

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

**Category Top Results**  
**TOP 5 In Category**

**10K Run - 6.21 Miles**  
**526 Finishers**

**10K11&UM (Male) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	NEUDORF, RHYS	3354	00:56:53.90	05:41	+00:00:00	214/526	140/234	LETHBRIDGE
2/2	HARVEY, TRISTEN	3209	01:05:19.65	06:31	+00:08:25	382/526	199/234	LETHBRIDGE

**10K12-15F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	DIXON, TEAGAN	3105	00:48:34.95	04:51	+00:00:00	81/526	15/292	LETHBRIDGE
2/2	TAMS, SAMANTHA	3483	01:14:15.20	07:25	+00:25:40	475/526	255/292	TABER

**10K12-15M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	EARL, JAREM	3122	00:53:19.45	05:19	+00:00:00	144/526	105/234	LETHBRIDGE
2/3	SINKE, LUKAS	3450	00:57:12.70	05:43	+00:03:53	219/526	143/234	COALHURST
3/3	BROWN, REECE	3049	01:02:58.95	06:17	+00:09:39	338/526	188/234	BELLEVUE

**10K16-19F (Female) - 16 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	MACKENZIE, RACHEL	3302	00:41:46.20	04:10	+00:00:00	19/526	2/292	BALFOUR
2/16	GENTEK, MACKENZIE	3170	00:42:04.90	04:12	+00:00:18	21/526	3/292	LETHBRIDGE
3/16	DRAIN, CAILIN	3114	00:49:01.10	04:54	+00:07:14	91/526	18/292	LETHBRIDGE
4/16	DAVIDUCK, SEFRAH	3093	00:49:02.60	04:54	+00:07:16	92/526	19/292	LETHBRIDGE
5/16	DIXON, TAYLOR	3104	00:51:18.90	05:07	+00:09:32	120/526	29/292	LETHBRIDGE

**10K16-19M (Male) - 13 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/13	HARDING, ANDREW	3206	00:38:30.20	03:51	+00:00:00	5/526	4/234	TABER
2/13	HARRIS, MARSHALL	3207	00:40:40.25	04:04	+00:02:10	16/526	15/234	CALGARY
3/13	REID, JONATHAN	3406	00:41:01.85	04:06	+00:02:31	18/526	17/234	LETHBRIDGE
4/13	BENNETT, NATHAN	3031	00:45:08.10	04:30	+00:06:37	39/526	34/234	TABER
5/13	RITCHOT, MATTHEW	3410	00:48:16.75	04:49	+00:09:46	76/526	64/234	LETHBRIDGE

**10K20-24F (Female) - 45 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/45	SNOW, TARA	3462	00:50:11.90	05:01	+00:00:00	106/526	24/292	CALGARY
2/45	GAL, MEGHAN	3160	00:53:46.70	05:22	+00:03:34	157/526	45/292	CALGARY
3/45	KURTZ, LAUREN	3268	00:53:52.25	05:23	+00:03:40	158/526	46/292	LETHBRIDGE
4/45	PRIMAVERA, GINA	3394	00:54:52.70	05:29	+00:04:40	178/526	56/292	LETHBRIDGE
5/45	KOOPMANS, MACKENZIE	3265	00:55:26.65	05:32	+00:05:14	189/526	62/292	MEDICINE HAT

**10K20-24M (Male) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	HARDING, ALEX	3205	00:36:02.95	03:36	+00:00:00	2/526	2/234	TABER
2/21	FOSTER, SEAN	3571	00:42:08.45	04:12	+00:06:05	22/526	19/234	LETHBRIDGE
3/21	FOSTER, ROBERT	3149	00:42:47.65	04:16	+00:06:44	26/526	23/234	LETHBRIDGE
4/21	JOSEPHS, NATHAN	3251	00:43:01.30	04:18	+00:06:58	29/526	26/234	LETHBRIDGE
5/21	GREENE, WILLIAM	3187	00:43:39.75	04:21	+00:07:36	33/526	29/234	LETHBRIDGE

