

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
259/455	AGUILAR, ANA	101	01:00:53.69	06:05	10K35-39F	11/25	F	108/246	01:00:42.61
48/455	AIKEMA, KYLE	102	00:47:43.60	04:46	10K25-29M	7/26	M	39/209	00:47:35.41
119/455	ALBERS, PETE	103	00:52:51.11	05:17	10K35-39M	14/25	M	85/209	00:52:39.23
89/455	ALBRECHT, TYLER	104	00:50:56.56	05:05	10K40-44M	5/25	M	67/209	00:50:47.65
202/455	ALEMAN, DANIEL	105	00:57:05.58	05:42	10K16-19M	9/10	M	124/209	00:56:49.16
410/455	ANDERSON, CASEY	106	01:13:20.13	07:20	10K20-24F	23/26	F	211/246	01:12:46.68
283/455	ANDREWS, SHANNON	107	01:02:02.22	06:12	10K40-44F	12/26	F	122/246	01:01:34.14
136/455	ARAUJO, STEVEN	109	00:53:32.60	05:21	10K30-34M	17/30	M	94/209	00:51:56.08
35/455	ATWOOD, CARTER	110	00:45:17.71	04:31	10K16-19M	3/10	M	30/209	00:45:15.01
293/455	BALFOUR, NICOLE	113	01:02:39.69	06:15	10K25-29F	32/50	F	131/246	01:02:23.67
110/455	BARE SHIN BONE, JOHN	618	00:51:51.22	05:11	10K60-64M	4/7	M	78/209	00:51:46.65
162/455	BARKER, MATTHEW	114	00:54:55.53	05:29	10K30-34M	19/30	M	107/209	00:54:51.18
84/455	BARKS, COURTNEY	115	00:50:34.82	05:03	10K30-34F	3/52	F	21/246	00:50:33.17
265/455	BARNES, AUTUMN	116	01:01:16.94	06:07	10K35-39F	12/25	F	113/246	01:01:11.70
94/455	BARNES, THOMAS	117	00:51:09.21	05:06	10K30-34M	12/30	M	70/209	00:51:01.46
36/455	BARNETT, BROCK	118	00:45:18.26	04:31	10K12-15M	3/12	M	31/209	00:45:15.84
32/455	BARNETT, CIANA	119	00:45:05.38	04:30	10K35-39F	1/25	F	5/246	00:45:03.24
72/455	BARNETT, CONNOR	120	00:49:30.00	04:57	10K25-29M	10/26	M	58/209	00:49:27.29
271/455	BARTON, LUKE	122	01:01:40.66	06:10	10K25-29M	19/26	M	155/209	01:01:24.06
90/455	BAUMANN, JEFFREY	123	00:51:00.64	05:06	10K30-34M	11/30	M	68/209	00:50:47.77
343/455	BECK, JANICE	124	01:06:32.12	06:39	10K50-54F	10/14	F	162/246	01:06:22.20
23/455	BECKING, AARON	125	00:43:41.42	04:22	10K30-34M	4/30	M	21/209	00:43:33.17
45/455	BEDARD, CRYSTAL	126	00:46:35.15	04:39	10K45-49F	1/19	F	9/246	00:46:30.41
421/455	BENNER, DARRYL	127	01:15:22.05	07:32	10K45-49M	19/19	M	202/209	01:15:11.25
14/455	BENNETT, BRANDON	609	00:40:36.59	04:03	10K30-34M	2/30	M	14/209	00:40:28.54
40/455	BENNETT, DOUG	128	00:45:35.85	04:33	10K30-34M	6/30	M	34/209	00:45:30.78
80/455	BERGEN, HEATHER	129	00:50:00.45	05:00	10K20-24F	3/26	F	19/246	00:49:56.81
368/455	BEUTLER, JOSH	130	01:08:49.27	06:52	10K25-29M	23/26	M	187/209	01:08:34.47
390/455	BLY, ERIC	132	01:10:58.81	07:05	10K40-44M	24/25	M	191/209	01:10:34.33
391/455	BLY, NATHANIEL	133	01:10:58.98	07:05	10K20-24M	20/22	M	192/209	01:10:34.20
71/455	BOEDER, ZACH	134	00:49:19.70	04:55	10K16-19M	5/10	M	57/209	00:49:04.11
208/455	BOEHM, NORBERT	135	00:57:25.48	05:44	10K65-69M	2/5	M	127/209	00:57:12.73
226/455	BOEHME, SCOTT	506	00:58:35.12	05:51	10K35-39M	18/25	M	134/209	00:58:30.81
191/455	BOEHMER, KATLIN	136	00:56:45.22	05:40	10K30-34M	22/30	M	120/209	00:56:42.20
112/455	BOGAART, WILL	137	00:52:07.82	05:12	10K45-49M	7/19	M	80/209	00:51:59.37
347/455	BOND, SARA	139	01:06:51.40	06:41	10K30-34F	34/52	F	166/246	01:06:39.32
374/455	BOSTERS, HEATHER	140	01:09:18.10	06:55	10K35-39F	18/25	F	187/246	01:09:03.94
280/455	BOURNE, GREG	141	01:01:54.56	06:11	10K35-39M	22/25	M	159/209	01:01:49.90
167/455	BOURNE, LAYLA	142	00:55:07.29	05:30	10K12-15F	2/5	F	58/246	00:55:04.59
279/455	BOURNE, MARY	143	01:01:54.38	06:11	10K35-39F	13/25	F	121/246	01:01:50.74
322/455	BOVEY, BRITTANY	144	01:05:10.12	06:31	10K20-24F	19/26	F	150/246	01:05:06.62
29/455	BOWIE, WES	145	00:44:18.37	04:25	10K20-24M	4/22	M	25/209	00:44:16.14
383/455	BREDEWEG, LISA	146	01:10:30.88	07:03	10K25-29F	42/50	F	195/246	01:10:10.69
176/455	BRUMMELHUIS, LEAH	148	00:55:49.76	05:34	10K20-24F	6/26	F	64/246	00:55:45.42
295/455	BRYDGES, ADDISON	149	01:02:46.18	06:16	10K20-24M	18/22	M	163/209	01:02:35.50
389/455	BUI, CATHY	150	01:10:51.02	07:05	10K30-34F	40/52	F	199/246	01:10:42.28
385/455	BUREK, JUDY	151	01:10:35.33	07:03	10K55-59F	6/8	F	197/246	01:10:17.63
356/455	BURK, CAROL	152	01:07:27.67	06:44	10K65-69F	4/6	F	173/246	01:07:24.86
288/455	BURKE, KASHA	154	01:02:09.45	06:12	10K30-34F	26/52	F	126/246	01:01:51.10
51/455	BURNS, BRYAN	155	00:47:54.57	04:47	10K25-29M	8/26	M	41/209	00:47:47.88
319/455	BUSWELL, ASHLEY	156	01:04:58.19	06:29	10K30-34F	32/52	F	147/246	01:04:53.17
449/455	BUTLER, PETER	157	01:29:36.95	08:57	10K75-79M	1/1	M	208/209	01:29:33.69
250/455	BUTLER, SOPHI	158	01:00:07.68	06:00	10K25-29F	24/50	F	103/246	00:59:59.73
300/455	CARLSON, VALERIE	160	01:03:10.93	06:19	10K45-49F	8/19	F	135/246	01:02:49.75
37/455	CARTER, JIM	162	00:45:18.71	04:31	10K60-64M	1/7	M	32/209	00:45:13.65
171/455	CHISHOLM, DANIEL	165	00:55:21.78	05:32	10K30-34M	20/30	M	111/209	00:55:17.12
104/455	CHISWELL, APRIL	166	00:51:33.06	05:09	10K30-34F	5/52	F	31/246	00:51:31.02
