

Category Results

10K Run - 6.21 Miles

10KR13&UF - 5 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/5	KEDDIE, DANAE	1128	00:54:23.80	05:26	39/265	00:54:16.50	GRANDE PRAIRIE, AB
2/5	HOPKINS, MEGAN	1120	00:59:24.25	05:56	84/265	00:59:22.55	GRANDE PRAIRIE, AB
3/5	METITUK, EMILY	1179	01:16:00.05	07:36	225/265	01:15:33.60	GRANDE PRAIRIE, AB
4/5	GOMERY, JESSICA	1099	01:24:21.85	08:26	244/265	01:23:55.10	GRANDE PRAIRIE, AB
5/5	FINDLAY, JESIKA	1086	01:36:18.40	09:37	264/265	01:36:14.05	WEMBLEY, AB

10KR13&UM - 5 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/5	ROBINSON, COLTEN	1211	00:56:14.20	05:37	52/265	00:55:55.20	GRANDE CACHE, AB
2/5	DOLL, CARSON	1070	01:04:39.90	06:27	134/265	01:03:47.85	GRANDE PRAIRIE, AB
3/5	ROBINSON, CODY	1210	01:13:06.05	07:18	209/265	01:12:46.40	GRANDE CACHE, AB
4/5	AUTHENAC, MICHAEL	1013	01:25:05.05	08:30	249/265	01:24:33.30	GRANDE PRAIRIE, AB
5/5	FARNSWORTH, CALEB	1084	01:25:05.05	08:30	248/265	01:24:33.15	GRANDE PRAIRIE, AB

10KR14-19F - 5 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/5	DUCKLOW, TATIANNA	1078	00:54:46.85	05:28	45/265	00:54:25.40	GRANDE PRAIRIE, AB
2/5	ALEXANDER, KATHLEEN	1001	01:04:25.45	06:26	131/265	01:03:48.70	GRANDE PRAIRIE, AB
3/5	TREMBLAY, MARIANNE	1254	01:08:34.85	06:51	170/265	01:08:16.60	GRANDE PRAIRIE, AB
4/5	JACQUES, MIKAYLA	1124	01:11:03.60	07:06	193/265	01:10:12.25	CROOKED CREEK, AB
5/5	REID, CAILEIGH	1204	01:24:22.15	08:26	245/265	01:23:53.90	GRANDE PRAIRIE, AB

10KR14-19M - 7 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/7	MALMSTEN, JOSHUA	1163	00:50:28.60	05:02	21/265	00:50:27.20	GRANDE PRAIRIE, AB
2/7	LOWE, SAMMY	1159	00:58:42.00	05:52	77/265	00:58:16.00	GRANDE PRAIRIE, AB
3/7	BLIMKE, BILL	1033	00:58:42.30	05:52	78/265	00:58:12.70	GRANDE PRAIRIE, AB
4/7	ZARICHNEY, ZAKARY	1280	01:01:04.45	06:06	98/265	01:00:49.85	DAWSON CREEK, BC
5/7	ALLARD, CLAYTON	1003	01:04:49.20	06:28	138/265	01:04:18.85	GRANDE PRAIRIE, AB
6/7	STOETZEL, AVERY	1245	01:07:02.20	06:42	152/265	01:06:20.95	GRANDE PRAIRIE, AB
7/7	ALLARD, JAYDEN	1005	01:20:34.35	08:03	239/265	01:20:04.10	GRANDE PRAIRIE, AB

