

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 10K/6.21 Miles

189 Finishers

**10K11&UF (Female) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	PATERSON, RYLEE	1407	1:30:40.637	09:04	14:36	+00:00:00	181/189	103/108	LETHBRIDGE

**10K11&UM (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	MARCINKOWSKI, LUKAS	1374	57:07.329	05:42	09:11	+00:00:00	61/189	41/81	LETHBRIDGE
2/2	PATERSON, GRADEN	1404	1:30:38.832	09:03	14:35	+00:33:31	180/189	78/81	LETHBRIDGE

**10K12-15M (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	TATA, ILARIO	1435	50:01.802	05:00	08:03	+00:00:00	24/189	19/81	LETHBRIDGE
2/2	TAYLOR, ZACHARY	1438	1:23:08.370	08:18	13:23	+00:33:06	174/189	76/81	LETHBRIDGE

**10K16-19F (Female) - 6 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	PIZARRO, LAURA	1412	45:14.416	04:31	07:17	+00:00:00	11/189	2/108	LETHBRIDGE
2/6	BESTE, BROOKE	1291	58:44.101	05:52	09:27	+00:13:29	70/189	26/108	COALDALE
3/6	MOHR, ASPEN	1390	1:00:29.430	06:02	09:44	+00:15:15	80/189	32/108	MAGRATH

**10K16-19M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	MCINTYRE, GAVIN	1383	42:55.925	04:17	06:54	+00:00:00	3/189	2/81	LETHBRIDGE
2/4	VANDERPLAS'S, ASHER	1451	43:47.700	04:22	07:03	+00:00:51	5/189	4/81	BELLEVUE
3/4	NEIL, KALEB	1394	53:26.714	05:20	08:36	+00:10:30	44/189	32/81	LETHBRIDGE

**10K20-29F (Female) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/21	SCHULTZ, SHAWNA	1421	50:14.437	05:01	08:05	+00:00:00	26/189	7/108	RAYMOND
2/21	KRYVENCHUK, AMY	1466	52:11.762	05:13	08:24	+00:01:57	35/189	10/108	LETHBRIDGE
3/21	MEIERHOFER, SELAH	1386	52:28.500	05:14	08:27	+00:02:14	38/189	11/108	MAGRATH

**10K20-29M (Male) - 18 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/18	MCKINNON, LINCOLN	1468	41:29.348	04:08	06:40	+00:00:00	1/189	1/81	LETHBRIDGE
2/18	WERT, DAN	1433	48:55.310	04:53	07:52	+00:07:25	20/189	15/81	RAYMOND
3/18	HOOBANOFF, NICHOLAS	1351	50:36.863	05:03	08:09	+00:09:07	29/189	21/81	LETHBRIDGE

**10K30-39F (Female) - 43 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/43	FEHR, EMMA	1279	42:33.005	04:15	06:51	+00:00:00	2/189	1/108	STIRLING
2/43	LANDRY, STEPHANIE	1363	47:29.861	04:44	07:38	+00:04:56	14/189	4/108	LETHBRIDGE
3/43	COBOS, KAREN	1305	50:11.785	05:01	08:04	+00:07:38	25/189	6/108	LETHBRIDGE

**10K30-39M (Male) - 23 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	KURIO, BRETT	1467	43:00.344	04:18	06:55	+00:00:00	4/189	3/81	LETHBRIDGE
2/23	TAYLOR, LORNE	1437	44:00.824	04:24	07:05	+00:01:00	7/189	6/81	MAGRATH
3/23	MARCINKOWSKI, GAVIN	1373	48:40.286	04:52	07:50	+00:05:39	18/189	13/81	LETHBRIDGE

**10K40-49F (Female) - 19 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	ALLEN, MEAGHEN	1277	46:36.446	04:39	07:30	+00:00:00	13/189	3/108	LETHBRIDGE
2/19	GALLAGHER, DIANE	1327	48:25.757	04:50	07:47	+00:01:49	17/189	5/108	LETHBRIDGE
3/19	BOCKUS, PAMELA	1293	50:29.995	05:03	08:07	+00:03:53	28/189	8/108	CALGARY

**10K40-49M (Male) - 15 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	GELLRICH, TREVOR	1331	43:50.184	04:23	07:03	+00:00:00	6/189	5/81	LETHBRIDGE
2/15	UYS, KENDAL	1445	44:28.833	04:26	07:09	+00:00:38	8/189	7/81	LETHBRIDGE
3/15	CHATTERTON, DAVID	1301	44:43.737	04:28	07:12	+00:00:53	9/189	8/81	LETHBRIDGE

**10K50-59F (Female) - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	MASON, TRUDI	1378	1:07:15.411	06:43	10:49	+00:00:00	120/189	56/108	LETHBRIDGE
2/8	VANDEN ELZEN, JEN	1450	1:08:08.449	06:48	10:58	+00:00:53	123/189	59/108	COALDALE
3/8	GEERAERT, ARLENE	1329	1:13:04.247	07:18	11:45	+00:05:48	144/189	74/108	TABER

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## Category Award Results

## TOP 3 In Category

## 10K/6.21 Miles

189 Finishers

**10K50-59M (Male) - 10 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	MARIAL, ABRAHAM	1375	45:35.744	04:33	07:20	+00:00:00	12/189	10/81	LETHBRIDGE
2/10	GALLAGHER, CHRIS	1326	47:35.157	04:45	07:39	+00:01:59	15/189	11/81	LETHBRIDGE
3/10	EYJOLFSON, AARON	1320	48:17.671	04:49	07:46	+00:02:41	16/189	12/81	LETHBRIDGE

**10K60-69F (Female) - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	MCGALE, SHIRLEY	1382	1:05:32.427	06:33	10:33	+00:00:00	110/189	51/108	LETHBRIDGE
2/8	TIMMER, AILEEN	1434	1:06:14.849	06:37	10:40	+00:00:42	115/189	52/108	LETHBRIDGE
3/8	CHATTERTON, JULIE	1302	1:08:50.120	06:53	11:05	+00:03:17	127/189	63/108	LETHBRIDGE

**10K60-69M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	THIESSEN, ERNIE	1440	52:53.410	05:17	08:31	+00:00:00	40/189	28/81	LETHBRIDGE
2/3	MELNYCHUK, CALVERT	1403	58:04.282	05:48	09:21	+00:05:10	67/189	43/81	LETHBRIDGE
3/3	HAMPSHIRE, DALE	1345	1:12:32.210	07:15	11:40	+00:19:38	142/189	69/81	CALGARY

**10K70+F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	MEGAW, CAROL	1385	1:06:26.099	06:38	10:41	+00:00:00	117/189	54/108	LETHBRIDGE
2/2	PETERSEN, BETH	1409	1:30:26.808	09:02	14:33	+00:24:00	179/189	102/108	LETHBRIDGE

**10K70+M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	ARGYLE, GRAHAM	1280	49:36.281	04:57	07:59	+00:00:00	22/189	17/81	LETHBRIDGE
2/4	RIBAR, HAROLD	1417	53:15.533	05:19	08:34	+00:03:39	41/189	29/81	LETHBRIDGE
3/4	BYAM, R. FLAYNE	1297	1:13:02.654	07:18	11:45	+00:23:26	143/189	70/81	FOOTHILLS