

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 5 In Category

6K/3.73 Miles

1667 Finishers

6K11&UF (Female) - 74 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/73	BIESBROEK, KAHLEIA	3108	31:30.790	05:15	08:26	+00:00:00	92/1667	31/1017	LETHBRIDGE
2/73	BOMHOF, KIRA	3135	33:00.048	05:30	08:50	+00:01:29	122/1667	43/1017	LETHBRIDGE
3/73	GILES, BRIELLE	3452	33:18.914	05:33	08:55	+00:01:48	132/1667	48/1017	LETHBRIDGE
4/73	HEYLAND, TENLEE	3551	34:44.601	05:47	09:18	+00:03:13	172/1667	67/1017	LETHBRIDGE
5/73	VAN MAANEN, MARIAH	4216	35:21.609	05:53	09:28	+00:03:50	190/1667	76/1017	DIAMOND CITY

6K11&UM (Male) - 115 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/114	BOMHOF, EMMET	3134	23:17.566	03:52	06:14	+00:00:00	10/1667	8/644	LETHBRIDGE
2/114	LORENZ, ABBOTT	3717	29:38.677	04:56	07:56	+00:06:21	54/1667	34/644	LETHBRIDGE
3/114	COOK, BRODY	3261	30:12.503	05:02	08:05	+00:06:54	67/1667	43/644	LETHBRIDGE COUNTY
4/114	BOMHOF, THOMAS	3136	30:22.046	05:03	08:08	+00:07:04	74/1667	48/644	LETHBRIDGE
5/114	WILDE, SONNY	4464	31:20.563	05:13	08:24	+00:08:02	90/1667	61/644	LETHBRIDGE

6K12-15F (Female) - 77 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/77	TORRIE, ABBY	4186	24:25.814	04:04	06:32	+00:00:00	13/1667	3/1017	COCHRANE
2/77	RAMOS, ZOE VERONICA	4395	25:40.368	04:16	06:52	+00:01:14	20/1667	5/1017	CALGARY
3/77	ROBERTS, JILLIAN	3999	27:42.875	04:37	07:25	+00:03:17	38/1667	11/1017	ROCKY VIEW COUNTY
4/77	CHATTERTON, ANNA	3223	28:07.764	04:41	07:32	+00:03:41	40/1667	12/1017	LETHBRIDGE
5/77	SPENCER, LAUREN	4108	29:36.925	04:56	07:56	+00:05:11	53/1667	20/1017	LETHBRIDGE

6K12-15M (Male) - 73 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/73	MACMILLAN, EDGAR	3738	22:14.098	03:42	05:57	+00:00:00	4/1667	4/644	COCHRANE
2/73	BRUCE, RYDEN	3172	22:55.394	03:49	06:08	+00:00:41	8/1667	6/644	COCHRANE
3/73	SZIVA, ARCHER	4152	24:47.759	04:07	06:38	+00:02:33	14/1667	11/644	FOOTHILLS
4/73	HORNBERGER, JACK	3575	25:29.798	04:14	06:50	+00:03:15	19/1667	15/644	LETHBRIDGE
5/73	VIS, ANDREW	4247	25:43.227	04:17	06:53	+00:03:29	21/1667	16/644	REDCLIFF

6K16-19F (Female) - 58 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/58	TORRIE, KAYLEY	4190	22:44.636	03:47	06:05	+00:00:00	7/1667	2/1017	COCHRANE
2/58	TENNANT, KATE	4168	25:18.385	04:13	06:47	+00:02:33	18/1667	4/1017	EDMONTON
3/58	BUSHROD, ZOE	4800	27:03.899	04:30	07:15	+00:04:19	31/1667	8/1017	COCHRANE
4/58	FRASER, ROSE	3411	28:14.865	04:42	07:34	+00:05:30	42/1667	13/1017	COCHRANE
5/58	WOODRUFF, REYNA	4402	28:16.178	04:42	07:34	+00:05:31	43/1667	14/1017	CYPRESS COUNTY

