

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K/3.11 Miles

278 Finishers

## 5K11&amp;UF (Female) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	DUMONT, OCEANNE	5481	26:38.968	05:19	08:34	+00:00:00	51/278	11/164	LETHBRIDGE
2/19	BOMHOF, KIRA	5438	27:50.328	05:34	08:57	+00:01:11	70/278	19/164	LETHBRIDGE
3/19	ZWARTBOL, JAENA	5672	28:36.574	05:43	09:11	+00:01:57	81/278	26/164	COALHURST

## 5K11&amp;UM (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	BOMHOF, EMMET	5437	20:18.981	04:03	06:31	+00:00:00	6/278	5/114	LETHBRIDGE
2/23	ZWARTBOL, EVAN	5671	20:23.010	04:04	06:33	+00:00:04	7/278	6/114	COALHURST
3/23	LORENZ, ABBOTT	5683	23:39.650	04:43	07:36	+00:03:20	17/278	15/114	LETHBRIDGE

## 5K12-15F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	CHATTERTON, ANNA	5721	20:11.034	04:02	06:29	+00:00:00	5/278	1/164	LETHBRIDGE
2/11	SARMET, GIULIA	5599	24:57.812	04:59	08:01	+00:04:46	29/278	5/164	LETHBRIDGE
3/11	STEED, EDEN	5729	30:02.940	06:00	09:39	+00:09:51	101/278	37/164	LETHBRIDGE

## 5K12-15M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	MCINTYRE, CORIGAN	5561	22:26.080	04:29	07:12	+00:00:00	9/278	8/114	LETHBRIDGE
2/9	FORSYTH, SPENCER	5496	23:04.213	04:36	07:25	+00:00:38	14/278	13/114	LETHBRIDGE
3/9	SWIFT, BRODY	5621	24:47.125	04:57	07:58	+00:02:21	28/278	24/114	LETHBRIDGE

## 5K16-19F (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	SWIFT, LIVIA	5623	24:14.196	04:50	07:47	+00:00:00	24/278	3/164	LETHBRIDGE
2/8	JUBBER, LAINEY	5725	24:14.548	04:50	07:47	+00:00:00	25/278	4/164	LETHBRIDGE
3/8	SISSONS, ASHLYN	5606	28:56.731	05:47	09:18	+00:04:42	88/278	28/164	CALGARY

## 5K16-19M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	HILLIER, ZACHARY	5518	19:15.067	03:51	06:11	+00:00:00	3/278	3/114	LETHBRIDGE
2/8	TSCHETTER, SHANNON	5634	25:44.337	05:08	08:16	+00:06:29	37/278	30/114	FORT MACLEOD
3/8	BENOIT, DOMINIC	5677	26:08.007	05:13	08:24	+00:06:52	40/278	32/114	LETHBRIDGE

## 5K20-29F (Female) - 26 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/26	ENSLLEN, ALISHA	5487	25:37.189	05:07	08:14	+00:00:00	36/278	7/164	LETHBRIDGE
2/26	NILSSON, JENNA	5575	26:46.163	05:21	08:36	+00:01:08	52/278	12/164	LETHBRIDGE
3/26	VINK, NADIA	5650	27:34.116	05:30	08:51	+00:01:56	60/278	14/164	CALGARY

## 5K20-29M (Male) - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/25	BEVANS, BLAKE	5716	16:58.992	03:23	05:27	+00:00:00	1/278	1/114	LETHBRIDGE
2/25	FINDLAY, CAM	5494	18:51.912	03:46	06:03	+00:01:52	2/278	2/114	LETHBRIDGE
3/25	RENKEMA, KYLE	5688	20:29.034	04:05	06:35	+00:03:30	8/278	7/114	LETHBRIDGE

## 5K30-39F (Female) - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/51	KURIO, MORGAN	5540	25:14.079	05:02	08:06	+00:00:00	31/278	6/164	LETHBRIDGE
2/51	HILL, KELSEY	5517	27:13.209	05:26	08:45	+00:01:59	55/278	13/164	LETHBRIDGE
3/51	LABBE, JENNIFER	5541	27:40.068	05:32	08:53	+00:02:25	63/278	16/164	LETHBRIDGE