10KR20-29F - 45 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/45	SPENCER, KATIE	1234	00:49:07.65	04:54	15/265	00:48:59.00	GRANDE PRAIRIE, AB
2/45	MCFAUL, RANDI	1175	00:49:40.40	04:58	16/265	00:49:30.35	SEXSMITH, AB
3/45	STEUERNAGEL, MARGO	1242	00:49:42.50	04:58	17/265	00:49:42.20	LA CRETE, AB
4/45	BESHARAH, VANESSA	1027	00:52:36.60	05:15	27/265	00:52:33.15	GRANDE PRAIRIE, AB
5/45	DERKSEN, HOLLY	1066	00:53:23.45	05:20	29/265	00:53:21.20	WORSLEY, AB
6/45	SMITH, NAOMI	1230	00:54:10.15	05:25	35/265	00:53:54.55	GRANDE PRAIRIE, AB
7/45	ELLIOTT, KRISTY	1288	00:54:24.00	05:26	40/265	00:54:16.55	GRANDE PRAIRIE, AB
8/45	SALTEL, LINNEA	1215	00:54:26.15	05:26	42/265	00:54:21.40	GRANDE PRAIRIE, AB
9/45	WELLS, NICOLE	1270	00:54:45.80	05:28	44/265	00:54:36.65	GRANDE PRAIRIE, AB
10/45	GRIMMELT, KRISTJANNA	1103	00:56:32.85	05:39	54/265	00:56:32.85	GRANDE PRAIRIE, AB
11/45	TINWORTH, KRISTINA	1251	00:56:34.30	05:39	55/265	00:56:23.25	GRANDE PRAIRIE, AB
12/45	WHELAN, CASSANDRA	1291	00:57:15.60	05:43	65/265	00:56:54.90	MADEIRA PARK, BC
13/45	EDEY, CANDICE	1080	00:57:30.30	05:45	68/265	00:57:10.10	GRANDE PRAIRIE, AB
14/45	HILDEBRAND, NICOLE	1113	00:58:13.15	05:49	72/265	00:57:56.50	BEZANSON, AB
15/45	STANLEY-MELIA, ABBY	1238	00:58:19.80	05:49	74/265	00:58:13.40	GRANDE PRAIRIE, AB
16/45	PREDIGER, NICOLE	1199	00:58:46.10	05:52	79/265	00:58:19.80	GRANDE PRAIRIE, AB
17/45	VERENCA, TEREZA	1264	00:59:34.05	05:57	85/265	00:59:18.15	GRANDE PRAIRIE, AB
18/45	KISH, KRISTEN	1285	01:02:45.50	06:16	109/265	01:02:32.85	GRANDE PRAIRIE, AB
19/45	BARCLAY, EMILY	1017	01:03:34.75	06:21	120/265	01:03:01.70	GRANDE PRAIRIE, AB
20/45	GOLDIE, KAREN	1098	01:04:12.65	06:25	127/265	01:03:25.45	GRANDE PRAIRIE, AB
21/45	LAGRECA, CASSANDRA	1142	01:05:09.80	06:30	143/265	01:04:58.05	GRANDE PRAIRIE, AB
22/45	CAMPBELL, AMANDA	1052	01:05:59.50	06:35	147/265	01:05:51.70	GRANDE PRAIRIE, AB
23/45	STAGG, VICKI	1237	01:06:17.15	06:37	149/265	01:06:05.20	GRANDE PRAIRIE, AB
24/45	LAWRANCE, KARLIN	1146	01:07:12.95	06:43	153/265	01:06:51.25	GRANDE PRAIRIE, AB
25/45	PILON, BRANDY	1198	01:07:18.55	06:43	154/265	01:07:06.10	GRANDE PRAIRIE, AB
26/45	ACKERMANN, KIMBERLEY	1000	01:07:28.35	06:44	157/265	01:06:51.10	GRANDE PRAIRIE, AB
27/45	MINTON, JODI	1180	01:08:39.85	06:51	172/265	01:08:15.70	GRANDE PRAIRIE, AB
28/45	NORMAN, AMY	1188	01:08:42.85	06:52	174/265	01:08:33.30	DAWSON CREEK, BC
29/45	STEWART, TAMI	1244	01:09:32.75	06:57	179/265	01:09:04.85	GRANDE PRAIRIE, AB
30/45	BRATT, ASHLY	1040	01:10:24.70	07:02	183/265	01:10:08.95	DAWSON CREEK, BC
31/45	BIGGS, KELSEY	1032	01:10:42.70	07:04	187/265	01:10:00.45	GRANDE PRAIRIE, AB
32/45	TRENTHAM, ANGELA	1256	01:11:00.75	07:06	191/265	01:10:51.95	GRANDE PRAIRIE, AB