6K16-19M (Male) - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/31	TORRIE, ELI	4187	20:33.529	03:25	05:30	+00:00:00	1/1667	1/644	COCHRANE
2/31	LOW, LUKE	4811	21:00.903	03:30	05:38	+00:00:27	2/1667	2/644	LETHBRIDGE
3/31	HARBOUR, OWEN	3514	23:13.440	03:52	06:13	+00:02:39	9/1667	7/644	COCHRANE
4/31	SUTHERLAND, COLTON	4146	23:28.557	03:54	06:17	+00:02:55	11/1667	9/644	ELKFORD
5/31	HILLIER, ZACHARY	3555	24:52.698	04:08	06:40	+00:04:19	15/1667	12/644	LETHBRIDGE

6K16-19U (Unspecified) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	BANKS, GEORGIA	3055	1:14:49.281	12:28	20:03	+00:00:00	1611/1667	6/6	LETHBRIDGE

6K20-24F (Female) - 80 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/80	MICHEL, KATRINA	4389	27:06.734	04:31	07:16	+00:00:00	33/1667	9/1017	LETHBRIDGE
2/80	BLOCK, KATE	3123	27:24.124	04:34	07:20	+00:00:17	37/1667	10/1017	LETHBRIDGE
3/80	PILLING, HALLEE	3496	29:45.614	04:57	07:58	+00:02:38	56/1667	21/1017	LETHBRIDGE
4/80	KILLINS, HANNAH	4434	30:03.707	05:00	08:03	+00:02:56	66/1667	24/1017	LETHBRIDGE
5/80	MORRISON, JAYDA	3821	30:39.519	05:06	08:13	+00:03:32	79/1667	27/1017	LETHBRIDGE

6K20-24M (Male) - 48 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/48	RUTTO, KIM	4023	21:52.700	03:38	05:51	+00:00:00	3/1667	3/644	LETHBRIDGE
2/48	BEAR HAT, KESSLER	4538	24:58.111	04:09	06:41	+00:03:05	16/1667	13/644	LETHBRIDGE
3/48	WEBER, JOEL	4631	27:05.187	04:30	07:15	+00:05:12	32/1667	24/644	LETHBRIDGE
4/48	STOLS, RALPH	4128	27:10.860	04:31	07:17	+00:05:18	35/1667	26/644	LETHBRIDGE
5/48	CHAMPAGNE, FELIX	3222	29:42.052	04:57	07:57	+00:07:49	55/1667	35/644	LETHBRIDGE

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Gen/PI = Overall Gender Placing

Category Award Results

TOP 5 In Category

6K/3.73 Miles
1667 Finishers

6K20-24U (Unspecified) - 1 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	SABAS, JAXON	4615	37:23.458	06:13	10:01	+00:00:00	272/1667	1/6	LETHBRIDGE

6K25-29F (Female) - 125 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/125	BYKOWSKI, ELANI	3195	26:39.642	04:26	07:08	+00:00:00	29/1667	7/1017	LETHBRIDGE
2/125	BOUCHARD, ROSIE	3142	28:31.811	04:45	07:38	+00:01:52	46/1667	15/1017	LETHBRIDGE
3/125	KLOOT, SARA	3840	28:41.237	04:46	07:41	+00:02:01	47/1667	16/1017	COALDALE
4/125	KLASSEN, ALEENA	3649	33:01.107	05:30	08:51	+00:06:21	123/1667	44/1017	REDCLIFF
5/125	VAN MAANEN, HAILEY	4214	33:59.134	05:39	09:06	+00:07:19	150/1667	56/1017	LETHBRIDGE

6K25-29M (Male) - 50 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/50	MCKINNON, LINCOLN	4715	27:08.210	04:31	07:16	+00:00:00	34/1667	25/644	LETHBRIDGE
2/50	ADAMS, JOSHUA	3006	27:19.812	04:33	07:19	+00:00:11	36/1667	27/644	REGINA
3/50	KYJAC-URASAKI, EVIAN	3678	30:00.496	05:00	08:02	+00:02:52	64/1667	41/644	LETHBRIDGE
4/50	MIDDEL, REUBEN	4775	30:20.583	05:03	08:08	+00:03:12	73/1667	47/644	LETHBRIDGE
5/50	ANKERMANN, NICHOLAS	3034	32:21.986	05:23	08:40	+00:05:13	110/1667	72/644	LETHBRIDGE