**10K25-29F (Female) - 53 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/53	O'CONNELL, JESSICA	3589	00:36:11.70	03:37	+00:00:00	3/526	1/292	CALGARY
2/53	LITHGOW, KIRSTIE	3288	00:46:26.70	04:38	+00:10:15	51/526	7/292	CALGARY
3/53	MOORE, REBEKAH	3341	00:46:55.35	04:41	+00:10:43	60/526	10/292	LETHBRIDGE
4/53	PAQUIN, NICK	3579	00:47:51.40	04:47	+00:11:39	66/526	11/292	MEDICINE HAT
5/53	GILLESPIE, TRIA	3173	00:49:21.10	04:56	+00:13:09	95/526	20/292	LETHBRIDGE

**10K25-29M (Male) - 23 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/23	NGETICH, SOLOMON	3357	00:38:39.70	03:51	+00:00:00	7/526	6/234	LETHBRIDGE
2/23	GALBRAITH, JORDAN	3161	00:40:22.30	04:02	+00:01:42	14/526	13/234	CARDSTON
3/23	HEINRICHS, RYAN	3215	00:41:50.75	04:11	+00:03:11	20/526	18/234	LETHBRIDGE
4/23	KOEGLER, JON	3260	00:43:21.55	04:20	+00:04:41	30/526	27/234	LETHBRIDGE
5/23	SCHMALE, JORDAN	3428	00:45:08.40	04:30	+00:06:28	40/526	35/234	LETHBRIDGE

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### Category Top Results

### TOP 5 In Category

### 10K Run - 6.21 Miles

### 526 Finishers

#### 10K30-34F (Female) - 55 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/55	LAMMERS-POTTAGE, ANDREA	3277	00:43:49.85	04:22	+00:00:00	34/526	5/292	LETHBRIDGE
2/55	HILKEWICH, LESLEE	3219	00:45:55.95	04:35	+00:02:06	45/526	6/292	LANGDON
3/55	BARRETTE, JOELLE	3024	00:50:05.85	05:00	+00:06:16	104/526	23/292	AIRDRIE
4/55	BARKS, COURTNEY	3022	00:51:05.10	05:06	+00:07:15	118/526	27/292	LETHBRIDGE
5/55	TRAN, ARYNNNE	3499	00:51:32.75	05:09	+00:07:42	122/526	30/292	LETHBRIDGE

#### 10K30-34M (Male) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/37	VAN REEUWYK, DAVE	3516	00:38:51.75	03:53	+00:00:00	8/526	7/234	PICTURE BUTTE
2/37	GLOVER, AARON	3177	00:39:58.40	03:59	+00:01:06	12/526	11/234	FERNIE
3/37	MCIVER, JORD	3321	00:40:21.90	04:02	+00:01:30	13/526	12/234	EDMONTON
4/37	KLOHN, CHAD	3257	00:40:31.10	04:03	+00:01:39	15/526	14/234	LETHBRIDGE
5/37	GEDRASIK, ANDREW	3167	00:40:46.50	04:04	+00:01:54	17/526	16/234	LETHBRIDGE

#### 10K35-39F (Female) - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/36	BACKMAN-LOO, RHONDA	3018	00:43:36.15	04:21	+00:00:00	32/526	4/292	LAKE NEWELL RE
2/36	SCOTT, CATHERINE	3581	00:48:23.90	04:50	+00:04:47	78/526	13/292	SEVEN PERSONS
3/36	SHEPPARD, SUZANNE	3441	00:49:49.95	04:58	+00:06:13	102/526	22/292	LETHBRIDGE
4/36	SELK, RACHEL	3437	00:54:18.95	05:25	+00:10:42	167/526	50/292	GLENWOOD
5/36	ROY, AMY	3580	00:54:32.35	05:27	+00:10:56	169/526	52/292	COALDALE

#### 10K35-39M (Male) - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/31	KANGOOGO, KIP	3254	00:33:07.70	03:18	+00:00:00	1/526	1/234	LETHBRIDGE
2/31	FINK, WARREN	3141	00:38:30.45	03:51	+00:05:22	6/526	5/234	EDMONTON
3/31	FAIRHURST, ANDREW	3586	00:39:29.50	03:56	+00:06:21	10/526	9/234	BLAIRMORE
4/31	FEGAN, CHRIS	3137	00:45:46.25	04:34	+00:12:38	43/526	38/234	LETHBRIDGE
5/31	ALBRECHT, TYLER	3001	00:46:08.05	04:36	+00:13:00	46/526	40/234	MEDICINE HAT

