

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from O/A win Time hh:mm:ss

**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
1/413	FEHR, EMMA	216	36:17.059	04:32	07:18	30-34	1/66	+00:00:00	36:16.568	STIRLING
2/413	LOW, JENNIE	312	36:47.714	04:35	07:24	40-44	1/42	+00:00:30	36:47.491	LETHBRIDGE
3/413	PIZARRO, LAURA	388	36:54.487	04:36	07:25	15-19	1/19	+00:00:37	36:51.155	LETHBRIDGE
4/413	CHATTERTON, ANNA	166	37:02.738	04:37	07:27	10-14	1/6	+00:00:45	37:02.575	LETHBRIDGE
5/413	HASIL, LESLEE	250	37:58.730	04:44	07:38	40-44	2/42	+00:01:41	37:58.572	LANGDON
6/413	OLSEN, ERIKA	364	38:25.615	04:48	07:43	20-24	1/20	+00:02:08	38:23.463	LETHBRIDGE
7/413	JAROKOSKY, HEATHER	267	38:30.417	04:48	07:44	35-39	1/69	+00:02:13	38:26.563	LETHBRIDGE
8/413	KILLINS, HANNAH	284	38:47.855	04:50	07:48	15-19	2/19	+00:02:30	38:47.547	LETHBRIDGE
9/413	SCHAERZ, LEXI	422	38:56.245	04:52	07:50	35-39	2/69	+00:02:39	38:56.244	LETHBRIDGE
10/413	FRANCIS, SHANNON	225	39:26.057	04:55	07:56	40-44	3/42	+00:03:08	39:25.345	LETHBRIDGE COUNTY
11/413	HACKETT, FINOLA	245	39:45.042	04:58	07:59	30-34	2/66	+00:03:27	39:43.948	LETHBRIDGE
12/413	REYES, CINTHYA	405	39:47.339	04:58	08:00	40-44	4/42	+00:03:30	39:36.890	LETHBRIDGE
13/413	GIESBRECHT, MEGAN	532	39:49.940	04:58	08:00	25-29	1/48	+00:03:32	39:48.452	LETHBRIDGE
14/413	ELGERSMA, EMMALYN	210	40:01.729	05:00	08:03	25-29	2/48	+00:03:44	40:00.041	FORT MACLEOD
15/413	VAN GINHOVEN, SYDNEY	494	40:47.900	05:05	08:12	15-19	3/19	+00:04:30	40:34.347	BOWDEN
16/413	BEDARD, CRYSTAL	130	40:49.026	05:06	08:12	50-54	1/31	+00:04:31	40:48.904	LETHBRIDGE
17/413	KEITH, TAYLOR	282	41:14.415	05:09	08:17	30-34	3/66	+00:04:57	41:13.246	LETHBRIDGE
18/413	LANDRY, STEPHANIE	300	41:24.064	05:10	08:19	35-39	3/69	+00:05:07	41:22.295	LETHBRIDGE
19/413	COLLINS, BRONWYN	176	41:35.338	05:11	08:22	35-39	4/69	+00:05:18	41:30.498	LETHBRIDGE
20/413	STIRLING, ELIZABETH	461	41:53.431	05:14	08:25	40-44	5/42	+00:05:36	41:51.205	LETHBRIDGE
21/413	HAMILTON, COURTENEY	248	41:53.549	05:14	08:25	25-29	3/48	+00:05:36	41:48.247	CALGARY
22/413	SHEETS, SARAH	435	42:02.735	05:15	08:27	35-39	5/69	+00:05:45	42:01.926	LETHBRIDGE
23/413	LOHUES, KRYSTEN	309	42:26.103	05:18	08:32	30-34	4/66	+00:06:09	42:23.315	COALDALE
24/413	DOTY, KAELLA	202	42:29.595	05:18	08:32	40-44	6/42	+00:06:12	42:28.334	LETHBRIDGE
25/413	STEED, KIM	457	42:35.126	05:19	08:34	35-39	6/69	+00:06:18	42:31.997	LETHBRIDGE
26/413	VALENTINE, DESHANN	488	42:35.455	05:19	08:34	20-24	2/20	+00:06:18	42:21.907	LETHBRIDGE
27/413	CLAASSEN, MARJOLEIN	171	42:39.720	05:19	08:35	60-64	1/17	+00:06:22	42:24.542	VAUXHALL
28/413	FICIUR, AJ	217	43:08.338	05:23	08:40	35-39	7/69	+00:06:51	43:04.868	LETHBRIDGE
29/413	SIKKENS, HEIDI	442	43:19.870	05:24	08:43	50-54	2/31	+00:07:02	43:17.895	TURIN
30/413	DE LEEUW, ARIETTE	193	43:35.946	05:26	08:46	35-39	8/69	+00:07:18	43:17.464	COALHURST
31/413	HEWITT, MEAGAN	257	43:46.563	05:28	08:48	30-34	5/66	+00:07:29	43:43.290	LETHBRIDGE
32/413	SINCLAIR, JASMINE	445	44:17.126	05:32	08:54	15-19	4/19	+00:08:00	44:12.164	LETHBRIDGE
33/413	GARDEN, DANA	228	44:27.603	05:33	08:56	55-59	1/30	+00:08:10	44:26.343	LETHBRIDGE
34/413	KLASSEN, NANCY	290	44:29.805	05:33	08:57	20-24	3/20	+00:08:12	44:27.408	TABER
35/413	KACHUR, KARI	277	44:30.626	05:33	08:57	50-54	3/31	+00:08:13	44:28.231	OLDS

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**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
36/413	LOW, ISABELLE	311	44:32.735	05:34	08:57	15-19	5/19	+00:08:15	44:31.366	LETHBRIDGE
37/413	VAN HERK, KATHLEEN	495	45:07.305	05:38	09:04	45-49	1/34	+00:08:50	45:00.682	COWLEY
38/413	VAN LEUKEN, DESIREE	497	45:10.048	05:38	09:05	40-44	7/42	+00:08:52	45:09.890	LETHBRIDGE
39/413	BEKEOVA, MARTA	131	45:17.384	05:39	09:06	40-44	8/42	+00:09:00	45:07.864	LETHBRIDGE
40/413	DE GROOT, ANDREA	557	45:24.954	05:40	09:08	25-29	4/48	+00:09:07	45:10.174	VAUXHALL
41/413	CROWDER, NICOLE	180	45:26.688	05:40	09:08	35-39	9/69	+00:09:09	45:23.942	LETHBRIDGE
42/413	BULLOCK, LARISSA	156	45:27.415	05:40	09:08	15-19	6/19	+00:09:10	45:13.324	OLDS
43/413	WASYLENKO, MELANIE	508	45:31.305	05:41	09:09	35-39	10/69	+00:09:14	45:26.259	LETHBRIDGE
44/413	SECRETAN, KOLBEE	426	45:37.258	05:42	09:10	25-29	5/48	+00:09:20	45:24.129	WELLING
45/413	HAVINGA, NICOLE	252	45:53.641	05:44	09:14	30-34	6/66	+00:09:36	45:50.366	LETHBRIDGE
46/413	TANNER, SKYLER	473	46:04.728	05:45	09:16	25-29	6/48	+00:09:47	46:02.714	RAYMOND
47/413	TAKEYASU, CARRIE	469	46:10.165	05:46	09:17	55-59	2/30	+00:09:53	46:05.863	LETHBRIDGE
48/413	OGILVIE, RACHELLE	360	46:20.547	05:47	09:19	45-49	2/34	+00:10:03	46:19.452	LETHBRIDGE
49/413	ARCHER, ANGELA	112	46:24.532	05:48	09:20	50-54	4/31	+00:10:07	46:09.413	LAKE NEWELL RESORT
50/413	STRATYCHUK, NICOLE	466	46:36.579	05:49	09:22	35-39	11/69	+00:10:19	46:14.814	LETHBRIDGE
51/413	RED CROW, SAMANTHA	401	46:38.243	05:49	09:23	35-39	12/69	+00:10:21	46:34.003	FORT MACLEOD
52/413	RESSLER, JESSICA	404	46:39.438	05:49	09:23	35-39	13/69	+00:10:22	46:15.038	LETHBRIDGE
53/413	SHAW, MICHELLE	433	46:56.102	05:52	09:26	45-49	3/34	+00:10:39	46:53.709	COALDALE
54/413	PETER, NANCY	379	47:01.445	05:52	09:27	40-44	9/42	+00:10:44	46:56.541	LETHBRIDGE
55/413	SWIFT, KATHERINE	468	47:05.969	05:53	09:28	35-39	14/69	+00:10:48	47:05.256	LETHBRIDGE
56/413	BRUGGER, CAITLYN	151	47:21.181	05:55	09:31	35-39	15/69	+00:11:04	47:05.368	TABER
57/413	GIN, SUSAN	561	47:39.836	05:57	09:35	55-59	3/30	+00:11:22	47:36.907	LETHBRIDGE
58/413	CHRISTIANSSEN, OSHANA	169	47:49.843	05:58	09:37	35-39	16/69	+00:11:32	47:10.285	LETHBRIDGE
59/413	KADLUBICKI, KEAGAN	279	47:56.969	05:59	09:38	30-34	7/66	+00:11:39	47:27.988	LETHBRIDGE
60/413	TAMS, CATHERINE	471	47:59.359	05:59	09:39	45-49	4/34	+00:11:42	47:44.436	TABER
61/413	WILDE, BRYNLEY	513	48:00.390	06:00	09:39	25-29	7/48	+00:11:43	47:53.520	LETHBRIDGE
62/413	COLLINS MCINTYRE, JESSICA	177	48:22.936	06:02	09:44	35-39	17/69	+00:12:05	48:05.626	LETHBRIDGE
63/413	MUDGE, MORGAN	345	48:25.281	06:03	09:44	25-29	8/48	+00:12:08	48:19.339	LETHBRIDGE
64/413	SEWARD, CARINA	430	48:39.085	06:04	09:47	30-34	8/66	+00:12:22	48:37.474	LETHBRIDGE
65/413	GUNDERSON, CHAR-LANE	243	48:44.967	06:05	09:48	35-39	18/69	+00:12:27	48:43.355	LETHBRIDGE
66/413	MOENS, WILLYANNE	338	48:55.725	06:06	09:50	45-49	5/34	+00:12:38	48:39.508	FORT MACLEOD
67/413	MULHALL, KRISTINE	348	49:00.554	06:07	09:51	30-34	9/66	+00:12:43	49:00.046	LETHBRIDGE
68/413	EYRE, CHRISTINA	213	49:03.975	06:07	09:52	30-34	10/66	+00:12:46	48:39.296	LETHBRIDGE
69/413	BARTELSHEIM, EMMA	121	49:04.655	06:08	09:52	15-19	7/19	+00:12:47	48:48.715	LETHBRIDGE
70/413	DUMONT, OCEANNE	205	49:04.936	06:08	09:52	10-14	2/6	+00:12:47	48:58.616	LETHBRIDGE

