

OA/PI = Overall Placing

ACAC XC Grand Prix 3 - Sept.21/2024

Alpha Overall Results

8K - Men

44 Finishers

OA/PI	Name	Bib#	Time	Pace/K	Pace/M	Split1	Split2	Split3	Split4	School
23/44	BELLEHUMEUR, Evan	4828	33:31.927	04:11	06:44	07:27.53	08:32.26	08:44.57	08:47.55	SAIT
8/44	BEVANS, Blake	4850	30:28.508	03:48	06:07	07:00.16	07:46.57	07:50.57	07:51.20	OPEN
19/44	CHAMBERS, Chase	4831	32:38.631	04:04	06:34	07:30.13	08:21.56	08:30.57	08:16.36	SAIT
6/44	COEN, Jordan	4833	29:58.342	03:44	06:01	07:26.02	07:38.72	07:30.21	07:23.37	RDP
34/44	DELLAIRE, Nolan	4840	36:43.527	04:35	07:23	07:45.94	09:41.28	09:45.22	09:31.06	PRAC
24/44	DEVIN, Jesse	4810	33:52.951	04:14	06:49	08:00.67	08:27.98	08:40.65	08:43.63	LPK
36/44	DUFFY, Tyler	4811	37:26.627	04:40	07:32	08:18.32	09:33.53	09:46.75	09:48.01	LPK
43/44	GOODFELLOW, Griffin	4821	44:31.196	05:33	08:57	10:05.61	11:19.02	11:34.76	11:31.78	MHC
11/44	GRANT, Willem	4826	31:14.257	03:54	06:17	07:08.37	07:56.96	08:04.95	08:03.96	SAIT
12/44	GRASMEYER, Ethan	4808	31:25.365	03:55	06:19	07:54.52	07:50.67	08:02.74	07:37.42	LPK
18/44	HARTERY, Keegan	4812	32:29.443	04:03	06:32	07:39.27	08:11.32	08:23.63	08:15.21	LPK
32/44	HENFREY-FERGUSON, Taelum	4835	36:23.816	04:32	07:19	08:42.33	09:16.66	09:16.03	09:08.78	RDP
22/44	HOUSE, Owen	4834	33:14.372	04:09	06:41	08:01.27	08:13.86	08:38.17	08:21.06	RDP
33/44	IWATA, Shintaro	4847	36:34.902	04:34	07:21	08:31.71	09:14.92	09:31.95	09:16.30	OPEN
3/44	KELLER, Brady	4849	28:17.262	03:32	05:41	06:31.10	07:15.88	07:20.87	07:09.39	OPEN
10/44	KIPKOSGEI, Japhet	4837	30:49.554	03:51	06:12	07:15.51	07:48.91	07:53.48	07:51.64	RDP
26/44	KOLODY, Keegan	4851	34:18.051	04:17	06:54	07:01.02	08:51.19	09:17.73	09:08.09	OPEN
7/44	KUJAT, Josh	4802	30:09.263	03:46	06:04	06:53.15	07:35.37	07:51.25	07:49.47	TKU
30/44	LAVOIE-PIERZCHALA, Elijah	4820	35:34.879	04:26	07:09	08:31.93	09:14.66	08:57.49	08:50.78	MHC
42/44	LAWSON, Payton	4813	41:45.541	05:13	08:24	09:10.47	10:43.18	11:10.50	10:41.37	LPK
28/44	LEFFERS, Andrew	4846	35:00.052	04:22	07:02	06:56.23	07:22.98	07:24.77	13:16.06	OPEN
29/44	LUSK, Leland	4836	35:27.807	04:25	07:08	08:26.33	09:05.94	09:10.53	08:44.99	RDP
21/44	MAND, Amol	4804	32:42.035	04:05	06:34	07:35.39	08:23.18	08:25.75	08:17.70	TKU
35/44	MESHEN, Gavin	4829	37:06.847	04:38	07:28	08:33.13	09:22.78	09:40.08	09:30.84	SAIT
25/44	MOHAMED, Kaysan	4809	34:00.943	04:15	06:50	07:49.49	08:25.97	08:54.28	08:51.18	LPK
44/44	MUNRO, Alistair	4801	56:16.543	07:02	11:19	12:37.71	14:23.70	14:56.29	14:18.83	TKU
41/44	NIVEN, Avry	4853	39:16.971	04:54	07:54	08:42.62	09:53.14	10:17.68	10:23.52	AUU
14/44	REISINGER, Max	4825	32:01.225	04:00	06:26	07:16.84	08:09.52	08:19.16	08:15.69	SAIT
39/44	RONALD, Jimmy	4803	38:37.620	04:49	07:46	08:42.95	09:49.46	09:48.23	10:16.96	TKU
38/44	RUMBERG, Taylor	4822	38:37.619	04:49	07:46	08:19.27	10:00.28	10:17.15	10:00.90	MHC
2/44	SAID, Moktar	4830	27:11.819	03:23	05:28	06:26.45	06:41.80	07:05.20	06:58.35	SAIT
40/44	SALY, James	4844	38:48.869	04:51	07:48	08:39.05	09:39.53	10:30.77	09:59.50	UAA
20/44	SHELLENBERG, Ewen	4843	32:39.396	04:04	06:34	07:45.94	08:07.82	08:20.91	08:24.70	UAA
31/44	SMITH, Gage	4817	35:36.144	04:27	07:09	07:47.30	08:57.68	09:15.10	09:36.05	MHC
16/44	SMITH, Wacey	4815	32:14.255	04:01	06:29	07:21.21	08:04.51	08:19.01	08:29.50	LPK
9/44	SWARTZ, Landon	4852	30:43.507	03:50	06:10	06:52.53	07:49.02	08:00.44	08:01.50	OPEN

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4/44	SZUCS, Daniel	4854	28:33.875	03:34	05:44	06:51.05	07:09.60	07:13.20	07:20.00	OPEN
15/44	TAHIROU, Askia	4819	32:12.544	04:01	06:28	07:34.55	08:22.46	08:21.02	07:54.50	MHC
17/44	TAYLOR, Nicholas	4842	32:23.729	04:02	06:31	07:32.35	08:06.88	08:24.19	08:20.29	UAA
1/44	THIESSEN, Maximus	4823	27:04.249	03:23	05:26	06:26.33	06:44.60	06:55.52	06:57.78	SAIT
13/44	VAN DEN HOEK, Conner	4816	31:30.148	03:56	06:20	07:21.03	08:04.51	08:18.39	07:46.19	LPK
5/44	WILLIAMS, Reggie	4848	29:05.985	03:38	05:51	07:01.10	07:18.25	07:19.65	07:26.96	OPEN
27/44	WILSON, Spencer	4818	34:35.982	04:19	06:57	07:53.37	08:42.48	09:14.73	08:45.39	MHC
37/44	YE, Kunlin	4841	37:31.527	04:41	07:33	09:04.55	09:30.78	09:29.48	09:26.69	UAA