

## 2024 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K/3.11 Miles

## 278 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
223/278	ADDISON, LINDA	5420	41:51.491	08:22	13:27	5K50-59F	15/22	F	126/164	41:25.502
271/278	ADHIMOOLAM, SUNANDA	5421	1:00:59.612	12:11	19:36	5K50-59F	21/22	F	161/164	1:00:42.198
156/278	ALCALA, MALACHI	5422	34:39.240	06:55	11:08	5K11&UM	15/23	M	80/114	34:32.425
97/278	ALCALA, TONYA	5423	29:42.363	05:56	09:33	5K30-39F	11/51	F	35/164	29:35.113
174/278	ALKERTON, HANNAH	5424	36:00.942	07:12	11:34	5K20-29F	11/26	F	90/164	35:50.993
172/278	ALKERTON, HERB	5425	35:49.199	07:09	11:31	5K50-59M	7/9	M	84/114	35:39.769
266/278	ANDERSON, SANDIE	5426	57:48.807	11:33	18:35	5K50-59M	9/9	M	109/114	57:19.299
146/278	ANDREWS, MATTHEW	5427	34:00.874	06:48	10:56	5K30-39M	14/19	M	76/114	34:00.874
206/278	AOKUSO, AMMON	5428	38:29.255	07:41	12:22	5K11&UM	20/23	M	95/114	38:13.406
249/278	AOKUSO, MOILA	5429	48:45.976	09:45	15:40	5K30-39M	18/19	M	105/114	48:29.164
217/278	BARNETT, NICOLE	5430	40:47.647	08:09	13:07	5K40-49F	13/24	F	120/164	40:27.334
22/278	BASSO, COLLIN	5431	23:58.752	04:47	07:42	5K20-29M	8/25	M	20/114	23:53.301
278/278	BAX, WILLEM	5434	1:06:34.835	13:18	21:24	5K60-69M	3/3	M	114/114	1:06:00.965
215/278	BEATON, DANIELLE	5717	39:33.868	07:54	12:43	5K40-49F	12/24	F	118/164	39:29.496
40/278	BENOIT, DOMINIC	5677	26:08.007	05:13	08:24	5K16-19M	3/8	M	32/114	26:03.730
240/278	BERRY, BRANTLY	5435	44:51.253	08:58	14:25	5K20-29M	23/25	M	103/114	44:36.082
1/278	BEVANS, BLAKE	5716	16:58.992	03:23	05:27	5K20-29M	1/25	M	1/114	16:58.768
104/278	BLINCO, RIELY	5678	30:12.807	06:02	09:42	5K30-39M	12/19	M	66/114	30:06.719
79/278	BOISVERT, DONNA	5436	28:31.185	05:42	09:10	5K50-59F	5/22	F	24/164	28:29.159
6/278	BOMHOF, EMMET	5437	20:18.981	04:03	06:31	5K11&UM	1/23	M	5/114	20:18.977
70/278	BOMHOF, KIRA	5438	27:50.328	05:34	08:57	5K11&UF	2/19	F	19/164	27:48.003
38/278	BOMHOF, THOMAS	5439	26:02.335	05:12	08:22	5K11&UM	6/23	M	31/114	26:02.051
96/278	BOOTH, FINN	5440	29:38.236	05:55	09:31	5K11&UM	10/23	M	62/114	29:30.121
117/278	BORT, ELLIE	5441	31:02.401	06:12	09:58	5K11&UF	6/19	F	49/164	30:46.130
123/278	BORT, SHARLA	5442	31:34.347	06:18	10:09	5K30-39F	18/51	F	54/164	31:18.530
98/278	BOTHA, INGRED	5443	29:52.323	05:58	09:36	5K20-29F	8/26	F	36/164	29:42.652
112/278	BOURNE, REBECCA	5444	30:57.713	06:11	09:57	5K30-39F	14/51	F	44/164	30:46.301
145/278	BREWIN, NATASHA	5446	33:56.726	06:47	10:54	5K30-39F	24/51	F	70/164	33:42.016
225/278	BULLOCK, ASHER	5447	42:22.873	08:28	13:37	5K11&UM	21/23	M	98/114	41:56.503
226/278	BULLOCK, BRYAN	5448	42:23.108	08:28	13:37	5K40-49M	13/15	M	99/114	41:56.344
197/278	BULLOCK, CHELSIE	5449	37:48.400	07:33	12:09	5K30-39F	37/51	F	107/164	37:24.087
195/278	BULLOCK, OLIVIA	5450	37:31.408	07:30	12:03	5K11&UF	13/19	F	106/164	37:05.519
194/278	BULLOCK, RHETT	5451	37:29.674	07:29	12:03	5K11&UM	17/23	M	89/114	37:04.324
164/278	BURNDRED, KARMYN	5453	35:13.365	07:02	11:19	5K16-19F	5/8	F	82/164	35:10.434
