

## 2025 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 10K/6.21 Miles

## 215 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
76/215	ABRAHAM, ROHAN	1284	57:40.654	05:46	09:17	10K20-29M	11/19	M	50/96	57:23.101
205/215	ADDISON, LINDA	1285	1:24:51.495	08:29	13:39	10K50-59F	11/11	F	113/119	1:24:35.803
140/215	ALLARD, CHRISTOPHER	1286	1:06:09.739	06:36	10:39	10K30-39M	23/27	M	80/96	1:05:55.142
45/215	ARGYLE, GRAHAM	1287	53:44.593	05:22	08:39	10K70+M	1/5	M	31/96	53:36.412
187/215	ARIZA, MELVIN	1288	1:14:36.501	07:27	12:00	10K20-29M	19/19	M	92/96	1:14:21.700
103/215	ARVAY, DYLAN	1457	1:00:36.037	06:03	09:45	10K30-39M	15/27	M	62/96	1:00:28.898
104/215	ARVAY, NICOLE	1289	1:00:36.038	06:03	09:45	10K30-39F	16/48	F	42/119	1:00:29.446
191/215	ATKINSON, LAUREN	1290	1:16:02.679	07:36	12:14	10K30-39F	41/48	F	99/119	1:15:58.522
214/215	BARE SHIN BONE, JOHN	1489	1:34:04.076	09:24	15:08	10K60-69M	9/9	M	96/96	1:33:55.780
143/215	BASA, JENNY	1291	1:06:18.550	06:37	10:40	10K40-49F	22/30	F	63/119	1:06:06.049
110/215	BEDARD, HANNAH	1292	1:01:48.949	06:10	09:57	10K20-29F	9/23	F	46/119	1:01:39.571
180/215	BELL, MAGGIE	1293	1:12:44.165	07:16	11:42	10K20-29F	18/23	F	89/119	1:12:35.948
179/215	BELL, TODD	1294	1:12:43.977	07:16	11:42	10K60-69M	8/9	M	91/96	1:12:35.795
182/215	BENOIT, NICOLE	1295	1:13:55.697	07:23	11:54	10K20-29F	19/23	F	91/119	1:13:40.199
134/215	BENOIT, RICHARD	1296	1:05:44.309	06:34	10:35	10K60-69M	6/9	M	76/96	1:05:29.190
123/215	BETTS, MARK	1431	1:04:10.466	06:25	10:20	10K20-29M	15/19	M	72/96	1:03:56.067
1/215	BEVANS, BLAKE	1497	35:26.764	03:32	05:42	10K20-29M	1/19	M	1/96	35:25.966
75/215	BEWS, JOCELYN	1298	57:38.991	05:45	09:17	10K20-29F	3/23	F	26/119	57:24.272
169/215	BOEHME, ROBERT	1299	1:11:33.260	07:09	11:31	10K50-59M	7/8	M	88/96	1:11:14.203
167/215	BOYES, ROBERT	1490	1:11:21.291	07:08	11:29	10K40-49M	15/16	M	87/96	1:11:16.031
178/215	BROWN, BRANDEE	1300	1:12:43.930	07:16	11:42	10K30-39F	35/48	F	88/119	1:12:39.552
117/215	BROWN, COLE	1301	1:03:03.480	06:18	10:09	10K11&UM	4/5	M	69/96	1:02:59.320
99/215	BROWN, KEN	1302	1:00:27.742	06:02	09:44	10K30-39M	13/27	M	60/96	1:00:23.303
158/215	BUREK, JUDY	1303	1:09:42.689	06:58	11:13	10K60-69F	1/4	F	74/119	1:09:30.511
88/215	BURLEIGH, JAYNA	1304	58:54.342	05:53	09:29	10K30-39F	14/48	F	35/119	58:36.625
48/215	BYAM, GARRETT	1458	53:54.063	05:23	08:40	10K20-29M	7/19	M	34/96	53:40.520