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71/413	STRANG, JOELLE	465	49:07.421	06:08	09:53	30-34	11/66	+00:12:50	49:04.147	LETHBRIDGE
72/413	HITCHCOCK, STEPHANIE	259	49:20.382	06:10	09:55	30-34	12/66	+00:13:03	48:57.140	LETHBRIDGE
73/413	MUELLER, KONRA NADINE	346	49:21.999	06:10	09:55	35-39	19/69	+00:13:04	49:06.060	SHAUGHNESSY
74/413	JERAJ, ALYA	274	49:23.898	06:10	09:56	35-39	20/69	+00:13:06	49:18.558	LETHBRIDGE
75/413	GLAZER, TALI	547	49:35.945	06:11	09:58	20-24	4/20	+00:13:18	49:29.386	LETHBRIDGE
76/413	KURIO, MORGAN	297	49:40.443	06:12	09:59	30-34	13/66	+00:13:23	49:26.893	LETHBRIDGE
77/413	CONARD, SHAUNA	178	49:41.920	06:12	09:59	40-44	10/42	+00:13:24	49:40.067	LETHBRIDGE
78/413	CHARTIER, TANNIS	563	49:49.162	06:13	10:01	25-29	9/48	+00:13:32	49:41.453	COALDALE
79/413	VANDENBERG, BRIELLE	499	50:03.248	06:15	10:04	09&U	1/3	+00:13:46	49:55.388	NOBLEFORD
80/413	STEWART, BETHANY	459	50:05.195	06:15	10:04	25-29	10/48	+00:13:48	50:02.262	MAGRATH
81/413	ARIK, KATELYN	114	50:10.654	06:16	10:05	25-29	11/48	+00:13:53	50:08.505	MONARCH
82/413	VANDENBERG, LARISSA	500	50:12.299	06:16	10:06	30-34	14/66	+00:13:55	50:04.401	NOBLEFORD
83/413	SLUSAR, HILLARY	448	50:15.998	06:17	10:06	30-34	15/66	+00:13:58	49:51.780	LETHBRIDGE
84/413	MIKADO, LINDA	335	50:20.826	06:17	10:07	50-54	5/31	+00:14:03	50:15.727	LETHBRIDGE COUNTY
85/413	HORNBERGER, MARY	562	50:21.320	06:17	10:07	15-19	8/19	+00:14:04	50:07.988	LETHBRIDGE
86/413	PUCHALA, KARLIE	397	50:21.696	06:17	10:07	30-34	16/66	+00:14:04	50:16.354	LETHBRIDGE
87/413	ZEEB, LEXI	526	50:22.682	06:17	10:08	15-19	9/19	+00:14:05	50:07.420	SHAUGHNESSY
88/413	WARD, JANENE	506	50:26.123	06:18	10:08	35-39	21/69	+00:14:09	50:17.339	LETHBRIDGE
89/413	VEDRES, FAYLA	501	50:36.553	06:19	10:10	40-44	11/42	+00:14:19	50:06.849	LETHBRIDGE
90/413	OOSTLANDER, DANAE	558	50:38.475	06:19	10:11	20-24	5/20	+00:14:21	50:18.796	NOBLEFORD
91/413	WOLCOTT, RAQUEL	520	50:40.912	06:20	10:11	40-44	12/42	+00:14:23	50:36.009	LETHBRIDGE
92/413	AMBLER, SAMANTHA	103	50:56.404	06:22	10:14	25-29	12/48	+00:14:39	50:51.642	LETHBRIDGE
93/413	SOMMERFELDT, NICKI	454	51:00.060	06:22	10:15	40-44	13/42	+00:14:43	50:45.967	LETHBRIDGE
94/413	HAYWARD, MADISON	253	51:02.429	06:22	10:16	35-39	22/69	+00:14:45	50:44.540	LETHBRIDGE
95/413	GREEP, EMMA	241	51:09.858	06:23	10:17	20-24	6/20	+00:14:52	51:07.569	STRILING
96/413	PHILLIPS, SARAH	384	51:27.974	06:25	10:21	30-34	17/66	+00:15:10	51:15.279	LETHBRIDGE
97/413	VAN DRIESTEN, MORIAH	490	51:41.005	06:27	10:23	25-29	13/48	+00:15:23	51:28.395	FORT MACLEOD
98/413	ZOETEMAN, JANA	527	51:41.522	06:27	10:24	60-64	2/17	+00:15:24	51:38.670	LETHBRIDGE
99/413	ATKINSON, TAYLOR	117	51:46.373	06:28	10:25	25-29	14/48	+00:15:29	51:35.644	MEDICINE HAT
100/413	MACKINNON, BOBBIE	317	51:46.513	06:28	10:25	55-59	4/30	+00:15:29	51:35.582	LETHBRIDGE
101/413	LENZ, SHEILA	305	51:59.615	06:29	10:27	25-29	15/48	+00:15:42	51:47.006	FORT MACLEOD
102/413	VANDEN DOOL, GRACE	498	52:09.669	06:31	10:29	50-54	6/31	+00:15:52	52:03.985	LETHBRIDGE
103/413	LEAVITT, CAYLEE	302	52:17.146	06:32	10:31	25-29	16/48	+00:16:00	51:46.856	LETHBRIDGE
104/413	MULDER, BROOKE	347	52:21.200	06:32	10:32	35-39	23/69	+00:16:04	52:16.898	LETHBRIDGE
105/413	WESTON, WHITNEY	510	52:26.896	06:33	10:33	30-34	18/66	+00:16:09	52:09.028	MAGRATH