315/455	CHRISTENSEN, SHERRY	167	01:04:42.51	06:28	10K60-64F	2/3	F	144/246	01:04:39.71
284/455	CLARK, DOUG	169	01:02:02.52	06:12	10K65-69M	3/5	M	162/209	01:01:52.20
447/455	CLARK, JASMINE	170	01:26:28.02	08:38	10K30-34F	50/52	F	240/246	01:26:00.62
25/455	CLOSSON, BADEN	171	00:43:48.59	04:22	10K12-15M	2/12	M	22/209	00:43:44.42
206/455	CONTENTI, CURTIS	173	00:57:19.62	05:43	10K20-24M	15/22	M	126/209	00:57:09.47
304/455	COPELAND, TREVOR	175	01:03:33.76	06:21	10K45-49M	15/19	M	167/209	01:03:12.11
218/455	CRAWFORD, SYDNEY	583	00:58:15.32	05:49	10K25-29F	20/50	F	88/246	00:58:11.66
331/455	CRAZY BOY, LEROY	177	01:05:41.77	06:34	10K45-49M	16/19	M	176/209	01:05:24.62
144/455	CROWN, ABIGAIL	178	00:53:54.61	05:23	10K12-15F	1/5	F	46/246	00:53:48.40

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## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
222/455	CUELLAR, NARYIS	179	00:58:21.00	05:50	10K25-29F	21/50	F	90/246	00:58:12.95
338/455	CUTFORTH, CHRIS	180	01:06:06.02	06:36	10K35-39M	24/25	M	179/209	01:05:43.68
377/455	DAVIDSON, LARRY	182	01:09:57.68	06:59	10K65-69M	4/5	M	188/209	01:09:47.19
440/455	DAVIS, AMY	183	01:21:51.43	08:11	10K40-44F	25/26	F	235/246	01:21:25.00
441/455	DAVIS, BOB	184	01:21:51.65	08:11	10K40-44M	25/25	M	206/209	01:21:25.74
139/455	DAVIS, BRAD	185	00:53:38.01	05:21	10K45-49M	9/19	M	96/209	00:53:25.93
188/455	DAVY, DAN	186	00:56:41.90	05:40	10K40-44M	12/25	M	118/209	00:56:30.05
234/455	DEBLOIS, CATE	187	00:59:03.06	05:54	10K50-54F	6/14	F	95/246	00:58:46.26
159/455	DEIS, ALLYSON	188	00:54:47.53	05:28	10K30-34F	8/52	F	54/246	00:54:38.56
394/455	DENBOK, JONAS`	189	01:11:38.92	07:09	10K20-24M	21/22	M	194/209	01:11:05.55
66/455	DEVISSER, RYAN	190	00:48:58.95	04:53	10K16-19M	4/10	M	54/209	00:48:43.91
248/455	DIBBEN, KELLY	192	00:59:56.72	05:59	10K30-34F	21/52	F	101/246	00:59:46.24
101/455	DOBIE, MEGHAN	193	00:51:27.91	05:08	10K25-29F	7/50	F	28/246	00:51:21.22
423/455	DONNELLY, AMBER	194	01:15:27.65	07:32	10K30-34F	45/52	F	221/246	01:15:10.90
334/455	DORATTY, STEPHANIE	195	01:05:49.22	06:34	10K30-34F	33/52	F	157/246	01:05:38.90
100/455	DOYLE, KATHRYN	197	00:51:24.05	05:08	10K40-44F	4/26	F	27/246	00:51:04.19
328/455	DRAIN, CATHY	198	01:05:37.63	06:33	10K50-54F	8/14	F	153/246	01:05:13.91
125/455	DUELL, JAY	199	00:53:10.23	05:19	10K40-44M	8/25	M	89/209	00:52:49.91
93/455	DUELL, KADE	200	00:51:05.27	05:06	10K12-15M	4/12	M	69/209	00:50:44.47
366/455	DUMONT, SUSIE	201	01:08:37.26	06:51	10K40-44F	18/26	F	181/246	01:08:13.93
187/455	DURRANT, REISE	202	00:56:41.19	05:40	10K25-29M	15/26	M	117/209	00:56:18.47
128/455	DYCK, BRITTANY	203	00:53:16.08	05:19	10K25-29F	10/50	F	38/246	00:53:05.09
163/455	DYCK, GREG	204	00:54:55.79	05:29	10K50-54M	4/9	M	108/209	00:54:45.26
439/455	DYCK, TERI	594	01:21:38.43	08:09	10K40-44F	24/26	F	234/246	01:21:19.50
107/455	EAGLE BEAR, JAIME	205	00:51:47.99	05:10	10K35-39F	5/25	F	32/246	00:51:39.80
340/455	EARL, JENNA	206	01:06:20.68	06:38	10K45-49F	13/19	F	160/246	01:06:17.48
339/455	EARL, KENT	207	01:06:20.68	06:38	10K45-49M	17/19	M	180/209	01:06:16.83
227/455	EAVES, BRYCE	208	00:58:42.51	05:52	10K35-39M	19/25	M	135/209	00:58:25.17
452/455	EAVES, MITCHELL	209	01:34:44.52	09:28	10K35-39M	25/25	M	209/209	01:34:25.24
287/455	ELDRIDGE, YVONNE	452	01:02:05.82	06:12	10K40-44F	13/26	F	125/246	01:01:51.97
103/455	ELGERSMA, KATE	210	00:51:32.69	05:09	10K16-19F	3/11	F	30/246	00:51:07.60
168/455	ELGERSMA, LAURA-MARIE	211	00:55:07.81	05:30	10K50-54F	4/14	F	59/246	00:54:42.09
333/455	ELLIS, SARAH	212	01:05:48.59	06:34	10K35-39F	15/25	F	156/246	01:05:37.61
6/455	ENGMAN, THEO	214	00:37:46.89	03:46	10K25-29M	2/26	M	6/209	00:37:45.51
256/455	ETHERIDGE, BEA	215	01:00:41.92	06:04	10K25-29F	25/50	F	105/246	01:00:27.89
230/455	EYBEN, AMY	216	00:58:50.61	05:53	10K25-29F	22/50	F	93/246	00:58:37.69
318/455	FAHEY, AMANDA	217	01:04:48.46	06:28	10K30-34F	31/52	F	146/246	01:04:30.15
203/455	FAHL, CARRIE	218	00:57:05.90	05:42	10K30-34F	14/52	F	79/246	00:56:50.31
207/455	FANDRICK, DANIELLE	219	00:57:19.86	05:43	10K20-24F	9/26	F	81/246	00:57:09.34
268/455	FEHR, BRANDY	220	01:01:35.41	06:09	10K25-29F	29/50	F	115/246	01:01:25.01
58/455	FERGUSON, BILLIE-JO	221	00:48:17.14	04:49	10K40-44F	1/26	F	12/246	00:48:14.80
380/455	FITZGERALD, REBECCA	595	01:10:05.26	07:00	10K65-69F	6/6	F	192/246	01:09:47.16
53/455	FLEMING, MIKE	226	00:48:02.08	04:48	10K35-39M	7/25	M	43/209	00:47:53.53
92/455	FOISY, JENNIFER	228	00:51:01.36	05:06	10K30-34F	4/52	F	24/246	00:50:54.09
34/455	FOSTER, SEAN	229	00:45:12.53	04:31	10K25-29M	5/26	M	29/209	00:45:09.03
54/455	FOWLER, SAM	230	00:48:04.96	04:48	10K30-34M	9/30	M	44/209	00:48:02.74
434/455	FRANCIS, LYNNE	231	01:18:01.33	07:48	10K25-29F	48/50	F	230/246	01:17:57.35
24/455	FREHLICH, HEIDI	232	00:43:44.97	04:22	10K16-19F	1/11	F	3/246	00:43:43.25
