

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K11&UF - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/1	VARRO, MAXINE	609	1:13:48.172	07:22	549/615	238/289	+00:00:00	LETHBRIDGE

10K11&UM - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/6	POTTAGE, ANDY	472	1:00:23.385	06:02	329/615	222/325	+00:00:00	LETHBRIDGE
2/6	CHATTERTON, THOMAS	173	1:00:39.182	06:03	334/615	225/325	+00:00:15	LETHBRIDGE
3/6	SPENCER, LEANDER	555	1:01:07.494	06:06	346/615	230/325	+00:00:44	LETHBRIDGE
4/6	FROGLEY, HUDSON	714	1:09:44.962	06:58	495/615	292/325	+00:09:21	MAGRATH
5/6	HERDER, CHIP	300	1:13:48.170	07:22	547/615	309/325	+00:13:24	LETHBRIDGE
6/6	HERDER, RHETT	301	1:13:48.171	07:22	548/615	310/325	+00:13:24	LETHBRIDGE

10K12-15F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/6	KIRKNESS, KENZIE	333	52:08.932	05:12	156/615	34/289	+00:00:00	CALGARY
2/6	RIANY, LILIA	495	55:30.489	05:33	223/615	61/289	+00:03:21	LETHBRIDGE
3/6	FOURNIER, AUDREY	243	58:30.445	05:51	286/615	87/289	+00:06:21	LETHBRIDGE
4/6	KLASSEN, BRIANCA	337	1:01:39.603	06:09	362/615	124/289	+00:09:30	LETHBRIDGE
5/6	JONKER, ASTER	790	1:04:54.685	06:29	422/615	156/289	+00:12:45	LETHBRIDGE
6/6	PEEBLES, ELLA	451	1:10:54.289	07:05	510/615	214/289	+00:18:45	BELLEVUE

10K12-15M - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/17	MONAHAN, GAVIN	413	45:25.649	04:32	36/615	32/325	+00:00:00	LETHBRIDGE
2/17	CRAIG, NATHAN	514	45:39.664	04:33	41/615	36/325	+00:00:14	LETHBRIDGE
3/17	BENNETT, ELIJAH	672	45:47.353	04:34	42/615	37/325	+00:00:21	LETHBRIDGE
4/17	KWASNY, SIMON	351	47:11.351	04:43	67/615	56/325	+00:01:45	LETHBRIDGE
5/17	VAN MAANEN, CODY	597	48:09.663	04:48	80/615	65/325	+00:02:44	DIAMOND CITY
6/17	POIRIER, ZEPHERIN	468	49:28.903	04:56	98/615	74/325	+00:04:03	RAYMOND
7/17	NEIL, DONOVAN	425	49:55.621	04:59	111/615	86/325	+00:04:29	LETHBRIDGE
8/17	SCHMALTZ, ALEXANDER	667	50:22.012	05:02	122/615	95/325	+00:04:56	LETHBRIDGE
9/17	CHURKO, EASTON	674	51:13.434	05:07	131/615	103/325	+00:05:47	LETHBRIDGE
10/17	MORANTE, WYNTON	414	51:29.768	05:08	135/615	107/325	+00:06:04	LETHBRIDGE
11/17	DONNELLY, FINN	214	51:38.416	05:09	137/615	109/325	+00:06:12	LETHBRIDGE
12/17	SPENCER, GERALD	554	53:11.323	05:19	177/615	131/325	+00:07:45	LETHBRIDGE
13/17	ABREY-MCKEOWN, FINN	104	54:13.805	05:25	194/615	142/325	+00:08:48	COALDALE
14/17	VAN MAANEN, CONNOR	598	54:50.415	05:29	202/615	149/325	+00:09:24	DIAMOND CITY
15/17	SEXTON, ALEX	522	57:18.465	05:43	256/615	180/325	+00:11:52	LETHBRIDGE
16/17	KLASSEN, BLAZE	336	1:01:29.362	06:08	354/615	235/325	+00:16:03	LETHBRIDGE
17/17	FROGLEY, HENRY	711	1:07:57.386	06:47	470/615	280/325	+00:22:31	MAGRATH

10K16-19F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	HARKER, CADRIEN	289	52:16.219	05:13	159/615	36/289	+00:00:00	HIGH RIVER
2/7	LAING, OLIVIA	354	52:40.150	05:16	167/615	40/289	+00:00:23	LETHBRIDGE
3/7	CAMPMANS, KYLEE	166	52:42.166	05:16	169/615	42/289	+00:00:25	LETHBRIDGE
4/7	ZGURSKI, TAIYA	656	53:14.814	05:19	178/615	46/289	+00:00:58	LETHBRIDGE
5/7	WORTHINGTON, ABBY	776	1:10:26.164	07:02	502/615	208/289	+00:18:09	LETHBRIDGE
6/7	FABIA, MADELYNN	230	1:26:45.818	08:40	606/615	282/289	+00:34:29	LETHBRIDGE
7/7	BUKATKA, BRYNLEE	157	1:29:41.902	08:58	612/615	287/289	+00:37:25	LETHBRIDGE

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Category Results

10K Run - 6.21 Miles
615 Finishers

10K16-19M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/14	SOLLITT, RAIMO	546	34:37.003	03:27	1/615	1/325	+00:00:00	COCHRANE
2/14	HASLAM, KADE	678	38:17.126	03:49	10/615	8/325	+00:03:40	BARNWELL
3/14	ZIEBER, BENNETT	659	40:26.029	04:02	16/615	13/325	+00:05:49	LETHBRIDGE
4/14	BLINKIN, EMRY	143	49:52.767	04:59	110/615	85/325	+00:15:15	LETHBRIDGE
5/14	NELSON, MARSHALL	429	50:56.511	05:05	130/615	102/325	+00:16:19	RAYMOND
6/14	BARAJAS, LEVI	722	51:14.416	05:07	132/615	104/325	+00:16:37	TURIN
7/14	TILBURN, CHASE	737	55:07.899	05:30	214/615	158/325	+00:20:30	EDMONTON
8/14	DOHERTY, QUIN	616	57:01.873	05:42	245/615	177/325	+00:22:24	LETHBRIDGE
9/14	KARLUNCHUCK, REESE	732	59:30.300	05:57	310/615	210/325	+00:24:53	KISBEY
10/14	TATA, ILARIO	567	1:00:59.901	06:05	343/615	228/325	+00:26:22	LETHBRIDGE
11/14	GALLANT, NOLAN	252	1:02:26.617	06:14	383/615	249/325	+00:27:49	LETHBRIDGE
12/14	CONRAD, MITCHELL	185	1:02:39.373	06:15	387/615	252/325	+00:28:02	LETHBRIDGE
13/14	GALLANT, DYLAN	251	1:03:21.039	06:20	398/615	256/325	+00:28:44	LETHBRIDGE
14/14	SEXTON, CONNOR	524	1:09:33.478	06:57	489/615	288/325	+00:34:56	LETHBRIDGE

10K16-19U - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/1	MCINTYRE, GAVIN	395	49:06.707	04:54	93/615	1/1	+00:00:00	LETHBRIDGE

OA/PI = Overall Placing

Category Results

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Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles
615 Finishers