6K25-29PM (Male) - 1 Competitors PARA MALE									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	GRAVES, HUNTER	4346	1:16:51.733	12:48	20:36	+00:00:00	1628/1667	636/644	LETHBRIDGE

6K25-29U (Unspecified) - 2 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	WEST, ERIC	4816	40:59.033	06:49	10:59	+00:00:00	458/1667	2/6	SMITHERS
2/2	MARTIN, GERIMEE	3762	1:09:43.119	11:37	18:41	+00:28:44	1536/1667	5/6	LETHBRIDGE

6K30-34F (Female) - 139 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/138	NEIGEL, EMMA	4135	22:25.910	03:44	06:00	+00:00:00	5/1667	1/1017	LETHBRIDGE
2/138	STONE, KYLEY	4793	29:51.451	04:58	08:00	+00:07:25	62/1667	23/1017	COALDALE
3/138	DE BOER, KATELYN	3299	32:40.643	05:26	08:45	+00:10:14	115/1667	39/1017	LETHBRIDGE
4/138	FYFE, INDIE	4479	34:14.040	05:42	09:10	+00:11:48	155/1667	59/1017	LETHBRIDGE
5/138	PETTY, SARAH	3918	34:21.258	05:43	09:12	+00:11:55	159/1667	62/1017	LETHBRIDGE

6K30-34M (Male) - 59 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/59	CHORNOBY, TYLER	4683	28:12.639	04:42	07:33	+00:00:00	41/1667	29/644	LETHBRIDGE
2/59	LOWE, JUSTIN	3726	29:45.990	04:57	07:58	+00:01:33	57/1667	36/644	EDMONTON
3/59	DE COSTE, DEREK	4419	30:41.012	05:06	08:13	+00:02:28	81/1667	53/644	LETHBRIDGE
4/59	ROOT, WESLEY	4011	30:53.394	05:08	08:16	+00:02:40	86/1667	57/644	COALDALE
5/59	HANSEN, EVAN	4707	33:18.868	05:33	08:55	+00:05:06	131/1667	84/644	WEYBURN

6K30-34U (Unspecified) - 1 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	BOIVIN CARRIERE, MICHELLE	3133	51:26.938	08:34	13:47	+00:00:00	1017/1667	3/6	LETHBRIDGE

6K35-39F (Female) - 134 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/134	KAISER, JESSICA	3631	25:57.875	04:19	06:57	+00:00:00	23/1667	6/1017	COCHRANE
2/134	DOLYNCHUK, LAURA	4819	33:56.816	05:39	09:06	+00:07:58	148/1667	55/1017	LETHBRIDGE
3/134	LEAFLOOR, STEPHANIE	3697	35:30.233	05:55	09:31	+00:09:32	195/1667	79/1017	LETHBRIDGE
4/134	DE GROOT, VICTORIA	3304	35:41.062	05:56	09:34	+00:09:43	201/1667	82/1017	LETHBRIDGE
5/134	OPOKU-WARE, JANET	3875	36:10.616	06:01	09:41	+00:10:12	213/1667	89/1017	LETHBRIDGE

6K35-39M (Male) - 63 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/63	KORPAN, ANATOLII	4488	22:39.245	03:46	06:04	+00:00:00	6/1667	5/644	DRUMHELLER
2/63	NICOL, JEFFREY	3849	25:17.916	04:12	06:46	+00:02:38	17/1667	14/644	LETHBRIDGE
3/63	SCHAERZ, SIMON	4043	26:30.641	04:25	07:06	+00:03:51	26/1667	20/644	LETHBRIDGE
4/63	WHITTINGTON, MATT	4289	28:27.842	04:44	07:37	+00:05:48	44/1667	30/644	LETHBRIDGE
5/63	BANMANN, AARON	3057	30:02.841	05:00	08:03	+00:07:23	65/1667	42/644	LETHBRIDGE

