

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

260 Finishers

5K11&UF (Female) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	BOMHOF, KIRA	5557	25:35.081	05:07	08:13	+00:00:00	31/260	11/170	LETHBRIDGE
2/19	BINGHAM, ACELYN	5550	26:07.518	05:13	08:24	+00:00:32	43/260	17/170	STIRLING
3/19	ZWARTBOL, JAENA	5732	28:15.628	05:39	09:05	+00:02:40	63/260	27/170	COALHURST

5K11&UM (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	BOMHOF, EMMET	5556	18:56.204	03:47	06:05	+00:00:00	2/260	2/90	LETHBRIDGE
2/13	BINGHAM, KYSON	5553	23:26.318	04:41	07:32	+00:04:30	18/260	12/90	STIRLING
3/13	BOMHOF, THOMAS	5558	24:24.230	04:52	07:50	+00:05:28	25/260	17/90	LETHBRIDGE

5K12-15F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	CHATTERTON, ANNA	5578	19:27.915	03:53	06:15	+00:00:00	4/260	1/170	LETHBRIDGE
2/6	SEMENUIK, ALEESIA	5780	27:58.800	05:35	08:59	+00:08:30	57/260	25/170	LETHBRIDGE
3/6	WENGEL, ALIANA	5718	28:26.970	05:41	09:08	+00:08:59	67/260	31/170	LETHBRIDGE

5K12-15M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	CLELLAND, GAVIN	5820	20:12.656	04:02	06:29	+00:00:00	5/260	4/90	EDMONTON
2/9	KWASNY, SIMON	5801	23:48.468	04:45	07:39	+00:03:35	21/260	13/90	LETHBRIDGE
3/9	NEIL, DONOVAN	5663	26:03.302	05:12	08:22	+00:05:50	42/260	26/90	LETHBRIDGE

5K16-19F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	CATONIO, CIANA	5743	23:39.957	04:43	07:36	+00:00:00	20/260	8/170	LETHBRIDGE
2/2	BRUSSEE, MYA	5741	45:13.608	09:02	14:32	+00:21:33	198/260	125/170	FORT MACLEOD

5K16-19M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	HILLIER, ZACHARY	5628	17:56.061	03:35	05:46	+00:00:00	1/260	1/90	LETHBRIDGE
2/2	POFF, KYUS	5671	24:21.442	04:52	07:49	+00:06:25	24/260	16/90	LETHBRIDGE

5K20-29F (Female) - 30 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/30	BOUCHARD, ROSIE	5559	21:23.741	04:16	06:52	+00:00:00	9/260	3/170	OKOTOKS
2/30	KNOCH, NAOMI	5636	21:55.029	04:23	07:02	+00:00:31	11/260	4/170	RAYMOND
3/30	MEIERHOFER, SELAH	5655	25:25.333	05:05	08:10	+00:04:01	30/260	10/170	MAGRATH

5K20-29M (Male) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	MCKINNON, LINCOLN	5803	19:17.156	03:51	06:12	+00:00:00	3/260	3/90	LETHBRIDGE
2/19	ZADNIK, RYAN	5731	21:49.499	04:21	07:01	+00:02:32	10/260	7/90	LETHBRIDGE
3/19	GUENTHER, PETER	5614	22:44.060	04:32	07:18	+00:03:26	14/260	9/90	LETHBRIDGE

5K30-39F (Female) - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/40	LANDRY, STEPHANIE	5642	22:46.826	04:33	07:19	+00:00:00	16/260	6/170	LETHBRIDGE
2/40	HAMILTON, COURTENEY	5616	23:31.850	04:42	07:33	+00:00:45	19/260	7/170	LETHBRIDGE
3/40	FANKHAUSER, SHAUNA	5749	24:55.240	04:59	08:00	+00:02:08	28/260	9/170	CLARESHOLM

5K30-39M (Male) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/14	HASTINGS, KENDON	5621	20:23.344	04:04	06:33	+00:00:00	6/260	5/90	COALDALE
2/14	PRESSON, JUDAH	5675	26:19.120	05:15	08:27	+00:05:55	44/260	27/90	LETHBRIDGE
3/14	VAN DYK, MIKE	5789	26:36.956	05:19	08:33	+00:06:13	47/260	29/90	STIRLING

5K40-49F (Female) - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/39	CLELLAND, BROOKE	5819	20:40.828	04:08	06:38	+00:00:00	7/260	2/170	EDMONTON
2/39	OLSON, DAWN	5827	22:39.654	04:31	07:17	+00:01:58	13/260	5/170	MEDICINE HAT
3/39	COE, SONJA	5585	25:56.668	05:11	08:20	+00:05:15	36/260	13/170	LETHBRIDGE

5K40-49M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/20	LOW, CONNOR	5644	20:56.483	04:11	06:44	+00:00:00	8/260	6/90	MAGRATH
2/20	ONGPAUCO, KEITH	5666	22:12.091	04:26	07:08	+00:01:15	12/260	8/90	LETHBRIDGE
3/20	MITCHELL, AARON	5658	23:59.785	04:47	07:42	+00:03:03	22/260	14/90	LETHBRIDGE

OA/PI = Overall Placing

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Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

260 Finishers

5K50-59F (Female) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/24	WITDOUCK, SANDY	5723	25:44.973	05:08	08:16	+00:00:00	34/260	12/170	LETHBRIDGE
2/24	SUTTORP, VIVIEN	5786	26:46.916	05:21	08:36	+00:01:01	48/260	19/170	LETHBRIDGE
3/24	OLSEN, ERIN	5773	30:52.610	06:10	09:55	+00:05:07	81/260	41/170	LETHBRIDGE

5K50-59M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	ZIEBER, COLIN	5795	25:39.582	05:07	08:15	+00:00:00	32/260	21/90	LETHBRIDGE
2/9	GALLANT, BRAD	5608	26:22.074	05:16	08:28	+00:00:42	45/260	28/90	LETHBRIDGE
3/9	BORBANDY, LEON	5736	30:53.524	06:10	09:55	+00:05:13	82/260	41/90	LETHBRIDGE

5K60-69F (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	BARRON, MARY	5542	31:45.884	06:21	10:12	+00:00:00	93/260	46/170	LETHBRIDGE
2/8	MATTHEWS, JULIE	5653	33:59.640	06:47	10:55	+00:02:13	119/260	68/170	LETHBRIDGE
3/8	YORK - GILLETT, TRISH	5730	36:06.062	07:13	11:36	+00:04:20	128/260	75/170	LETHBRIDGE

5K60-69M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	TIEFENBACH, RICH	5706	37:45.974	07:33	12:08	+00:00:00	135/260	57/90	LETHBRIDGE
2/4	CHATTERTON, JOSEPH	5579	38:50.169	07:46	12:29	+00:01:04	152/260	65/90	LETHBRIDGE
3/4	JERVIS, NEIL	5632	44:04.255	08:48	14:10	+00:06:18	189/260	72/90	LETHBRIDGE

5K70+F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	PAHULJE, MAJDA	5775	39:08.009	07:49	12:34	+00:00:00	155/260	90/170	LETHBRIDGD
2/2	PETERSEN, BETH	5826	49:27.268	09:53	15:54	+00:10:19	228/260	150/170	LETHBRIDGE