#### 10K40-44F (Female) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/27	TUCKOVA, HEATHER	3503	00:46:36.70	04:39	+00:00:00	55/526	8/292	LETHBRIDGE
2/27	SLAWSON, CORREEN	3451	00:48:24.55	04:50	+00:01:47	80/526	14/292	FORT MACLEOD
3/27	CHARTIER, BONNIE	3585	00:49:24.75	04:56	+00:02:48	98/526	21/292	COALDALE
4/27	COPELAND, JENNIFER	3079	00:50:30.85	05:03	+00:03:54	111/526	26/292	LETHBRIDGE
5/27	REIMER, SUSAN	3408	00:52:58.70	05:17	+00:06:22	138/526	36/292	BOW ISLAND

#### 10K40-44M (Male) - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/33	MOLNAR, WARREN	3339	00:37:14.50	03:43	+00:00:00	4/526	3/234	LETHBRIDGE
2/33	DUCHAN, JEREMY	3118	00:38:55.20	03:53	+00:01:40	9/526	8/234	LETHBRIDGE
3/33	PAWLENCHUK, TODD	3379	00:47:09.25	04:42	+00:09:54	62/526	52/234	CARDSTON
4/33	GAL, BRUCE	3159	00:47:12.95	04:43	+00:09:58	63/526	53/234	LETHBRIDGE
5/33	HUNGRY WOLF, OKAN	3234	00:47:57.20	04:47	+00:10:42	67/526	56/234	STANDOFF

#### 10K45-49F (Female) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	HOSANEE, MONIQUE	3231	00:48:03.15	04:48	+00:00:00	71/526	12/292	MEDICINE HAT
2/17	GIN, SUSAN	3175	00:51:07.15	05:06	+00:03:04	119/526	28/292	LETHBRIDGE
3/17	MACKINNON, BOBBIE	3303	00:54:01.85	05:24	+00:05:58	162/526	47/292	LETHBRIDGE
4/17	LENZ, EMMA	3287	00:54:39.45	05:27	+00:06:36	173/526	54/292	COALHURST
5/17	MARCOTTE, DENISE	3309	00:54:58.95	05:29	+00:06:55	179/526	57/292	LETHBRIDGE

#### 10K45-49M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/17	ANDERSEN, SHANE	3004	00:39:51.45	03:59	+00:00:00	11/526	10/234	FALUN
2/17	HIGGINS, BOB	3218	00:42:15.70	04:13	+00:02:24	24/526	21/234	LETHBRIDGE
3/17	VANDEN DOOL, GLENN	3519	00:43:26.65	04:20	+00:03:35	31/526	28/234	LETHBRIDGE
4/17	SHERIFF, JOHN	3443	00:48:03.85	04:48	+00:08:12	74/526	62/234	LETHBRIDGE
5/17	PUSHOR, KEITH	3397	00:48:24.15	04:50	+00:08:32	79/526	66/234	LETHBRIDGE

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Category Top Results  
 TOP 5 In Category

10K Run - 6.21 Miles  
 526 Finishers

**10K50-54F (Female) - 21 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	GUPPY, JOANNE	3193	00:46:44.75	04:40	+00:00:00	58/526	9/292	LETHBRIDGE
2/21	KOENIG, KAREN	3262	00:48:35.95	04:51	+00:01:51	82/526	16/292	LETHBRIDGE
3/21	LAMB, MARGO	3294	00:48:57.25	04:53	+00:02:12	89/526	17/292	LETHBRIDGE
4/21	ARVES, KATHLEEN	3015	00:51:34.50	05:09	+00:04:49	123/526	31/292	SHELBY
5/21	DALPHOND, LOUISE	3089	00:53:35.25	05:21	+00:06:50	152/526	42/292	LETHBRIDGE

**10K50-54M (Male) - 19 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	ARNOLD, RALPH	3012	00:45:01.85	04:30	+00:00:00	37/526	32/234	LETHBRIDGE
2/19	PENNER, KEN	3384	00:46:28.85	04:38	+00:01:27	52/526	45/234	LETHBRIDGE
3/19	JOHNSON, DEAN	3247	00:46:35.70	04:39	+00:01:33	54/526	47/234	LETHBRIDGE
4/19	MYERS, TODD	3345	00:46:46.15	04:40	+00:01:44	59/526	50/234	CLARESHOLM
5/19	ELDER, KEVIN	3125	00:47:45.50	04:46	+00:02:43	65/526	55/234	LETHBRIDGE