Category Results

10K Run - 6.21 Miles

10KR20-29F - 45 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
33/45	UNGER, BECKY	1286	01:11:32.20	07:09	196/265	01:10:55.55	GRANDE PRAIRIE, AB
34/45	LEDUC, HEIDI	1289	01:11:40.15	07:10	199/265	01:11:09.25	GRANDE PRAIRIE, AB
35/45	MERCER, ASHLEY	1178	01:12:28.60	07:14	203/265	01:12:11.00	GRANDE PRAIRIE, AB
36/45	WHITE, TAMMY	1272	01:13:04.00	07:18	207/265	01:12:52.55	GRANDE PRAIRIE, AB
37/45	MACHATTIE, HOLLY	1161	01:13:04.45	07:18	208/265	01:12:22.90	GRANDE PRAIRIE, AB
38/45	MOODY, SHANNON	1181	01:14:38.35	07:27	217/265	01:14:17.15	GRANDE PRAIRIE, AB
39/45	ZAKRESKY, APRIL	1279	01:15:49.15	07:34	223/265	01:15:40.80	GRANDE PRAIRIE, AB
40/45	GRIFFITH, JAYME	1102	01:15:56.10	07:35	224/265	01:15:13.35	NAMPA, AB
41/45	HANSEN, ODESSA	1106	01:16:37.15	07:39	229/265	01:15:53.10	GRANDE PRAIRIE, AB
42/45	ROTH, COURTNEY	1213	01:18:05.10	07:48	233/265	01:17:26.30	GRANDE PRAIRIE, AB
43/45	NEAULT, ANNE	1009	01:24:52.95	08:29	246/265	01:24:09.60	GRANDE PRAIRIE, AB
44/45	SPENCER, SARA	1235	01:26:01.75	08:36	255/265	01:25:14.80	GRANDE PRAIRIE, AB
45/45	KUTSCHINSKI, KIM	1141	01:32:51.05	09:17	262/265	01:32:02.20	GRANDE PRAIRIE, AB

10KR20-29M - 12 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/12	MEURS, DONALD	1283	00:45:55.95	04:35	6/265	00:45:45.15	GRANDE PRAIRIE, AB
2/12	BINKS, JEFF	1284	00:47:59.55	04:47	8/265	00:47:47.30	GRANDE PRAIRIE, AB
3/12	GOW, RYAN	1100	00:48:07.55	04:48	10/265	00:48:04.75	GRANDE PRAIRIE, AB
4/12	CHAN, NORMAN	1055	00:49:43.35	04:58	18/265	00:49:32.85	GRANDE PRAIRIE, AB
5/12	HEAD, JONATHAN	1108	00:50:29.95	05:03	22/265	00:50:29.20	GRANDE PRAIRIE, AB
6/12	STAGG, TRAVIS	1236	00:53:55.25	05:23	31/265	00:53:43.20	GRANDE PRAIRIE, AB
7/12	KISNER, JOEL	1134	00:56:07.10	05:36	50/265	00:55:51.65	GRANDE PRAIRIE, AB
8/12	BUTLER, JOHN	1050	00:57:19.40	05:43	66/265	00:56:49.50	GRANDE PRAIRIE, AB
9/12	FRIESEN, BRENDON	1094	01:03:56.15	06:23	125/265	01:03:47.35	GRANDE PRAIRIE, AB
10/12	MCCORMICK, CHAD	1172	01:04:15.60	06:25	128/265	01:04:00.00	GRANDE PRAIRIE, AB
11/12	SUTHERLAND-SHAW, MICHAEL	1247	01:04:58.80	06:29	140/265	01:04:45.50	GRANDE PRAIRIE, AB
12/12	GEERLINGS, GERRY	1096	01:07:44.45	06:46	162/265	01:07:23.15	GRANDE PRAIRIE, AB