140/278	BURT, KENZIE	5454	33:06.150	06:37	10:38	5K20-29F	9/26	F	66/164	33:00.064
139/278	BYAM, DAELENE	5455	33:02.330	06:36	10:37	5K50-59F	11/22	F	65/164	32:53.057
65/278	CAMPBELL, TANNER	5456	27:47.756	05:33	08:56	5K30-39M	9/19	M	48/114	27:38.902
158/278	CHAMBERLAIN, KRISTEN	5457	34:51.709	06:58	11:12	5K30-39F	29/51	F	77/164	34:37.317
15/278	CHAN, CHUN NGAI	5458	23:05.524	04:37	07:25	5K20-29M	7/25	M	14/114	23:04.804
5/278	CHATTERTON, ANNA	5721	20:11.034	04:02	06:29	5K12-15F	1/11	F	1/164	20:10.954
157/278	CHATTERTON, JOSEPH	5459	34:41.701	06:56	11:09	5K60-69M	1/3	M	81/114	34:38.198
151/278	CHEUNG, ANDREA	5460	34:15.381	06:51	11:00	5K40-49F	10/24	F	74/164	34:04.478
201/278	CHISHOLM, TRINIE	5461	38:04.618	07:36	12:14	5K30-39F	38/51	F	109/164	37:57.369
18/278	CHUBB, KEVIN	5463	23:45.440	04:45	07:38	5K40-49M	1/15	M	16/114	23:43.609
120/278	COLLINS, FRANCES	5464	31:23.260	06:16	10:05	5K30-39F	15/51	F	51/164	31:12.728
175/278	COMCHI, HANNAH	5465	36:01.457	07:12	11:35	5K20-29F	12/26	F	91/164	35:52.601
93/278	CONARD, SHAUNA	5466	29:28.066	05:53	09:28	5K40-49F	3/24	F	33/164	29:26.235
219/278	COOK, SILVIA	5723	41:10.758	08:14	13:14	5K30-39F	42/51	F	122/164	41:02.487
54/278	CRAMER, AL	5467	27:11.757	05:26	08:44	5K70+M	1/3	M	42/114	27:01.728
47/278	DAVIS, SHERRY	5468	26:29.944	05:17	08:31	5K50-59F	2/22	F	9/164	26:27.791
203/278	DE GRAAF, JACKSON FLOYD	5470	38:16.994	07:39	12:18	5K11&UM	19/23	M	94/114	38:04.122
228/278	DE KOK, LEANNE	5471	43:09.842	08:37	13:52	5K40-49F	15/24	F	129/164	42:56.130
213/278	DE LEEUW, ADELINA	5472	39:20.532	07:52	12:39	5K11&UF	16/19	F	116/164	39:06.523
214/278	DE LEEUW, ARIETTE	5722	39:22.712	07:52	12:39	5K30-39F	41/51	F	117/164	39:09.258
204/278	DE LEEUW, JALAINA	5473	38:17.977	07:39	12:18	5K20-29F	18/26	F	110/164	38:04.224
159/278	DECKER, KAETHEL	5475	34:52.810	06:58	11:12	5K30-39F	30/51	F	78/164	34:38.597
21/278	DEGENSTEIN, GARRETT	5679	23:58.446	04:47	07:42	5K30-39M	4/19	M	19/114	23:54.651
224/278	DEGRAAF, BRYANNE	5476	41:55.827	08:23	13:28	5K30-39F	44/51	F	127/164	41:43.178
86/278	DENBOK, TRISTAN	5477	28:55.137	05:47	09:17	5K16-19M	5/8	M	59/114	28:42.047
11/278	DEVALTER, BRAYDEN	5660	22:40.891	04:32	07:17	5K20-29M	5/25	M	10/114	22:36.138
178/278	DIRK, ALEXA	5715	36:24.192	07:16	11:42	5K11&UF	11/19	F	94/164	35:54.028

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## Alpha Overall Results

## 5K/3.11 Miles

## 278 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
177/278	DIRK, BRITTANY	5713	36:23.886	07:16	11:42	5K30-39F	35/51	F	93/164	35:55.077
168/278	DIRK, ZOEY	5714	35:32.654	07:06	11:25	5K11&UF	9/19	F	85/164	35:03.003
256/278	DOYLE, GRACE	5478	55:21.716	11:04	17:48	5K16-19F	8/8	F	149/164	55:03.241
105/278	DUCHARME, LINDSEY	5680	30:16.768	06:03	09:44	5K30-39F	12/51	F	39/164	30:10.218
27/278	DUMONT, MADDOX	5479	24:30.883	04:54	07:52	5K11&UM	4/23	M	23/114	24:29.881
125/278	DUMONT, MADISON	5480	31:39.201	06:19	10:10	5K11&UF	7/19	F	55/164	31:36.749
51/278	DUMONT, OCEANNE	5481	26:38.968	05:19	08:34	5K11&UF	1/19	F	11/164	26:36.896