6K35-39U (Unspecified) - 1 Competitors									
Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	KNAPTON, MEG	3662	1:02:10.079	10:21	16:40	+00:00:00	1371/1667	4/6	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 5 In Category

6K/3.73 Miles

1667 Finishers

6K40-44F (Female) - 95 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/95	HASIL, LESLEE	3532	28:42.498	04:47	07:41	+00:00:00	48/1667	17/1017	LANGDON
2/95	EARL, KIMBERLY	4767	31:29.723	05:14	08:26	+00:02:47	91/1667	30/1017	LETHBRIDGE
3/95	COLLINS, BRONWYN	3258	31:35.229	05:15	08:28	+00:02:52	94/1667	33/1017	LETHBRIDGE
4/95	KRAMER, LESLIE	3669	33:47.625	05:37	09:03	+00:05:05	146/1667	53/1017	LETHBRIDGE
5/95	HARRIS, STACEY	3526	34:17.532	05:42	09:11	+00:05:35	158/1667	61/1017	TABER

6K40-44M (Male) - 50 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/50	FRIESEN, CHARLES	3415	25:48.033	04:18	06:55	+00:00:00	22/1667	17/644	LETHBRIDGE
2/50	BURLEIGH, ADAM	3190	30:34.082	05:05	08:11	+00:04:46	76/1667	50/644	LETHBRIDGE
3/50	SUTHERLAND, JEFF	4147	30:35.395	05:05	08:12	+00:04:47	78/1667	52/644	ELKFORD
4/50	CHUBB, KEVIN	4667	30:48.403	05:08	08:15	+00:05:00	84/1667	55/644	LETHBRIDGE
5/50	WALDIE, WILLIAM	4400	32:26.135	05:24	08:41	+00:06:38	112/1667	74/644	LETHBRIDGE

6K45-49F (Female) - 73 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/73	MACMILLAN, LARISSA	3739	29:14.820	04:52	07:50	+00:00:00	50/1667	19/1017	COCHRANE
2/73	TORRIE, JULIE	4189	31:32.021	05:15	08:27	+00:02:17	93/1667	32/1017	COCHRANE
3/73	CONRAD, MICHELLE	3259	31:49.057	05:18	08:31	+00:02:34	98/1667	36/1017	LETHBRIDGE
4/73	COE, SONJA	3253	32:45.470	05:27	08:46	+00:03:30	117/1667	40/1017	LETHBRIDGE
5/73	DONNELLY, ANDREA	3335	34:55.728	05:49	09:21	+00:05:40	176/1667	69/1017	LETHBRIDGE

6K45-49M (Male) - 39 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/39	TORRIE, GRAHAM	4188	26:11.023	04:21	07:01	+00:00:00	24/1667	18/644	COCHRANE
2/39	ONGPAUCO, KEITH	3872	31:15.730	05:12	08:22	+00:05:04	89/1667	60/644	LETHBRIDGE
3/39	JACKSON, NATHAN	3602	31:49.527	05:18	08:31	+00:05:38	99/1667	63/644	CHAMPION
4/39	BLY, RUSSELL	3127	32:24.823	05:24	08:41	+00:06:13	111/1667	73/644	LETHBRIDGE
5/39	LORENZ, BRENT	3718	32:28.197	05:24	08:42	+00:06:17	114/1667	76/644	LETHBRIDGE

6K50-54F (Female) - 61 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/59	SCHINDELER, SUSAN	4533	32:09.940	05:21	08:37	+00:00:00	105/1667	38/1017	LETHBRIDGE
2/59	SPATE, GENA	3355	33:02.392	05:30	08:51	+00:00:52	124/1667	45/1017	TABER
3/59	CAMPMANS, LAURIE	4815	33:19.079	05:33	08:55	+00:01:09	133/1667	49/1017	LETHBRIDGE
4/59	ALLEN, SHANDA	3023	36:21.984	06:03	09:44	+00:04:12	222/1667	96/1017	TABER
5/59	DUBE, TANIA	3344	37:28.545	06:14	10:02	+00:05:18	275/1667	130/1017	COCHRANE