10K20-24F - 52 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/52	PIZARRO, LAURA	462	45:36.125	04:33	39/615	5/289	+00:00:00	LETHBRIDGE
2/52	KISH, JELENA	334	48:31.576	04:51	87/615	18/289	+00:02:55	LETHBRIDGE
3/52	HOPPINS, EMMA	311	52:36.283	05:15	165/615	38/289	+00:07:00	LETHBRIDGE
4/52	SINCLAIR, JASMINE	532	53:18.211	05:19	179/615	47/289	+00:07:42	LETHBRIDGE
5/52	MAZIDI, JASMINE	389	54:58.429	05:29	206/615	53/289	+00:09:22	LETHBRIDGE
6/52	GOMERY, JAIMIE	208	55:29.859	05:32	220/615	59/289	+00:09:53	LETHBRIDGE
7/52	INNES-FORBES, YZZI	317	55:47.295	05:34	225/615	63/289	+00:10:11	LETHBRIDGE
8/52	DITTMER, BRIANNA	765	57:02.258	05:42	246/615	68/289	+00:11:26	CALGARY
9/52	BELANGER, CHLOE	130	57:03.091	05:42	248/615	70/289	+00:11:26	WHEATLAND COU
10/52	NILSSON, JENNA	435	57:05.504	05:42	252/615	72/289	+00:11:29	LETHBRIDGE
11/52	TOWNLEY, JULIA	581	57:35.247	05:45	262/615	79/289	+00:11:59	LETHBRIDGE
12/52	GARBER, SHAYLEE	256	57:44.341	05:46	268/615	82/289	+00:12:08	PINCHER CREEK
13/52	FERGUSON, AZLIN	743	59:06.276	05:54	300/615	95/289	+00:13:30	LETHBRIDGE
14/52	MACLEAN, SOPHIE	375	59:12.020	05:55	305/615	98/289	+00:13:35	LETHBRIDGE
15/52	WIJESENA, ANIESHA	751	1:00:12.979	06:01	326/615	104/289	+00:14:36	LETHBRIDGE
16/52	JORGENSEN, JESS	745	1:00:12.979	06:01	327/615	105/289	+00:14:36	LETHBRIDGE
17/52	POIRIER, RUTH	467	1:00:27.720	06:02	332/615	107/289	+00:14:51	RAYMOND
18/52	MARSDEN, KYA	382	1:00:32.619	06:03	333/615	108/289	+00:14:56	LETHBRIDGE
19/52	CANDERAN, LUCA	741	1:01:01.495	06:06	344/615	115/289	+00:15:25	LETHBRIDGE
20/52	SISSONS, ASHLYN	536	1:01:52.047	06:11	364/615	125/289	+00:16:15	CALGARY
21/52	HARVEY, JAYDEN	789	1:01:56.385	06:11	368/615	127/289	+00:16:20	LETHBRIDGE
22/52	HEGGIE, ELENA	767	1:02:14.430	06:13	379/615	130/289	+00:16:38	LETHBRIDGE
23/52	SHANNON, ALEXUS	526	1:02:55.093	06:17	394/615	140/289	+00:17:18	LETHBRIDGE
24/52	KRYWOLT, AMY	348	1:03:57.530	06:23	405/615	145/289	+00:18:21	LETHBRIDGE
25/52	JENSEN, KAMRYN	731	1:03:57.623	06:23	406/615	146/289	+00:18:21	RAYMOND
26/52	CROSBY, MADELINE	193	1:04:51.297	06:29	421/615	155/289	+00:19:15	CALGARY
27/52	JACOBS, MADDISYN	662	1:04:59.242	06:29	423/615	157/289	+00:19:23	LETHBRIDGE
28/52	HOLBERTON, KOURTNEY	757	1:05:01.420	06:30	426/615	158/289	+00:19:25	LETHBRIDGE
29/52	LACHMAN, TARYN	353	1:05:34.373	06:33	429/615	160/289	+00:19:58	LETHBRIDGE
30/52	THIELEN, LAUREN	570	1:05:40.934	06:34	433/615	163/289	+00:20:04	CALGARY
31/52	ZGURSKI, ANNA	653	1:05:44.755	06:34	436/615	165/289	+00:20:08	LETHBRIDGE
32/52	PALMARCHUK, MACKENZIE	685	1:05:55.701	06:35	442/615	170/289	+00:20:19	LETHBRIDGE
33/52	GRAY, NIAMH	273	1:06:02.825	06:36	444/615	172/289	+00:20:26	LETHBRIDGE
34/52	OVERWATER, TIA	445	1:06:02.871	06:36	445/615	173/289	+00:20:26	CALGARY
35/52	LIVINGSTONE, SADIE	366	1:06:24.082	06:38	447/615	175/289	+00:20:47	STIRLING
36/52	CLAYPOOL, MIKAELA	180	1:06:50.287	06:41	449/615	177/289	+00:21:14	LETHBRIDGE
37/52	HAGEL, RYANN	278	1:07:16.067	06:43	455/615	181/289	+00:21:39	LETHBRIDGE
38/52	ATWOOD, REESE	119	1:08:29.635	06:50	478/615	193/289	+00:22:53	LETHBRIDGE
39/52	THOMPSON, FAITH	573	1:08:57.644	06:53	482/615	196/289	+00:23:21	MAGRATH
40/52	D'ARGENT, STELLA	779	1:09:24.454	06:56	487/615	199/289	+00:23:48	STANDARD
41/52	RAMZY, MAYA	483	1:09:40.931	06:58	491/615	202/289	+00:24:04	LETHBRIDGE
42/52	BENNA, KEIRA	133	1:10:13.767	07:01	499/615	206/289	+00:24:37	CALGARY
43/52	QUINN, JORDAN	734	1:10:50.707	07:05	509/615	213/289	+00:25:14	LETHBRIDGE
44/52	HUGGINS, CHLOÉ	699	1:11:19.974	07:07	516/615	216/289	+00:25:43	LETHBRIDGE
45/52	SMYTH, JANAE	543	1:11:38.351	07:09	520/615	220/289	+00:26:02	COALDALE
46/52	BURBANK, AVA	788	1:12:53.960	07:17	534/615	230/289	+00:27:17	LETHBRIDGE
47/52	VEURINK, MACKENNA	612	1:13:02.186	07:18	540/615	234/289	+00:27:26	COALDALE
48/52	EVANS, CASSIE	229	1:13:55.695	07:23	554/615	241/289	+00:28:19	LETHBRIDGE
49/52	PICKLES, JENNA	458	1:14:11.867	07:25	556/615	243/289	+00:28:35	LETHBRIDGE
50/52	DE LEEUW, JALAINA	207	1:16:27.732	07:38	567/615	253/289	+00:30:51	PICTURE BUTTE
51/52	MAKIWA, REJOICE	377	1:19:32.582	07:57	590/615	272/289	+00:33:56	LETHBRIDGE
52/52	HEILMAN, ANNA	296	1:29:41.620	08:58	611/615	286/289	+00:44:05	LETHBRIDGE

OA/PI = Overall Placing

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Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K20-24M - 47 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/47	GRASMEYER, ETHAN	691	36:21.017	03:38	6/615	5/325	+00:00:00	SMITHERS
2/47	MOHAMED, KAYSAN	412	38:44.171	03:52	11/615	9/325	+00:02:23	PICTURE BUTTE
3/47	SANDHU, ARPAN	785	44:06.831	04:24	28/615	24/325	+00:07:45	LETHBRIDGE
4/47	DELANEY, DARYON	209	46:44.211	04:40	54/615	45/325	+00:10:23	STAND OFF
5/47	GRAUMANN, WILL	756	47:06.640	04:42	65/615	54/325	+00:10:45	LETHBRIDGE
6/47	BULLSHIELDS, JACOB	629	47:44.421	04:46	71/615	58/325	+00:11:23	CARDSTON
7/47	NEIL, KALEB	426	48:28.833	04:50	85/615	68/325	+00:12:07	LETHBRIDGE
8/47	BAILEY, JACK	121	48:51.662	04:53	89/615	70/325	+00:12:30	LUNDBRECK
9/47	DEVOY, HAYDEN	212	49:04.129	04:54	92/615	71/325	+00:12:43	LETHBRIDGE
10/47	HARDY, JACK	288	49:42.941	04:58	105/615	80/325	+00:13:21	LETHBRIDGE
11/47	GALLAGHER, OWEN	250	49:48.848	04:58	109/615	84/325	+00:13:27	LETHBRIDGE
12/47	LAURIE, JACKSON	700	50:14.932	05:01	118/615	91/325	+00:13:53	LETHBRIDGE
13/47	VANDEN ELZEN, JOHN	604	50:19.550	05:01	121/615	94/325	+00:13:58	COALDALE
14/47	ANDERSON, ERIK	740	50:32.557	05:03	125/615	98/325	+00:14:11	LETHBRIDGE
15/47	HILL, MASON	304	50:49.363	05:04	127/615	100/325	+00:14:28	RED DEER
16/47	NEUFELD, TEDDY	430	52:06.096	05:12	155/615	121/325	+00:15:45	LETHBRIDGE
17/47	MCCORMICK, MITCHELL	683	52:53.510	05:17	172/615	127/325	+00:16:32	RAYMOND
18/47	MARCHES, MATT	380	52:56.347	05:17	174/615	129/325	+00:16:35	LETHBRIDGE
19/47	ORR, ELIJAH	442	53:41.961	05:22	187/615	136/325	+00:17:20	LETHBRIDGE
20/47	EAGLEBEAR, ADIAN	754	53:44.298	05:22	188/615	137/325	+00:17:23	LETHBRIDGE
21/47	JOSEPH JUNIOR, GEORGE KOMBAN	326	53:51.517	05:23	190/615	138/325	+00:17:30	LETHBRIDGE
22/47	HANSEN, LORIN	285	54:05.392	05:24	193/615	141/325	+00:17:44	LETHBRIDGE
23/47	FELICEN, LANCE	755	54:48.444	05:28	201/615	148/325	+00:18:27	FORT MACLEOD
24/47	VICTOR TITUS, IMMANUVEL	613	55:00.563	05:30	207/615	153/325	+00:18:39	LETHBRIDGE
25/47	HIMANSHU, HIMANSHU	305	55:02.718	05:30	211/615	155/325	+00:18:41	LETHBRIDGE
26/47	STONEHOCKER, PARKER	669	55:26.506	05:32	218/615	160/325	+00:19:05	RAYMOND
27/47	SINGH, MASON	533	55:48.702	05:34	227/615	163/325	+00:19:27	LETHBRIDGE
28/47	ZGURSKI, OWEN	654	56:32.389	05:39	236/615	168/325	+00:20:11	LETHBRIDGE
29/47	RIEMER, NATHANIEL	775	56:33.607	05:39	238/615	170/325	+00:20:12	LETHBRIDGE
30/47	SANA, RUBEN	507	56:42.935	05:40	241/615	173/325	+00:20:21	LETHBRIDGE
31/47	SINGH, KUSHALDEEP	801	57:03.982	05:42	249/615	178/325	+00:20:42	LETHBRIDGE
32/47	AVILA, JACOB	602	57:34.735	05:45	261/615	182/325	+00:21:13	LETHBRIDGE
33/47	CALE, ELIAS	673	57:45.888	05:46	269/615	186/325	+00:21:24	LETHBRIDGE
34/47	REBAGLIATI, GREG	485	59:09.183	05:54	303/615	205/325	+00:22:48	CRANBROOK
35/47	JONES, ELLIOT	680	59:30.956	05:57	311/615	211/325	+00:23:09	LETHBRIDGE
36/47	WISE, ZACH	643	59:53.597	05:59	321/615	218/325	+00:23:32	LETHBRIDGE
37/47	ABRAHAM, ROHAN	103	1:00:25.283	06:02	331/615	224/325	+00:24:04	LETHBRIDGE
38/47	KWASNY, DOMINIC	350	1:01:56.548	06:11	369/615	241/325	+00:25:35	LETHBRIDGE
39/47	YASCHYSHYN, KEENAN	650	1:01:56.804	06:11	370/615	242/325	+00:25:35	MORDEN
40/47	MERONIUK, TYSYEN	407	1:02:01.071	06:12	372/615	243/325	+00:25:40	LETHBRIDGE
41/47	RICHARDS, STERLING	692	1:02:55.070	06:17	393/615	253/325	+00:26:34	COALDALE
42/47	RIST, JOSH	497	1:08:28.675	06:50	477/615	284/325	+00:32:07	LETHBRIDGE
43/47	ATWOOD, CARTER	118	1:10:43.626	07:04	507/615	294/325	+00:34:22	LETHBRIDGE
44/47	PACK, CONNER	447	1:11:08.470	07:06	515/615	299/325	+00:34:47	LETHBRIDGE
45/47	CALE, THERON	164	1:11:49.554	07:10	526/615	302/325	+00:35:28	LETHBRIDGE
46/47	HUNT, ETHAN	313	1:19:33.472	07:57	591/615	318/325	+00:43:12	LETHBRIDGE
47/47	MARQUEZ, JOHNN MICHAEL	381	1:33:59.475	09:23	614/615	325/325	+00:57:38	LETHBRIDGE

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Category Results

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Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles
615 Finishers