133/278	DUMONT, SUSIE	5482	32:00.080	06:24	10:17	5K40-49F	8/24	F	59/164	31:57.626
106/278	EARL, LAURA	5483	30:22.463	06:04	09:46	5K11&UF	4/19	F	40/164	30:19.211
167/278	EAVES, BRYCE	5675	35:19.999	07:04	11:21	5K40-49M	9/15	M	83/114	35:08.902
170/278	ELL, MICHELLE	5484	35:47.441	07:09	11:30	5K30-39F	34/51	F	87/164	35:44.447
57/278	ELLIS, JASON	5485	27:18.038	05:27	08:46	5K40-49M	7/15	M	44/114	27:14.228
68/278	ENFIELD, KASSIE	5486	27:49.114	05:33	08:56	5K20-29F	4/26	F	18/164	27:43.724
36/278	ENSLEN, ALISHA	5487	25:37.189	05:07	08:14	5K20-29F	1/26	F	7/164	25:32.699
71/278	ESPOSITO, STEPHANIE	5488	27:50.850	05:34	08:57	5K30-39F	5/51	F	20/164	27:47.526
64/278	EYRE, CHRISTINA	5489	27:40.538	05:32	08:53	5K30-39F	4/51	F	17/164	27:35.365
161/278	FEHR, MEGAN	5490	35:08.794	07:01	11:18	5K16-19F	4/8	F	80/164	35:05.651
173/278	FEHR, MONICA	5491	35:55.293	07:11	11:33	5K12-15F	7/11	F	89/164	35:52.879
19/278	FEYTER, DWAYNE	5492	23:47.364	04:45	07:38	5K40-49M	2/15	M	17/114	23:45.295
147/278	FEYTER, MELISSA	5493	34:07.226	06:49	10:58	5K40-49F	9/24	F	71/164	34:04.814
2/278	FINDLAY, CAM	5494	18:51.912	03:46	06:03	5K20-29M	2/25	M	2/114	18:51.912
61/278	FITZGERALD, JONATHAN	5495	27:34.232	05:30	08:51	5K20-29M	11/25	M	47/114	27:28.877
114/278	FLEMING, HEATHER	5697	31:00.926	06:12	09:58	5K40-49F	6/24	F	46/164	30:58.971
14/278	FORSYTH, SPENCER	5496	23:04.213	04:36	07:25	5K12-15M	2/9	M	13/114	23:00.618
59/278	GALLANT, BRAD	5497	27:31.349	05:30	08:50	5K50-59M	4/9	M	46/114	27:25.682
185/278	GATTAFFONI, APRYL	5498	36:58.526	07:23	11:53	5K20-29F	16/26	F	101/164	36:58.526
183/278	GATTAFFONI, PAIGE	5499	36:44.815	07:20	11:48	5K20-29F	15/26	F	99/164	36:32.666
155/278	GATZKY, CONNOR	5709	34:28.107	06:53	11:04	5K11&UM	14/23	M	79/114	34:08.580
66/278	GEERAERT, MITCHELL	5500	27:48.317	05:33	08:56	5K20-29M	12/25	M	49/114	27:43.347
126/278	GRAHAM, NANCY	5501	31:42.972	06:20	10:11	5K50-59F	8/22	F	56/164	31:32.940
261/278	GRANT, HAROLYN	5698	56:20.847	11:16	18:07	5K50-59F	17/22	F	153/164	56:12.735
260/278	GRANT, HEATHER	5699	56:14.753	11:14	18:05	5K20-29F	24/26	F	152/164	56:06.461
128/278	GRAYSTON, ROWAN	5502	31:52.884	06:22	10:15	5K11&UM	12/23	M	72/114	31:49.894
62/278	GROTEN, ELISABETH	5503	27:36.389	05:31	08:52	5K50-59F	3/22	F	15/164	27:36.267
85/278	GUZZI, ANTHONY	5504	28:44.871	05:44	09:14	5K20-29M	15/25	M	58/114	28:43.970
84/278	GUZZI, BENNETT	5505	28:44.238	05:44	09:14	5K11&UM	9/23	M	57/114	28:43.337
264/278	HANNA, ROBIN	5508	56:36.574	11:19	18:12	5K50-59F	18/22	F	156/164	56:15.904
49/278	HARASEM PIPER, SAGE	5510	26:33.695	05:18	08:32	5K16-19M	4/8	M	39/114	26:28.105
135/278	HARPER, KRISTA	5511	32:25.556	06:29	10:25	5K30-39F	20/51	F	61/164	32:09.313
163/278	HELMER, JOSHUA	5513	35:13.249	07:02	11:19	5K20-29M	20/25	M	82/114	35:10.050
144/278	HEMINGTON, BETHANY	5514	33:38.798	06:43	10:49	5K20-29F	10/26	F	69/164	33:29.446
73/278	HERASEMLUK, NOAH	5515	28:06.881	05:37	09:02	5K11&UM	8/23	M	52/114	28:06.361
265/278	HIGA, LEXIE	5516	57:48.667	11:33	18:35	5K20-29F	26/26	F	157/164	57:18.318