251/455	FRIESEN, BRYAN	233	01:00:10.64	06:01	10K30-34M	25/30	M	148/209	00:59:56.61
445/455	FUJIMAGARI, DENNIS	236	01:26:24.27	08:38	10K55-59M	17/17	M	207/209	01:26:09.07
15/455	G, RYAN	237	00:41:12.18	04:07	10K20-24M	3/22	M	15/209	00:41:08.50
244/455	GARCIA, PRISCILLA	240	00:59:51.20	05:59	10K25-29F	23/50	F	98/246	00:59:38.57
294/455	GAZIC, BRITTANY	612	01:02:40.58	06:16	10K30-34F	28/52	F	132/246	01:02:29.26
5/455	GEDRASIK, ANDREW	241	00:37:38.22	03:45	10K35-39M	3/25	M	5/209	00:37:36.78
428/455	GEORGE, LAURA	243	01:16:50.63	07:41	10K35-39F	24/25	F	225/246	01:16:19.20
33/455	GERRAND, SAM	244	00:45:07.21	04:30	10K20-24M	5/22	M	28/209	00:44:57.85
306/455	GIBBINGS, AIDAN	245	01:03:35.84	06:21	10K16-19F	9/11	F	138/246	01:03:02.39
118/455	GIBSON, RORY	246	00:52:43.40	05:16	10K20-24M	12/22	M	84/209	00:52:36.19
246/455	GILLESPIE, KEELEY	248	00:59:56.72	05:59	10K20-24F	11/26	F	99/246	00:59:39.76
77/455	GILLESPIE, TRIA	249	00:49:54.34	04:59	10K25-29F	5/50	F	16/246	00:49:43.08
147/455	GIN, SUSAN	250	00:54:08.22	05:24	10K50-54F	3/14	F	49/246	00:54:02.00
326/455	GOOD STRIKER, JADEN	619	01:05:31.89	06:33	10K20-24M	19/22	M	175/209	01:05:21.99
62/455	GRANT, BRENDAN	253	00:48:46.80	04:52	10K35-39M	9/25	M	50/209	00:48:35.62
312/455	GREEN, JON	256	01:04:01.52	06:24	10K30-34M	27/30	M	171/209	01:03:35.68
309/455	GREENE, WILLIAM	257	01:03:45.36	06:22	10K25-29M	21/26	M	170/209	01:03:33.30
175/455	GUENTHER, CHARLES	258	00:55:43.92	05:34	10K65-69M	1/5	M	112/209	00:55:33.12

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
363/455	HALL, WILLIAM	222	01:08:07.44	06:48	10K55-59M	13/17	M	185/209	01:07:57.64
113/455	HANSON, JANNIS	260	00:52:12.84	05:13	10K25-29F	8/50	F	33/246	00:52:10.14
245/455	HANSON, WES	261	00:59:52.71	05:59	10K55-59M	7/17	M	147/209	00:59:35.45
2/455	HARDING, ALEX	262	00:34:19.83	03:25	10K25-29M	1/26	M	2/209	00:34:18.33
131/455	HARRIS, JODY	263	00:53:23.49	05:20	10K50-54F	2/14	F	41/246	00:53:18.04
9/455	HARRIS, MARSHALL	264	00:39:54.45	03:59	10K20-24M	2/22	M	9/209	00:39:52.80
44/455	HARRISON, BRIAN	610	00:46:26.54	04:38	10K30-34M	8/30	M	36/209	00:46:17.03
197/455	HAVINGA, NICOLE	265	00:56:50.92	05:41	10K25-29F	18/50	F	74/246	00:56:47.66
19/455	HAYWARD, MARC	266	00:43:07.95	04:18	10K55-59M	1/17	M	18/209	00:43:07.94
327/455	HEGGIE, DIXIE	268	01:05:36.02	06:33	10K55-59F	3/8	F	152/246	01:05:26.70
17/455	HEINRICHS, RYAN	269	00:42:17.01	04:13	10K30-34M	3/30	M	16/209	00:42:13.80
254/455	HELWIG, TREVOR	270	01:00:36.48	06:03	10K40-44M	19/25	M	151/209	01:00:21.54
444/455	HENDSBEE, DAPHNE	271	01:22:46.52	08:16	10K25-29F	50/50	F	238/246	01:22:21.20
413/455	HENINGER, DEBBI	604	01:14:42.29	07:28	10K35-39F	22/25	F	213/246	01:14:29.66
381/455	HERN, JESSICA	272	01:10:26.37	07:02	10K30-34F	38/52	F	193/246	01:09:58.69
219/455	HEUVEN, RYAN	274	00:58:17.45	05:49	10K25-29M	16/26	M	131/209	00:58:11.62
150/455	HEWKO, BRYN	600	00:54:27.86	05:26	10K30-34M	18/30	M	100/209	00:54:21.29
105/455	HEWKO, DOUG	601	00:51:45.45	05:10	10K30-34M	13/30	M	74/209	00:51:38.44
152/455	HIGGINS, BOB	275	00:54:33.29	05:27	10K50-54M	3/9	M	101/209	00:54:25.61
299/455	HILTON, JESSICA	277	01:03:08.12	06:18	10K30-34F	29/52	F	134/246	01:02:43.03
229/455	HOBLEY, RICHARD	280	00:58:46.97	05:52	10K50-54M	5/9	M	137/209	00:58:33.13
314/455	HODGKINSON, PAM	281	01:04:42.38	06:28	10K35-39F	14/25	F	143/246	01:04:18.56
109/455	HOLGATE, ANTHONY	507	00:51:50.97	05:11	10K35-39M	12/25	M	77/209	00:51:45.16
438/455	HOLTMAN, JAMES	282	01:19:25.83	07:56	10K55-59M	16/17	M	205/209	01:19:05.64
253/455	HOLTMAN, MATEO	283	01:00:27.05	06:02	10K12-15M	10/12	M	150/209	01:00:07.27
238/455	HONESS, FAREN	284	00:59:21.97	05:56	10K30-34F	20/52	F	96/246	00:59:08.61
237/455	HORBACHEWSKI, NICHOLAS	285	00:59:21.85	05:56	10K12-15M	7/12	M	142/209	00:59:13.40
50/455	HOSANEE, MONIQUE	287	00:47:50.13	04:47	10K50-54F	1/14	F	10/246	00:47:48.69
261/455	HUGHES, CARSON	288	01:01:02.75	06:06	10K12-15M	11/12	M	152/209	01:00:46.59
252/455	HUGHES, THATCHER	290	01:00:11.90	06:01	10K12-15M	9/12	M	149/209	00:59:55.15
30/455	HUMPHRIES, CHRIS	291	00:44:27.37	04:26	10K45-49M	3/19	M	26/209	00:44:23.86
145/455	HURT, CHRISTINE	292	00:54:01.57	05:24	10K45-49F	4/19	F	47/246	00:53:57.23
437/455	IRWIN, MIKALYN	585	01:19:00.03	07:54	10K20-24F	25/26	F	233/246	01:18:57.80
55/455	IENOR, DAN	293	00:48:08.01	04:48	10K30-34M	10/30	M	45/209	00:47:57.14
400/455	JACKSON, COLLEEN	294	01:11:51.39	07:11	10K40-44F	20/26	F	205/246	01:11:39.33
260/455	JENKINS, AMANDA	295	01:00:56.72	06:05	10K20-24F	13/26	F	109/246	01:00:33.48
3/455	JENSEN, BROCK	296	00:35:49.57	03:34	10K16-19M	1/10	M	3/209	00:35:48.69
18/455	JENSEN, DENVER	297	00:42:43.96	04:16	10K12-15M	1/12	M	17/209	00:42:41.91
392/455	JENSEN, ERVA	298	01:11:14.49	07:07	10K60-64F	3/3	F	200/246	01:10:59.88