10K25-29F - 54 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/54	NOWICKI, SOPHIA	436	37:29.335	03:44	8/615	2/289	+00:00:00	OKOTOKS
2/54	BYKOWSKI, JANELLE	161	40:04.232	04:00	14/615	3/289	+00:02:34	LETHBRIDGE
3/54	CHRAPKO, MACKENZIE	176	45:48.524	04:34	43/615	6/289	+00:08:19	STIRLING
4/54	WASYLOWICH, ANGELA	623	47:32.560	04:45	70/615	13/289	+00:10:03	CALGARY
5/54	HUNT, FLORA	679	48:01.811	04:48	75/615	15/289	+00:10:32	PINCHER CREEK
6/54	HUVENAARS, RENEE	316	48:16.763	04:49	82/615	16/289	+00:10:47	HAYS
7/54	HAYWORTH, SHAYLYNN	295	50:10.901	05:01	116/615	26/289	+00:12:41	LETHBRIDGE
8/54	DE GROOT, ANDREA	205	51:41.736	05:10	140/615	29/289	+00:14:12	LETHBRIDGE
9/54	MESSIER, FIONA	408	51:53.674	05:11	149/615	31/289	+00:14:24	CALGARY
10/54	LOW, TEESHA	367	53:34.483	05:21	185/615	50/289	+00:16:05	CARDSTON
11/54	HARDY, CHARLOTTE	287	57:25.027	05:44	258/615	77/289	+00:19:55	LETHBRIDGE
12/54	PRATT, TEGAN	476	57:38.598	05:45	266/615	81/289	+00:20:09	LETHBRIDGE
13/54	TAMAYOSE, SHANIAH	566	58:46.472	05:52	291/615	92/289	+00:21:17	LETHBRIDGE
14/54	ROMPAIN, BROOKLYNN	748	58:58.426	05:53	297/615	94/289	+00:21:29	LETHBRIDGE
15/54	SCOTT, LAUREL	517	1:00:00.486	06:00	325/615	103/289	+00:22:31	LETHBRIDGE
16/54	JOHANSON, ERYN	325	1:00:47.360	06:04	337/615	110/289	+00:23:18	LETHBRIDGE
17/54	SCHUSSLER, ANNIE	226	1:00:49.471	06:04	338/615	111/289	+00:23:20	BURDETT
18/54	WOOD, ASHLEY	645	1:01:58.446	06:11	371/615	128/289	+00:24:29	MEDICINE HAT
19/54	MURRAY, ELIZABETH	718	1:02:24.626	06:14	382/615	133/289	+00:24:55	PICTURE BUTTE
20/54	MARTIN, MACKENZIE	384	1:02:48.765	06:16	390/615	137/289	+00:25:19	CLARESHOLM
21/54	MCFADDEN, ROISIN	782	1:02:49.774	06:16	391/615	138/289	+00:25:20	CALGARY
22/54	STOPERSKI, ASHLEY	560	1:02:55.047	06:17	392/615	139/289	+00:25:25	LETHBRIDGE
23/54	CHMILAR, SARAH	175	1:04:09.576	06:24	408/615	147/289	+00:26:40	LETHBRIDGE
24/54	PERRY, TEAGAN	455	1:04:34.584	06:27	415/615	153/289	+00:27:05	FORT MACLEOD
25/54	DURFEY, KARLEE	281	1:04:43.702	06:28	418/615	154/289	+00:27:14	COALDALE
26/54	ARIK, KATELYN	115	1:05:03.037	06:30	427/615	159/289	+00:27:33	CALGARY
27/54	MAYNES, JORDYN	716	1:05:36.669	06:33	432/615	162/289	+00:28:07	STIRLING
28/54	HRENUK, MEGAN	312	1:05:41.895	06:34	435/615	164/289	+00:28:12	NOBLEFORD
29/54	ADAMSON, HANNAH	106	1:06:50.755	06:41	450/615	178/289	+00:29:21	LETHBRIDGE
30/54	REINHOLZ, KAYLA	769	1:07:37.088	06:45	461/615	183/289	+00:30:07	CALGARY
31/54	HARTY, BROOKE	290	1:07:59.941	06:47	471/615	190/289	+00:30:30	LETHBRIDGE
32/54	ERICKSON, NICOLA	660	1:08:45.950	06:52	481/615	195/289	+00:31:16	LETHBRIDGE
33/54	CAHOON, BAILEY	162	1:09:52.556	06:59	496/615	203/289	+00:32:23	CARDSTON
34/54	POTTS, KATE	474	1:10:04.604	07:00	498/615	205/289	+00:32:35	CALGARY
35/54	GEDDES, MCKENNA	261	1:10:43.064	07:04	506/615	212/289	+00:33:13	LETHBRIDGE
36/54	WEBBER, KASSIDY	627	1:12:37.652	07:15	531/615	228/289	+00:35:08	LETHBRIDGE
37/54	ORSI, JAYDEN	443	1:12:54.734	07:17	536/615	231/289	+00:35:25	LETHBRIDGE
38/54	MCKENZIE, KAITLIN	396	1:13:00.944	07:18	539/615	233/289	+00:35:31	LETHBRIDGE
39/54	CRAM, ROBYN	191	1:13:02.660	07:18	541/615	235/289	+00:35:33	COALDALE
40/54	DUCHARME-KUSHIRO, LEE-ANNE	218	1:13:28.132	07:20	544/615	236/289	+00:35:58	CALGARY
41/54	LITTLE BEAR, SARA	768	1:13:29.702	07:20	545/615	237/289	+00:36:00	STANDOFF
42/54	KUNKEL, ABIGAIL	349	1:13:57.804	07:23	555/615	242/289	+00:36:28	LETHBRIDGE
43/54	DORCHAK, JANA	318	1:17:28.106	07:44	574/615	259/289	+00:39:58	COALDALE
44/54	MCDOWELL, KENNA	391	1:18:00.778	07:48	576/615	261/289	+00:40:31	EDMONTON
45/54	GAMMEL, DESTINY	254	1:18:02.185	07:48	579/615	263/289	+00:40:32	LETHBRIDGE
46/54	DUURSMA, JACLYN	220	1:18:03.731	07:48	580/615	264/289	+00:40:34	LETHBRIDGE
47/54	TOMALTY, JILLIAN	580	1:18:20.582	07:50	581/615	265/289	+00:40:51	LETHBRIDGE
48/54	WHITTAL, EMILY	635	1:18:41.699	07:52	584/615	266/289	+00:41:12	EDMONTON
49/54	PENA, UNIQU	453	1:19:13.879	07:55	586/615	268/289	+00:41:44	BOW ISLAND
50/54	KRIZAN, NATALIE	346	1:20:34.761	08:03	594/615	275/289	+00:43:05	LETHBRIDGE
51/54	GATTAFONI, APRYL	259	1:20:34.761	08:03	595/615	276/289	+00:43:05	LETHBRIDGE
52/54	WONG, JASMINE	644	1:27:46.521	08:46	607/615	283/289	+00:50:17	CALGARY
53/54	AJANI, SABEL	110	1:27:47.095	08:46	608/615	284/289	+00:50:17	CALGARY
54/54	NIEMAND, CHARLOTTE	434	1:29:44.364	08:58	613/615	288/289	+00:52:15	LETHBRIDGE

OA/PI = Overall Placing

Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles

615 Finishers

10K25-29M - 45 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/45	FINDLAY, CAM	238	38:16.492	03:49	9/615	7/325	+00:00:00	LETHBRIDGE
2/45	SNETHUN, CARTER	544	39:06.225	03:54	13/615	11/325	+00:00:49	CLIVE
3/45	GIESBRECHT, SILAS	265	41:51.457	04:11	19/615	16/325	+00:03:34	CALGARY
4/45	ROMPAIN, SAM	749	45:28.180	04:32	37/615	33/325	+00:07:11	LETHBRIDGE
5/45	VEENSTRA, MARCEL	610	45:58.884	04:35	45/615	38/325	+00:07:42	LETHBRIDGE
6/45	SHARMA, ADITYA	793	46:31.062	04:39	51/615	42/325	+00:08:14	LETHBRIDGE
7/45	WAHL, CODY	619	46:36.102	04:39	52/615	43/325	+00:08:19	MEDICINE HAT
8/45	NICOL, TRISTAN	684	46:52.626	04:41	59/615	48/325	+00:08:36	RAYMOND
9/45	REEDER, BRANDON	488	47:30.897	04:45	69/615	57/325	+00:09:14	RAYMOND
10/45	STAINER, MITCH	750	48:04.412	04:48	78/615	63/325	+00:09:47	LETHBRIDGE
11/45	GAMMACK, ANDREW	253	49:31.109	04:57	101/615	77/325	+00:11:14	CALGARY
12/45	WELLSCH, JESSE	630	50:15.379	05:01	119/615	92/325	+00:11:58	LETHBRIDGE
13/45	DAUB, PARKER	198	50:49.785	05:04	128/615	101/325	+00:12:33	LETHBRIDGE
14/45	LAWSON, PAYTON	359	51:26.347	05:08	134/615	106/325	+00:13:09	LETHBRIDGE
15/45	VAN SCHOTHORST, ANTHONY	601	52:04.763	05:12	154/615	120/325	+00:13:48	LETHBRIDGE
16/45	SINKE, LUKAS	535	52:56.134	05:17	173/615	128/325	+00:14:39	PICTURE BUTTE
17/45	ODUSHOORN, NICHOLAS	444	54:22.197	05:26	196/615	144/325	+00:16:05	LETHBRIDGE
18/45	JANS, DAYTON	320	54:54.695	05:29	205/615	152/325	+00:16:38	RAYMOND
19/45	SAMSONOFF, NOAH	784	56:33.536	05:39	237/615	169/325	+00:18:17	LETHBRIDGE
20/45	GROSS, LANDON	275	57:52.123	05:47	274/615	190/325	+00:19:35	LETHBRIDGE
21/45	DE JONG, PETER	206	58:22.590	05:50	284/615	197/325	+00:20:06	LETHBRIDGE
22/45	LAW, HOUSTON	733	58:52.965	05:53	294/615	201/325	+00:20:36	LETHBRIDGE
23/45	WARDELL, BRAYDEN	670	59:03.628	05:54	299/615	204/325	+00:20:47	CALGARY
24/45	MEGGISON, CARSON	404	59:09.581	05:54	304/615	206/325	+00:20:53	LETHBRIDGE
25/45	MOSLEY, TYLER	418	59:37.894	05:57	312/615	212/325	+00:21:21	LETHBRIDGE
26/45	LARSON, PATRICK	357	59:44.551	05:58	314/615	213/325	+00:21:28	LETHBRIDGE
27/45	SEONG, SEUNGYUN	521	59:45.511	05:58	315/615	214/325	+00:21:29	LETHBRIDGE
28/45	MARTENS, PETER	773	1:01:07.048	06:06	345/615	229/325	+00:22:50	PICTURE BUTTE
29/45	VAN HAM, TAYLOR	787	1:01:09.907	06:06	347/615	231/325	+00:22:53	LETHBRIDGE
30/45	CHENG, JASON	174	1:01:26.314	06:08	352/615	234/325	+00:23:09	LETHBRIDGE
31/45	RADKE, ETHAN	482	1:01:32.055	06:09	356/615	236/325	+00:23:15	LETHBRIDGE
32/45	DYCK, ALEX	302	1:02:10.446	06:13	377/615	247/325	+00:23:53	TABER
33/45	KEELING, DYLAN	329	1:02:12.672	06:13	378/615	248/325	+00:23:56	RAYMOND
34/45	JACOBS, SETH	663	1:04:59.382	06:29	424/615	266/325	+00:26:42	LETHBRIDGE
35/45	CREIGHTON, JASON	192	1:05:36.177	06:33	431/615	269/325	+00:27:19	FORT MACLEOD
36/45	SCHULTZ, SCOTT	747	1:07:05.027	06:42	453/615	272/325	+00:28:48	LETHBRIDGE
37/45	ABEL, TANNER	102	1:07:25.442	06:44	458/615	276/325	+00:29:08	LETHBRIDGE
38/45	FERDINANDS, MATTHEW	235	1:08:20.731	06:50	475/615	283/325	+00:30:04	LETHBRIDGE
39/45	VADLAMUDI, NAVEEN KUMAR	795	1:08:59.869	06:53	483/615	286/325	+00:30:43	LETHBRIDGE
40/45	THIESSEN, SETH	572	1:11:00.383	07:06	512/615	297/325	+00:32:43	LETHBRIDGE
41/45	REID, WILLIAM	491	1:12:54.264	07:17	535/615	304/325	+00:34:37	LETHBRIDGE
42/45	RUSSELL, DARCY	770	1:13:27.734	07:20	543/615	307/325	+00:35:11	CARDSTON
43/45	GOMES, CHRISTIAN	267	1:18:02.043	07:48	578/615	315/325	+00:39:45	EDMONTON
44/45	HADFORD, HARRISON	744	1:18:20.770	07:50	582/615	316/325	+00:40:04	LETHBRIDGE
45/45	JANVIER, KEN	715	1:21:10.058	08:07	597/615	319/325	+00:42:53	FORT MACLEOD

