFF

**10K40-49F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	GOODRICH, JENNA	1006	1:24:58.485	08:29	13:41	+00:00:00	4/6	2/3	LETHBRIDGE
2/2	KADIJK, SYLVIA	1007	1:25:26.492	08:32	13:45	+00:00:28	5/6	3/3	LETHBRIDGE

**10K50+F (Female) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	MAKISHI, DAWN	1009	1:20:34.350	08:03	12:58	+00:00:00	3/6	1/3	CALGARY

**10K50+M (Male) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	BARE SHIN BONE, JOHN	1004	1:25:52.251	08:35	13:49	+00:00:00	6/6	3/3	STANDOFF