55/278	HILL, KELSEY	5517	27:13.209	05:26	08:45	5K30-39F	2/51	F	13/164	27:08.640
3/278	HILLIER, ZACHARY	5518	19:15.067	03:51	06:11	5K16-19M	1/8	M	3/114	19:14.748
124/278	HOFFMAN, DOUGLAS	5519	31:36.385	06:19	10:09	5K20-29M	18/25	M	70/114	31:24.615
42/278	HOILAND, SHANE	5520	26:10.024	05:14	08:24	5K50-59M	1/9	M	34/114	26:09.524
46/278	HOLGATE, ANTHONY	5521	26:28.795	05:17	08:30	5K40-49M	5/15	M	38/114	26:25.753
35/278	HOLGATE, SEAN	5522	25:26.219	05:05	08:10	5K12-15M	5/9	M	29/114	25:23.608
152/278	HOLGATE, STEVEN	5523	34:16.085	06:51	11:01	5K70+M	2/3	M	78/114	34:10.476
186/278	HRYNCHUK, TERRI	5524	37:09.612	07:25	11:56	5K50-59F	13/22	F	102/164	37:06.962
78/278	HUMPHREYS, JASON	5525	28:29.404	05:41	09:09	5K50-59M	5/9	M	55/114	28:19.994
77/278	JAFFRAY, STEPHANIE	5526	28:29.122	05:41	09:09	5K50-59F	4/22	F	23/164	28:22.992
129/278	JAMES, ROBIN	5527	31:58.111	06:23	10:16	5K50-59F	9/22	F	57/164	31:56.259
209/278	JANZEN, AUDYN	5528	38:44.929	07:44	12:27	5K11&UF	15/19	F	112/164	38:26.648
210/278	JANZEN, JENNA	5529	38:46.197	07:45	12:27	5K30-39F	39/51	F	113/164	38:27.454
148/278	JEGATHEESWARAN, PIRATHEE	5530	34:14.608	06:50	11:00	5K30-39F	25/51	F	72/164	34:08.156
216/278	JENSEN, ANITA	5531	39:39.165	07:55	12:45	5K60-69F	2/3	F	119/164	39:14.852
205/278	JENSEN, JORDYN	5532	38:29.254	07:41	12:22	5K11&UF	14/19	F	111/164	38:15.705
207/278	JENSEN, NATHAN	5533	38:29.532	07:41	12:22	5K30-39M	16/19	M	96/114	38:16.579
103/278	JUBBER, AUBREE	5726	30:06.830	06:01	09:40	5K12-15F	4/11	F	38/164	30:05.219

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## 5K/3.11 Miles

## 278 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
16/278	JUBBER, HEATHER	5728	23:32.104	04:42	07:34	5K40-49F	1/24	F	2/164	23:31.021
25/278	JUBBER, LAINEY	5725	24:14.548	04:50	07:47	5K16-19F	2/8	F	4/164	24:12.937
67/278	JUBBER, LINCOLN	5727	27:48.998	05:33	08:56	5K12-15M	6/9	M	50/114	27:47.388
41/278	KARL, NICK	5536	26:08.124	05:13	08:24	5K30-39M	7/19	M	33/114	26:07.457
193/278	KOVACS, DAVID	5720	37:29.417	07:29	12:03	5K20-29M	21/25	M	88/114	37:10.068
189/278	KOVACS, JULIE	5537	37:27.189	07:29	12:02	5K60-69F	1/3	F	104/164	37:07.720
220/278	KROEGER, ALY	5538	41:27.093	08:17	13:19	5K20-29F	19/26	F	123/164	41:17.065
277/278	KROSSE, JACQUELINE	5539	1:06:33.733	13:18	21:24	5K50-59F	22/22	F	164/164	1:06:03.328
31/278	KURIO, MORGAN	5540	25:14.079	05:02	08:06	5K30-39F	1/51	F	6/164	25:11.227
63/278	LABBE, JENNIFER	5541	27:40.068	05:32	08:53	5K30-39F	3/51	F	16/164	27:36.356
130/278	LAMMERS-POTTAGE, ANDREA	5542	31:58.137	06:23	10:16	5K30-39F	19/51	F	58/164	31:51.408
12/278	LARSON-PENDOCK, KYLE	5682	22:49.071	04:33	07:20	5K30-39M	2/19	M	11/114	22:45.927
267/278	LAURSEN, TAMARA	5543	57:49.065	11:33	18:35	5K30-39F	51/51	F	158/164	57:14.041
184/278	LAWRENCE, MYA	5544	36:46.715	07:21	11:49	5K16-19F	6/8	F	100/164	36:37.645
252/278	LEPRIEUR, JEREMY	5545	52:02.569	10:24	16:44	5K40-49M	15/15	M	107/114	52:02.087
218/278	LINARES, SANDRA	5546	41:01.617	08:12	13:11	5K40-49F	14/24	F	121/164	40:53.445