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K30-34F - 51 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/51	DE WINTER, CASSANDRA	780	35:26.924	03:32	5/615	1/289	+00:00:00	LETHBRIDGE
2/51	LAYDEN, ARDELLE	360	45:58.859	04:35	44/615	7/289	+00:10:31	INNISFAIL
3/51	TKACH, RACHEL	578	46:46.789	04:40	56/615	10/289	+00:11:19	LETHBRIDGE
4/51	PRINS, ERICA	478	46:51.898	04:41	58/615	11/289	+00:11:24	LETHBRIDGE
5/51	WYTON, MIRIAM	648	47:54.193	04:47	74/615	14/289	+00:12:27	MEDICINE HAT
6/51	SCHULTZ, SHAWNA	515	48:51.309	04:53	88/615	19/289	+00:13:24	RAYMOND
7/51	VALLE, BELLE	588	49:03.100	04:54	91/615	21/289	+00:13:36	PICTURE BUTTE
8/51	ANDERSON, BRITTANY	112	49:28.153	04:56	97/615	23/289	+00:14:01	LETHBRIDGE
9/51	PLOURD, RACHEL	465	49:34.246	04:57	102/615	24/289	+00:14:07	LETHBRIDGE
10/51	SCOTT, KARLEE	516	50:03.754	05:00	114/615	25/289	+00:14:36	CALGARY
11/51	VAN HIERDEN, ELINE	596	52:41.157	05:16	168/615	41/289	+00:17:14	LETHBRIDGE COL
12/51	MERRIMAN, ASHLYN	800	52:45.706	05:16	170/615	43/289	+00:17:18	LETHBRIDGE
13/51	NELSON, KATIE	428	52:50.720	05:17	171/615	44/289	+00:17:23	RAYMOND
14/51	HAMILTON, COURTENEY	283	53:04.197	05:18	175/615	45/289	+00:17:37	LETHBRIDGE
15/51	ALGER, GENOA	753	55:00.960	05:30	208/615	54/289	+00:19:34	WATERTON PARK
16/51	GRAHAM, DOROTHY	269	55:24.912	05:32	217/615	57/289	+00:19:57	LETHBRIDGE
17/51	DYCK, BECCA	221	55:29.273	05:32	219/615	58/289	+00:20:02	COALDALE
18/51	HALMRAST, ASHTIN	282	56:13.544	05:37	231/615	64/289	+00:20:46	LETHBRIDGE
19/51	MARTHALLER, KEVYNN	383	56:21.468	05:38	233/615	65/289	+00:20:54	LETHBRIDGE
20/51	MATTHEWS, MEGAN	387	57:04.614	05:42	251/615	71/289	+00:21:37	TABER
21/51	RIEGER, JESSIE	496	57:08.809	05:42	253/615	73/289	+00:21:41	LETHBRIDGE
22/51	STEEVES, BRITTONI	760	57:12.724	05:43	254/615	74/289	+00:21:45	LETHBRIDGE
23/51	MURTAGH, MARY	421	57:24.115	05:44	257/615	76/289	+00:21:57	LETHBRIDGE
24/51	MCGINN, ERICA	393	57:56.697	05:47	276/615	84/289	+00:22:29	LETHBRIDGE
25/51	HIRONAKA, SHEA	308	58:08.200	05:48	280/615	86/289	+00:22:41	LETHBRIDGE
26/51	PREST, EMILY	477	58:39.488	05:51	287/615	88/289	+00:23:12	LETHBRIDGE
27/51	WIEST, NICKI	638	1:01:54.979	06:11	366/615	126/289	+00:26:28	LETHBRIDGE
28/51	WALLACE, SERENA	622	1:02:29.102	06:14	384/615	134/289	+00:27:02	LETHBRIDGE
29/51	CHARTIER, TANNIS	710	1:02:41.572	06:16	388/615	135/289	+00:27:14	COALDALE
30/51	SOLWAY, JACEY	548	1:02:42.343	06:16	389/615	136/289	+00:27:15	CALGARY
31/51	MACHACEK, DARYL	372	1:03:51.178	06:23	403/615	143/289	+00:28:24	LETHBRIDGE
32/51	SMITH, KRISTEN	541	1:04:21.108	06:26	411/615	149/289	+00:28:54	LETHBRIDGE
33/51	GAPP, SYDNEY	255	1:04:21.156	06:26	412/615	150/289	+00:28:54	COALHURST
34/51	VAKA, EMILY	587	1:05:36.036	06:33	430/615	161/289	+00:30:09	CALGARY
35/51	GARCIA, PRISCILLA	258	1:06:59.754	06:41	452/615	180/289	+00:31:32	LETHBRIDGE
36/51	TAILFEATHERS, KRISTA	564	1:07:46.182	06:46	464/615	185/289	+00:32:19	LETHBRIDGE
37/51	SOOP, HANNA	550	1:07:53.097	06:47	466/615	186/289	+00:32:26	LETHBRIDGE
38/51	ROSS, KERRI	503	1:08:18.878	06:49	474/615	191/289	+00:32:51	LETHBRIDGE
39/51	KOEN, LETITIA	343	1:09:08.729	06:54	486/615	198/289	+00:33:41	STIRLING
40/51	WELSH, RANDI	631	1:10:28.649	07:02	504/615	210/289	+00:35:01	MILK RIVER
41/51	WHITE, LAURA	690	1:11:25.955	07:08	517/615	217/289	+00:35:59	LETHBRIDGE
42/51	MCILWRICK, TAYLOR	394	1:11:32.704	07:09	519/615	219/289	+00:36:05	OKOTOKS
43/51	VAN DER EYK, JANELLE	590	1:12:19.648	07:13	528/615	225/289	+00:36:52	COALHURST
44/51	HERDER, CHERYL	299	1:13:49.037	07:22	552/615	240/289	+00:38:22	LETHBRIDGE
45/51	WALLACE, CHRISTINE	621	1:14:58.226	07:29	558/615	245/289	+00:39:31	LETHBRIDGE
46/51	LYONS, SHAYE	369	1:15:02.326	07:30	559/615	246/289	+00:39:35	LETHBRIDGE
47/51	GIBSON, CAITLYN	163	1:15:18.545	07:31	561/615	248/289	+00:39:51	CALGARY
48/51	VONKEMAN, LARISSA	617	1:16:48.685	07:40	569/615	255/289	+00:41:21	LETHBRIDGE
49/51	CURTIS, ALLISAN	196	1:17:10.483	07:43	571/615	257/289	+00:41:43	LETHBRIDGE
50/51	MACDONALD, ARIEL	370	1:18:02.020	07:48	577/615	262/289	+00:42:35	EDMONTON
51/51	GRIDLEY, YUKI	729	1:25:10.498	08:31	602/615	281/289	+00:49:43	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K30-34M - 58 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/58	BROWN, DYLAN	762	35:12.463	03:31	4/615	4/325	+00:00:00	LETHBRIDGE
2/58	SEDGWICK, AUSTIN	518	39:03.577	03:54	12/615	10/325	+00:03:51	LETHBRIDGE
3/58	MCLEOD, KEEGAN	398	40:16.068	04:01	15/615	12/325	+00:05:03	PONOKA
4/58	GRANT, RYAN	272	41:14.754	04:07	18/615	15/325	+00:06:02	LETHBRIDGE
5/58	PROSPER, ZACHARY	479	42:00.763	04:12	21/615	18/325	+00:06:48	COALDALE
6/58	YANKE, DUSTIN	649	43:40.417	04:22	26/615	22/325	+00:08:27	COALDALE
7/58	BETT, JAMES	139	43:42.671	04:22	27/615	23/325	+00:08:30	COALDALE
8/58	HARDING, ALEX	286	44:48.173	04:28	30/615	26/325	+00:09:35	LETHBRIDGE
9/58	WILLISCROFT, DARREN	641	45:24.828	04:32	35/615	31/325	+00:10:12	LETHBRIDGE
10/58	OLETA, MIKE LORENZO	703	46:00.829	04:36	46/615	39/325	+00:10:48	LETHBRIDGE
11/58	ONE OWL, DANIEL	440	46:54.031	04:41	60/615	49/325	+00:11:41	LETHBRIDGE
12/58	FISHER, JUSTIN	327	46:57.007	04:41	62/615	51/325	+00:11:44	LETHBRIDGE
13/58	SPERLING, BLAIR	556	49:09.286	04:54	94/615	72/325	+00:13:56	LETHBRIDGE
14/58	PYLE, LIAM	480	49:29.441	04:56	100/615	76/325	+00:14:16	CALGARY
15/58	ABAR, COLIN	100	49:37.059	04:57	103/615	78/325	+00:14:24	LETHBRIDGE
16/58	FERRER, CESAR	236	49:45.285	04:58	107/615	82/325	+00:14:32	BOW ISLAND
17/58	MALULEKE, OSCAR	378	49:56.347	04:59	112/615	87/325	+00:14:43	LETHBRIDGE
18/58	WIGTON, ANDREW	639	50:03.472	05:00	113/615	88/325	+00:14:51	CALGARY
19/58	ZADNIK, RYAN	709	50:11.651	05:01	117/615	90/325	+00:14:59	LETHBRIDGE
20/58	PISTNER, KEVIN	460	50:26.886	05:02	123/615	96/325	+00:15:14	CALGARY
21/58	FORSTER, TYLER	242	50:31.953	05:03	124/615	97/325	+00:15:19	LETHBRIDGE
22/58	NEUFELD, LUCAS	774	51:41.956	05:10	142/615	112/325	+00:16:29	LETHBRIDGE
23/58	VOSSSEN, PAUL	618	51:46.504	05:10	145/615	115/325	+00:16:34	LETHBRIDGE
24/58	HOLLINGSWORTH, JAY	310	52:15.902	05:13	158/615	122/325	+00:17:03	LETHBRIDGE
25/58	VAN DER EYK, CONRAD	589	52:34.831	05:15	164/615	126/325	+00:17:22	COALHURST
26/58	GIBSON, RORY	263	53:24.563	05:20	181/615	133/325	+00:18:12	LETHBRIDGE
27/58	WOLF CHILD, CRAIG	752	54:19.030	05:25	195/615	143/325	+00:19:06	STANDOFF
28/58	DYCK, JOSHUA	766	54:42.046	05:28	200/615	147/325	+00:19:29	COALDALE
29/58	MACLEAN, BRENDAN	374	55:02.811	05:30	212/615	156/325	+00:19:50	LETHBRIDGE
30/58	MURRAY, BROEK	717	56:20.317	05:38	232/615	167/325	+00:21:07	PICTURE BUTTE
31/58	ROJAS, JUAN CARLOS	108	56:41.794	05:40	239/615	171/325	+00:21:29	LETHBRIDGE
32/58	DAVID, JON-CALL (JC)	199	56:52.569	05:41	243/615	175/325	+00:21:40	FORT MACLEOD
33/58	GRAHAM, JACOB	270	56:53.317	05:41	244/615	176/325	+00:21:40	LETHBRIDGE
34/58	SANDFORD, JAKE	509	57:42.484	05:46	267/615	185/325	+00:22:30	LETHBRIDGE
35/58	DRUHAN, GEORGE	805	57:52.193	05:47	275/615	191/325	+00:22:39	LETHBRIDGE
36/58	LEE, ALVIN	363	58:04.449	05:48	279/615	193/325	+00:22:51	LETHBRIDGE
37/58	KLASSEN, JASON	338	58:50.108	05:53	292/615	199/325	+00:23:37	COALDALE
38/58	HO, IVAN	309	59:28.098	05:56	309/615	209/325	+00:24:15	LETHBRIDGE
39/58	BELAND, YANNICK	694	59:58.028	05:59	323/615	220/325	+00:24:45	COALDALE
40/58	MOWAT, WASEY	419	1:01:17.618	06:07	349/615	232/325	+00:26:05	LETHBRIDGE
41/58	BALDWIN, DAN	122	1:01:32.970	06:09	357/615	237/325	+00:26:20	LETHBRIDGE
42/58	MILLS, MARK	410	1:01:50.923	06:11	363/615	238/325	+00:26:38	LETHBRIDGE
43/58	ERICKSON, RYAN	661	1:02:01.141	06:12	373/615	244/325	+00:26:48	LETHBRIDGE
44/58	NEUFELD, JOHNNY	553	1:02:02.102	06:12	375/615	246/325	+00:26:49	SHAUGHNESSY
45/58	PAGE, MICHAEL	448	1:02:36.040	06:15	386/615	251/325	+00:27:23	LETHBRIDGE
46/58	WALDNER, TRENT	706	1:03:33.414	06:21	399/615	257/325	+00:28:20	LETHBRIDGE
47/58	CANNING, NICHOLAS	168	1:03:38.125	06:21	400/615	258/325	+00:28:25	LETHBRIDGE
48/58	MELLAART, RICHARD	406	1:04:43.631	06:28	417/615	263/325	+00:29:31	LETHBRIDGE
49/58	LAWRENCE, AUSTIN	664	1:04:50.592	06:29	420/615	265/325	+00:29:38	LETHBRIDGE
50/58	LEGAULT, SHAYNE	364	1:04:59.921	06:29	425/615	267/325	+00:29:47	LETHBRIDGE
51/58	PEDERSEN, DEAN	450	1:07:09.176	06:42	454/615	273/325	+00:31:56	LETHBRIDGE
52/58	BRYDGES, ADDISON	156	1:07:19.746	06:43	456/615	274/325	+00:32:07	LETHBRIDGE
53/58	SCHERLOSKI, KEITH	513	1:07:46.465	06:46	465/615	279/325	+00:32:34	LETHBRIDGE
54/58	BURT, JASON	159	1:09:08.541	06:54	485/615	287/325	+00:33:56	STIRLING
55/58	BERGERON, KEVIN	138	1:10:59.071	07:05	511/615	296/325	+00:35:46	LETHBRIDGE
56/58	LARSEN, COLLIN	356	1:11:05.915	07:06	513/615	298/325	+00:35:53	LETHBRIDGE
57/58	MELARA, DAVID	405	1:13:51.709	07:23	553/615	312/325	+00:38:39	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K30-34M - 58 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
58/58	WHITTAL, LEITH	636	1:18:41.605	07:52	583/615	317/325	+00:43:29	COALHURST