207/215	BYAM, R. FLAYNE	1305	1:25:21.096	08:32	13:44	10K70+M	5/5	M	93/96	1:25:08.216
146/215	CAHOON, LENETA	1306	1:07:28.770	06:44	10:51	10K30-39F	25/48	F	64/119	1:07:13.015
145/215	CAHOON, TIM	1307	1:07:28.674	06:44	10:51	10K30-39M	24/27	M	82/96	1:07:12.618
37/215	CAMPMANS, LAURIE	1506	52:15.344	05:13	08:24	10K50-59F	2/11	F	11/119	52:08.935
6/215	CHATTERTON, DAVID	1309	42:53.173	04:17	06:54	10K40-49M	1/16	M	6/96	42:52.289
63/215	CHATTERTON, THOMAS	1310	56:00.225	05:36	09:01	10K11&UM	1/5	M	44/96	55:59.538
211/215	CHRISTENSEN, SHERRY	1311	1:26:06.237	08:36	13:51	10K60-69F	3/4	F	117/119	1:26:01.077
18/215	CHURKO, EASTON	1459	49:10.540	04:55	07:55	10K12-15M	1/3	M	14/96	49:07.403
62/215	CHURKO, TYREL	1460	55:49.302	05:34	08:59	10K40-49M	11/16	M	43/96	55:46.744
39/215	COBURN, RACHELLE	1312	52:37.141	05:15	08:28	10K40-49F	4/30	F	12/119	52:33.541
20/215	COFFEY, CHRIS	1313	49:51.323	04:59	08:01	10K30-39M	6/27	M	16/96	49:45.182
15/215	COFFEY, KYM	1314	48:27.907	04:50	07:48	10K30-39F	1/48	F	3/119	48:20.670
126/215	COLEBY, FAY	1315	1:04:30.128	06:27	10:23	10K40-49F	16/30	F	53/119	1:04:22.806
199/215	COOK, SILVIA	1316	1:20:58.317	08:05	13:02	10K30-39F	45/48	F	107/119	1:20:49.635
21/215	DAIGLE, CLAUDE	1498	49:52.657	04:59	08:01	10K50-59M	1/8	M	17/96	49:50.906
150/215	DAVIES, MELISSA	1318	1:07:57.011	06:47	10:56	10K30-39F	27/48	F	68/119	1:07:47.063
125/215	DAVIES, ROBERT	1319	1:04:30.105	06:27	10:23	10K30-39M	21/27	M	73/96	1:04:14.641
41/215	DAVIS, PHILIP	1461	52:53.259	05:17	08:30	10K40-49M	6/16	M	28/96	52:45.562
153/215	DE BOER GIESBRECHT, JAYDEN	462	1:08:21.103	06:50	11:00	10K20-29F	12/23	F	69/119	1:08:07.823
25/215	DE GROOT, ANDREA	1320	50:21.790	05:02	08:06	10K20-29F	1/23	F	6/119	50:19.650
154/215	DE LEEUW, JALAINA	1321	1:08:30.525	06:51	11:01	10K20-29F	13/23	F	70/119	1:08:24.586
163/215	DECKER, KAETHEL	1322	1:10:23.841	07:02	11:20	10K30-39F	29/48	F	78/119	1:10:13.149
195/215	DEJONG, GRACE	1323	1:17:56.420	07:47	12:33	10K20-29F	20/23	F	103/119	1:17:50.598
98/215	DEVIN, JESSE	1324	1:00:26.007	06:02	09:43	10K20-29M	12/19	M	59/96	1:00:14.920
97/215	DEVIN, LINDSEY	1325	1:00:25.771	06:02	09:43	10K20-29F	7/23	F	39/119	1:00:14.462
139/215	EAVES, BRYCE	1327	1:05:57.175	06:35	10:37	10K40-49M	13/16	M	79/96	1:05:45.668
209/215	ELLIOTT, ADAM	1328	1:25:21.429	08:32	13:44	10K40-49M	16/16	M	94/96	1:25:07.090
208/215	ELLIOTT, BREIAN	1329	1:25:21.426	08:32	13:44	10K40-49F	30/30	F	115/119	1:25:07.090