10/278	LINSELL, AUSTIN	5547	22:35.033	04:31	07:15	5K20-29M	4/25	M	9/114	22:29.684
276/278	LIVINGSTON, ASHLEY	5548	1:06:33.148	13:18	21:23	5K40-49F	24/24	F	163/164	1:06:00.346
273/278	LIVINGSTON, BRADDACH	5549	1:05:51.430	13:10	21:10	5K12-15M	9/9	M	111/114	1:05:17.879
272/278	LIVINGSTON, MADELEINE	5550	1:05:50.750	13:10	21:10	5K11&UF	19/19	F	162/164	1:05:16.169
17/278	LORENZ, ABBOTT	5683	23:39.650	04:43	07:36	5K11&UM	3/23	M	15/114	23:38.529
23/278	LORENZ, BRENT	5684	24:06.158	04:49	07:45	5K40-49M	3/15	M	21/114	24:04.709
254/278	LOWATER, JAMIE	5551	53:14.683	10:38	17:07	5K40-49F	21/24	F	147/164	52:59.774
149/278	LUXAN, JESHIBA	5553	34:14.610	06:50	11:00	5K30-39F	26/51	F	73/164	34:08.478
136/278	MACKENZIE, MIRANDA	5554	32:32.706	06:30	10:27	5K30-39F	21/51	F	62/164	32:24.051
242/278	MACKILLOP, DORRAINE	5555	45:13.825	09:02	14:32	5K30-39F	49/51	F	139/164	44:53.411
118/278	MADDAFORD, BREANNA	5556	31:17.074	06:15	10:03	5K12-15F	5/11	F	50/164	30:51.180
43/278	MANYFINGERS, GORDON	5557	26:23.054	05:16	08:29	5K50-59M	2/9	M	35/114	26:21.604
113/278	MARCINKOWSKI, ADRIA	5558	31:00.691	06:12	09:58	5K11&UF	5/19	F	45/164	30:51.801
110/278	MARTIN, STEPHANIE	5559	30:51.036	06:10	09:55	5K40-49F	5/24	F	42/164	30:49.953
13/278	MCELROY, NOLAN	5708	22:57.815	04:35	07:23	5K20-29M	6/25	M	12/114	22:53.062
134/278	MCGALE, KAREN	5560	32:17.001	06:27	10:22	5K50-59F	10/22	F	60/164	32:08.411
9/278	MCINTYRE, CORIGAN	5561	22:26.080	04:29	07:12	5K12-15M	1/9	M	8/114	22:25.595
72/278	MCINTYRE, JESSICA	5562	28:04.231	05:36	09:01	5K30-39F	6/51	F	21/164	27:53.822
247/278	MCLAUGHLIN, ANNE	5563	48:45.178	09:45	15:40	5K40-49F	18/24	F	144/164	48:27.909
188/278	MCMURPHY, CHASE	5700	37:12.401	07:26	11:57	5K30-39M	15/19	M	85/114	37:03.628
91/278	MIKLOS, SARAH	5564	29:16.230	05:51	09:24	5K20-29F	6/26	F	31/164	29:14.560
32/278	MILLER, TEAGAN	5685	25:16.492	05:03	08:07	5K20-29M	9/25	M	26/114	25:11.701
171/278	MILLS, SARAH	5565	35:47.536	07:09	11:30	5K40-49F	11/24	F	88/164	35:44.766
100/278	MILROY, KYE	5686	29:55.487	05:59	09:37	5K16-19M	7/8	M	64/114	29:32.237
269/278	MITCHELL, FRANN	5566	58:34.511	11:42	18:50	5K50-59F	19/22	F	159/164	58:34.429
235/278	MITCHELL, KATI-ANN	5567	43:58.922	08:47	14:08	5K30-39F	48/51	F	134/164	43:37.529
45/278	MOHR, HEAGAN	5568	26:26.710	05:17	08:30	5K11&UM	7/23	M	37/114	26:20.581
44/278	MOHR, RYAN	5569	26:26.687	05:17	08:30	5K40-49M	4/15	M	36/114	26:20.556
212/278	MOREAULT, ANNE-MARIE	5674	39:12.328	07:50	12:36	5K30-39F	40/51	F	115/164	39:08.159
263/278	MOROTOLI, CARMEN	5571	56:35.451	11:19	18:11	5K20-29F	25/26	F	155/164	56:14.624
143/278	MOUNTAIN, MELISSA	5572	33:33.875	06:42	10:47	5K50-59F	12/22	F	68/164	33:20.046
182/278	MUKENDI, TRINITY	5573	36:42.636	07:20	11:48	5K12-15F	9/11	F	98/164	36:35.523
52/278	NILSSON, JENNA	5575	26:46.163	05:21	08:36	5K20-29F	2/26	F	12/164	26:35.365
190/278	NUTLEY, AURELIA	5577	37:27.705	07:29	12:02	5K11&UF	12/19	F	105/164	37:12.533
191/278	NUTLEY, MICK	5702	37:28.413	07:29	12:02	5K50-59M	8/9	M	86/114	37:13.704
166/278	OLFERT, CASSANDRA	5687	35:19.951	07:03	11:21	5K30-39F	33/51	F	84/164	35:11.916