10K35-39F - 50 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/50	JAROKOSKY, HEATHER	321	46:16.906	04:37	48/615	8/289	+00:00:00	LETHBRIDGE
2/50	FOISY, JENNIFER	240	49:02.913	04:54	90/615	20/289	+00:02:46	MONARCH
3/50	VANDERWEKKEN, MICHELLE	606	52:12.869	05:13	157/615	35/289	+00:05:55	TABER
4/50	ZEPEDA, NUBIA	777	53:30.939	05:21	183/615	48/289	+00:07:14	CALGARY
5/50	GILLESPIE, TRIA	697	53:30.963	05:21	184/615	49/289	+00:07:14	LETHBRIDGE
6/50	VAN HAARST, TWILAH	594	54:26.180	05:26	197/615	52/289	+00:08:09	TABER
7/50	SLUSAR, HILLARY	538	55:01.453	05:30	209/615	55/289	+00:08:44	LETHBRIDGE
8/50	JASSMAN, MEGAN	322	55:30.935	05:33	224/615	62/289	+00:09:14	COALDALE
9/50	THEROUX, DELANIAH	569	56:21.631	05:38	234/615	66/289	+00:10:04	COALDALE
10/50	CROWDER, NICOLE	195	57:02.366	05:42	247/615	69/289	+00:10:45	LETHBRIDGE
11/50	RED CROW, SAMANTHA	487	57:14.811	05:43	255/615	75/289	+00:10:57	FORT MACLEOD
12/50	REITER, SHARLA	493	57:30.606	05:45	259/615	78/289	+00:11:13	LETHBRIDGE
13/50	BELLEFEUILLE, ALEXANDRA	131	57:57.817	05:47	277/615	85/289	+00:11:40	CALGARY
14/50	COLLINS MCINTYRE, JESSICA	184	58:41.293	05:52	288/615	89/289	+00:12:24	LETHBRIDGE
15/50	MCGINN, ALANNAH	392	58:41.505	05:52	289/615	90/289	+00:12:24	LETHBRIDGE
16/50	CAMERON, CARISSA	165	58:45.488	05:52	290/615	91/289	+00:12:28	LETHBRIDGE
17/50	HAVINGA, NICOLE	292	59:06.534	05:54	301/615	96/289	+00:12:49	LETHBRIDGE
18/50	COLLINS, FRANCES	183	59:08.949	05:54	302/615	97/289	+00:12:52	LETHBRIDGE
19/50	ROBERTSON, KARMYN	665	59:12.909	05:55	306/615	99/289	+00:12:56	BOW ISLAND
20/50	FEHR, BRANDY	234	1:00:55.026	06:05	341/615	113/289	+00:14:38	BLAIRMORE
21/50	BARTEL, JENESSA	124	1:01:15.863	06:07	348/615	116/289	+00:14:58	LETHBRIDGE
22/50	HAGGETT, STEPHANIE	279	1:01:28.188	06:08	353/615	118/289	+00:15:11	LETHBRIDGE
23/50	RESSLER, JESSICA	494	1:01:30.954	06:09	355/615	119/289	+00:15:14	LETHBRIDGE
24/50	MAUFORT, SARAH	388	1:01:37.305	06:09	359/615	121/289	+00:15:20	LETHBRIDGE
25/50	KLASSEN, LACEY	339	1:01:39.439	06:09	361/615	123/289	+00:15:22	LETHBRIDGE
26/50	STRAUTS, KATHERINE	345	1:02:16.868	06:13	381/615	132/289	+00:15:59	LETHBRIDGE
27/50	POFF, SAMANTHA	466	1:03:40.820	06:22	402/615	142/289	+00:17:23	LETHBRIDGE
28/50	TIMMS, JULIE	577	1:03:52.585	06:23	404/615	144/289	+00:17:35	LETHBRIDGE
29/50	ATWOOD, MELISSA	704	1:04:28.467	06:26	413/615	151/289	+00:18:11	LETHBRIDGE
30/50	LEAHY, TEGAN	361	1:05:45.575	06:34	438/615	166/289	+00:19:28	CALGARY
31/50	DENNILL, KENDALL	210	1:05:47.965	06:34	439/615	167/289	+00:19:31	LETHBRIDGE
32/50	BRAUN, AMY	151	1:05:48.740	06:34	440/615	168/289	+00:19:31	LETHBRIDGE
33/50	SCHAILL, MARIE-CLAUDE	512	1:05:56.918	06:35	443/615	171/289	+00:19:40	MEDICINE HAT
34/50	POMERLEAU, DESIREE	469	1:06:52.277	06:41	451/615	179/289	+00:20:35	CALGARY
35/50	SORGE, BRENDA	551	1:07:43.511	06:46	463/615	184/289	+00:21:26	PINCHER CREEK
36/50	BUSWELL, ASHLEY	160	1:08:30.925	06:51	479/615	194/289	+00:22:14	REVELSTOKE
37/50	ROBERTSON, NIKI	498	1:10:28.580	07:02	503/615	209/289	+00:24:11	VULCAN
38/50	LOWE, HOPE	368	1:10:30.736	07:03	505/615	211/289	+00:24:13	LETHBRIDGE
39/50	BENOIT, NIKKI	136	1:11:41.563	07:10	521/615	221/289	+00:25:24	COALDALE
40/50	RODWELL, KIM	500	1:11:45.384	07:10	525/615	223/289	+00:25:28	TABER
41/50	VARRO, CHRISTAL	608	1:13:48.968	07:22	551/615	239/289	+00:27:32	LETHBRIDGE
42/50	DAY CHIEF, ASHLEY	203	1:15:10.132	07:31	560/615	247/289	+00:28:53	LETHBRIDGE
43/50	WEGE, MEIKE	628	1:15:43.062	07:34	563/615	250/289	+00:29:26	CLARESHOLM
44/50	FROESE, LEANNE	247	1:16:08.959	07:36	565/615	251/289	+00:29:52	RAYMOND
45/50	WEST, KRISTIE	633	1:19:17.372	07:55	587/615	269/289	+00:33:00	PICTURE BUTTE
46/50	VAN GUNST, SARAH	593	1:19:17.817	07:55	588/615	270/289	+00:33:00	PICTURE BUTTE
47/50	SEDGWICK, TIARA	520	1:21:03.661	08:06	596/615	277/289	+00:34:46	LETHBRIDGE
48/50	STORFIE, ERIN	735	1:22:01.620	08:12	598/615	278/289	+00:35:44	COALHURST
49/50	COOK, SILVIA	187	1:23:04.196	08:18	600/615	280/289	+00:36:47	LETHBRIDGE
50/50	SIMPSON, DEANNA	531	1:28:03.535	08:48	609/615	285/289	+00:41:46	LETHBRIDGE