57/215	ELLIS, JASON	1330	54:50.781	05:29	08:49	10K40-49M	9/16	M	39/96	54:46.981
122/215	EVANS, CASSIE	1331	1:03:50.262	06:23	10:16	10K20-29F	10/23	F	51/119	1:03:39.571
81/215	FAZZIO, KAYLA	1332	58:14.452	05:49	09:22	10K20-29F	4/23	F	29/119	58:04.931
148/215	FEGAN, LINSEY	1333	1:07:39.503	06:45	10:53	10K40-49F	23/30	F	66/119	1:07:29.743
60/215	FESTER, MEGAN	1334	55:24.296	05:32	08:55	10K30-39F	7/48	F	19/119	55:07.420
61/215	FESTER, NATHAN	1507	55:24.834	05:32	08:55	10K30-39M	10/27	M	42/96	55:07.959
165/215	FLATER, ZACH	1335	1:10:35.001	07:03	11:21	10K20-29M	18/19	M	86/96	1:10:26.783

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## 10K/6.21 Miles

## 215 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
168/215	FRANCIS, KAISHA	1463	1:11:33.127	07:09	11:31	10K20-29F	17/23	F	81/119	1:11:14.833
115/215	FROGLEY, CORI-JO	1503	1:02:56.051	06:17	10:08	10K30-39F	19/48	F	47/119	1:02:45.444
186/215	GARVEY, TEDDI	1336	1:14:18.382	07:25	11:57	10K40-49F	27/30	F	95/119	1:14:06.454
78/215	GELLRICH, KERRY	1338	57:59.757	05:47	09:20	10K40-49F	9/30	F	27/119	57:55.120
149/215	GOLD, REBEKAH	1339	1:07:46.370	06:46	10:54	10K12-15F	2/2	F	67/119	1:07:44.401
54/215	GOMERY, JAIMIE	1340	54:37.351	05:27	08:47	10K20-29F	2/23	F	17/119	54:35.902
42/215	GRAHAM, DOROTHY	1464	52:53.735	05:17	08:31	10K30-39F	5/48	F	14/119	52:47.321
175/215	GRAY, CHALAING	1341	1:12:18.103	07:13	11:38	10K30-39F	32/48	F	85/119	1:12:05.020
204/215	GROBMEIER, PATRICIA	1491	1:24:49.480	08:28	13:39	10K50-59F	10/11	F	112/119	1:24:37.972
28/215	GROTEN, JOSH	1343	50:50.969	05:05	08:11	10K60-69M	2/9	M	21/96	50:46.490
30/215	GUKERT, RYAN	1465	51:10.844	05:07	08:14	10K20-29M	5/19	M	23/96	51:03.063
7/215	GUNDERSON, MORGAN	1466	43:19.823	04:19	06:58	10K30-39M	3/27	M	7/96	43:17.853
200/215	GUNNESS, SYDNEY	1344	1:22:07.483	08:12	13:13	10K30-39F	46/48	F	108/119	1:22:06.155
46/215	HARDEN, CHAD	1345	53:52.141	05:23	08:40	10K40-49M	7/16	M	32/96	53:50.953
138/215	HEMMERLING, ANDREW	1346	1:05:51.877	06:35	10:36	10K30-39M	22/27	M	78/96	1:05:34.559
137/215	HEMMERLING, LAUREN	1347	1:05:51.481	06:35	10:36	10K30-39F	24/48	F	60/119	1:05:34.163
114/215	HERNANDEZ, AARON	1500	1:02:42.035	06:16	10:05	10K20-29M	14/19	M	68/96	1:02:25.638
87/215	HOLM, CASARA	1349	58:45.717	05:52	09:27	10K20-29F	6/23	F	34/119	58:40.038
59/215	HOOGERDYK, JETHRO	1467	55:01.000	05:30	08:51	10K20-29M	9/19	M	41/96	54:58.361