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8K - 4.97 Miles

## Overall Results

## Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
106/413	MURRAY, RAEANN	350	52:30.317	06:33	10:33	35-39	24/69	+00:16:13	52:25.474	COALDALE
107/413	LENZ, EMMA	304	52:30.436	06:33	10:33	55-59	5/30	+00:16:13	52:24.216	COALHURST
108/413	KENNEY, ROXANNE	283	52:31.911	06:33	10:34	25-29	17/48	+00:16:14	52:19.158	LETHBRIDGE
109/413	SANDERS, JULIANNE	420	52:34.185	06:34	10:34	40-44	14/42	+00:16:17	52:13.262	LETHBRIDGE
110/413	SMART, SARA	449	52:47.262	06:35	10:37	30-34	19/66	+00:16:30	52:29.472	MAGRATH
111/413	EARL, MELISSA	209	53:07.142	06:38	10:41	35-39	25/69	+00:16:50	53:02.179	MAGRATH
112/413	DIBBEN, KELLY	200	53:18.739	06:39	10:43	35-39	26/69	+00:17:01	53:10.838	LETHBRIDGE
113/413	WARD, KATHLEEN	507	53:20.965	06:40	10:44	30-34	20/66	+00:17:03	53:12.779	LETHBRIDGE
114/413	DE LEEUW, BECKY	194	53:20.966	06:40	10:44	25-29	18/48	+00:17:03	53:00.805	PICTURE BUTTE
115/413	BROOKS, KARLI	229	53:21.693	06:40	10:44	30-34	21/66	+00:17:04	52:59.934	LETHBRIDGE
116/413	ATKINSON, LAUREN	116	53:25.818	06:40	10:45	30-34	22/66	+00:17:08	53:24.910	LETHBRIDGE
117/413	THOMPSON, WENDY	478	53:30.904	06:41	10:46	60-64	3/17	+00:17:13	53:23.772	CLARESHOLM
118/413	SMITH, JENNA	452	53:35.497	06:41	10:46	30-34	23/66	+00:17:18	53:29.415	MAGRATH
119/413	JASSMAN, MEGAN	268	53:35.848	06:41	10:47	30-34	24/66	+00:17:18	53:28.976	COALDALE
120/413	SHURTZ, TEAGAN	440	53:38.310	06:42	10:47	30-34	25/66	+00:17:21	53:31.630	LETHBRIDGE
121/413	PERVERSEFF, TRISHA	377	53:40.138	06:42	10:47	45-49	6/34	+00:17:23	53:16.319	LETHBRIDGE
122/413	SHERWOOD, BRITTNEY	436	53:42.177	06:42	10:48	35-39	27/69	+00:17:25	53:35.672	LETHRIDGE
123/413	SNOW, PAYTON	453	53:45.622	06:43	10:49	20-24	7/20	+00:17:28	53:32.012	RAYMOND
124/413	HEINRICHS, KELSEY	256	53:47.474	06:43	10:49	25-29	19/48	+00:17:30	53:42.754	LETHBRIDGE
125/413	ROUT, DANIKA	414	53:49.239	06:43	10:49	25-29	20/48	+00:17:32	53:27.716	LETHBRIDGE
126/413	CHEVERIE, ZITA	167	53:49.395	06:43	10:49	50-54	7/31	+00:17:32	53:28.353	LETHBRIDGE
127/413	ARMSTRONG, SHAUNA	115	53:59.005	06:44	10:51	55-59	6/30	+00:17:41	53:52.923	LETHBRIDGE
128/413	DUECK, NAOMI	204	54:00.980	06:45	10:52	45-49	7/34	+00:17:43	53:53.566	COALDALE
129/413	GORNY, EVA	491	54:01.184	06:45	10:52	30-34	26/66	+00:17:44	53:53.475	LETHBRIDGE
130/413	YPMA, FLORENE	525	54:04.325	06:45	10:52	50-54	8/31	+00:17:47	53:56.615	LETHBRIDGE
131/413	MCCLURE, KATRINA	325	54:09.341	06:46	10:53	35-39	28/69	+00:17:52	53:57.345	LETHBRIDGE
132/413	NELSON, KAELEE	353	54:09.902	06:46	10:53	35-39	29/69	+00:17:52	54:06.971	LETHBRIDGE
133/413	BLACKMORE, ANGELA	140	54:16.840	06:47	10:55	45-49	8/34	+00:17:59	54:04.665	MAGRATH
134/413	HOLTHE, LINDY	261	54:28.138	06:48	10:57	30-34	27/66	+00:18:11	54:23.494	TABER
135/413	SOLOMON, NICOLE	356	54:40.043	06:50	10:59	35-39	30/69	+00:18:22	54:24.782	LETHBRIDGE
136/413	LYONS, SHAYE	314	54:46.279	06:50	11:01	25-29	21/48	+00:18:29	54:39.146	LETHBRIDGE
137/413	MCDONALD, MCKAYA	327	54:54.367	06:51	11:02	25-29	22/48	+00:18:37	54:50.997	LETHBRIDGE
138/413	LUKINUK, ELIZABETH	313	54:55.560	06:51	11:03	45-49	9/34	+00:18:38	54:47.369	LETHBRIDGE
139/413	MEGAW, CAROL	333	55:02.427	06:52	11:04	70-74	1/6	+00:18:45	54:59.937	LETHBRIDGE
140/413	TAMS, CORINNA	472	55:10.068	06:53	11:06	55-59	7/30	+00:18:53	54:55.144	LETHBRIDGE COUNTY

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from O/A win Time hh:mm:ss

**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
141/413	ROBERTS, GABRIELE	408	55:26.215	06:55	11:09	75-79	1/6	+00:19:09	55:23.107	LETHBRIDGE
142/413	CALE, MARCELLE	160	55:27.575	06:55	11:09	55-59	8/30	+00:19:10	55:16.966	COALDALE
143/413	PRICE, MARION	395	55:27.576	06:55	11:09	55-59	9/30	+00:19:10	55:17.475	LETHBRIDGE
144/413	OTTO, SHAUNA	370	55:27.622	06:55	11:09	40-44	15/42	+00:19:10	55:21.122	LETHBRIDGE
145/413	LOGAN, HELEN	308	55:30.621	06:56	11:10	35-39	31/69	+00:19:13	55:21.920	COALDALE
146/413	GUST, LINDA	552	55:31.301	06:56	11:10	60-64	4/17	+00:19:14	55:25.541	LETHBRIDGE
147/413	STRAND, ALISON	464	55:36.714	06:57	11:11	35-39	32/69	+00:19:19	55:33.745	LETHBRIDGE
148/413	MILLER, ANDI	336	55:39.526	06:57	11:11	35-39	33/69	+00:19:22	55:19.586	BELLEVUE
149/413	GLEN, LAURIE	234	55:46.560	06:58	11:13	65-69	1/14	+00:19:29	55:45.767	LUNDBRECK
150/413	MIDDEL, FREDA	334	56:09.034	07:01	11:17	60-64	5/17	+00:19:51	56:04.792	LETHBRIDGE
151/413	BROWN, BRANDEE	150	56:17.942	07:02	11:19	35-39	34/69	+00:20:00	56:11.861	LETHBRIDGE
152/413	PRICE, RACHEL	396	56:20.871	07:02	11:20	35-39	35/69	+00:20:03	55:58.411	COALDALE
153/413	DAY CHIEF, MERANDA	191	56:27.668	07:03	11:21	35-39	36/69	+00:20:10	56:19.477	FORT MACLEOD
154/413	GOODFELLOW, PIPPA	235	56:29.192	07:03	11:21	55-59	10/30	+00:20:12	56:17.382	LETHBRIDGE
155/413	MCGALE, KAREN	328	56:30.222	07:03	11:22	50-54	9/31	+00:20:13	56:18.313	LETHBRIDGE
156/413	WINGATE, MIRANDA	519	56:35.378	07:04	11:23	55-59	11/30	+00:20:18	56:24.149	LETHBRIDGE
157/413	KLASSEN, KENZIE	288	56:43.324	07:05	11:24	30-34	28/66	+00:20:26	56:19.760	COALDALE
158/413	NORRIS, JOAN	358	56:46.300	07:05	11:25	80+	1/2	+00:20:29	56:42.828	LETHBRIDGE
159/413	KNUTSON, EMMA	211	56:54.574	07:06	11:27	25-29	23/48	+00:20:37	56:50.604	LETHBRIDGE
160/413	TOLNAI, PAIGE	482	56:54.621	07:06	11:27	25-29	24/48	+00:20:37	56:50.968	LETHBRIDGE
161/413	DUECK, JUSTINE	203	56:55.465	07:06	11:27	30-34	29/66	+00:20:38	56:49.706	LETHBRIDGE
162/413	WADSWORTH, ANNALISE	504	56:55.815	07:06	11:27	30-34	30/66	+00:20:38	56:40.894	LETHBRIDGE
163/413	APPELT, SHARON	107	57:02.472	07:07	11:28	65-69	2/14	+00:20:45	56:58.903	LETHBRIDGE
164/413	GIESBRECHT, COLLEEN	230	57:09.308	07:08	11:30	40-44	16/42	+00:20:52	56:57.496	LETHBRIDGE
165/413	MENDOZA, KRISTINE	536	57:15.457	07:09	11:31	40-44	17/42	+00:20:58	57:06.014	LETHBRIDGE
166/413	STELFOX, MELANIE	551	57:15.552	07:09	11:31	35-39	37/69	+00:20:58	57:06.291	LETHBRIDGE
167/413	BROWN, KENNEDY	548	57:15.598	07:09	11:31	30-34	31/66	+00:20:58	57:05.600	LETHBRIDGE
168/413	GRUNINGER, STEPHANIE	242	57:18.879	07:09	11:31	30-34	32/66	+00:21:01	57:01.567	MAGRATH
169/413	PETERSON, KIMBERLY	382	57:28.066	07:11	11:33	30-34	33/66	+00:21:11	57:25.670	CALGARY
170/413	ORTLIEB, RUSSET	368	57:36.151	07:12	11:35	35-39	38/69	+00:21:19	57:28.945	LETHBRIDGE
171/413	SHAW PIERSON, STEPHANIE	434	57:36.432	07:12	11:35	25-29	25/48	+00:21:19	57:29.928	RAYMOND
172/413	BROWN, BARB	529	57:56.073	07:14	11:39	50-54	10/31	+00:21:39	57:39.079	LETHBRIDGE
173/413	OLFERT, CASSANDRA	362	58:08.729	07:16	11:41	30-34	34/66	+00:21:51	58:08.017	LETHBRIDGE
174/413	TIETZ, TERRIE	479	58:14.613	07:16	11:43	60-64	6/17	+00:21:57	58:08.274	LETHBRIDGE
175/413	WOLFE, HELEN	521	58:17.238	07:17	11:43	55-59	12/30	+00:22:00	58:11.335	LETHBRIDGE