393/455	JENSEN, JAE DEA	299	01:11:15.88	07:07	10K60-64M	6/7	M	193/209	01:11:01.54
332/455	JERVIS, NEIL	300	01:05:47.38	06:34	10K55-59M	11/17	M	177/209	01:05:33.15
83/455	JOCHEMS, TRISTAN	301	00:50:33.25	05:03	10K20-24M	9/22	M	63/209	00:50:23.43
223/455	JOHNSTON, NICKI	302	00:58:24.30	05:50	10K60-64F	1/3	F	91/246	00:58:17.73
73/455	JONES, GARETH	304	00:49:33.84	04:57	10K40-44M	4/25	M	59/209	00:49:32.26
69/455	JORGENSEN, CHRIS	305	00:49:06.11	04:54	10K45-49M	5/19	M	56/209	00:48:48.18
212/455	KACSOR, TYLER	306	00:57:57.14	05:47	10K35-39M	17/25	M	130/209	00:57:42.20
26/455	KADIJK, CHRIS	307	00:44:10.09	04:25	10K45-49M	2/19	M	23/209	00:44:05.07
1/455	KANGOGO, KIP	309	00:34:18.72	03:25	10K35-39M	1/25	M	1/209	00:34:17.76
321/455	KENNEDY, DEE	311	01:05:08.27	06:30	10K65-69F	3/6	F	149/246	01:04:54.91
164/455	KIEFER, BRITNEY	312	00:54:56.77	05:29	10K25-29F	15/50	F	56/246	00:54:42.23
10/455	KING, STEPHEN	313	00:40:12.15	04:01	10K30-34M	1/30	M	10/209	00:40:08.89
166/455	KING, TRACI	605	00:55:03.72	05:30	10K40-44F	6/26	F	57/246	00:54:51.23
123/455	KIRKBY, CHARLIE	314	00:53:05.31	05:18	10K40-44M	7/25	M	88/209	00:52:56.07
342/455	KLASSEN, KENZIE	315	01:06:26.82	06:38	10K25-29F	35/50	F	161/246	01:06:07.21
292/455	KLASSEN, LACEY	316	01:02:39.08	06:15	10K30-34F	27/52	F	130/246	01:02:17.90
285/455	KLECKNER, CHELSEA	163	01:02:05.17	06:12	10K20-24F	15/26	F	123/246	01:01:38.86
263/455	KLIMA, LORANNE	318	01:01:09.14	06:06	10K40-44F	11/26	F	111/246	01:00:59.34
12/455	KLOHN, CHAD	319	00:40:26.81	04:02	10K35-39M	4/25	M	12/209	00:40:25.47
43/455	KOEGLER, JON	321	00:46:10.13	04:37	10K30-34M	7/30	M	35/209	00:45:58.55
352/455	KOLLER, EMILY	322	01:07:04.00	06:42	10K12-15F	5/5	F	170/246	01:06:51.76
351/455	KOLLER, EVAN	323	01:07:03.46	06:42	10K12-15M	12/12	M	182/209	01:06:51.27
349/455	KORBY, TESSA	324	01:06:58.38	06:41	10K25-29F	38/50	F	168/246	01:06:42.16
371/455	KRAMER, CHELSEY	326	01:08:56.19	06:53	10K35-39F	17/25	F	184/246	01:08:34.33
242/455	KRAMER, JEREMY	327	00:59:48.96	05:58	10K35-39M	20/25	M	145/209	00:59:27.40
241/455	KRAMER, VANCE	328	00:59:47.72	05:58	10K12-15M	8/12	M	144/209	00:59:26.35
297/455	KROMM, DERRICK	329	01:02:52.33	06:17	10K40-44M	21/25	M	165/209	01:02:34.63

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
233/455	KROMM, SHARON	330	00:59:02.40	05:54	10K30-34F	19/52	F	94/246	00:58:43.73
221/455	KROOSHOP, CODY	331	00:58:18.49	05:49	10K20-24M	16/22	M	132/209	00:58:12.51
132/455	KRUZER, KYRA	332	00:53:24.61	05:20	10K30-34F	7/52	F	42/246	00:53:21.74
198/455	LAIN, JESSICA	334	00:56:55.67	05:41	10K30-34F	12/52	F	75/246	00:56:28.40
61/455	LAING, CHAD	159	00:48:31.52	04:51	10K35-39M	8/25	M	49/209	00:48:25.99
38/455	LAMMERS-POTTAGE, ANDREA	404	00:45:19.87	04:31	10K30-34F	1/52	F	6/246	00:45:17.72
8/455	LARKIN, TYLER	335	00:39:36.69	03:57	10K20-24M	1/22	M	8/209	00:39:34.64
375/455	LAROCQUE, JESSICA	336	01:09:18.22	06:55	10K35-39F	19/25	F	188/246	01:08:45.83
179/455	LARSEN, DEREIN	337	00:56:05.93	05:36	10K16-19M	8/10	M	114/209	00:56:02.29
194/455	LATURNAS, EVAN	338	00:56:47.36	05:40	10K40-44M	14/25	M	122/209	00:56:23.20
81/455	LEAVITT, BARTON	339	00:50:26.87	05:02	10K60-64M	2/7	M	62/209	00:50:22.45
267/455	LEBLANC, EVA	341	01:01:32.02	06:09	10K25-29F	28/50	F	114/246	01:01:24.35
205/455	LEGGAT, SCOTT	342	00:57:15.53	05:43	10K40-44M	15/25	M	125/209	00:57:02.34
204/455	LEGGAT, TERRA	343	00:57:10.15	05:43	10K45-49F	7/19	F	80/246	00:56:57.27
290/455	LEHR, MANDY	344	01:02:29.04	06:14	10K40-44F	15/26	F	128/246	01:02:03.84
258/455	LENAOUR, KELLEY	345	01:00:46.82	06:04	10K30-34F	23/52	F	107/246	01:00:28.31
451/455	LERNOWICH, SASHA	346	01:34:37.48	09:27	10K40-44F	26/26	F	243/246	01:33:56.26
56/455	LLOYD, FELICIA	348	00:48:08.27	04:48	10K45-49F	2/19	F	11/246	00:48:04.15
46/455	LONGMUIR, VAUGHN	349	00:46:45.95	04:40	10K20-24M	6/22	M	37/209	00:46:42.45
272/455	LOW, JON	350	01:01:41.13	06:10	10K30-34M	26/30	M	156/209	01:01:29.87
296/455	LOW, TAYT	153	01:02:48.08	06:16	10K25-29M	20/26	M	164/209	01:02:36.90
127/455	LUCAS, CHLOE	352	00:53:14.63	05:19	10K16-19F	4/11	F	37/246	00:53:12.49
282/455	LUCAS, IAN	353	01:01:59.40	06:11	10K55-59M	8/17	M	161/209	01:01:51.65
313/455	LUCAS, KARINA	354	01:04:13.02	06:25	10K45-49F	10/19	F	142/246	01:04:05.14
382/455	LYON, JANICE	356	01:10:27.08	07:02	10K30-34F	39/52	F	194/246	01:10:13.06
373/455	MACDERMID, HEATHER	357	01:09:10.39	06:55	10K50-54F	11/14	F	186/246	01:09:00.25
302/455	MACDONNELL, ALISHA	613	01:03:16.22	06:19	10K30-34F	30/52	F	136/246	01:03:04.88
270/455	MACHACEK, CASON	358	01:01:36.84	06:09	10K25-29M	18/26	M	154/209	01:01:17.05
269/455	MACHACEK, DARYL	359	01:01:36.68	06:09	10K25-29F	30/50	F	116/246	01:01:17.85
239/455	MACKAY, ALISON	606	00:59:39.44	05:57	10K40-44F	10/26	F	97/246	00:59:26.37