**10K55-59F (Female) - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	ZEMP, NORMA	3584	00:57:21.30	05:44	+00:00:00	222/526	79/292	RAYMOND
2/8	HANDFORD, KIZZY	3203	01:00:06.75	06:00	+00:02:45	290/526	116/292	PINCHER CREEK
3/8	JOHNSTON, BERNADETTE	3249	01:00:16.25	06:01	+00:02:54	295/526	120/292	LETHBRIDGE
4/8	CHRISTENSEN, SHERRY	3068	01:02:40.15	06:16	+00:05:18	335/526	149/292	COALHURST
5/8	APPELT, SHARON	3007	01:03:35.50	06:21	+00:06:14	352/526	162/292	LETHBRIDGE

**10K55-59M (Male) - 18 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	RANDLE, KEITH	3404	00:49:24.30	04:56	+00:00:00	97/526	77/234	LETHBRIDGE
2/18	GRUBER, CLARENCE	3192	00:49:39.85	04:57	+00:00:15	101/526	80/234	LETHBRIDGE
3/18	FRASER, PHIL	3150	00:50:53.20	05:05	+00:01:28	113/526	87/234	LETHBRIDGE
4/18	WILLMS, LORNE	3557	00:51:27.00	05:08	+00:02:02	121/526	92/234	LETHBRIDGE
5/18	OLSON, BARRY	3362	00:52:27.85	05:14	+00:03:03	136/526	101/234	LETHBRIDGE

**10K60-64F (Female) - 8 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	OLFERT, DOREEN	3361	00:55:25.10	05:32	+00:00:00	188/526	61/292	HAYS
2/8	THIBERT, CAROL	3485	00:56:59.40	05:41	+00:01:34	217/526	76/292	LETHBRIDGE
3/8	DAVIDSON, PATTY	3092	01:00:21.00	06:02	+00:04:55	297/526	122/292	SUN RIVER
4/8	MEGAW, CAROL	3331	01:01:23.65	06:08	+00:05:58	312/526	132/292	LETHBRIDGE
5/8	SMITH, BEV	3453	01:03:03.30	06:18	+00:07:38	341/526	153/292	LETHBRIDGE

**10K60-64M (Male) - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	PEACOCK, BOB	3382	00:49:35.90	04:57	+00:00:00	100/526	79/234	VERNON
2/12	CRAMER, AL	3085	00:50:05.15	05:00	+00:00:29	103/526	81/234	BARONS
3/12	TILLMANNS, FELIX	3494	00:50:09.15	05:00	+00:00:33	105/526	82/234	LETHBRIDGE
4/12	BOEHM, NORBERT	3040	00:54:01.10	05:24	+00:04:25	161/526	115/234	LETHBRIDGE
5/12	ORR, LAURRY	3365	00:54:33.75	05:27	+00:04:57	170/526	118/234	FORT MACLEOD

**10K65-69F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	VAN DYK, JANNIE	3511	01:15:00.90	07:30	+00:00:00	482/526	260/292	LETHBRIDGE
2/2	REID, PAULETTE	3407	01:25:17.80	08:31	+00:10:16	522/526	288/292	LETHBRIDGE

**10K65-69M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	CLACK, JACK	3072	00:48:06.95	04:48	+00:00:00	75/526	63/234	LETHBRIDGE
2/5	SCOTT, JIM	3434	01:01:07.25	06:06	+00:13:00	310/526	180/234	LETHBRIDGE
3/5	BROWN, JERRY	3048	01:04:41.15	06:28	+00:16:34	370/526	195/234	LETHBRIDGE
4/5	ARVIDSON, ROB	3016	01:04:43.10	06:28	+00:16:36	371/526	196/234	LETHBRIDGE
5/5	HEPP, MICHAEL	3216	01:15:52.40	07:35	+00:27:45	487/526	224/234	COLBERT

**10K70-74F (Female) - 2 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	NORRIS, JOAN	1855	01:12:10.00	07:13	+00:00:00	464/526	245/292	LETHBRIDGE
2/2	EVANS, CAROLYN	3132	01:17:55.25	07:47	+00:05:45	504/526	276/292	LETHBRIDGE