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**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
176/413	DARBY, BARBARA	185	58:19.910	07:17	11:44	55-59	13/30	+00:22:02	58:02.461	LETHBRIDGE
177/413	PAUL, KIMMIE	375	58:24.809	07:18	11:45	45-49	10/34	+00:22:07	58:15.510	TABER
178/413	BOLES, RAEANNE	142	58:25.044	07:18	11:45	25-29	26/48	+00:22:07	58:19.504	LETHBRIDGE
179/413	MPOFU, SMELOTIE	344	58:28.558	07:18	11:45	40-44	18/42	+00:22:11	58:12.657	LETHBRIDGE
180/413	BAILEY, JENNA	118	58:31.510	07:18	11:46	40-44	19/42	+00:22:14	58:26.469	LETHBRIDGE
181/413	FOURNIER, ANN	224	58:31.815	07:18	11:46	55-59	14/30	+00:22:14	58:15.512	LETHBRIDGE
182/413	NYKORAK, CELINE	359	58:32.144	07:19	11:46	25-29	27/48	+00:22:15	58:08.784	SWAN RIVER
183/413	MCHARGUE, CRYSTAL	329	58:38.026	07:19	11:47	35-39	39/69	+00:22:20	58:35.237	MEDICINE HAT
184/413	SKEITH, CHRISTINA	446	58:38.752	07:19	11:47	45-49	11/34	+00:22:21	58:17.152	LETHBRIDGE
185/413	OLFERT, DOREEN	363	58:43.395	07:20	11:48	70-74	2/6	+00:22:26	58:33.715	HAYS
186/413	HAMILTON, APRIL	247	58:45.619	07:20	11:49	40-44	20/42	+00:22:28	58:42.491	COALDALE
187/413	MORTON, ROBYN	343	58:46.346	07:20	11:49	35-39	40/69	+00:22:29	58:31.422	LETHBRIDGE
188/413	FINDLATER, ALLISON	218	58:46.416	07:20	11:49	30-34	35/66	+00:22:29	58:31.708	LETHBRIDGE
189/413	PETERS, SYDNEY	380	58:46.487	07:20	11:49	30-34	36/66	+00:22:29	58:31.964	LETHBRIDGE
190/413	PLANGER, MELISSA	390	58:47.987	07:20	11:49	45-49	12/34	+00:22:30	58:26.382	TABER
191/413	OSMOND HOOVER, HEATHER	369	58:50.214	07:21	11:50	40-44	21/42	+00:22:33	58:38.217	LETHBRIDGE
192/413	LAING, ROBIN	299	59:05.026	07:23	11:53	65-69	3/14	+00:22:47	58:57.495	LETHBRIDGE
193/413	MALMBERG, KARMYN	319	59:06.808	07:23	11:53	40-44	22/42	+00:22:49	58:54.439	COALHURST
194/413	HEERSINK, NICOLEEN	357	59:07.229	07:23	11:53	30-34	37/66	+00:22:50	58:40.870	LETHBRIDGE
195/413	BULLOCK, ALANNA	154	59:11.893	07:23	11:54	35-39	41/69	+00:22:54	59:03.433	LETHBRIDGE
196/413	TOMIYAMA, SHANNON	559	59:12.596	07:24	11:54	55-59	15/30	+00:22:55	58:57.156	LETHBRIDGE
197/413	BUREK, JUDY	157	59:13.537	07:24	11:54	65-69	4/14	+00:22:56	59:00.387	LETHBRIDGE
198/413	DUMONT, SUSIE	206	59:16.018	07:24	11:55	45-49	13/34	+00:22:58	59:10.015	LETHBRIDGE
199/413	DEGINNUS, TIARAH	197	59:18.081	07:24	11:55	35-39	42/69	+00:23:01	58:52.411	FORT MACLEOD
200/413	BOND, SARA	143	59:23.071	07:25	11:56	35-39	43/69	+00:23:06	59:13.170	LETHBRIDGE
201/413	VAN DER KOOIJ, STACY	489	59:28.510	07:26	11:58	30-34	38/66	+00:23:11	59:21.889	NOBLEFORD
202/413	SLOMP, ALEXANDRIA	447	59:35.986	07:26	11:59	35-39	44/69	+00:23:18	59:28.893	COALHURST
203/413	KOLLIAS, DONELL	292	59:40.206	07:27	12:00	40-44	23/42	+00:23:23	59:28.774	LETHBRIDGE
204/413	FRANZ, JAYLYN	226	1:00:31.697	07:33	12:10	40-44	24/42	+00:24:14	1:00:27.648	LETHBRIDGE
205/413	COADY, DANIELLE	173	1:00:39.128	07:34	12:12	30-34	39/66	+00:24:22	1:00:30.343	LETHBRIDGE
206/413	LADOUCEUR, KAYLA	298	1:00:40.135	07:35	12:12	35-39	45/69	+00:24:23	1:00:26.464	LETHBRIDGE
207/413	BENSON, CAITLYNN	132	1:00:41.801	07:35	12:12	30-34	40/66	+00:24:24	1:00:24.291	WELLING
208/413	WILLIAMS, NICOLE	514	1:00:50.190	07:36	12:14	35-39	46/69	+00:24:33	1:00:29.650	LETHBRIDGE
209/413	MARTIN, DAWN	323	1:00:50.564	07:36	12:14	65-69	5/14	+00:24:33	1:00:30.126	LETHBRIDGE
210/413	SHORT, EILISH	438	1:01:01.839	07:37	12:16	30-34	41/66	+00:24:44	1:00:39.069	LETHBRIDGE