211/455	MACPHERSON, ELLEN	586	00:57:37.68	05:45	10K30-34F	15/52	F	82/246	00:57:18.77
417/455	MAHIEUX, STACY	360	01:14:47.32	07:28	10K25-29F	46/50	F	217/246	01:14:30.76
180/455	MANS, CORNE	361	00:56:08.65	05:36	10K25-29M	14/26	M	115/209	00:55:53.45
409/455	MAPSTONE, CHRIS	362	01:13:14.02	07:19	10K25-29M	25/26	M	199/209	01:12:46.09
307/455	MAR, JORDYNN	363	01:03:39.60	06:21	10K20-24F	16/26	F	139/246	01:03:12.97
16/455	MARKLE, MARISSA	364	00:42:10.43	04:13	10K25-29F	1/50	F	1/246	00:42:10.09
74/455	MARKS, CORWIN	365	00:49:34.71	04:57	10K55-59M	4/17	M	60/209	00:49:30.92
329/455	MARR, CINDY	366	01:05:37.75	06:33	10K50-54F	9/14	F	154/246	01:05:14.56
262/455	MARSH, DEBBIE	367	01:01:03.19	06:06	10K50-54F	7/14	F	110/246	01:00:40.39
274/455	MARSH, ERIN	368	01:01:44.14	06:10	10K20-24F	14/26	F	117/246	01:01:21.51
396/455	MATHEW, STEVE	369	01:11:48.04	07:10	10K25-29M	24/26	M	195/209	01:11:23.28
115/455	MATTSON, RYAN	370	00:52:27.60	05:14	10K35-39M	13/25	M	82/209	00:52:21.78
236/455	MAYNES, CHRIS	371	00:59:19.04	05:55	10K40-44M	18/25	M	141/209	00:59:17.00
330/455	MAZIDI, SARAH	372	01:05:40.19	06:34	10K12-15F	4/5	F	155/246	01:05:16.38
140/455	MALEESE, STEPHANIE	373	00:53:48.06	05:22	10K25-29F	12/50	F	44/246	00:53:40.18
395/455	MCCALLUM, HAILLY	374	01:11:42.39	07:10	10K25-29F	43/50	F	201/246	01:11:29.82
186/455	MCFARLANE, SAMANTHA	587	00:56:34.96	05:39	10K30-34F	10/52	F	70/246	00:56:16.04
303/455	MCGALE, KAREN	375	01:03:28.34	06:20	10K45-49F	9/19	F	137/246	01:03:09.28
39/455	MCIVER, JORD	588	00:45:35.27	04:33	10K35-39M	5/25	M	33/209	00:45:33.77
41/455	MCKEE, KYRAN	376	00:45:40.50	04:34	10K25-29F	3/50	F	7/246	00:45:34.18
232/455	MCKENNA, BEN	377	00:58:59.62	05:53	10K30-34M	24/30	M	139/209	00:58:36.23
435/455	MCMULLAN, TERESA	378	01:18:40.23	07:52	10K25-29F	49/50	F	231/246	01:18:19.94
335/455	MCNALLEY, CODY	379	01:05:51.67	06:35	10K25-29M	22/26	M	178/209	01:05:34.14
324/455	MEADOWS, GARY	380	01:05:21.99	06:32	10K55-59M	10/17	M	173/209	01:05:05.99
418/455	MEADOWS, LESLEY	381	01:14:52.47	07:29	10K55-59F	8/8	F	218/246	01:14:34.13
11/455	MEADOWS, RYAN	382	00:40:21.45	04:02	10K25-29M	3/26	M	11/209	00:40:17.40
320/455	MEGAW, CAROL	383	01:05:04.17	06:30	10K65-69F	2/6	F	148/246	01:04:56.58
170/455	MEGYES, KELLI	384	00:55:18.13	05:31	10K16-19F	6/11	F	60/246	00:55:15.83
63/455	MEIER, RYAN	385	00:48:54.35	04:53	10K20-24M	7/22	M	51/209	00:48:45.63
359/455	MELVIN, SCOTT	386	01:07:38.82	06:45	10K40-44M	23/25	M	184/209	01:07:23.11
405/455	MENTANKO, DOUGLAS	387	01:13:01.51	07:18	10K55-59M	15/17	M	197/209	01:12:39.55
121/455	MERCIER, BRITTANY	388	00:52:58.38	05:17	10K30-34F	6/52	F	35/246	00:52:51.49
337/455	MIDGLEY, RUTH	389	01:06:03.18	06:36	10K25-29F	34/50	F	159/246	01:05:52.70
216/455	MILLER, JOLAYNE	390	00:58:05.94	05:48	10K25-29F	19/50	F	86/246	00:57:55.69
42/455	MILNE, KEELEY	391	00:45:59.01	04:35	10K35-39F	2/25	F	8/246	00:45:56.06
133/455	MISTAKEN CHIEF, CHARLES	392	00:53:28.00	05:20	10K45-49M	8/19	M	91/209	00:53:15.20

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
431/455	MITCHELL HARTY, KATHRYN	393	01:17:09.39	07:42	10K45-49F	18/19	F	227/246	01:16:02.99
178/455	MOODY, WARREN	394	00:56:02.15	05:36	10K30-34M	21/30	M	113/209	00:55:55.76
161/455	MOORE, LAURA	395	00:54:48.45	05:28	10K25-29F	14/50	F	55/246	00:54:22.91
350/455	MORRIS, NANCY	396	01:06:58.38	06:41	10K55-59F	4/8	F	169/246	01:06:50.05
422/455	MORRISON, KYM	397	01:15:26.19	07:32	10K45-49F	17/19	F	220/246	01:15:10.11
52/455	MRAK, JOE	399	00:47:55.35	04:47	10K40-44M	2/25	M	42/209	00:47:50.41
148/455	MRAK, KASON	400	00:54:21.23	05:26	10K11&UM	1/1	M	99/209	00:54:16.49
82/455	MRAK, LAURA	401	00:50:31.90	05:03	10K35-39F	3/25	F	20/246	00:50:27.04
325/455	MUDRACK, JOSHUA	402	01:05:24.11	06:32	10K30-34M	29/30	M	174/209	01:05:17.80
214/455	MUELLER, KONRA	403	00:57:58.36	05:47	10K30-34F	16/52	F	84/246	00:57:42.66
399/455	MUNOZ, LAURA	405	01:11:49.38	07:10	10K35-39F	21/25	F	204/246	01:11:17.22
75/455	MUSK, AIDAN	406	00:49:46.38	04:58	10K20-24M	8/22	M	61/209	00:49:37.47
225/455	MUSK, JOSH	408	00:58:34.28	05:51	10K16-19M	10/10	M	133/209	00:58:10.47
240/455	MUSK, MARK	409	00:59:42.27	05:58	10K55-59M	6/17	M	143/209	00:59:18.94
317/455	NEARY, TYLENE	411	01:04:44.81	06:28	10K40-44F	16/26	F	145/246	01:04:18.28
27/455	NELSON, KAILYN	412	00:44:10.95	04:25	10K25-29F	2/50	F	4/246	00:44:07.44
141/455	NELSON, KATIE	413	00:53:50.02	05:23	10K25-29F	13/50	F	45/246	00:53:40.98
446/455	NEUFELDT, NATALIE	414	01:26:27.84	08:38	10K30-34F	49/52	F	239/246	01:26:00.74
323/455	NIZNIK, KRISTEN	415	01:05:16.49	06:31	10K45-49F	11/19	F	151/246	01:04:48.24
220/455	NOBLE, JESSICA	416	00:58:18.22	05:49	10K30-34F	18/52	F	89/246	00:58:11.01
378/455	NORRIS, JOAN	417	01:09:59.30	06:59	10K75-79F	1/1	F	190/246	01:09:41.34