154/278	OROURKE, SARAH	5578	34:25.178	06:53	11:04	5K30-39F	28/51	F	76/164	34:19.511
74/278	PACK, CONNER	5579	28:15.436	05:39	09:05	5K20-29M	13/25	M	53/114	28:09.627
187/278	PARTRIDGE, EMMA	5707	37:12.214	07:26	11:57	5K20-29F	17/26	F	103/164	37:03.642
255/278	PATERSON, BRYNLEY	5703	53:26.613	10:41	17:11	5K30-39F	50/51	F	148/164	52:59.862
90/278	PETTY, SARAH	5580	29:08.425	05:49	09:22	5K30-39F	9/51	F	30/164	29:03.254
80/278	PHILLIPS, SARAH	5581	28:34.629	05:42	09:11	5K30-39F	7/51	F	25/164	28:28.280
244/278	PICKLES, TAUYNA	5582	46:14.807	09:14	14:52	5K40-49F	17/24	F	141/164	46:04.757
211/278	POLS, BOBBI JO	5583	39:09.914	07:49	12:35	5K50-59F	14/22	F	114/164	38:55.244
131/278	POTTAGE, ANDY	5584	31:58.369	06:23	10:16	5K11&UM	13/23	M	73/114	31:51.676

## Alpha Overall Results

## 5K/3.11 Miles

## 278 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
243/278	POTTS, BEV	5586	45:14.036	09:02	14:32	5K60-69F	3/3	F	140/164	44:52.726
116/278	POZDNEKOFF, JENNIFER	5587	31:01.745	06:12	09:58	5K50-59F	7/22	F	48/164	30:57.251
56/278	PRATHER, COLIN	5588	27:17.757	05:27	08:46	5K50-59M	3/9	M	43/114	27:07.424
127/278	PURUSHOTHAMAN, GILBERT	5589	31:44.588	06:20	10:12	5K40-49M	8/15	M	71/114	31:30.199
99/278	RAFALCZIK, JULIUS	5590	29:55.395	05:59	09:37	5K16-19M	6/8	M	63/114	29:32.344
76/278	RATHWELL, WESTON	5710	28:22.701	05:40	09:07	5K20-29M	14/25	M	54/114	28:03.609
50/278	REIZVIKH, DMITRI	5591	26:38.406	05:19	08:33	5K40-49M	6/15	M	40/114	26:36.497
8/278	RENKEMA, KYLE	5688	20:29.034	04:05	06:35	5K20-29M	3/25	M	7/114	20:28.133
69/278	RICE, KYLE	5592	27:49.607	05:33	08:56	5K30-39M	10/19	M	51/114	27:37.437
141/278	RICE, SAMANTHA	5593	33:15.735	06:39	10:41	5K30-39F	23/51	F	67/164	33:04.635
192/278	ROEDLER, BLAKE	5594	37:29.276	07:29	12:03	5K11&UM	16/23	M	87/114	37:03.566
196/278	ROEDLER, CHRIS	5595	37:41.181	07:32	12:07	5K40-49M	10/15	M	90/114	37:15.472
153/278	SAINIO, JESSICA	5596	34:21.124	06:52	11:02	5K30-39F	27/51	F	75/164	34:05.055
53/278	SANGSTER, BRODY	5597	26:52.960	05:22	08:38	5K30-39M	8/19	M	41/114	26:45.429
30/278	SARMET, GABRIEL	5598	25:02.829	05:00	08:03	5K11&UM	5/23	M	25/114	25:01.376
29/278	SARMET, GIULIA	5599	24:57.812	04:59	08:01	5K12-15F	2/11	F	5/164	24:56.319
229/278	SCHERER, KYLE	5600	43:17.436	08:39	13:55	5K30-39M	17/19	M	100/114	42:55.943
274/278	SEPPOLA, DENNIS	5601	1:06:13.601	13:14	21:17	5K30-39M	19/19	M	112/114	1:05:42.456
176/278	SHEEHAN, EMMA	5462	36:05.019	07:13	11:36	5K20-29F	13/26	F	92/164	35:51.106
233/278	SHIPLEY, MATTHEW	5602	43:43.591	08:44	14:03	5K20-29M	22/25	M	101/114	43:18.622
234/278	SHIPLEY, SOFIA	5603	43:50.200	08:46	14:05	5K20-29F	21/26	F	133/164	43:25.831
160/278	SIMPKIN, CHELSEA	5605	34:53.162	06:58	11:13	5K30-39F	31/51	F	79/164	34:39.150
88/278	SISSONS, ASHLYN	5606	28:56.731	05:47	09:18	5K16-19F	3/8	F	28/164	28:42.820
108/278	SLINGERLAND, COLTON	5607	30:31.064	06:06	09:48	5K11&UM	11/23	M	67/114	30:21.291
87/278	SLOMP, BRIAN	5689	28:56.262	05:47	09:18	5K50-59M	6/9	M	60/114	28:50.175