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**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
211/413	VAN ESSEN, LEANDRA	493	1:01:07.581	07:38	12:17	20-24	8/20	+00:24:50	1:00:38.840	PICTURE BUTTE
212/413	KRAMER, AMBER	293	1:01:08.073	07:38	12:18	35-39	47/69	+00:24:51	1:00:35.184	LETHBRIDGE
213/413	BENTLEY, ROBYN	133	1:01:08.237	07:38	12:18	40-44	25/42	+00:24:51	1:00:35.018	LETHBRIDGE
214/413	BARANYAY, KIERA	120	1:01:14.389	07:39	12:19	35-39	48/69	+00:24:57	1:01:02.299	LETHBRIDGE
215/413	DE JAHAM, CLAUDETTE	192	1:01:17.214	07:39	12:19	45-49	14/34	+00:25:00	1:00:50.595	LETHBRIDGE
216/413	STOCK, STEPHANIE	462	1:01:18.712	07:39	12:20	35-39	49/69	+00:25:01	1:00:44.371	CALGARY
217/413	PRICE, ALLI	394	1:01:24.620	07:40	12:21	25-29	28/48	+00:25:07	1:01:13.386	LETHBRIDGE
218/413	LETCHER, LINDSAY	306	1:01:29.988	07:41	12:22	35-39	50/69	+00:25:12	1:01:18.799	LETHBRIDGE
219/413	BULLOCK, CHELSIE	155	1:02:19.791	07:47	12:32	30-34	42/66	+00:26:02	1:01:52.909	BARNWELL
220/413	ZECK, EMILEE	550	1:02:32.799	07:49	12:35	25-29	29/48	+00:26:15	1:02:24.519	LETHBRIDGE
221/413	KADIJK, SYLVIA	278	1:02:34.394	07:49	12:35	45-49	15/34	+00:26:17	1:02:21.424	LETHBRIDGE
222/413	SMITH, KATE	541	1:02:38.330	07:49	12:36	35-39	51/69	+00:26:21	1:02:22.522	LETHBRIDGE
223/413	SECRETAN, PENNY	427	1:02:38.987	07:49	12:36	70-74	3/6	+00:26:21	1:02:22.552	LETHBRIDGE COUNTY
224/413	JOHNSON CAMPBELL, CATHY	275	1:02:39.879	07:49	12:36	65-69	6/14	+00:26:22	1:02:35.639	LETHBRIDGE
225/413	RUSCHIN, TRACEY	415	1:02:52.464	07:51	12:39	40-44	26/42	+00:26:35	1:02:29.882	LETHBRIDGE
226/413	HEILMAN, ANNA	255	1:02:52.697	07:51	12:39	15-19	10/19	+00:26:35	1:02:41.305	LETHBRIDGE
227/413	PONECH, LEANNE	393	1:02:53.050	07:51	12:39	55-59	16/30	+00:26:35	1:02:29.689	LETHBRIDGE
228/413	SEELY, REBECCA	428	1:02:53.098	07:51	12:39	50-54	11/31	+00:26:36	1:02:29.339	LETHBRIDGE
229/413	BUKATKA, BRYNLEE	152	1:02:53.213	07:51	12:39	15-19	11/19	+00:26:36	1:02:42.399	LETHBRIDGE
230/413	KOETHLER, ANNIE	291	1:02:54.643	07:51	12:39	30-34	43/66	+00:26:37	1:02:30.883	TABER
231/413	KOPERVAS, JOLAYNE	565	1:03:04.087	07:53	12:41	25-29	30/48	+00:26:47	1:02:45.384	HAYS
232/413	COLE, EMILY	174	1:03:06.712	07:53	12:41	35-39	52/69	+00:26:49	1:02:36.619	LETHBRIDGE
233/413	BRACKEN, JILLIAN	147	1:03:28.885	07:56	12:46	40-44	27/42	+00:27:11	1:03:04.362	LETHBRIDGE
234/413	SULC, TEGAN	467	1:03:30.384	07:56	12:46	35-39	53/69	+00:27:13	1:03:21.124	LETHBRIDGE
235/413	HIERATH, LAURIE	258	1:03:32.589	07:56	12:47	45-49	16/34	+00:27:15	1:03:15.135	LETHBRIDGE
236/413	CUNNINGHAM, HALEY	182	1:03:32.802	07:56	12:47	25-29	31/48	+00:27:15	1:03:14.423	TABER
237/413	EPP, KIMIKO	212	1:03:34.534	07:56	12:47	40-44	28/42	+00:27:17	1:03:09.081	LETHBRIDGE
238/413	DYKSTRA, CLAIRE	208	1:03:34.697	07:56	12:47	30-34	44/66	+00:27:17	1:03:25.437	BLAIRMORE
239/413	THOMAS, KRYSTY	477	1:03:55.064	07:59	12:51	40-44	29/42	+00:27:38	1:03:53.154	LETHBRIDGE
240/413	BURT, MACKENZIE	158	1:04:00.127	08:00	12:52	25-29	32/48	+00:27:43	1:03:40.447	LETHBRIDGE
241/413	ARRIAGA, COLOMBA	549	1:04:04.041	08:00	12:53	35-39	54/69	+00:27:46	1:03:40.719	LETHBRIDGE
242/413	BLACKMORE, BRITYNN	141	1:04:11.424	08:01	12:54	20-24	9/20	+00:27:54	1:03:59.255	MAGRATH
243/413	GUNNESS, SYDNEY	244	1:04:14.494	08:01	12:55	25-29	33/48	+00:27:57	1:03:49.891	LETHBRIDGE
244/413	LOW, AVERY	310	1:04:16.392	08:02	12:55	25-29	34/48	+00:27:59	1:03:58.523	MAGRATH
245/413	BESTE, CHELSEY	134	1:04:23.494	08:02	12:57	25-29	35/48	+00:28:06	1:04:00.643	LETHBRIDGE

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**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
246/413	GOUW, CARLA	237	1:04:39.244	08:04	13:00	50-54	12/31	+00:28:22	1:04:21.138	TABER
247/413	PARDIAC, KATRINA	374	1:04:42.947	08:05	13:01	30-34	45/66	+00:28:25	1:04:36.948	LETHBRIDGE
248/413	REDEKOPP, RACHEL	539	1:04:56.939	08:07	13:04	20-24	10/20	+00:28:39	1:04:33.577	VAUXHALL
249/413	WIEBE, AGATHA	543	1:04:59.235	08:07	13:04	30-34	46/66	+00:28:42	1:04:34.836	TABER
250/413	LYSTER, ERIN	315	1:05:23.611	08:10	13:09	35-39	55/69	+00:29:06	1:05:11.182	LETHBRIDGE
251/413	LAPLUME, KIRSTEN	301	1:05:29.376	08:11	13:10	25-29	36/48	+00:29:12	1:05:03.936	LETHBRIDGE
252/413	PAJARITO, GLORIA	372	1:05:49.907	08:13	13:14	45-49	17/34	+00:29:32	1:05:35.737	LETHBRIDGE
253/413	GIRALDO, SARIA	233	1:06:12.174	08:16	13:19	25-29	37/48	+00:29:55	1:06:07.330	LETHBRIDGE
254/413	GIRALDO, HELENID	349	1:06:12.219	08:16	13:19	30-34	47/66	+00:29:55	1:06:07.858	LETHBRIDGE
255/413	BEAZER, GABRIELLE	126	1:06:24.548	08:18	13:21	20-24	11/20	+00:30:07	1:06:11.997	EDMONTON
256/413	MOREAULT, ANNE-MARIE	341	1:07:10.555	08:23	13:30	30-34	48/66	+00:30:53	1:07:01.971	LETHBRIDGE
257/413	DE GROOT, SANDRA	556	1:07:10.580	08:23	13:30	50-54	13/31	+00:30:53	1:06:52.891	VAUXHALL
258/413	HOOPER, DARLENE	262	1:07:21.712	08:25	13:33	65-69	7/14	+00:31:04	1:07:13.012	LETHBRIDGE
259/413	KANASHIRO, SANDRA	280	1:07:45.524	08:28	13:38	55-59	17/30	+00:31:28	1:07:26.104	LETHBRIDGE
260/413	GUST, JESSY	553	1:08:06.360	08:30	13:42	30-34	49/66	+00:31:49	1:08:00.678	MAGRATH
261/413	FORREST, BRENDA	223	1:08:08.895	08:31	13:42	50-54	14/31	+00:31:51	1:07:38.326	LETHBRIDGE
262/413	MOUNTAIN, MELISSA	537	1:08:09.101	08:31	13:42	55-59	18/30	+00:31:52	1:07:38.029	LETHBRIDGE
263/413	TIMM, BROOKLYNN	480	1:08:12.501	08:31	13:43	10-14	3/6	+00:31:55	1:07:52.161	LETHBRIDGE
264/413	MCNAMARA, CIARA	332	1:08:21.711	08:32	13:45	30-34	50/66	+00:32:04	1:08:02.756	COALDALE
265/413	WILLIAMS, RACHEL	515	1:08:29.000	08:33	13:46	25-29	38/48	+00:32:11	1:08:13.097	LETHBRIDGE
266/413	SECRETAN, KIRA	425	1:08:29.165	08:33	13:46	40-44	30/42	+00:32:12	1:08:12.949	LETHBRIDGE COUNTY
267/413	ROELOFSEN, BRANDI	411	1:08:47.142	08:35	13:50	45-49	18/34	+00:32:30	1:08:28.083	LETHBRIDGE
268/413	CHRISTENSEN, SHERRY	168	1:09:01.999	08:37	13:53	65-69	8/14	+00:32:44	1:08:59.151	COALHURST
269/413	DURRANT, STACY	207	1:09:05.468	08:38	13:54	30-34	51/66	+00:32:48	1:08:30.850	LETHBRIDGE
270/413	SPEELMAN, SHERESE	455	1:09:14.655	08:39	13:55	40-44	31/42	+00:32:57	1:08:44.164	LETHBRIDGE
271/413	TAVERNINI, BRITTANY	474	1:09:14.678	08:39	13:55	35-39	56/69	+00:32:57	1:08:43.928	LETHBRIDGE
272/413	TIMM, CORTNEY	481	1:09:22.837	08:40	13:57	30-34	52/66	+00:33:05	1:09:02.014	LETHBRIDGE
273/413	SCHULER-ERDMAN, FALLON	540	1:09:26.798	08:40	13:58	25-29	39/48	+00:33:09	1:09:25.188	LETHBRIDGE
274/413	BILANSKI, NICHA	139	1:09:31.788	08:41	13:59	30-34	53/66	+00:33:14	1:09:11.629	LETHBRIDGE
275/413	SIEMENS, BONNIE	441	1:09:47.538	08:43	14:02	55-59	19/30	+00:33:30	1:09:38.489	LETHBRIDGE
276/413	DJOKOTO-ASEM, EDNA	201	1:09:50.562	08:43	14:03	55-59	20/30	+00:33:33	1:09:27.713	LETHBRIDGE
277/413	HEINRICHS, LINA	560	1:09:59.163	08:44	14:04	20-24	12/20	+00:33:42	1:09:35.461	VAUXHALL
278/413	SEILLER, ISABELLA	429	1:09:59.280	08:44	14:04	35-39	57/69	+00:33:42	1:09:59.280	COALDALE
279/413	QUILTY, ANGELA	399	1:10:00.266	08:45	14:05	25-29	40/48	+00:33:43	1:09:38.324	LETHBRIDGE
280/413	MACDONALD, TRACY	316	1:10:00.593	08:45	14:05	60-64	7/17	+00:33:43	1:09:35.164	TABER



OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

8K - 4.97 Miles

## Overall Results

## Result Placings based on GUN TIME

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
281/413	CURTIS, ALYCIA	183	1:10:01.507	08:45	14:05	30-34	54/66	+00:33:44	1:09:40.868	LETHBRIDGE
282/413	WHITE QUILLS, BROOKE	512	1:10:04.249	08:45	14:05	25-29	41/48	+00:33:47	1:09:57.691	CARDSTON
283/413	MAKIN, SHARLAYNE	318	1:10:07.296	08:45	14:06	55-59	21/30	+00:33:50	1:09:56.846	LAKE NEWELL RESORT
284/413	DESJARDINS, FINLEY	198	1:10:09.640	08:46	14:07	09&U	2/3	+00:33:52	1:09:48.339	LETHBRIDGE
285/413	GRASDAL, SHELLEY	239	1:10:12.991	08:46	14:07	65-69	9/14	+00:33:55	1:10:00.963	LETHBRIDGE
286/413	DESJARDINS, HALEIGH	199	1:10:13.835	08:46	14:07	30-34	55/66	+00:33:56	1:09:54.197	LETHBRIDGE
287/413	RESS, SHAYLEE	403	1:10:21.173	08:47	14:09	20-24	13/20	+00:34:04	1:10:13.087	LETHBRIDGE
288/413	PETA, ASHLYN	378	1:10:21.265	08:47	14:09	20-24	14/20	+00:34:04	1:10:13.080	LETHBRIDGE
289/413	CURTIS, ASHLEY	184	1:10:23.515	08:47	14:09	35-39	58/69	+00:34:06	1:10:02.474	LETHBRIDGE
290/413	WHITE, MARY MADELINE	511	1:10:27.193	08:48	14:10	80+	2/2	+00:34:10	1:10:17.023	CALGARY
291/413	JENSEN, ANITA	270	1:10:46.553	08:50	14:14	60-64	8/17	+00:34:29	1:10:19.929	BARNWELL
292/413	SMART, YOLANDE	450	1:11:15.779	08:54	14:20	75-79	2/6	+00:34:58	1:11:03.569	LETHBRIDGE
293/413	GOODSTRIKER, CHRISSEY	236	1:12:15.826	09:01	14:32	45-49	19/34	+00:35:58	1:12:01.547	STANDOFF
294/413	VELASQUEZ, MONICA	502	1:12:30.402	09:03	14:35	30-34	56/66	+00:36:13	1:12:29.487	LETHBRIDGE
295/413	HAUVER, DEBORAH	251	1:12:45.567	09:05	14:38	50-54	15/31	+00:36:28	1:12:12.467	COALDALE
296/413	STEWART, MARGO	460	1:12:48.402	09:06	14:38	35-39	59/69	+00:36:31	1:12:48.402	LETHBRIDGE
297/413	CHAMBERLAIN, KRISTEN	163	1:12:50.957	09:06	14:39	30-34	57/66	+00:36:33	1:12:18.650	LETHBRIDGE
298/413	SMIENK, SANDRA	451	1:12:54.099	09:06	14:40	60-64	9/17	+00:36:37	1:12:38.581	LETHBRIDGE
299/413	MOORE, DARLENE	340	1:12:54.214	09:06	14:40	55-59	22/30	+00:36:37	1:12:38.754	LETHBRIDGE
300/413	POLS, BOBBI JO	392	1:12:59.793	09:07	14:41	50-54	16/31	+00:36:42	1:12:43.183	LETHBRIDGE
301/413	HAMER, BRONWYN	246	1:12:59.934	09:07	14:41	15-19	12/19	+00:36:42	1:12:27.205	COALDALE
302/413	NELSON, KIRSTEN	354	1:13:01.012	09:07	14:41	25-29	42/48	+00:36:43	1:12:46.920	LETHBRIDGE
303/413	OLSON, ELAINE	366	1:13:34.246	09:11	14:48	45-49	20/34	+00:37:17	1:13:14.566	LETHBRIDGE
304/413	FAHEY, AMANDA	214	1:13:34.574	09:11	14:48	35-39	60/69	+00:37:17	1:13:15.032	LETHBRIDGE
305/413	BASKERVILLE, SOPHIA	124	1:13:59.022	09:14	14:53	15-19	13/19	+00:37:41	1:13:30.183	CALGARY
306/413	PACK, SHAUNLEE	371	1:14:19.340	09:17	14:57	50-54	17/31	+00:38:02	1:13:52.047	LETHBRIDGE
307/413	BAIRD, BRENDA	119	1:14:19.855	09:17	14:57	60-64	10/17	+00:38:02	1:13:50.150	LETHBRIDGE
308/413	FRASER, VALERIE	227	1:14:19.948	09:17	14:57	50-54	18/31	+00:38:02	1:13:51.209	LETHBRIDGE
309/413	CHATTERTON, ALISON	165	1:14:20.932	09:17	14:57	40-44	32/42	+00:38:03	1:14:19.841	LETHBRIDGE
310/413	BASKERVILLE, KELLY	122	1:14:21.870	09:17	14:57	45-49	21/34	+00:38:04	1:13:52.630	CALGARY
311/413	TAYLOR, WINN	476	1:14:23.419	09:17	14:58	09&U	3/3	+00:38:06	1:14:11.408	LETHBRIDGE
312/413	DAVIS, AMY	189	1:14:54.799	09:21	15:04	45-49	22/34	+00:38:37	1:14:30.979	STIRLING
313/413	PATCHING, SHARALYN	538	1:14:57.916	09:22	15:05	45-49	23/34	+00:38:40	1:14:49.076	LETHBRIDGE
314/413	DONOVAN, AUDREY	546	1:14:59.252	09:22	15:05	10-14	4/6	+00:38:42	1:14:30.633	LETHBRIDGE
315/413	STEWART, APRYL	458	1:15:03.658	09:22	15:06	35-39	61/69	+00:38:46	1:14:32.289	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