89/215	HORON, EMMA	1350	58:54.389	05:53	09:29	10K30-39F	15/48	F	36/119	58:37.455
43/215	HRUSHKA, OAKLAN	1351	53:15.204	05:19	08:34	10K16-19M	3/4	M	29/96	52:59.447
112/215	IFEANYI, KENNETH	1352	1:02:23.544	06:14	10:02	10K30-39M	18/27	M	66/96	1:02:22.756
80/215	IVAN-WIEST, KIMBERLY	1468	58:05.076	05:48	09:21	10K30-39F	11/48	F	28/119	58:00.195
121/215	JIMENO, LESLY	1353	1:03:48.128	06:22	10:16	10K30-39M	20/27	M	71/96	1:03:33.971
47/215	JOSEPH JR, GEORGE	1469	53:52.960	05:23	08:40	10K20-29M	6/19	M	33/96	53:35.502
193/215	KANASHIRO, SANDRA	1354	1:16:36.686	07:39	12:20	10K50-59F	8/11	F	101/119	1:16:22.688
96/215	KLASSEN, LES	1470	1:00:15.481	06:01	09:42	10K50-59M	6/8	M	58/96	1:00:05.961
147/215	KOZAK, EMILY	1505	1:07:35.494	06:45	10:53	10K30-39F	26/48	F	65/119	1:07:23.237
128/215	KRIKKE, CASSANDRA	1356	1:04:43.723	06:28	10:25	10K30-39F	22/48	F	55/119	1:04:31.835
136/215	KRUSINA, AMY	1357	1:05:47.049	06:34	10:35	10K30-39F	23/48	F	59/119	1:05:28.049
135/215	KRUSINA, PAVEL	1358	1:05:46.768	06:34	10:35	10K60-69M	7/9	M	77/96	1:05:28.167
109/215	LAMMI, WHITNEY	1359	1:01:31.066	06:09	09:54	10K30-39F	18/48	F	45/119	1:01:14.468
170/215	LANG, TAMMY	1360	1:11:35.283	07:09	11:31	10K50-59F	6/11	F	82/119	1:11:29.246
197/215	LANGLOIS, TERRI	1361	1:18:21.334	07:50	12:37	10K30-39F	43/48	F	105/119	1:18:03.115
161/215	LAURIE, KRISTEN	1362	1:10:14.845	07:01	11:18	10K20-29F	16/23	F	76/119	1:10:11.628
29/215	LAWSON, PAYTON	1471	51:02.330	05:06	08:13	10K20-29M	4/19	M	22/96	51:01.196
86/215	LEAFLOOR, STEPHANIE	1363	58:45.341	05:52	09:27	10K30-39F	13/48	F	33/119	58:43.772
82/215	LEAVITT, CAYLEE	1364	58:20.873	05:50	09:23	10K30-39F	12/48	F	30/119	58:09.642
160/215	LOEWEN, TINA	1482	1:09:59.050	06:59	11:16	10K20-29F	15/23	F	75/119	1:09:55.251
95/215	LOWINGS, MALCOLM	1472	1:00:13.444	06:01	09:41	10K70+M	3/5	M	57/96	1:00:00.084
171/215	LYLE, JEFF	1365	1:11:35.799	07:09	11:31	10K50-59M	8/8	M	89/96	1:11:30.042
58/215	MADDAFORD, TROY	1366	54:57.694	05:29	08:51	10K40-49M	10/16	M	40/96	54:52.436
127/215	MARTIN, STEPHANIE	1367	1:04:36.902	06:27	10:24	10K40-49F	17/30	F	54/119	1:04:35.255
24/215	MCCRAY, GLENN	1473	50:10.119	05:01	08:04	10K50-59M	3/8	M	19/96	50:07.040
174/215	MCDONALD, ASHLEIGH	1368	1:12:12.525	07:13	11:37	10K30-39F	31/48	F	84/119	1:11:56.567
173/215	MCDONALD, JASON	1369	1:12:12.244	07:13	11:37	10K30-39M	27/27	M	90/96	1:11:55.765