OA/PI = Overall Placing

Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles
615 Finishers

10K35-39M - 45 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/45	RASMUSSEN, DONALD	783	35:01.004	03:30	3/615	3/325	+00:00:00	ANTIGONISH
2/45	THIBAUT, KEITH	761	41:54.410	04:11	20/615	17/325	+00:06:53	WATERTON PARK
3/45	WHITE COW, JUSTIN	634	42:10.114	04:13	22/615	19/325	+00:07:09	LETHBRIDGE
4/45	KANGOGO, ED	758	42:29.426	04:14	23/615	20/325	+00:07:28	LETHBRIDGE
5/45	ZHOU, YUE	657	43:37.464	04:21	25/615	21/325	+00:08:36	CALGARY
6/45	STOROSHCHUK, ROMAN	561	45:10.699	04:31	32/615	28/325	+00:10:09	LETHBRIDGE
7/45	TOWNSEND, COLE	582	45:21.806	04:32	34/615	30/325	+00:10:20	LETHBRIDGE
8/45	ATWOOD, RYLEY	120	45:39.243	04:33	40/615	35/325	+00:10:38	LETHBRIDGE
9/45	BELLEFEUILLE, BRYDON	132	46:03.970	04:36	47/615	40/325	+00:11:02	CALGARY
10/45	ROBERTSON, KYLE	666	46:46.628	04:40	55/615	46/325	+00:11:45	BOW ISLAND
11/45	OLESEN, TRENT	439	47:01.473	04:42	63/615	52/325	+00:12:00	LETHBRIDGE
12/45	FATH, MATTHEW	232	48:02.513	04:48	76/615	61/325	+00:13:01	CALGARY
13/45	ARREOLA, ALLAN	116	48:02.771	04:48	77/615	62/325	+00:13:01	NAMPA
14/45	WOLDEN, SHAWN	721	48:09.568	04:48	79/615	64/325	+00:13:08	LETHBRIDGE
15/45	MORLAND, BEN	415	48:11.116	04:49	81/615	66/325	+00:13:10	SHAUGHNESSY
16/45	TAYLOR, LORNE	568	49:26.737	04:56	96/615	73/325	+00:14:25	LETHBRIDGE
17/45	HELLER, JAMIN	297	49:37.129	04:57	104/615	79/325	+00:14:36	LETHBRIDGE
18/45	BARTON, LUKE	125	50:04.364	05:00	115/615	89/325	+00:15:03	DRUMHELLER
19/45	FOX, CALE	245	50:16.926	05:01	120/615	93/325	+00:15:15	BOW ISLAND
20/45	KEENAN, KRISTIAN	681	51:30.869	05:09	136/615	108/325	+00:16:29	LETHBRIDGE
21/45	NEILSEN, EVAN	427	51:48.332	05:10	146/615	116/325	+00:16:47	LETHBRIDGE
22/45	COULOMBE, JEAN-FRANCOIS	189	52:23.534	05:14	161/615	123/325	+00:17:22	LETHBRIDGE
23/45	KLASSEN, BENJAMIN	335	52:31.970	05:15	163/615	125/325	+00:17:30	LETHBRIDGE
24/45	MARTINEZ, GOYO	134	55:10.241	05:31	216/615	159/325	+00:20:09	LETHBRIDGE
25/45	BROWN, JORDAN	155	55:30.143	05:33	222/615	161/325	+00:20:29	TABER
26/45	GIBSON, TROY	264	56:04.967	05:36	229/615	165/325	+00:21:03	LETHBRIDGE
27/45	SAILER, SCOTT	505	57:04.590	05:42	250/615	179/325	+00:22:03	COALDALE
28/45	LARSON, TYSON	358	57:32.598	05:45	260/615	181/325	+00:22:31	LETHBRIDGE
29/45	HAVINGA, MYLES	291	58:03.348	05:48	278/615	192/325	+00:23:02	LETHBRIDGE
30/45	SHARMA, KESHAV	527	58:19.473	05:49	283/615	196/325	+00:23:18	AIRDRIE
31/45	FERRI, AARON	696	59:45.932	05:58	316/615	215/325	+00:24:44	LETHBRIDGE
32/45	CROW CHIEF, SHAWN	194	59:51.206	05:59	319/615	216/325	+00:24:50	FORT MACLEOD
33/45	DYCK, JOEY	222	1:01:18.346	06:07	350/615	233/325	+00:26:17	COALDALE
34/45	KRUPA, LOGAN	347	1:03:18.016	06:19	396/615	254/325	+00:28:17	CALGARY
35/45	CHRONIK, JUSTIN	178	1:03:39.366	06:21	401/615	259/325	+00:28:38	PICTURE BUTTE
36/45	GREEN, JONATHAN	802	1:04:00.365	06:24	407/615	260/325	+00:28:59	CALGARY
37/45	DAVIES, ROBERT	200	1:05:44.825	06:34	437/615	271/325	+00:30:43	LETHBRIDGE
38/45	ROSS, CLAYTON	502	1:08:18.622	06:49	473/615	282/325	+00:33:17	LETHBRIDGE
39/45	TAILFEATHERS, PIINA KOYIM	565	1:09:43.391	06:58	493/615	290/325	+00:34:42	LETHBRIDGE
40/45	FROGLEY, MATTHEW	712	1:09:44.822	06:58	494/615	291/325	+00:34:43	MAGRATH
41/45	BENOIT, NATHAN	135	1:11:41.657	07:10	522/615	300/325	+00:36:40	COALDALE
42/45	NEUMANN, ADAM	105	1:13:00.781	07:18	538/615	305/325	+00:37:59	LETHBRIDGE
43/45	COOK, SHAWN	186	1:13:45.242	07:22	546/615	308/325	+00:38:44	LETHBRIDGE
44/45	BOEHMER, KATLIN	144	1:25:37.334	08:33	604/615	322/325	+00:50:36	COALDALE
45/45	MATHEW, STEVE	386	1:26:07.755	08:36	605/615	323/325	+00:51:06	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K40-44F - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/25	HASLAM, JANA E	677	46:19.818	04:37	49/615	9/289	+00:00:00	BARNWELL
2/25	THUSI, MARTHA	576	47:11.983	04:43	68/615	12/289	+00:00:52	LETHBRIDGE
3/25	VANDER HEYDEN, MANDY	705	51:39.424	05:09	139/615	28/289	+00:05:19	LETHBRIDGE
4/25	SOLLITT, MARI	545	52:16.220	05:13	160/615	37/289	+00:05:56	COCHRANE
5/25	SHEETS, SARAH	528	53:46.923	05:22	189/615	51/289	+00:07:27	LETHBRIDGE
6/25	SALA, CLAIRE	506	57:37.732	05:45	264/615	80/289	+00:11:17	RAYMOND
7/25	SMITH, CORI	540	57:46.785	05:46	270/615	83/289	+00:11:26	RAYMOND
8/25	APPELS, WILLEMIJN	796	58:54.020	05:53	295/615	93/289	+00:12:34	LETHBRIDGE
9/25	LAMMERS-POTTAGE, ANDREA	355	1:00:21.158	06:02	328/615	106/289	+00:14:01	LETHBRIDGE
10/25	GRAHAM, LINDSEY	271	1:00:41.618	06:04	335/615	109/289	+00:14:21	LETHBRIDGE
11/25	HAYWARD, MADISON	293	1:01:21.369	06:08	351/615	117/289	+00:15:01	LETHBRIDGE
12/25	GULBRANDSEN, TINE	277	1:01:39.182	06:09	360/615	122/289	+00:15:19	LETHBRIDGE
13/25	WALKER, ASHLEY	620	1:02:15.813	06:13	380/615	131/289	+00:15:55	LETHBRIDGE
14/25	GREENAWAY, MELINDA	274	1:03:06.742	06:18	395/615	141/289	+00:16:46	LETHBRIDGE
15/25	FABIAN, TAMMY	231	1:06:47.356	06:40	448/615	176/289	+00:20:27	LETHBRIDGE