6K50-54M (Male) - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	NUTLEY, MICK	4716	26:36.457	04:26	07:08	+00:00:00	28/1667	22/644	LETHBRIDGE
2/23	FITZPATRICK, JESSE	3391	29:58.225	04:59	08:02	+00:03:21	63/1667	40/644	BLACK DIAMOND
3/23	MANYFINGERS, TROY	4387	30:58.057	05:09	08:18	+00:04:21	87/1667	58/644	LETHBRIDGE
4/23	CHAREST, JOLLIN	4682	31:40.901	05:16	08:29	+00:05:04	96/1667	62/644	LETHBRIDGE
5/23	WILLMS, MICHAEL	4296	36:15.585	06:02	09:43	+00:09:39	220/1667	126/644	LETHBRIDGE

6K55-59F (Female) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/37	GEMER, TARA	3445	30:43.387	05:07	08:14	+00:00:00	82/1667	29/1017	LETHBRIDGE
2/37	VAN MAANEN, DIANE	4213	35:49.616	05:58	09:36	+00:05:06	205/1667	83/1017	COALDALE
3/37	LENZ, EMMA	3704	36:48.421	06:08	09:52	+00:06:05	241/1667	109/1017	COALHURST
4/37	HUVENAARS, CHRISTIANE	3586	37:14.647	06:12	09:59	+00:06:31	262/1667	124/1017	HAYS
5/37	YOUNG, ALANA	4322	39:01.261	06:30	10:27	+00:08:17	361/1667	173/1017	MEDICINE HAT

6K55-59M (Male) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/27	SMITH, DARRYL	4094	24:05.259	04:00	06:27	+00:00:00	12/1667	10/644	MEDICINE HAT
2/27	HARBOUR, MIKE	3513	31:04.785	05:10	08:19	+00:06:59	88/1667	59/644	COCHRANE
3/27	TENNANT, MATTHEW	4169	33:22.431	05:33	08:56	+00:09:17	134/1667	85/644	EDMONTON
4/27	DAIGLE, CLAUDE	3287	33:35.746	05:35	09:00	+00:09:30	144/1667	93/644	LETHBRIDGE
5/27	MCLEOD, SEAN	4556	37:15.325	06:12	09:59	+00:13:10	265/1667	140/644	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

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6K/3.73 Miles

1667 Finishers

6K60-64F (Female) - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/31	TATEBE, FRAN	4164	34:14.976	05:42	09:10	+00:00:00	157/1667	60/1017	LETHBRIDGE
2/31	GARDEN, DANA	3437	36:14.109	06:02	09:42	+00:01:59	219/1667	94/1017	LETHBRIDGE
3/31	LASTUKA, DAWN	3692	37:12.279	06:12	09:58	+00:02:57	260/1667	122/1017	LETHBRIDGE
4/31	PUURVEEN-VANSCHOTHORST, DENIS	3958	41:19.727	06:53	11:04	+00:07:04	476/1667	232/1017	LETHBRIDGE
5/31	HEGGIE, DIXIE	4429	41:42.016	06:57	11:10	+00:07:27	489/1667	240/1017	LETHBRIDGE

6K60-64M (Male) - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/25	YOUNG, SCOTT	4323	34:59.699	05:49	09:22	+00:00:00	178/1667	108/644	MEDICINE HAT
2/25	STOLZ, DALE	4130	37:41.672	06:16	10:06	+00:02:41	285/1667	153/644	DUCHESS
3/25	BYKOWSKI, JOHN	3196	38:49.519	06:28	10:24	+00:03:49	347/1667	183/644	LETHBRIDGE
4/25	SPERLING, MIKE	4622	40:25.261	06:44	10:50	+00:05:25	434/1667	226/644	COALDALE
5/25	KOOPMANS, GEORGE	4554	43:23.078	07:13	11:37	+00:08:23	587/1667	291/644	MEDICINE HAT