248/278	SOMERVILLE, JOE	5610	48:45.248	09:45	15:40	5K40-49M	14/15	M	104/114	48:27.358
101/278	STEED, EDEN	5729	30:02.940	06:00	09:39	5K12-15F	3/11	F	37/164	30:01.668
199/278	STEED, JARED	5611	37:56.298	07:35	12:11	5K40-49M	11/15	M	91/114	37:44.987
179/278	STEED, JUNE	5612	36:29.933	07:17	11:44	5K12-15F	8/11	F	95/164	36:18.949
180/278	STEED, KIMBERLY	5613	36:33.027	07:18	11:45	5K30-39F	36/51	F	96/164	36:22.226
198/278	STEED, LENA	5614	37:55.970	07:35	12:11	5K12-15F	10/11	F	108/164	37:44.399
169/278	STEED, LYLA	5615	35:32.863	07:06	11:25	5K11&UF	10/19	F	86/164	35:22.064
231/278	STELLA, LINDSAY	5616	43:36.278	08:43	14:01	5K30-39F	46/51	F	131/164	43:29.467
230/278	STELLA, RORY	5617	43:36.186	08:43	14:01	5K11&UF	17/19	F	130/164	43:29.553
89/278	STEWART, KAMI	5618	28:57.832	05:47	09:18	5K30-39F	8/51	F	29/164	28:56.995
262/278	STRAGA, NICOLE	5619	56:32.658	11:18	18:10	5K40-49F	23/24	F	154/164	56:11.737
39/278	SUTTROP, VIVIEN	5620	26:06.742	05:13	08:23	5K50-59F	1/22	F	8/164	26:02.052
28/278	SWIFT, BRODY	5621	24:47.125	04:57	07:58	5K12-15M	3/9	M	24/114	24:42.335
48/278	SWIFT, KATHERINE	5718	26:32.780	05:18	08:32	5K40-49F	2/24	F	10/164	26:28.171
24/278	SWIFT, LIVIA	5623	24:14.196	04:50	07:47	5K16-19F	1/8	F	3/164	24:10.402
58/278	TANNER, JAROM	5624	27:27.178	05:29	08:49	5K20-29M	10/25	M	45/114	27:25.107
115/278	TANNER, JOANNA	5690	31:01.698	06:12	09:58	5K40-49F	7/24	F	47/164	31:00.618
150/278	TAYLOR, THOMAS	5625	34:15.148	06:51	11:00	5K12-15M	8/9	M	77/114	34:09.692
268/278	THIESSEN, MICAH	5626	58:33.060	11:42	18:49	5K20-29M	24/25	M	110/114	58:32.677
95/278	THOMPSON, COLTON	5627	29:34.347	05:54	09:30	5K20-29M	16/25	M	61/114	29:21.994
92/278	THOMPSON, MONTANA	5628	29:22.207	05:52	09:26	5K20-29F	7/26	F	32/164	29:10.334
237/278	THOMPSON, TINLEY	5629	44:33.207	08:54	14:19	5K11&UF	18/19	F	135/164	44:04.797
202/278	TIEFENBACH, RICH	5630	38:16.383	07:39	12:18	5K60-69M	2/3	M	93/114	38:00.353
138/278	TOMPKINS, PRESLEY	5632	32:54.573	06:34	10:34	5K12-15F	6/11	F	64/164	32:47.943
75/278	TRUSCOTT, SAM	5711	28:19.701	05:39	09:06	5K20-29F	5/26	F	22/164	28:01.289
37/278	TSCHEgger, SHANNON	5634	25:44.337	05:08	08:16	5K16-19M	2/8	M	30/114	25:22.869
270/278	ULRICH, JENNIFER	5635	1:00:58.721	12:11	19:36	5K50-59F	20/22	F	160/164	1:00:41.797
109/278	UNRUH, SPENCER	5636	30:34.041	06:06	09:49	5K30-39M	13/19	M	68/114	30:26.066
253/278	URNES, BOBBI	5637	53:14.027	10:38	17:07	5K40-49F	20/24	F	146/164	52:59.316
246/278	VADNAIS, JENNIFER	5638	48:27.272	09:41	15:34	5K50-59F	16/22	F	143/164	48:19.241
34/278	VAN DE HAAR, CORNE	5639	25:23.336	05:04	08:09	5K30-39M	6/19	M	28/114	25:19.426
33/278	VAN DE HAAR, KYLER	5640	25:22.891	05:04	08:09	5K12-15M	4/9	M	27/114	25:18.977
4/278	VAN DEN BERG, PERRY	5691	19:50.385	03:58	06:22	5K30-39M	1/19	M	4/114	19:48.794
122/278	VAN DYK, DANIELLE	5641	31:27.761	06:17	10:06	5K30-39F	17/51	F	53/164	31:19.787
20/278	VAN DYK, MIKE	5642	23:54.861	04:46	07:41	5K30-39M	3/19	M	18/114	23:53.593
257/278	VAN HERK, JENNA	5643	55:21.903	11:04	17:48	5K12-15F	11/11	F	150/164	55:03.596