38/215	MCKEOWN, KEVIN	1370	52:35.289	05:15	08:28	10K40-49M	5/16	M	27/96	52:28.441
155/215	MEGAW, CAROL	1371	1:08:34.886	06:51	11:02	10K70+F	1/1	F	71/119	1:08:30.126
73/215	MELNYCHUK, CALVERT	1474	56:58.796	05:41	09:10	10K60-69M	4/9	M	48/96	56:56.938
198/215	MELTON, VANESSA	1372	1:20:47.351	08:04	13:00	10K30-39F	44/48	F	106/119	1:20:36.823
116/215	MOHR, JONI	1501	1:02:56.097	06:17	10:08	10K40-49F	14/30	F	48/119	1:02:45.585
142/215	MORLING, TRACY	1373	1:06:15.361	06:37	10:40	10K40-49F	21/30	F	62/119	1:06:12.063
176/215	NAJJAR, LARISSA	1374	1:12:21.079	07:14	11:39	10K30-39F	33/48	F	86/119	1:12:07.422
196/215	NAVALES, JONALYN	1375	1:18:19.412	07:49	12:36	10K30-39F	42/48	F	104/119	1:18:04.612
14/215	NELSON, DAVID	1376	47:46.518	04:46	07:41	10K40-49M	2/16	M	12/96	47:42.137
131/215	NESBITT, CARSON	1377	1:05:29.918	06:32	10:32	10K20-29M	16/19	M	75/96	1:05:22.987
157/215	NICHOLLS, TARYN	1378	1:09:26.213	06:56	11:10	10K30-39F	28/48	F	73/119	1:09:16.577
215/215	NICHOLSON, ALICE	1508	1:39:50.925	09:59	16:04	10K60-69F	4/4	F	119/119	1:39:37.287
70/215	OGONOSKI, SHAWNA	1379	56:33.062	05:39	09:06	10K50-59F	4/11	F	24/119	56:29.583
108/215	OLAN, ANNA DOMINIQUE	1380	1:01:23.381	06:08	09:53	10K30-39F	17/48	F	44/119	1:01:20.157
185/215	OLFERT, CASSANDRA	1381	1:14:06.970	07:24	11:56	10K30-39F	39/48	F	94/119	1:13:57.828

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## 215 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
106/215	OLSEN, DOUGLAS	1382	1:01:05.733	06:06	09:50	10K30-39M	16/27	M	64/96	1:00:46.256
192/215	OLSON, TRISH	1383	1:16:13.485	07:37	12:16	10K40-49F	29/30	F	100/119	1:16:01.817
35/215	OPPER, TEALKA	1384	52:05.453	05:12	08:23	10K40-49F	3/30	F	10/119	51:59.691
100/215	ODSHOORN, BRIAN	1385	1:00:32.451	06:03	09:44	10K30-39M	14/27	M	61/96	1:00:12.554
105/215	PACK, CONNER	1386	1:00:53.989	06:05	09:48	10K20-29M	13/19	M	63/96	1:00:42.459
124/215	PARDIAC, KATRINA	1387	1:04:16.654	06:25	10:21	10K30-39F	21/48	F	52/119	1:04:01.676
26/215	PENA, KIRA	1388	50:41.711	05:04	08:09	10K40-49F	2/30	F	7/119	50:40.638
27/215	PENA, THOMAS	1389	50:43.914	05:04	08:10	10K40-49M	4/16	M	20/96	50:43.222
68/215	PENA SMITH, KIM	1475	56:23.359	05:38	09:04	10K30-39F	9/48	F	22/119	56:22.284
12/215	PINDER, ERIN	1509	46:59.221	04:41	07:33	10K40-49F	1/30	F	2/119	46:49.328
130/215	PLANGER, MELISSA	1391	1:05:12.669	06:31	10:30	10K40-49F	18/30	F	56/119	1:05:01.362
31/215	PRATT, SHANNON	1492	51:36.672	05:09	08:18	10K50-59F	1/11	F	8/119	51:34.535