16/25	COBURN, RACHELLE	182	1:07:55.675	06:47	468/615	188/289	+00:21:35	LETHBRIDGE
17/25	ADELMAN, REBECCA	107	1:09:05.353	06:54	484/615	197/289	+00:22:45	LETHBRIDGE
18/25	ZHU, CARINA	658	1:09:34.720	06:57	490/615	201/289	+00:23:14	LETHBRIDGE
19/25	WIRTH, COREY	642	1:11:42.079	07:10	523/615	222/289	+00:25:22	MEDICINE HAT
20/25	NAJJAR, LARRISSA	423	1:12:19.695	07:13	529/615	226/289	+00:25:59	LETHBRIDGE
21/25	ARCENAS, MELISSA	804	1:12:57.194	07:17	537/615	232/289	+00:26:37	LETHBRIDGE
22/25	VOLK, VICKEY	614	1:18:49.412	07:52	585/615	267/289	+00:32:29	LETHBRIDGE
23/25	FIRST RIDER, ELLIE	239	1:19:31.761	07:57	589/615	271/289	+00:33:11	LETHBRIDGE
24/25	BARE SHIN BONE, LURLENE	201	1:20:06.566	08:00	592/615	273/289	+00:33:46	STANDOFF
25/25	BENTLEY, ROBYN	137	1:20:32.628	08:03	593/615	274/289	+00:34:12	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K40-44M - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/36	BOMHOF, MARC	145	36:31.938	03:39	7/615	6/325	+00:00:00	LETHBRIDGE
2/36	CASPER, ROB	171	41:14.452	04:07	17/615	14/325	+00:04:42	COALDALE
3/36	STOLK, JORDY	558	44:36.877	04:27	29/615	25/325	+00:08:04	PURPLE SPRINGS
4/36	WOLDEN, MARK	708	46:21.734	04:38	50/615	41/325	+00:09:49	LETHBRIDGE
5/36	MCMULLIN, RORY	399	46:38.000	04:39	53/615	44/325	+00:10:06	LETHBRIDGE
6/36	ESPOSITO SARMET DA SILVA, MATEUS	228	47:09.335	04:42	66/615	55/325	+00:10:37	LETHBRIDGE
7/36	COOKE, CHRIS	188	47:50.444	04:47	72/615	59/325	+00:11:18	LETHBRIDGE
8/36	ZANONI, JAMES	652	47:51.357	04:47	73/615	60/325	+00:11:19	LETHBRIDGE
9/36	ISENOR, DAN	730	48:30.498	04:51	86/615	69/325	+00:11:58	LETHBRIDGE
10/36	PROULX, ALEX	686	49:44.584	04:58	106/615	81/325	+00:13:12	LETHBRIDGE
11/36	SEDGWICK, SHAUN	519	49:46.754	04:58	108/615	83/325	+00:13:14	LETHBRIDGE
12/36	SMITH, RYAN	542	50:39.625	05:03	126/615	99/325	+00:14:07	LETHBRIDGE
13/36	MCNAB, RYAN	400	51:38.627	05:09	138/615	110/325	+00:15:06	LEDUC
14/36	BRITANICO, JOSE GEEDALEY AELARA	153	51:41.745	05:10	141/615	111/325	+00:15:09	TABER
15/36	ZGURSKI, SASHA	655	51:56.112	05:11	151/615	118/325	+00:15:24	LETHBRIDGE
16/36	MACINTOSH, CHRISTIAN	373	52:01.503	05:12	152/615	119/325	+00:15:29	CALGARY
17/36	ANNETT, ROBERT	113	53:05.092	05:18	176/615	130/325	+00:16:33	EDMONTON
18/36	BOWDEN, HANS	147	53:19.970	05:19	180/615	132/325	+00:16:48	LETHBRIDGE
19/36	MCPHEE, DAVID	401	54:02.555	05:24	192/615	140/325	+00:17:30	OKOTOKS
20/36	SOLLITT, ADAM	786	55:01.641	05:30	210/615	154/325	+00:18:29	COCHRANE
21/36	MCKEOWN, KEVIN	397	55:47.646	05:34	226/615	162/325	+00:19:15	COALDALE
22/36	QUINN, SCOTT	481	56:42.841	05:40	240/615	172/325	+00:20:10	CALGARY
23/36	VANDERWEKKEN, PETER	607	57:47.387	05:46	272/615	188/325	+00:21:15	TABER
24/36	SOMERVILLE, JOSEPH	549	57:51.840	05:47	273/615	189/325	+00:21:19	LETHBRIDGE
25/36	CHURKO, TYREL	675	58:16.286	05:49	281/615	194/325	+00:21:44	LETHBRIDGE
26/36	DOBSON, JESSE	742	58:23.106	05:50	285/615	198/325	+00:21:51	CARDSTON
27/36	TURNER, JASON	585	58:55.239	05:53	296/615	202/325	+00:22:23	LETHBRIDGE
28/36	TUMBADO, NORMAN	584	59:56.432	05:59	322/615	219/325	+00:23:24	LETHBRIDGE
29/36	BARAJAS, PABLO	723	59:58.119	05:59	324/615	221/325	+00:23:26	TURIN
30/36	POTTAGE, DAN	473	1:00:24.111	06:02	330/615	223/325	+00:23:52	LETHBRIDGE
31/36	SANCHEZ, JESSIE	508	1:01:52.236	06:11	365/615	239/325	+00:25:20	LETHBRIDGE
32/36	BRAUN, TYLER	152	1:04:12.530	06:25	410/615	261/325	+00:27:40	LETHBRIDGE
33/36	JIMENO, LESLY	324	1:05:22.466	06:32	428/615	268/325	+00:28:50	LETHBRIDGE
34/36	ARCENAS, PYKE	803	1:07:22.817	06:44	457/615	275/325	+00:30:50	LETHBRIDGE
35/36	WIEBE, TYSON	637	1:07:28.605	06:44	459/615	277/325	+00:30:56	LETHBRIDGE
36/36	FRANZ, DAVID	246	1:13:48.241	07:22	550/615	311/325	+00:37:16	LETHBRIDGE

10K45-49F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/15	CROSS CHILD, CELESTE	724	42:40.301	04:16	24/615	4/289	+00:00:00	SASKATOON
2/15	BEKEOVA, MARTA	778	50:53.910	05:05	129/615	27/289	+00:08:13	LETHBRIDGE
3/15	TILBURN, MELISSA	738	55:08.390	05:30	215/615	56/289	+00:12:28	EDMONTON
4/15	VAN HERK, KATHLEEN	595	59:46.049	05:58	317/615	101/289	+00:17:05	FORT MACLEOD
5/15	SINKE, JULIA	534	59:50.597	05:59	318/615	102/289	+00:17:10	PICTURE BUTTE
6/15	DRAGANIUK, JESSICA	217	1:00:53.011	06:05	339/615	112/289	+00:18:12	MEDICINE HAT
7/15	STONEHOCKER, ERIN	689	1:01:36.392	06:09	358/615	120/289	+00:18:56	LETHBRIDGE
8/15	PLAUSTEINER, LISA	463	1:04:11.967	06:25	409/615	148/289	+00:21:31	LETHBRIDGE
9/15	SOLTESZ, NATASHA	547	1:07:30.926	06:45	460/615	182/289	+00:24:50	MEDICINE HAT
10/15	MCTIGHE, TAMMY	402	1:07:54.386	06:47	467/615	187/289	+00:25:14	AIRDRIE
11/15	MORLING, TRACY	416	1:07:56.638	06:47	469/615	189/289	+00:25:16	LETHBRIDGE
12/15	FOLTINEK, MELISSA	241	1:11:07.017	07:06	514/615	215/289	+00:28:26	CALGARY
13/15	SEXTON, KATRINA	525	1:12:09.851	07:12	527/615	224/289	+00:29:29	LETHBRIDGE
14/15	BASA, JENNY	126	1:12:33.102	07:15	530/615	227/289	+00:29:52	LETHBRIDGE
15/15	YELLOW HORN, SARAHJAYE	651	1:39:06.433	09:54	615/615	289/289	+00:56:26	BROCKET