341/455	OGDEN, DARIN	418	01:06:25.23	06:38	10K40-44M	22/25	M	181/209	01:06:17.26
386/455	OGDEN, HANNA	419	01:10:35.80	07:03	10K20-24F	22/26	F	198/246	01:10:27.93
345/455	OGONOSKI, SHAWNA	420	01:06:34.80	06:39	10K45-49F	14/19	F	164/246	01:06:19.22
402/455	OHLMANN, NIKKI	421	01:12:13.88	07:13	10K30-34F	44/52	F	207/246	01:11:53.27
85/455	OLSON, BARRY	596	00:50:40.34	05:04	10K60-64M	3/7	M	64/209	00:50:32.01
156/455	OLSON, MIKE	422	00:54:42.94	05:28	10K60-64M	5/7	M	104/209	00:54:39.74
291/455	OLSON, TINA	161	01:02:31.44	06:15	10K25-29F	31/50	F	129/246	01:02:22.53
134/455	ORR, LANDON	320	00:53:31.79	05:21	10K30-34M	16/30	M	92/209	00:53:27.31
243/455	ORUM, MITCH	425	00:59:49.02	05:58	10K50-54M	6/9	M	146/209	00:59:42.91
142/455	OSBORNE, MICHAEL	426	00:53:50.05	05:23	10K45-49M	10/19	M	97/209	00:53:43.73
289/455	PACK, COLLEEN	428	01:02:14.52	06:13	10K40-44F	14/26	F	127/246	01:01:55.69
68/455	PASCAL, ELISABETH	430	00:49:05.58	04:54	10K25-29F	4/50	F	13/246	00:48:58.59
376/455	PASICIEL, RITA	431	01:09:39.48	06:57	10K65-69F	5/6	F	189/246	01:09:30.81
7/455	PASKIEWICH, GAGE	432	00:38:09.43	03:48	10K16-19M	2/10	M	7/209	00:38:07.99
408/455	PASOLLI, ALAN	433	01:13:08.60	07:18	10K60-64M	7/7	M	198/209	01:12:49.31
169/455	PATTERSON, KIRK	434	00:55:14.17	05:31	10K25-29M	13/26	M	110/209	00:54:52.09
344/455	PATTERSON, STACY	435	01:06:34.33	06:39	10K25-29F	36/50	F	163/246	01:06:12.29
189/455	PAUL, TYLER	436	00:56:42.37	05:40	10K40-44M	13/25	M	119/209	00:56:29.30
22/455	PAWLENCHUK, TODD	437	00:43:22.51	04:20	10K45-49M	1/19	M	20/209	00:43:20.17
13/455	PERRETT, ADAM	439	00:40:29.11	04:02	10K40-44M	1/25	M	13/209	00:40:26.08
379/455	PERRY, SALINA	440	01:10:02.16	07:00	10K35-39F	20/25	F	191/246	01:09:35.81
99/455	POPE, PAIGE	589	00:51:23.64	05:08	10K35-39F	4/25	F	26/246	00:51:18.20
65/455	POTTAGE, DAN	442	00:48:54.87	04:53	10K35-39M	10/25	M	53/209	00:48:51.96
310/455	POTTER, MEGAN	590	01:03:48.56	06:22	10K20-24F	17/26	F	140/246	01:03:41.46
247/455	POTTS, JAYLYN	443	00:59:56.72	05:59	10K20-24F	12/26	F	100/246	00:59:39.83
124/455	POYTRESS, BRITTANY	602	00:53:05.57	05:18	10K25-29F	9/50	F	36/246	00:52:57.82
108/455	PROULX, ALEX	444	00:51:48.96	05:10	10K35-39M	11/25	M	76/209	00:51:25.78
286/455	PROVENCAL, MICHELLE	597	01:02:05.75	06:12	10K30-34F	25/52	F	124/246	01:01:51.96
224/455	QUINCEY, TONI	445	00:58:32.25	05:51	10K35-39F	10/25	F	92/246	00:58:20.19
369/455	QUINTON, ARIELLE	446	01:08:50.22	06:53	10K25-29F	40/50	F	182/246	01:08:33.60
414/455	QUINTON, DEBBIE	447	01:14:43.88	07:28	10K50-54F	13/14	F	214/246	01:14:27.08
91/455	RAINFORD, MEGAN	448	00:51:00.82	05:06	10K25-29F	6/50	F	23/246	00:50:40.30
60/455	RANDLE, LARRY	449	00:48:28.43	04:50	10K55-59M	3/17	M	48/209	00:48:24.59
360/455	RAY, JENNA	450	01:07:41.61	06:46	10K30-34F	36/52	F	176/246	01:07:26.03
102/455	REIMER, SUSAN	451	00:51:31.30	05:09	10K45-49F	3/19	F	29/246	00:51:22.97
213/455	RIEHELMMANN, TANIS	453	00:57:58.17	05:47	10K50-54F	5/14	F	83/246	00:57:37.71
185/455	RILEY, RAELYN	317	00:56:27.95	05:38	10K25-29F	16/50	F	69/246	00:56:22.73
416/455	RIST, JORDYN	454	01:14:46.04	07:28	10K16-19F	10/11	F	216/246	01:14:31.62
4/455	ROBRUP, DANNY	455	00:37:35.37	03:45	10K35-39M	2/25	M	4/209	00:37:33.99
120/455	ROBERTS, DILLON	456	00:52:51.57	05:17	10K20-24M	13/22	M	86/209	00:52:51.57
401/455	RODWELL, KIM	457	01:11:53.66	07:11	10K30-34F	43/52	F	206/246	01:11:43.26
192/455	ROEMMELE, MATTHEW	458	00:56:45.60	05:40	10K45-49M	12/19	M	121/209	00:56:24.34
193/455	ROEMMELE, TRACEY	459	00:56:45.63	05:40	10K45-49F	6/19	F	72/246	00:56:23.58
95/455	ROGERS, JULIA	460	00:51:10.37	05:07	10K20-24F	4/26	F	25/246	00:50:44.65
149/455	ROGGEVEEN, KAISA	461	00:54:27.33	05:26	10K20-24F	5/26	F	50/246	00:54:24.63

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
209/455	ROMERIL, CHAD	462	00:57:27.11	05:44	10K40-44M	16/25	M	128/209	00:57:24.17
143/455	ROMERIL, DALLAS	463	00:53:52.12	05:23	10K40-44M	10/25	M	98/209	00:53:50.54
278/455	ROMERIL, JUSTIN	464	01:01:50.66	06:11	10K35-39M	21/25	M	158/209	01:01:48.03
415/455	ROSS, ANNE	465	01:14:43.93	07:28	10K40-44F	21/26	F	215/246	01:14:23.13
153/455	ROWE, MICHELLE	466	00:54:34.43	05:27	10K45-49F	5/19	F	52/246	00:54:14.95
88/455	ROYER, ANDRE	467	00:50:49.98	05:05	10K45-49M	6/19	M	66/209	00:50:41.93
257/455	RUDIAK, VICTORIA	468	01:00:42.66	06:04	10K25-29F	26/50	F	106/246	01:00:31.40
348/455	RUSCHIN, TRACEY	469	01:06:53.49	06:41	10K35-39F	16/25	F	167/246	01:06:38.58
67/455	RYOTT, DANIEL	470	00:49:03.12	04:54	10K25-29M	9/26	M	55/209	00:48:35.73
281/455	SAMOISSETTE, KYLE	471	01:01:55.04	06:11	10K20-24M	17/22	M	160/209	01:01:31.38
158/455	SAMOISSETTE, RICHARD	598	00:54:44.82	05:28	10K55-59M	5/17	M	105/209	00:54:31.61
157/455	SANDERS, JULIANNE	472	00:54:43.93	05:28	10K35-39F	9/25	F	53/246	00:54:27.64