101/215	PRICE, ALLI	1392	1:00:33.529	06:03	09:45	10K20-29F	8/23	F	40/119	1:00:25.749
102/215	PRICE, MARION	1393	1:00:33.576	06:03	09:45	10K50-59F	5/11	F	41/119	1:00:25.875
11/215	PROCEE, HUDSON	1394	45:18.746	04:31	07:17	10K20-29M	3/19	M	10/96	45:18.716
8/215	PROSPER, ZACHARY	1395	44:01.399	04:24	07:05	10K30-39M	4/27	M	8/96	44:00.708
189/215	PROVOST, KRISTYLEE	1476	1:15:17.093	07:31	12:07	10K40-49F	28/30	F	97/119	1:15:11.629
69/215	PUCHALA, KARLIE	1488	56:28.326	05:38	09:05	10K30-39F	10/48	F	23/119	56:25.305
71/215	PUCHKOV, DAVID	1396	56:38.428	05:39	09:07	10K11&UM	2/5	M	47/96	56:32.607
144/215	PURUSHOTHAMAN, GILBERT	1397	1:06:59.308	06:41	10:47	10K40-49M	14/16	M	81/96	1:06:41.014
156/215	RAMZY, MAYA	1510	1:08:40.744	06:52	11:03	10K20-29F	14/23	F	72/119	1:08:28.447
111/215	REDFORD, JEFF	1398	1:02:18.387	06:13	10:01	10K30-39M	17/27	M	65/96	1:02:09.444
79/215	RIBAR, HAROLD	1399	58:02.008	05:48	09:20	10K70+M	2/5	M	52/96	57:55.076
74/215	ROTH, GARRY	1400	57:34.116	05:45	09:16	10K50-59M	5/8	M	49/96	57:28.078
34/215	ROULEAU, JAMES	1401	51:58.609	05:11	08:22	10K30-39M	8/27	M	25/96	51:54.691
53/215	RUIZ, ERNESTO	1402	54:30.342	05:27	08:46	10K40-49M	8/16	M	37/96	54:28.169
91/215	RUMER, DAVID	1403	59:35.943	05:57	09:35	10K40-49M	12/16	M	54/96	59:29.415
84/215	RUSHFORTH, STUART	1404	58:35.381	05:51	09:26	10K12-15M	3/3	M	53/96	58:29.914
151/215	SHELL, PAYTON	1477	1:08:03.033	06:48	10:57	10K20-29M	17/19	M	83/96	1:07:47.076
49/215	SCHINDELER, SUSAN	1478	54:02.319	05:24	08:42	10K50-59F	3/11	F	15/119	53:55.725
190/215	SCHLOSSBERGER, SHAE-LYN	1405	1:15:42.453	07:34	12:11	10K30-39F	40/48	F	98/119	1:15:23.736
133/215	SECRETAN, MELANIE	1499	1:05:43.909	06:34	10:35	10K40-49F	19/30	F	58/119	1:05:39.817
3/215	SEDGWICK, AUSTIN	1493	39:11.551	03:55	06:18	10K30-39M	1/27	M	3/96	39:10.383
13/215	SEDGWICK, SHAUN	1406	47:17.009	04:43	07:36	10K30-39M	5/27	M	11/96	47:15.262
141/215	SHAKOTKO, TASHA	1407	1:06:10.698	06:37	10:39	10K40-49F	20/30	F	61/119	1:06:01.700
23/215	SHARP, ROB	1408	50:03.532	05:00	08:03	10K50-59M	2/8	M	18/96	49:59.813
5/215	SHURGELO, SHELDON	1409	41:47.386	04:10	06:43	10K30-39M	2/27	M	5/96	41:44.249
9/215	SILVA, JOSEPH	1410	44:31.704	04:27	07:10	10K20-29M	2/19	M	9/96	44:29.347
164/215	SIMPKIN, CHELSEA	1411	1:10:23.850	07:02	11:20	10K30-39F	30/48	F	79/119	1:10:13.388
52/215	SINGH, KUSHAL	1502	54:30.038	05:27	08:46	10K20-29M	8/19	M	36/96	54:23.571