10KR30-39F - 79 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/79	LEDUC, LORI	1150	00:44:51.50	04:29	5/265	00:44:50.35	GRANDE PRAIRIE, AB
2/79	HENSCH, LINDA	1112	00:48:24.50	04:50	12/265	00:48:22.80	GRANDE PRAIRIE, AB
3/79	WALKER, TANYA	1266	00:48:45.20	04:52	14/265	00:48:41.30	BEAVERLODGE, AB
4/79	WALKER, KATE	1265	00:49:57.35	04:59	20/265	00:49:52.90	PHILADELPHIA, PA
5/79	SCHMIDT, JODY	1217	00:53:01.55	05:18	28/265	00:52:58.45	DAWSON CREEK, BC
6/79	DEDITCH, DALLAS	1064	00:54:07.50	05:24	34/265	00:54:00.80	GRANDE PRAIRIE, AB
7/79	TURNER, JESSICA	1261	00:54:11.45	05:25	36/265	00:53:59.50	PRINCE GEORGE, BC
8/79	RASKAUSKAS, MELISSA	1202	00:54:44.95	05:28	43/265	00:54:41.05	RYCROFT, AB
9/79	HILL, TINA	1115	00:54:52.10	05:29	47/265	00:54:33.10	DAWSON CREEK, BC
10/79	WILD-THIBAULT, MANDY	1275	00:56:35.50	05:39	56/265	00:56:28.75	GRANDE PRAIRIE, AB
11/79	POMEROY, ALLISON	1006	00:56:50.50	05:41	58/265	00:56:34.60	GRANDE PRAIRIE, AB
12/79	NORMAN, KRISTY	1189	00:56:53.15	05:41	59/265	00:56:22.65	DAWSON CREEK, BC
13/79	CALLIHOO, TINA	1051	00:57:06.30	05:42	62/265	00:56:58.10	GRANDE PRAIRIE, AB
14/79	SMITH, NICOLE	1231	00:57:08.25	05:42	63/265	00:57:00.30	GRANDE PRAIRIE, AB
15/79	CROOKS, MELINDA	1061	00:57:10.85	05:43	64/265	00:56:51.35	POUCE COUPE, BC
16/79	MARTIN-MACDAID, MARCY	1166	00:58:48.65	05:52	81/265	00:58:45.10	RYCROFT, AB
17/79	KIMBLE, MELANIE	1133	00:59:09.10	05:54	83/265	00:58:52.75	GRANDE PRAIRIE, AB
18/79	CHIASSON, JOANNE	1056	00:59:51.70	05:59	87/265	00:59:28.45	GRANDE PRAIRIE, AB
19/79	MYTOPHER, KATHY	1185	01:00:01.70	06:00	88/265	00:59:52.40	GRANDE PRAIRIE, AB
20/79	HEDGES, KRISTIE	1109	01:00:02.65	06:00	89/265	00:59:40.70	GRANDE PRAIRIE, AB
21/79	RICHTER, SUSAN	1207	01:00:15.65	06:01	91/265	01:00:12.35	GRANDE PRAIRIE, AB
22/79	HENDERSON, TINA	1111	01:00:21.40	06:02	92/265	01:00:00.50	GRANDE PRAIRIE, AB
23/79	LOBERG, JEANNETTE	1156	01:01:02.75	06:06	97/265	01:00:44.35	GRANDE PRAIRIE, AB
24/79	CLARKSON, CINDY	1057	01:01:30.45	06:09	100/265	01:01:17.30	SEXSMITH, AB
25/79	BEUERLEIN, MICHELLE	1028	01:02:24.75	06:14	106/265	01:01:55.75	GRANDE PRAIRIE, AB
26/79	DORIS, CHER	1075	01:02:34.60	06:15	108/265	01:02:22.80	GRANDE PRAIRIE, AB
27/79	BROWN, FAITH	1045	01:02:47.35	06:16	111/265	01:02:44.40	GRANDE PRAIRIE, AB
28/79	DOUCETTE, CHRISTY	1076	01:03:09.05	06:18	113/265	01:02:52.80	GRANDE PRAIRIE, AB
29/79	MULLIN, NICOLE	1184	01:03:16.40	06:19	114/265	01:02:37.50	GRANDE PRAIRIE, AB
30/79	MORROW, WENDY	1183	01:03:21.70	06:20	115/265	01:03:09.85	GRANDE PRAIRIE, AB
31/79	STEEL, SANDRA	1240	01:03:22.00	06:20	116/265	01:03:14.60	GRANDE PRAIRIE, AB
32/79	PEYTON, KAREN	1197	01:03:27.10	06:20	117/265	01:03:19.30	GRANDE PRAIRIE, AB
33/79	DENIS, JADE	1065	01:03:27.75	06:20	118/265	01:03:01.70	SPIRIT RIVER, AB