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Offset = Diff from O/A win Time hh:mm:ss

**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
316/413	WALKER, ASHLEY	505	1:15:03.799	09:22	15:06	40-44	33/42	+00:38:46	1:14:32.091	LETHBRIDGE
317/413	BROWN, LINDSAY	545	1:15:09.940	09:23	15:07	40-44	34/42	+00:38:52	1:14:42.298	LETHBRIDGE
318/413	PIZOR, BETH	389	1:15:12.870	09:24	15:08	55-59	23/30	+00:38:55	1:14:39.330	LETHBRIDGE
319/413	BUKATKA, CASSIE	153	1:15:27.144	09:25	15:10	40-44	35/42	+00:39:10	1:15:13.992	LETHBRIDGE
320/413	MATHER, KYRA	324	1:15:35.650	09:26	15:12	20-24	15/20	+00:39:18	1:15:00.191	FOOTHILLS NO. 31
321/413	WILSON, SARAH	518	1:15:42.075	09:27	15:13	30-34	58/66	+00:39:25	1:15:20.135	LETHBRIDGE
322/413	DEGINNUS, KATHLEEN	196	1:15:44.277	09:28	15:14	55-59	24/30	+00:39:27	1:15:18.667	FORT MACLEOD
323/413	SHIGEHIRO, MAGGIE	437	1:15:44.322	09:28	15:14	50-54	19/31	+00:39:27	1:15:17.883	LETHBRIDGE
324/413	BEATON, DANIELLE	125	1:15:46.080	09:28	15:14	45-49	24/34	+00:39:29	1:15:15.532	LETHBRIDGE
325/413	PETERSEN, BETH	381	1:16:49.712	09:36	15:27	70-74	4/6	+00:40:32	1:16:30.854	LETHBRIDGE
326/413	HARJI, ASHIANNA	249	1:16:55.666	09:36	15:28	20-24	16/20	+00:40:38	1:16:55.666	LETHBRIDGE
327/413	FISHER, ESMINA	221	1:16:55.900	09:36	15:28	55-59	25/30	+00:40:38	1:16:55.900	LETHBRIDGE
328/413	VAN HIERDEN, BRENDA	496	1:17:27.029	09:40	15:35	60-64	11/17	+00:41:09	1:16:59.087	LETHBRIDGE
329/413	CRITCHLOW, KYLEE	530	1:17:34.431	09:41	15:36	15-19	14/19	+00:41:17	1:17:33.439	LETHBRIDGE
330/413	HA, ANGIA	533	1:17:34.559	09:41	15:36	30-34	59/66	+00:41:17	1:17:32.949	LETHBRIDGE
331/413	TAYLOR, MEGAN	475	1:17:45.030	09:43	15:38	35-39	62/69	+00:41:27	1:17:33.400	LETHBRIDGE
332/413	BIG HEAD, RAMONA	138	1:18:03.494	09:45	15:42	55-59	26/30	+00:41:46	1:17:50.684	STANDOFF
333/413	FINNIE, MALLORY	220	1:18:05.533	09:45	15:42	35-39	63/69	+00:41:48	1:17:43.250	LETHBRIDGE
334/413	NYKORAK, TENILLE	555	1:18:06.400	09:45	15:42	30-34	60/66	+00:41:49	1:17:43.263	LETHBRIDGE
335/413	FINNIE, LAURIE	219	1:18:07.150	09:45	15:43	60-64	12/17	+00:41:50	1:17:44.607	LETHBRIDGE
336/413	OPHUS, MELANIE	367	1:18:31.948	09:48	15:48	55-59	27/30	+00:42:14	1:17:59.259	MEDICINE HAT
337/413	WILLIAMS, SYDNEE	516	1:18:32.136	09:49	15:48	30-34	61/66	+00:42:15	1:18:00.107	LETHBRIDGE
338/413	FAIRBROTHER-SKINNER, MACKENZIE	211	1:18:32.229	09:49	15:48	25-29	43/48	+00:42:15	1:17:59.918	LETHBRIDGE
339/413	COOK, SILVIA	179	1:18:43.290	09:50	15:50	35-39	64/69	+00:42:26	1:18:42.297	LETHBRIDGE
340/413	HEAVY RUNNER, HEATHER	534	1:18:52.525	09:51	15:52	55-59	28/30	+00:42:35	1:18:17.067	COALHURST
341/413	CHAPMAN, KAYLEE	164	1:18:56.767	09:52	15:53	30-34	62/66	+00:42:39	1:18:24.995	MILK RIVER
342/413	YAMASHITA, CHANDRA	524	1:18:58.688	09:52	15:53	30-34	63/66	+00:42:41	1:18:49.708	LETHBRIDGE
343/413	MORROW, ADARA	342	1:18:58.876	09:52	15:53	25-29	44/48	+00:42:41	1:18:50.418	LETHBRIDGE
344/413	CHALMERS, CLARA	162	1:19:03.000	09:52	15:54	20-24	17/20	+00:42:45	1:18:51.952	EDMONTON
345/413	SANDHAM, SHARON	421	1:19:03.612	09:52	15:54	75-79	3/6	+00:42:46	1:18:58.772	COALHURST
346/413	APPLETON, GRACIE	110	1:21:02.790	10:07	16:18	15-19	15/19	+00:44:45	1:20:48.799	SHERWOOD PARK
347/413	MARKLEY, WENDY	320	1:21:12.398	10:09	16:20	60-64	13/17	+00:44:55	1:20:52.174	LETHBRIDGE
348/413	BYAM, TERESA	159	1:21:12.469	10:09	16:20	40-44	36/42	+00:44:55	1:20:53.424	LETHBRIDGE
349/413	RAWLINS, DAGMAR	400	1:21:13.219	10:09	16:20	60-64	14/17	+00:44:56	1:20:53.180	LETHBRIDGE
350/413	VADNAIS, JENNIFER	487	1:21:29.954	10:11	16:23	50-54	20/31	+00:45:12	1:21:19.958	LETHBRIDGE