166/215	SKEITH, CHRISTINA	1412	1:11:21.260	07:08	11:29	10K40-49F	25/30	F	80/119	1:11:15.320
113/215	SLINGERLAND, DENVER	1413	1:02:39.527	06:15	10:05	10K11&UM	3/5	M	67/96	1:02:35.086
44/215	SLINGERLAND, JAIMIE	1487	53:42.835	05:22	08:38	10K30-39M	9/27	M	30/96	53:37.958
201/215	SMIENK, DANIELLE	1414	1:22:08.537	08:12	13:13	10K20-29F	21/23	F	109/119	1:22:07.787
202/215	SMIENK, SANDRA	1494	1:22:16.060	08:13	13:14	10K60-69F	2/4	F	110/119	1:22:14.812
159/215	SMITH, PATRICK	1415	1:09:55.206	06:59	11:15	10K30-39M	26/27	M	85/96	1:09:48.158
16/215	SMITH, RYAN	1416	48:39.111	04:51	07:50	10K40-49M	3/16	M	13/96	48:35.050
19/215	SMITH, THERAN	1417	49:11.173	04:55	07:55	10K16-19M	2/4	M	15/96	48:51.914
181/215	STARK, VICTORIA	1419	1:12:55.907	07:17	11:44	10K30-39F	36/48	F	90/119	1:12:37.804
129/215	STEED, CLAYNE	1420	1:05:04.817	06:30	10:28	10K70+M	4/5	M	74/96	1:04:52.710
17/215	STEED, KIMBERLY	1421	49:06.110	04:54	07:54	10K30-39F	2/48	F	4/119	49:03.207
92/215	STEPHAN, BENJAMIN	1479	59:46.795	05:58	09:37	10K16-19M	4/4	M	55/96	59:33.777
55/215	STEPHAN, JAMELYN	1422	54:40.913	05:28	08:48	10K40-49F	6/30	F	18/119	54:28.359
56/215	STEPHAN, JARAD	1423	54:47.264	05:28	08:49	10K50-59M	4/8	M	38/96	54:33.805
119/215	STINSON, MELISSA	1424	1:03:32.660	06:21	10:13	10K30-39F	20/48	F	49/119	1:03:30.102
2/215	STOLZ, DALE	1425	38:16.847	03:49	06:09	10K60-69M	1/9	M	2/96	38:15.001
94/215	STONEHOCKER, ERIN	1426	1:00:06.482	06:00	09:40	10K40-49F	12/30	F	38/119	59:53.244
64/215	STONEHOCKER, PARKER	1427	56:09.249	05:36	09:02	10K20-29M	10/19	M	45/96	55:55.712
67/215	SUCHAN, RACHEL	1480	56:17.920	05:37	09:03	10K40-49F	7/30	F	21/119	56:15.482
90/215	TAKAHASHI, ALANA	1481	59:14.146	05:55	09:32	10K40-49F	11/30	F	37/119	59:06.208
194/215	TAKEYASU, CARRIE	1429	1:16:36.874	07:39	12:20	10K50-59F	9/11	F	102/119	1:16:22.932

## 2025 Lethbridge Police Half, 10K, 5K

## Alpha Overall Results

## 10K/6.21 Miles

## 215 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
72/215	TAMS, CATHERINE	1430	56:39.365	05:39	09:07	10K40-49F	8/30	F	25/119	56:25.928
206/215	TAMS BETTS, SAMANTHA	1432	1:25:04.246	08:30	13:41	10K20-29F	23/23	F	114/119	1:24:42.555
107/215	TARALA, KAYLA	1433	1:01:10.934	06:07	09:51	10K40-49F	13/30	F	43/119	1:01:00.186
188/215	TAYLOR, KERRY	1434	1:14:40.742	07:28	12:01	10K50-59F	7/11	F	96/119	1:14:39.213
152/215	THIBAUT, DANIEL	1435	1:08:05.752	06:48	10:57	10K30-39M	25/27	M	84/96	1:07:48.573