## 2024 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 5K/3.11 Miles

## 278 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
137/278	VANDERHART, GERDA	5645	32:44.283	06:32	10:31	5K30-39F	22/51	F	63/164	32:31.192
132/278	VANDERPLAS, MATTHIAS	5647	31:58.674	06:23	10:16	5K20-29M	19/25	M	74/114	31:45.224
275/278	VANROOTSELAAR, KEITH	5648	1:06:14.913	13:14	21:18	5K20-29M	25/25	M	113/114	1:05:41.110
107/278	VEDRES, FAYLA	5735	30:24.596	06:04	09:46	5K40-49F	4/24	F	41/164	30:13.575
227/278	VELAQUEZ, MONICA	5724	42:37.475	08:31	13:42	5K30-39F	45/51	F	128/164	42:29.025
26/278	VERSTEEG, MITCH	5712	24:25.447	04:53	07:51	5K30-39M	5/19	M	22/114	24:20.097
60/278	VINK, NADIA	5650	27:34.116	05:30	08:51	5K20-29F	3/26	F	14/164	27:29.144
111/278	VONKEMAN, LARISSA	5651	30:53.683	06:10	09:56	5K30-39F	13/51	F	43/164	30:48.014
222/278	WAKEHAM, REBECCA	5692	41:39.797	08:19	13:23	5K30-39F	43/51	F	125/164	41:37.845
239/278	WALDIE, MADISON	5652	44:51.021	08:58	14:25	5K20-29F	22/26	F	137/164	44:36.051
102/278	WALLACE, BROCK	5653	30:04.089	06:00	09:40	5K20-29M	17/25	M	65/114	29:56.776
251/278	WARNOCK, ALISON	5654	49:02.218	09:48	15:46	5K40-49F	19/24	F	145/164	48:49.867
250/278	WARNOCK, DECLAN	5655	48:59.967	09:47	15:45	5K11&UM	22/23	M	106/114	48:47.933
181/278	WEVER, EMMA	5657	36:34.319	07:18	11:45	5K20-29F	14/26	F	97/164	36:16.368
165/278	WHITE, LAURA	5659	35:15.616	07:03	11:20	5K30-39F	32/51	F	83/164	35:10.864
200/278	WHITE QUILLS, BENTLEY	5704	38:00.751	07:36	12:13	5K11&UM	18/23	M	92/114	37:53.640
221/278	WHITE QUILLS, BROOKE	5705	41:38.976	08:19	13:23	5K20-29F	20/26	F	124/164	41:31.714
208/278	WILLIAMS, JOHN	5661	38:41.487	07:44	12:26	5K40-49M	12/15	M	97/114	38:24.495
232/278	WILSON, SARAH	5662	43:41.481	08:44	14:02	5K30-39F	47/51	F	132/164	43:26.109
121/278	WIPF, EVELYN	5664	31:25.042	06:17	10:06	5K30-39F	16/51	F	52/164	31:23.960
83/278	WITDOUCK, SANDY	5665	28:41.284	05:44	09:13	5K50-59F	6/22	F	27/164	28:38.291
238/278	WITTER, JODY	5666	44:33.698	08:54	14:19	5K40-49F	16/24	F	136/164	44:05.488
241/278	WOLF TAIL, GRACIE	5667	45:04.706	09:00	14:29	5K20-29F	23/26	F	138/164	44:43.216
236/278	WOLSEY, THOMAS	5706	44:25.309	08:53	14:17	5K70+M	3/3	M	102/114	44:07.526
94/278	YAKE, KELLY	5668	29:28.745	05:53	09:28	5K30-39F	10/51	F	34/164	29:13.777
162/278	YASINSKI, CADEN	5694	35:11.259	07:02	11:18	5K11&UF	8/19	F	81/164	34:58.889
259/278	YASINSKI, CHARIS	5695	55:46.887	11:09	17:56	5K40-49F	22/24	F	151/164	55:33.518
258/278	YASINSKI, COEN	5696	55:41.918	11:08	17:54	5K11&UM	23/23	M	108/114	55:29.163
142/278	YELLOWFACE, JAYDEN	5669	33:24.689	06:40	10:44	5K12-15M	7/9	M	75/114	33:24.270
119/278	YOUNG PINE, PRESTON	5693	31:21.785	06:16	10:05	5K16-19M	8/8	M	69/114	31:14.392
245/278	ZEEB, KAYLA	5670	48:02.430	09:36	15:26	5K16-19F	7/8	F	142/164	47:53.438
7/278	ZWARTBOL, EVAN	5671	20:23.010	04:04	06:33	5K11&UM	2/23	M	6/114	20:17.481
81/278	ZWARTBOL, JAENA	5672	28:36.574	05:43	09:11	5K11&UF	3/19	F	26/164	28:27.503
82/278	ZWARTBOL, STEVE	5673	28:36.693	05:43	09:11	5K30-39M	11/19	M	56/114	28:26.921