98/455	SCHREMPF, DANIEL	473	00:51:16.75	05:07	10K25-29M	12/26	M	73/209	00:50:56.67
361/455	SCHREMPF, JUDY	474	01:07:46.70	06:46	10K55-59F	5/8	F	177/246	01:07:24.28
362/455	SCHREMPF, MEAGHAN	475	01:07:46.92	06:46	10K20-24F	20/26	F	178/246	01:07:24.58
154/455	SEELY, DARREN	611	00:54:36.06	05:27	10K16-19M	6/10	M	102/209	00:54:23.01
424/455	SEGBOER, LISA	476	01:15:43.26	07:34	10K35-39F	23/25	F	222/246	01:15:30.97
165/455	SEPT., MAX	477	00:55:01.63	05:30	10K16-19M	7/10	M	109/209	00:54:58.23
432/455	SEREDA, KRISTIE	478	01:17:18.79	07:43	10K25-29F	47/50	F	228/246	01:17:02.11
195/455	SEREDA, NICK	479	00:56:48.96	05:40	10K30-34M	23/30	M	123/209	00:56:31.58
97/455	SEXTON, BRIAN	480	00:51:15.53	05:07	10K40-44M	6/25	M	72/209	00:51:06.49
59/455	SHALAGAN, RICK	481	00:48:19.22	04:49	10K45-49M	4/19	M	47/209	00:48:07.58
336/455	SHECK, LEAH	482	01:05:53.42	06:35	10K45-49F	12/19	F	158/246	01:05:37.34
76/455	SHEPPARD, SUZANNE	483	00:49:48.49	04:58	10K40-44F	3/26	F	15/246	00:49:42.58
419/455	SHOVAR, MICHAEL	615	01:15:05.11	07:30	10K30-34M	30/30	M	201/209	01:14:47.93
397/455	SHURTZ, ASHLEY	485	01:11:48.14	07:10	10K30-34F	41/52	F	202/246	01:11:25.60
398/455	SHURTZ, JESSICA	486	01:11:49.18	07:10	10K30-34F	42/52	F	203/246	01:11:26.93
427/455	SIMONS, MARK	487	01:16:22.99	07:38	10K50-54M	9/9	M	203/209	01:16:01.42
426/455	SIMONS, TRACY	488	01:16:22.17	07:38	10K40-44F	23/26	F	224/246	01:16:00.31
354/455	SIMPSON, LAURA	489	01:07:19.43	06:43	10K45-49F	15/19	F	171/246	01:06:55.14
117/455	SLEIK, JOANNA	490	00:52:38.13	05:15	10K35-39F	6/25	F	34/246	00:52:31.12
64/455	SLEIK, RYAN	491	00:48:54.80	04:53	10K40-44M	3/25	M	52/209	00:48:47.45
453/455	SLOVAK, CHANTEL	492	01:38:44.63	09:52	10K30-34F	52/52	F	244/246	01:38:17.88
387/455	SMITH, CHRIS	493	01:10:37.30	07:03	10K45-49M	18/19	M	189/209	01:10:21.72
358/455	SMITH, KRISTIN	494	01:07:33.08	06:45	10K30-34F	35/52	F	175/246	01:07:10.84
146/455	SMITH, VANESSA LEE	495	00:54:06.44	05:24	10K35-39F	8/25	F	48/246	00:53:52.92
215/455	SMOLENSKI, STACY	496	00:58:01.80	05:48	10K20-24F	10/26	F	85/246	00:57:43.88
264/455	SMOLKIN, SARAH	497	01:01:11.44	06:07	10K25-29F	27/50	F	112/246	01:01:07.46
367/455	SOUTHALL, NORM	499	01:08:49.26	06:52	10K50-54M	8/9	M	186/209	01:08:34.06
21/455	SPENCER, EMILY	500	00:43:14.85	04:19	10K20-24F	1/26	F	2/246	00:43:13.03
305/455	STATHAM, CURTIS	501	01:03:33.84	06:21	10K35-39M	23/25	M	168/209	01:03:12.80
86/455	STEED, JEFFREY	502	00:50:42.36	05:04	10K25-29M	11/26	M	65/209	00:50:31.18
138/455	STEED, REGAN	503	00:53:36.69	05:21	10K40-44M	9/25	M	95/209	00:53:19.95
196/455	STEUDLER, LYNN	504	00:56:50.27	05:41	10K30-34F	11/52	F	73/246	00:56:35.61
114/455	STEWART, TRAYDEN	505	00:52:19.23	05:13	10K20-24M	11/22	M	81/209	00:52:11.74
96/455	STURWOLD, TREVOR	591	00:51:10.77	05:07	10K20-24M	10/22	M	71/209	00:51:04.20
228/455	STYRA, LUKE	508	00:58:43.46	05:52	10K12-15M	6/12	M	136/209	00:58:39.95
355/455	SUTHERLAND, ALYSSA	509	01:07:22.33	06:44	10K25-29F	39/50	F	172/246	01:07:07.53
47/455	SUTHERLAND, DREW	603	00:47:08.07	04:42	10K25-29M	6/26	M	38/209	00:47:03.41
87/455	SWEENEY, REBECCA	510	00:50:43.77	05:04	10K16-19F	2/11	F	22/246	00:50:34.13
155/455	TAKAHASHI, RADLEY	511	00:54:37.40	05:27	10K40-44M	11/25	M	103/209	00:54:12.14
346/455	TAMMINGA, BREEA	512	01:06:36.01	06:39	10K25-29F	37/50	F	165/246	01:06:28.52
172/455	TAMS, CATHERINE	513	00:55:31.52	05:33	10K40-44F	7/26	F	61/246	00:55:18.95
276/455	TAMS, KAMI	514	01:01:49.08	06:10	10K16-19F	8/11	F	119/246	01:01:35.29
370/455	TAMS, LEAH	515	01:08:52.76	06:53	10K20-24F	21/26	F	183/246	01:08:39.57
443/455	TAMS, SAMY	516	01:22:31.51	08:15	10K16-19F	11/11	F	237/246	01:22:18.29
450/455	TAYLOR, MEGAN	517	01:33:27.02	09:20	10K30-34F	51/52	F	242/246	01:33:17.52
151/455	TERRY, NICHOLE	520	00:54:31.85	05:27	10K40-44F	5/26	F	51/246	00:54:10.04
255/455	THIBERT, CAROL	521	01:00:40.07	06:04	10K65-69F	1/6	F	104/246	01:00:32.72
57/455	THIESSEN, ERNIE	522	00:48:13.12	04:49	10K55-59M	2/17	M	46/209	00:48:07.71
129/455	THIESSEN, MADISON	523	00:53:16.29	05:19	10K25-29F	11/50	F	39/246	00:53:05.98
406/455	THIFFAULT, MARIE	524	01:13:04.61	07:18	10K50-54F	12/14	F	209/246	01:12:53.02
199/455	THOMPSON, CIONA	527	00:57:02.67	05:42	10K20-24F	8/26	F	76/246	00:56:43.85
311/455	THOMPSON, JODI	592	01:03:48.71	06:22	10K20-24F	18/26	F	141/246	01:03:41.61
411/455	TIEFENBACH, BRUCE	528	01:13:48.28	07:22	10K20-24M	22/22	M	200/209	01:13:26.04
184/455	TIEFENBACH, DONNA	529	00:56:25.88	05:38	10K55-59F	2/8	F	68/246	00:56:06.02

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 455 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
404/455	TIEFENBACH, RICH	530	01:12:59.00	07:17	10K55-59M	14/17	M	196/209	01:12:37.03
442/455	TKACHUK, SHANNON	531	01:22:27.01	08:14	10K20-24F	26/26	F	236/246	01:22:08.47