132/215	THIELEN, LAUREN	1436	1:05:29.987	06:32	10:32	10K20-29F	11/23	F	57/119	1:05:23.057
51/215	THIESSEN, ERNIE	1437	54:11.664	05:25	08:43	10K60-69M	3/9	M	35/96	54:04.837
118/215	THOM, ANDREW	1438	1:03:14.285	06:19	10:10	10K30-39M	19/27	M	70/96	1:03:02.612
120/215	TOONE, HAYLEY	1504	1:03:47.590	06:22	10:16	10K40-49F	15/30	F	50/119	1:03:37.077
162/215	TURNBULL, JENNY	1440	1:10:21.690	07:02	11:19	10K40-49F	24/30	F	77/119	1:10:12.688
213/215	VALLE, BRISTON	1441	1:28:30.776	08:51	14:15	10K11&UM	5/5	M	95/96	1:28:23.848
177/215	VAN DER EYK, JANELLE	1442	1:12:22.451	07:14	11:39	10K30-39F	34/48	F	87/119	1:12:08.809
183/215	VAN GUNST, SARAH	1443	1:14:00.009	07:24	11:54	10K30-39F	37/48	F	92/119	1:13:55.917
32/215	VAN HIERDEN, ELINE	1483	51:38.828	05:09	08:19	10K30-39F	4/48	F	9/119	51:32.810
40/215	VAN LEUKEN, DESIREE	1495	52:53.148	05:17	08:30	10K40-49F	5/30	F	13/119	52:37.951
10/215	VANDERWEKKEN, CHLOE	1446	45:13.727	04:31	07:16	10K12-15F	1/2	F	1/119	45:11.488
22/215	VANDERWEKKEN, MICHELLE	1444	49:58.446	04:59	08:02	10K30-39F	3/48	F	5/119	49:55.745
77/215	VANDERWEKKEN, PETER	1445	57:48.671	05:46	09:18	10K30-39M	12/27	M	51/96	57:45.276
93/215	VELAZQUEZ, ELMER	1447	59:59.287	05:59	09:39	10K60-69M	5/9	M	56/96	59:49.832
210/215	VELAZQUEZ, MONICA	1448	1:25:42.700	08:34	13:48	10K30-39F	47/48	F	116/119	1:25:33.759
33/215	VOSSSEN, PAUL	1449	51:42.672	05:10	08:19	10K30-39M	7/27	M	24/96	51:22.862
85/215	WALKER, ASHLEY	1484	58:36.108	05:51	09:26	10K40-49F	10/30	F	32/119	58:27.048
65/215	WALLACE, NATASHA	1450	56:12.413	05:37	09:03	10K30-39F	8/48	F	20/119	56:01.665
66/215	WALLACE, TRAVIS	1451	56:12.554	05:37	09:03	10K30-39M	11/27	M	46/96	56:01.866
50/215	WASYLENKO, MELANIE	1452	54:10.702	05:25	08:43	10K30-39F	6/48	F	16/119	54:08.560
184/215	WEST, KRISTIE	1453	1:14:00.126	07:24	11:54	10K30-39F	38/48	F	93/119	1:13:56.206
83/215	WICHERS, BRITTANY	1454	58:22.772	05:50	09:24	10K20-29F	5/23	F	31/119	58:08.335
212/215	WILLIAMSON, ERIN	1496	1:27:25.173	08:44	14:04	10K30-39F	48/48	F	118/119	1:27:08.299
203/215	WILLS, AMELIA	1485	1:24:14.089	08:25	13:33	10K20-29F	22/23	F	111/119	1:23:58.971
172/215	ZGURSKI, PAULINE	1455	1:11:44.681	07:10	11:33	10K40-49F	26/30	F	83/119	1:11:32.950
4/215	ZIEBER, BENNETT	1486	40:06.161	04:00	06:27	10K16-19M	1/4	M	4/96	40:04.592
36/215	ZWARTBOL, EVAN	1456	52:13.375	05:13	08:24	10K12-15M	2/3	M	26/96	52:08.932