## 5K30-39M (Male) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	VAN DEN BERG, PERRY	5691	19:50.385	03:58	06:22	+00:00:00	4/278	4/114	LETHBRIDGE
2/19	LARSON-PENDOCK, KYLE	5682	22:49.071	04:33	07:20	+00:02:58	12/278	11/114	LETHBRIDGE
3/19	VAN DYK, MIKE	5642	23:54.861	04:46	07:41	+00:04:04	20/278	18/114	STIRLING

## 5K40-49F (Female) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/24	JUBBER, HEATHER	5728	23:32.104	04:42	07:34	+00:00:00	16/278	2/164	LETHBRIDGE
2/24	SWIFT, KATHERINE	5718	26:32.780	05:18	08:32	+00:03:00	48/278	10/164	LETHBRIDGE
3/24	CONARD, SHAUNA	5466	29:28.066	05:53	09:28	+00:05:55	93/278	33/164	LETHBRIDGE

## 5K40-49M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	CHUBB, KEVIN	5463	23:45.440	04:45	07:38	+00:00:00	18/278	16/114	LETHBRIDGE
2/15	FEYTER, DWAYNE	5492	23:47.364	04:45	07:38	+00:00:01	19/278	17/114	MONARCH
3/15	LORENZ, BRENT	5684	24:06.158	04:49	07:45	+00:00:20	23/278	21/114	LETHBRIDGE

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## Category Award Results

## TOP 3 In Category

## 5K/3.11 Miles

278 Finishers

**5K50-59F (Female) - 22 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/22	SUTTORP, VIVIEN	5620	26:06.742	05:13	08:23	+00:00:00	39/278	8/164	LETHBRIDGE
2/22	DAVIS, SHERRY	5468	26:29.944	05:17	08:31	+00:00:23	47/278	9/164	LETHBRIDGE
3/22	GROTEN, ELISABETH	5503	27:36.389	05:31	08:52	+00:01:29	62/278	15/164	DIAMOND CITY

**5K50-59M (Male) - 9 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	HOILAND, SHANE	5520	26:10.024	05:14	08:24	+00:00:00	42/278	34/114	LETHBRIDGE
2/9	MANYFINGERS, GORDON	5557	26:23.054	05:16	08:29	+00:00:13	43/278	35/114	LETHBRIDGE
3/9	PRATHER, COLIN	5588	27:17.757	05:27	08:46	+00:01:07	56/278	43/114	LETHBRIDGE

**5K60-69F (Female) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	KOVACS, JULIE	5537	37:27.189	07:29	12:02	+00:00:00	189/278	104/164	BURLINGTON
2/3	JENSEN, ANITA	5531	39:39.165	07:55	12:45	+00:02:11	216/278	119/164	BARNWELL
3/3	POTTS, BEV	5586	45:14.036	09:02	14:32	+00:07:46	243/278	140/164	FORT MACLEOD

**5K60-69M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	CHATTERTON, JOSEPH	5459	34:41.701	06:56	11:09	+00:00:00	157/278	81/114	LETHBRIDGE
2/3	TIEFENBACH, RICH	5630	38:16.383	07:39	12:18	+00:03:34	202/278	93/114	LETHBRIDGE
3/3	BAX, WILLEM	5434	1:06:34.835	13:18	21:24	+00:31:53	278/278	114/114	ROTTERDAM

**5K70+M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	CRAMER, AL	5467	27:11.757	05:26	08:44	+00:00:00	54/278	42/114	BARONS
2/3	HOLGATE, STEVEN	5523	34:16.085	06:51	11:01	+00:07:04	152/278	78/114	LETHBRIDGE
3/3	WOLSEY, THOMAS	5706	44:25.309	08:53	14:17	+00:17:13	236/278	102/114	LETHBRIDGE