6K65-69F (Female) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/23	WATSON, JOAN	4260	41:56.781	06:59	11:14	+00:00:00	507/1667	252/1017	CALGARY
2/23	BANMANN, MARGARET	3061	46:26.707	07:44	12:27	+00:04:29	772/1667	411/1017	LETHBRIDGE COUNTY
3/23	MATTHEWS, JULIE	3770	48:21.338	08:03	12:57	+00:06:24	882/1667	481/1017	LETHBRIDGE
4/23	MUDGE, SUSAN	3824	54:17.537	09:02	14:33	+00:12:20	1137/1667	646/1017	LETHBRIDGE
5/23	STINN, WENDY	4123	54:55.317	09:09	14:43	+00:12:58	1163/1667	665/1017	LETHBRIDGE

6K65-69M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/19	SHANO, ROBERT	4569	37:20.411	06:13	10:00	+00:00:00	268/1667	142/644	LETHBRIDGE
2/19	REIMER, DALE	3981	38:11.388	06:21	10:14	+00:00:50	311/1667	166/644	LETHBRIDGE
3/19	HALBERT, DALE	3495	44:20.451	07:23	11:53	+00:07:00	644/1667	314/644	FORT MACLEOD
4/19	SMITH, MONTY	4097	45:31.725	07:35	12:12	+00:08:11	708/1667	336/644	COCHRANE
5/19	PRENEVOST, DOUG	3945	45:47.379	07:37	12:16	+00:08:26	728/1667	343/644	LOMOND

6K70-74F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	EVANSON, CAROL	4421	48:30.385	08:05	13:00	+00:00:00	887/1667	484/1017	TABER
2/11	DOW, JUNE	4	49:48.197	08:18	13:21	+00:01:17	942/1667	522/1017	LETHBRIDGE
3/11	PAHULJE, MAJDA	4745	52:08.024	08:41	13:58	+00:03:37	1040/1667	582/1017	LETHBRIDGE
4/11	SMITH, BEVERLY	4091	53:55.155	08:59	14:27	+00:05:24	1125/1667	637/1017	LETHBRIDGE
5/11	FOLTINEK, SUSAN	3401	58:23.370	09:43	15:39	+00:09:52	1281/1667	755/1017	CALGARY

6K70-74M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	GUENTHER, CHARLES	4668	37:22.946	06:13	10:01	+00:00:00	271/1667	143/644	LETHBRIDGE
2/15	CRAMER, AL	3273	39:20.316	06:33	10:32	+00:01:57	377/1667	195/644	BARONS
3/15	VERMEER, RENY	3988	48:46.041	08:07	13:04	+00:11:23	898/1667	404/644	LETHBRIDGE
4/15	PASOLLI, ALAN	3898	50:14.798	08:22	13:28	+00:12:51	964/1667	429/644	HIGH RIVER
5/15	KAY, WALTER	4433	50:59.563	08:29	13:40	+00:13:36	994/1667	439/644	LETHBRIDGE

6K75-79F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	JOLY, LINDA	3	51:48.828	08:38	13:53	+00:00:00	1030/1667	575/1017	LETHBRIDGE
2/3	OLFERT, DOREEN	3866	58:26.371	09:44	15:40	+00:06:37	1282/1667	756/1017	LETHBRIDGE
3/3	HARRIS, JUDY	3525	1:14:03.600	12:20	19:51	+00:22:14	1603/1667	966/1017	LETHBRIDGE

6K75-79M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	CARD, KEVIN	3202	52:59.608	08:49	14:12	+00:00:00	1095/1667	475/644	LETHBRIDGE
2/6	JOLY, ERNIE	3623	55:24.661	09:14	14:51	+00:02:25	1172/1667	498/644	LETHBRIDGE
3/6	SMITH, MICHAEL	4096	57:34.714	09:35	15:26	+00:04:35	1235/1667	513/644	DAVIDSON
4/6	DESJARDINS, AL	3323	58:43.505	09:47	15:44	+00:05:43	1287/1667	526/644	LETHBRIDGE
5/6	BROWN, GERALD	2	1:17:15.927	12:52	20:42	+00:24:16	1630/1667	637/644	LETHBRIDGE

6K80+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	STEWART, CALVIN	4118	47:18.995	07:53	12:41	+00:00:00	809/1667	375/644	LETHBRIDGE COUNTY