OA/PI = Overall Placing

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## Overall Results

## Result Placings based on GUN TIME

## 8K - 4.97 Miles

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
351/413	BOURGET, ELISE	146	1:21:31.098	10:11	16:24	50-54	21/31	+00:45:14	1:21:23.239	CARDSTON
352/413	APPLETON, AMY	108	1:21:39.561	10:12	16:25	50-54	22/31	+00:45:22	1:21:25.100	SHERWOOD PARK
353/413	BEAZER, KATE	127	1:21:48.374	10:13	16:27	15-19	16/19	+00:45:31	1:21:34.704	SHERWOOD PARK
354/413	APPLETON, MADELYN	111	1:21:48.468	10:13	16:27	20-24	18/20	+00:45:31	1:21:35.139	SHERWOOD PARK
355/413	OLSEN, LIZ	365	1:22:01.827	10:15	16:30	30-34	64/66	+00:45:44	1:21:47.247	LETHBRIDGE
356/413	PERSSON, VANESSA	376	1:22:15.070	10:16	16:32	40-44	37/42	+00:45:58	1:21:56.011	LETHBRIDGE
357/413	SIMPSON, LAURA	444	1:23:06.328	10:23	16:43	50-54	23/31	+00:46:49	1:22:27.109	RAYMOND
358/413	AJANA-SIMPSON, FAITH	102	1:23:07.148	10:23	16:43	25-29	45/48	+00:46:50	1:22:27.653	RAYMOND
359/413	WILSON, ABIGAIL	554	1:23:50.906	10:28	16:52	20-24	19/20	+00:47:33	1:23:37.496	LETHBRIDGE
360/413	SAID MORLEY, AIMEE	419	1:24:09.820	10:31	16:56	30-34	65/66	+00:47:52	1:23:58.828	CALGARY
361/413	PHILPOTT, KAREN	386	1:24:10.757	10:31	16:56	65-69	10/14	+00:47:53	1:24:00.287	LETHBRIDGE
362/413	PHILPOTT, AUDREY	385	1:24:11.789	10:31	16:56	10-14	5/6	+00:47:54	1:24:00.203	CALGARY
363/413	JENSEN, CANDICE	271	1:24:14.415	10:31	16:56	35-39	65/69	+00:47:57	1:23:50.096	LETHBRIDGE
364/413	TORGUNRUD, SHEILA	483	1:24:14.578	10:31	16:57	60-64	15/17	+00:47:57	1:23:49.109	LETHBRIDGE
365/413	KLEIN, SHIRLEY	535	1:24:23.789	10:32	16:58	75-79	4/6	+00:48:06	1:24:10.320	LETHBRIDGE
366/413	WILSON, PENNI	517	1:24:23.882	10:32	16:58	55-59	29/30	+00:48:06	1:24:10.333	LETHBRIDGE
367/413	ANDRE-HEPPLE, TINA	106	1:25:08.321	10:38	17:07	50-54	24/31	+00:48:51	1:25:01.229	LETHBRIDGE
368/413	ANDRE-GUNDERSON, ANNA	105	1:25:08.532	10:38	17:07	45-49	25/34	+00:48:51	1:25:01.442	LETHBRIDGE
369/413	ANDRE, EVELYN	104	1:25:08.578	10:38	17:07	40-44	38/42	+00:48:51	1:25:00.970	LETHBRIDGE
370/413	MCINTYRE, IRENE	330	1:25:27.609	10:40	17:11	65-69	11/14	+00:49:10	1:25:05.330	LETHBRIDGE
371/413	IWAASA, HAILEY	266	1:25:28.759	10:41	17:11	15-19	17/19	+00:49:11	1:25:05.907	LETHBRIDGE
372/413	IWAASA, DAWN	265	1:25:29.061	10:41	17:12	45-49	26/34	+00:49:12	1:25:06.292	LETHBRIDGE
373/413	STEWART, AMY	542	1:26:15.701	10:46	17:21	45-49	27/34	+00:49:58	1:25:44.173	LETHBRIDGE
374/413	ZECK, DEBORAH	544	1:26:16.498	10:47	17:21	50-54	25/31	+00:49:59	1:25:44.585	LETHBRIDGE
375/413	PITCHER, LAUREL	387	1:26:19.335	10:47	17:22	35-39	66/69	+00:50:02	1:25:58.612	LETHBRIDGE
376/413	BEAZER, MARY	128	1:26:22.052	10:47	17:22	20-24	20/20	+00:50:04	1:26:09.301	EDMONTON
377/413	VAN ESSEN, ELIZABETH	492	1:26:25.053	10:48	17:23	30-34	66/66	+00:50:07	1:26:16.648	LETHBRIDGE
378/413	DAVIS, ABBY	188	1:26:25.826	10:48	17:23	25-29	46/48	+00:50:08	1:26:18.245	LETHBRIDGE
379/413	CLARKE, ANDREA	172	1:26:31.171	10:48	17:24	45-49	28/34	+00:50:14	1:26:22.493	LETHBRIDGE
380/413	JENSEN, EMMA	272	1:26:37.827	10:49	17:25	25-29	47/48	+00:50:20	1:26:25.650	EDMONTON
381/413	SIMONS, TRACY	443	1:26:58.944	10:52	17:30	45-49	29/34	+00:50:41	1:26:53.264	COALDALE
382/413	TURNER, APRIL	485	1:27:52.710	10:59	17:40	60-64	16/17	+00:51:35	1:27:26.351	LETHBRIDGE
383/413	RICHARDSON, EMILY	406	1:28:28.969	11:03	17:48	10-14	6/6	+00:52:11	1:28:18.637	LETHBRIDGE
384/413	PALMER, CORALEE	373	1:28:29.154	11:03	17:48	65-69	12/14	+00:52:12	1:28:19.196	LETHBRIDGE
385/413	WERRELL, KATIE	509	1:28:47.084	11:05	17:51	50-54	26/31	+00:52:30	1:28:21.495	MCMAHON

OA/PI = Overall Placing

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Gen/PI = Overall Gender Placing

Offset = Diff from O/A win Time hh:mm:ss

**8K - 4.97 Miles****Overall Results****Result Placings based on GUN TIME**

OA/PI	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Offset	Chiptime	City
386/413	LITTLE, BECKY	307	1:28:49.499	11:06	17:52	50-54	27/31	+00:52:32	1:28:30.455	LETHBRIDGE
387/413	ROBINSON, LACEY	410	1:30:01.616	11:15	18:06	35-39	67/69	+00:53:44	1:29:28.078	COALDALE
388/413	KRYSAK, CYNTHIA	296	1:30:01.946	11:15	18:06	35-39	68/69	+00:53:44	1:29:28.995	MEDICINE HAT
389/413	MILROY, MARY	337	1:30:30.561	11:18	18:12	40-44	39/42	+00:54:13	1:30:09.721	LETHBRIDGE
390/413	HUMPHREYS, CLAIRE	264	1:30:32.881	11:19	18:13	50-54	28/31	+00:54:15	1:30:13.021	LETHBRIDGE
391/413	NICHOLSON, ALICE	355	1:32:33.796	11:34	18:37	65-69	13/14	+00:56:16	1:32:13.257	LETHBRIDGE
392/413	BEVANS, MCKENNA	136	1:33:15.115	11:39	18:45	15-19	18/19	+00:56:58	1:32:48.557	CARDSTON
393/413	BEVANS, CASSIA	135	1:33:17.625	11:39	18:46	15-19	19/19	+00:57:00	1:32:51.346	CARDSTON
394/413	APPLETON, CAROL	109	1:33:19.992	11:39	18:46	55-59	30/30	+00:57:02	1:33:05.412	STRATHMORE
395/413	KING, KYLA	285	1:33:38.482	11:42	18:50	35-39	69/69	+00:57:21	1:33:09.363	LETHBRIDGE
396/413	BROUWER, KAREN	149	1:33:38.810	11:42	18:50	45-49	30/34	+00:57:21	1:33:09.826	LETHBRIDGE
397/413	ARCHIBALD, VALERIE	113	1:33:40.287	11:42	18:50	45-49	31/34	+00:57:23	1:33:04.596	LETHBRIDGE
398/413	ADRIAN, LINDA	101	1:33:41.693	11:42	18:51	45-49	32/34	+00:57:24	1:33:06.891	LETHBRIDGE
399/413	KARAPITA, CHERYL	281	1:33:41.763	11:42	18:51	45-49	33/34	+00:57:24	1:33:07.284	LETHBRIDGE
400/413	BORTHWICK, ERIKA	145	1:33:41.927	11:42	18:51	40-44	40/42	+00:57:24	1:33:06.948	LETHBRIDGE
401/413	KLASSEN, COLLEEN	287	1:33:41.928	11:42	18:51	45-49	34/34	+00:57:24	1:33:08.879	LETHBRIDGE
402/413	FAULKNER, TRACEY	215	1:33:42.044	11:42	18:51	50-54	29/31	+00:57:24	1:33:08.306	LETHBRIDGE
403/413	SACCOMANI, CANDIDA	418	1:34:39.513	11:49	19:02	60-64	17/17	+00:58:22	1:34:10.891	LETHBRIDGE
404/413	SACCOMANI, AURELIA	417	1:34:43.382	11:50	19:03	65-69	14/14	+00:58:26	1:34:15.744	LETHBRIDGE
405/413	LEESON, SHANNON	303	1:39:19.424	12:24	19:59	25-29	48/48	+01:03:02	1:39:00.266	STIRLING
406/413	BEVANS, MIANNA	137	1:39:35.105	12:26	20:02	40-44	41/42	+01:03:18	1:39:11.546	CARDSTON
407/413	BEAZER, PATRICIA	129	1:39:35.364	12:26	20:02	50-54	30/31	+01:03:18	1:39:12.820	SHERWOOD PARK
408/413	RIEHS, PEGGI	407	1:40:53.386	12:36	20:17	70-74	5/6	+01:04:36	1:40:23.097	HIGH RIVER
409/413	BASKERVILLE, PATRICIA	123	1:40:53.434	12:36	20:17	70-74	6/6	+01:04:36	1:40:25.293	LETHBRIDGE
410/413	RYAN, STEPHANIE	416	1:44:45.860	13:05	21:04	75-79	5/6	+01:08:28	1:44:33.168	LETHBRIDGE
411/413	DARMODY, CAROL	186	1:45:17.640	13:09	21:11	75-79	6/6	+01:09:00	1:45:03.764	LETHBRIDGE
412/413	DEACON-ROGERS, LESLEE	195	1:46:40.751	13:20	21:27	40-44	42/42	+01:10:23	1:46:12.612	LETHBRIDGE
413/413	ULRICH, JENNIFER	486	1:46:40.891	13:20	21:27	50-54	31/31	+01:10:23	1:46:12.553	LETHBRIDGE