298/455	TOKARIUK, REBECCA	532	01:03:03.54	06:18	10K25-29F	33/50	F	133/246	01:02:45.12
78/455	TORSIUS, SARA	533	00:49:55.52	04:59	10K30-34F	2/52	F	17/246	00:49:52.44
111/455	TOTH, CALVIN	534	00:52:02.99	05:12	10K50-54M	2/9	M	79/209	00:51:56.76
177/455	TREMBECKI, DANIELE	535	00:55:55.37	05:35	10K20-24F	7/26	F	65/246	00:55:50.73
407/455	TREMBLAY, FREDERIQUE	536	01:13:06.31	07:18	10K25-29F	45/50	F	210/246	01:12:54.99
130/455	TRINH, MERCY	537	00:53:18.28	05:19	10K16-19F	5/11	F	40/246	00:53:16.32
277/455	TRINH, NORAH	538	01:01:50.38	06:11	10K12-15F	3/5	F	120/246	01:01:41.75
70/455	TUCKOVA, HEATHER	539	00:49:10.56	04:55	10K40-44F	2/26	F	14/246	00:49:06.58
122/455	TURNER, JASON	540	00:53:02.61	05:18	10K35-39M	15/25	M	87/209	00:52:56.57
316/455	TYSLAU, AARON	541	01:04:43.98	06:28	10K30-34M	28/30	M	172/209	01:04:25.67
454/455	UNSER, MELANIE	542	01:38:46.80	09:52	10K50-54F	14/14	F	245/246	01:38:20.17
455/455	VAKA, DIANE	617	01:42:29.82	10:14	10K45-49F	19/19	F	246/246	01:42:05.40
425/455	VAKA, EMILY	543	01:15:54.21	07:35	10K20-24F	24/26	F	223/246	01:15:29.06
106/455	VAN ECK, DANIEL	544	00:51:45.83	05:10	10K30-34M	14/30	M	75/209	00:51:33.75
275/455	VAN ECK, NICOLE	545	01:01:44.55	06:10	10K30-34F	24/52	F	118/246	01:01:23.37
174/455	VAN HERK, KATHLEEN	546	00:55:43.66	05:34	10K40-44F	8/26	F	63/246	00:55:29.31
190/455	VAN HIERDEN, ELINE	547	00:56:44.17	05:40	10K25-29F	17/50	F	71/246	00:56:36.48
364/455	VAN MAANEN, ROCHELLE	548	01:08:18.43	06:49	10K30-34F	37/52	F	179/246	01:08:13.21
384/455	VANDE MUNT, EVERADA	549	01:10:31.16	07:03	10K40-44F	19/26	F	196/246	01:10:11.18
20/455	VANDEN DOOL, GLENN	599	00:43:10.16	04:19	10K50-54M	1/9	M	19/209	00:43:02.95
266/455	VIAU, RITCHIE	310	01:01:29.98	06:09	10K25-29M	17/26	M	153/209	01:00:46.58
436/455	VIENT, LAUREN	550	01:18:41.13	07:52	10K30-34F	48/52	F	232/246	01:18:21.41
200/455	VIROSTEK, TAMMY	551	00:57:03.82	05:42	10K40-44F	9/26	F	77/246	00:56:59.18
79/455	VOGEL, BROOKLYN	552	00:50:00.45	05:00	10K20-24F	2/26	F	18/246	00:49:50.71
160/455	VON BURG, BRIAN	614	00:54:48.39	05:28	10K35-39M	16/25	M	106/209	00:54:31.43
357/455	WALKER, KIMBERLEY	554	01:07:29.75	06:44	10K40-44F	17/26	F	174/246	01:07:13.59
31/455	WALKER, MIKE	555	00:44:35.57	04:27	10K30-34M	5/30	M	27/209	00:44:34.25
430/455	WANG, GEORGE	607	01:17:02.22	07:42	10K25-29M	26/26	M	204/209	01:16:53.18
183/455	WANNOP, KATHY	556	00:56:21.72	05:38	10K30-34F	9/52	F	67/246	00:56:12.28
353/455	WARD, BILL	557	01:07:16.16	06:43	10K55-59M	12/17	M	183/209	01:07:00.26
273/455	WATITI, VICTOR	558	01:01:41.88	06:10	10K40-44M	20/25	M	157/209	01:01:40.23
181/455	WAUGH, MADISON	559	00:56:15.65	05:37	10K16-19F	7/11	F	66/246	00:56:12.85
201/455	WEISS, NADIA	560	00:57:04.99	05:42	10K30-34F	13/52	F	78/246	00:56:48.91
137/455	WELSH, TIMMERY	561	00:53:36.15	05:21	10K35-39F	7/25	F	43/246	00:53:30.62
433/455	WERNER, KARA	562	01:17:38.56	07:45	10K30-34F	47/52	F	229/246	01:17:26.80
403/455	WEST, BECKY	563	01:12:33.34	07:15	10K25-29F	44/50	F	208/246	01:12:15.89
210/455	WEST, PAUL	564	00:57:30.28	05:45	10K40-44M	17/25	M	129/209	00:57:15.68
412/455	WHITE QUILLS, GERALDINE	566	01:14:40.10	07:28	10K55-59F	7/8	F	212/246	01:14:31.38
448/455	WIART, KAREN	567	01:27:17.04	08:43	10K35-39F	25/25	F	241/246	01:27:17.04
126/455	WIGTON, ANDREW	568	00:53:12.77	05:19	10K20-24M	14/22	M	90/209	00:52:57.76
217/455	WILDE, TINA	569	00:58:09.01	05:48	10K30-34F	17/52	F	87/246	00:57:59.09
372/455	WILLIAMS, ANNE MARIE	570	01:09:09.06	06:54	10K25-29F	41/50	F	185/246	01:08:40.67
28/455	WILLIAMS-WHITNEY, LEVI	571	00:44:17.45	04:25	10K25-29M	4/26	M	24/209	00:44:07.95
388/455	WILLMS, HENRY	572	01:10:42.67	07:04	10K65-69M	5/5	M	190/209	01:10:29.31
182/455	WILLMS, MICHAEL	398	00:56:17.15	05:37	10K45-49M	11/19	M	116/209	00:56:05.50
429/455	WOLFTAIL, KAYLA	608	01:17:02.22	07:42	10K30-34F	46/52	F	226/246	01:16:53.18
365/455	WOO, TANYA	573	01:08:22.96	06:50	10K45-49F	16/19	F	180/246	01:08:12.64
301/455	WOODMAN, RICK	574	01:03:11.85	06:19	10K55-59M	9/17	M	166/209	01:02:58.00
249/455	WOODS, MARIE	575	01:00:02.82	06:00	10K30-34F	22/52	F	102/246	00:59:28.69
235/455	WORKMAN, JODY	616	00:59:13.82	05:55	10K45-49M	14/19	M	140/209	00:59:07.43
420/455	WORKMAN, LINDSAY	576	01:15:06.17	07:30	10K40-44F	22/26	F	219/246	01:14:53.42
135/455	WRIGHT, KAYDEN	289	00:53:32.55	05:21	10K12-15M	5/12	M	93/209	00:53:15.74
308/455	WRIGHT, ROB	577	01:03:43.50	06:22	10K50-54M	7/9	M	169/209	01:03:22.80
231/455	WYNDER, JUSTIN	578	00:58:57.68	05:53	10K45-49M	13/19	M	138/209	00:58:48.84
49/455	YAMAMOTO, SAMUEL	579	00:47:45.07	04:46	10K35-39M	6/25	M	40/209	00:47:40.43
116/455	ZANONI, JAMES	581	00:52:29.33	05:14	10K30-34M	15/30	M	83/209	00:52:24.09
173/455	ZOETEMAN, JANA	582	00:55:41.25	05:34	10K55-59F	1/8	F	62/246	00:55:35.85