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K45-49M - 23 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/23	KANGOGO, KIP	759	34:58.893	03:29	2/615	2/325	+00:00:00	LETHBRIDGE
2/23	GUNDERSON, DAVID	676	44:54.079	04:29	31/615	27/325	+00:09:55	LETHBRIDGE
3/23	PERCY, WILLIAM	454	45:20.400	04:32	33/615	29/325	+00:10:21	MEDICINE HAT
4/23	BEHLKE, ERIC	129	45:33.125	04:33	38/615	34/325	+00:10:34	HIGH RIVER
5/23	PHILLIPS, ANDY	457	47:02.141	04:42	64/615	53/325	+00:12:03	BOW ISLAND
6/23	SCHAAF, NOLAN	510	48:25.669	04:50	84/615	67/325	+00:13:26	LETHBRIDGE
7/23	DONNELLY, MIKE	215	51:42.613	05:10	143/615	113/325	+00:16:43	LETHBRIDGE
8/23	DONAGHY, NIALL	213	51:44.628	05:10	144/615	114/325	+00:16:45	LETHBRIDGE
9/23	ROMERIL, DALLAS	501	53:52.454	05:23	191/615	139/325	+00:18:53	LETHBRIDGE
10/23	HODGSON-BRIGHT, KRIS	781	54:26.391	05:26	198/615	145/325	+00:19:27	LETHBRIDGE
11/23	KONOVALTSEV, ALEX	344	54:38.390	05:27	199/615	146/325	+00:19:39	CALGARY
12/23	DONOVAN, ANDREW	216	55:59.177	05:35	228/615	164/325	+00:21:00	LETHBRIDGE
13/23	AGUILAR, IVAN	109	56:43.198	05:40	242/615	174/325	+00:21:44	LETHBRIDGE
14/23	SEXTON, BRIAN	523	57:35.973	05:45	263/615	183/325	+00:22:37	LETHBRIDGE
15/23	MICHEL, GRAYSON	409	57:46.801	05:46	271/615	187/325	+00:22:47	LETHBRIDGE
16/23	DYCK, SEAN	223	58:17.434	05:49	282/615	195/325	+00:23:18	LETHBRIDGE
17/23	MPOFU, ARCHIE	420	59:01.167	05:54	298/615	203/325	+00:24:02	LETHBRIDGE
18/23	KIRKNESS, JON	332	1:01:55.446	06:11	367/615	240/325	+00:26:56	CALGARY
19/23	GOIN, WADE	266	1:02:29.180	06:14	385/615	250/325	+00:27:30	BELLEVUE
20/23	GOOD EAGLE, LJ	268	1:05:41.380	06:34	434/615	270/325	+00:30:42	LETHBRIDGE
21/23	WILLIAMSON, ROB	640	1:10:24.127	07:02	500/615	293/325	+00:35:25	LETHBRIDGE
22/23	MAKIWA, GIBION	376	1:10:48.852	07:04	508/615	295/325	+00:35:49	LETHBRIDGE
23/23	VEURINK, IVAN	611	1:13:02.913	07:18	542/615	306/325	+00:38:04	COALDALE

10K50-54F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	REIMER, SUSAN	492	48:25.626	04:50	83/615	17/289	+00:00:00	TABER
2/13	TUCKOVA, HEATHER	583	49:24.285	04:56	95/615	22/289	+00:00:58	LETHBRIDGE
3/13	EMERSON, SHERI	225	51:51.987	05:11	147/615	30/289	+00:03:26	MEDICINE HAT
4/13	SIKKENS, HEIDI	529	51:55.549	05:11	150/615	32/289	+00:03:29	TURIN
5/13	GALLAGHER, DIANE	249	52:39.025	05:15	166/615	39/289	+00:04:13	LETHBRIDGE
6/13	VONKEMAN, JEANETTE	615	56:25.052	05:38	235/615	67/289	+00:07:59	LETHBRIDGE
7/13	FROSTAD, MARTINA	248	1:00:59.877	06:05	342/615	114/289	+00:12:34	LETHBRIDGE
8/13	GREGUS, NICOLE	727	1:02:03.649	06:12	376/615	129/289	+00:13:38	TABER
9/13	DUECK, NAOMI	219	1:05:53.449	06:35	441/615	169/289	+00:17:27	COALDALE
10/13	HUVENAARS, MONIQUE	314	1:08:20.870	06:50	476/615	192/289	+00:19:55	HAYS
11/13	PACK, COLLEEN	446	1:14:38.422	07:27	557/615	244/289	+00:26:12	TABER
12/13	POWELSON, PEGGY	475	1:16:46.685	07:40	568/615	254/289	+00:28:21	CARDSTON
13/13	CRIDLAND, ANGELIQUE	798	1:23:03.799	08:18	599/615	279/289	+00:34:38	LETHBRIDGE

10K50-54M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/11	PIERZCHALA, MARK	459	46:47.400	04:40	57/615	47/325	+00:00:00	MEDICINE HAT
2/11	REID, CHAD	490	46:56.679	04:41	61/615	50/325	+00:00:09	CALGARY
3/11	PIZARRO, JOE	461	53:28.923	05:20	182/615	134/325	+00:06:41	LETHBRIDGE
4/11	LEGGAT, SCOTT	365	53:38.531	05:21	186/615	135/325	+00:06:51	LETHBRIDGE
5/11	VANDEN ELZEN, CORY	603	57:38.270	05:45	265/615	184/325	+00:10:50	COALDALE
6/11	ROYER, ANDRE	504	59:21.253	05:56	307/615	207/325	+00:12:33	LETHBRIDGE
7/11	FOURNIER, VINCENT	244	59:25.988	05:56	308/615	208/325	+00:12:38	LETHBRIDGE
8/11	BEVANS, TYLER	142	1:04:40.045	06:28	416/615	262/325	+00:17:52	CARDSTON
9/11	GIBBONS, MARK	262	1:11:43.696	07:10	524/615	301/325	+00:24:56	LETHBRIDGE
10/11	SMITH, FRANCIS	688	1:25:25.873	08:32	603/615	321/325	+00:38:38	BROCKET
11/11	MARTENS, ABE	792	1:29:04.472	08:54	610/615	324/325	+00:42:17	IRON SPRINGS

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

10K Run - 6.21 Miles
615 Finishers

10K55-59F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	SUTTORP, VIVIEN	563	55:29.905	05:32	221/615	60/289	+00:00:00	LETHBRIDGE
2/4	DYCK, DIANE	725	1:10:24.197	07:02	501/615	207/289	+00:14:54	LETHBRIDGE
3/4	NIELSEN, HEATHER	432	1:12:49.811	07:16	532/615	229/289	+00:17:19	PILOT BUTTE
4/4	ENSIGN, LISA	227	1:16:52.270	07:41	570/615	256/289	+00:21:22	COALDALE

10K55-59M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/12	STONE, JASON	559	51:21.097	05:08	133/615	105/325	+00:00:00	LETHBRIDGE
2/12	MISTAKEN CHIEF, CHARLES	411	52:28.432	05:14	162/615	124/325	+00:01:07	STAND OFF
3/12	VAN EWIJK, MAARTEN	591	58:50.995	05:53	293/615	200/325	+00:07:29	MEDICINE HAT
4/12	BECHTEL, ROBERT	128	59:52.870	05:59	320/615	217/325	+00:08:31	LETHBRIDGE
5/12	BURTON, KELVIN	763	1:00:46.986	06:04	336/615	226/325	+00:09:25	RAYMOND
6/12	HUVENAARS, PAUL	315	1:00:54.555	06:05	340/615	227/325	+00:09:33	HAYS
7/12	SIKKENS, HENRIC	530	1:02:01.398	06:12	374/615	245/325	+00:10:40	TURIN
8/12	ALSTON, JONATHAN	111	1:03:20.077	06:20	397/615	255/325	+00:11:58	LETHBRIDGE
9/12	HOBLEY, RICHARD	682	1:08:43.676	06:52	480/615	285/325	+00:17:22	MEDICINE HAT
10/12	BROADBENT, GREGORY	154	1:09:42.150	06:58	492/615	289/325	+00:18:21	LETHBRIDGE
11/12	NIELSEN, RODNEY	433	1:12:50.000	07:17	533/615	303/325	+00:21:28	PILOT BUTTE
12/12	GREGUS, RON	728	1:17:15.919	07:43	572/615	314/325	+00:25:54	TABER

10K60-64F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	CLAASSEN, MARJOLEIN	179	52:03.940	05:12	153/615	33/289	+00:00:00	TABER
2/4	GAUTHIER, HEATHER	260	59:40.401	05:58	313/615	100/289	+00:07:36	LETHBRIDGE
3/4	PAQUIN, NATHALIE	449	1:06:22.067	06:38	446/615	174/289	+00:14:18	CALGARY
4/4	POMERLEAU, ENN	470	1:17:30.427	07:45	575/615	260/289	+00:25:26	AIRDRIE

10K60-64M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	HELWIG, JOSEPH	298	49:29.324	04:56	99/615	75/325	+00:00:00	LETHBRIDGE
2/4	MCCRAY, GLENN	390	55:02.812	05:30	213/615	157/325	+00:05:33	LETHBRIDGE
3/4	GROTEN, JOSH	276	56:10.895	05:37	230/615	166/325	+00:06:41	LETHBRIDGE
4/4	MUSK, MARK	422	1:04:45.623	06:28	419/615	264/325	+00:15:16	LETHBRIDGE

10K65-69F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	WHITE QUILLS, GERALDINE	720	1:04:29.216	06:26	414/615	152/289	+00:00:00	FORT MACLEOD
2/4	CHRISTENSEN, SHERRY	177	1:10:00.150	07:00	497/615	204/289	+00:05:30	COALHURST
3/4	APPELT, SHARON	114	1:15:23.116	07:32	562/615	249/289	+00:10:53	LETHBRIDGE
4/4	BUREK, JUDY	158	1:17:17.888	07:43	573/615	258/289	+00:12:48	LETHBRIDGE

10K65-69M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/3	SWITZER, JOHN	719	51:52.338	05:11	148/615	117/325	+00:00:00	LETHBRIDGE
2/3	THIESSEN, ERNIE	571	54:52.855	05:29	204/615	151/325	+00:03:00	LETHBRIDGE
3/3	MATHEW, JOSE	385	1:08:13.112	06:49	472/615	281/325	+00:16:20	LETHBRIDGE

10K70-74F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/3	THIBERT, CAROL	10	1:09:28.486	06:56	488/615	200/289	+00:00:00	LETHBRIDGE
2/3	KENNEDY, DEE	330	1:11:27.969	07:08	518/615	218/289	+00:01:59	LETHBRIDGE
3/3	MEGAW, CAROL	403	1:16:24.802	07:38	566/615	252/289	+00:06:56	LETHBRIDGE

10K70-74M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/2	CARTER, JIM	764	54:51.162	05:29	203/615	150/325	+00:00:00	LETHBRIDGE
2/2	LOWINGS, MALCOLM	791	1:07:39.362	06:45	462/615	278/325	+00:12:48	LETHBRIDGE

10K75-79M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/2	ARVIDSON, ROBERT	117	1:15:58.810	07:35	564/615	313/325	+00:00:00	LETHBRIDGE COL
2/2	CLEMMER, C. EDWARD	181	1:23:07.829	08:18	601/615	320/325	+00:07:09	MAPLE CREEK