Category Results

10K Run - 6.21 Miles

10KR30-39F - 79 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
34/79	OLTMANN, MARTI	1191	01:03:40.45	06:22	122/265	01:02:58.70	GRANDE PRAIRIE, AB
35/79	STAUFFER, JENN	1239	01:04:20.85	06:26	129/265	01:04:15.20	GRANDE PRAIRIE, AB
36/79	SIKORSKI, LAURA	1224	01:04:21.00	06:26	130/265	01:04:15.10	WHITECOURT, AB
37/79	LYNCH, CHANTAL	1160	01:04:29.80	06:26	132/265	01:03:54.80	GRANDE PRAIRIE, AB
38/79	LEBRUN, KIM	1149	01:04:35.45	06:27	133/265	01:04:30.60	GRANDE PRAIRIE, AB
39/79	KRAUSKOPF, TARLA	1139	01:04:42.45	06:28	136/265	01:04:05.30	GRANDE PRAIRIE, AB
40/79	LEWIS, KELLIE	1153	01:04:56.10	06:29	139/265	01:04:12.45	GRANDE PRAIRIE, AB
41/79	DESJARLAIS, CHERYL	1067	01:05:00.90	06:30	141/265	01:04:22.10	GRANDE PRAIRIE, AB
42/79	CARTY, CHER	1054	01:06:15.05	06:37	148/265	01:05:13.95	GRANDE PRAIRIE, AB
43/79	ROBERTS, JANE	1208	01:07:27.25	06:44	155/265	01:06:57.55	GRANDE PRAIRIE, AB
44/79	PERRY, MARCY	1196	01:07:28.30	06:44	156/265	01:06:57.95	GRANDE PRAIRIE, AB
45/79	WARR, KRISTINE	1267	01:07:28.65	06:44	158/265	01:06:50.75	GRANDE PRAIRIE, AB
46/79	WHITLEY, LORI	1273	01:07:34.60	06:45	159/265	01:07:20.40	SEXSMITH, AB
47/79	GROENEWOUD, SHERRI	1104	01:07:39.90	06:45	161/265	01:07:00.40	GRANDE PRAIRIE, AB
48/79	YACEYKO, CINDY	1278	01:08:07.45	06:48	164/265	01:07:26.70	GRANDE PRAIRIE, AB
49/79	SILVERIO, SHARYN	1225	01:08:09.20	06:48	165/265	01:07:28.30	CLAIRMONT, AB
50/79	AUMAN, DELIA	1012	01:08:27.30	06:50	168/265	01:06:49.60	GRANDE PRAIRIE, AB
51/79	WHEELER, STACY	1271	01:08:32.25	06:51	169/265	01:08:01.35	PEACE RIVER RD, BC
52/79	LORENZ, KRISTIE	1157	01:09:26.20	06:56	178/265	01:08:59.10	GRANDE PRAIRIE, AB
53/79	MCCLENNON, KYLA	1177	01:10:18.65	07:01	182/265	01:09:56.90	SEXSMITH, AB
54/79	DOLL, SANDY	1071	01:10:28.15	07:02	185/265	01:09:36.30	GRANDE PRAIRIE, AB
55/79	LAMBERT, DANIELE	1143	01:10:57.80	07:05	189/265	01:10:15.65	GRANDE PRAIRIE, AB
56/79	VANDERVEER, DANA E	1263	01:11:01.00	07:06	192/265	01:10:52.35	DAWSON CREEK, BC
57/79	KEDDIE, JILL	1129	01:11:05.15	07:06	194/265	01:10:29.80	GRANDE PRAIRIE, AB
58/79	ROBERTSON, DIANNA	1209	01:11:38.20	07:09	198/265	01:10:56.25	GRANDE PRAIRIE, AB
59/79	LEFEBVRE, BRENDA	1151	01:12:32.10	07:15	204/265	01:12:06.65	GRANDE PRAIRIE, AB
60/79	CAMPBELL, BRENDA	1053	01:12:33.80	07:15	205/265	01:11:51.15	WEMBLEY, AB
61/79	MCCLOSKEY, TRISHA	1171	01:12:59.55	07:17	206/265	01:12:16.60	GRANDE PRAIRIE, AB
62/79	KUPFERSCHMIDT, CHARLOTTE	1140	01:13:58.35	07:23	212/265	01:13:41.05	GRANDE PRAIRIE, AB
63/79	FOLEY, SHERI	1090	01:14:17.95	07:25	215/265	01:13:56.00	CLAIRMONT, AB
64/79	TURCOTTE, VIVIAN	1260	01:14:37.70	07:27	216/265	01:14:17.00	GRANDE PRAIRIE, AB
65/79	BRUNEAU-CARTER, JOANNE	1049	01:14:50.85	07:29	218/265	01:14:30.15	GRANDE PRAIRIE, AB
66/79	ARNOLD, KIM	1011	01:14:56.15	07:29	219/265	01:14:09.40	GRANDE PRAIRIE, AB
67/79	DONALD, MIRANDA	1074	01:15:23.80	07:32	220/265	01:14:56.25	GRANDE PRAIRIE, AB
68/79	PARTINGTON, CARRIE	1195	01:15:27.00	07:32	221/265	01:15:00.85	CLAIRMONT, AB
69/79	MALCOLM, ROSANNE	1212	01:16:50.40	07:41	230/265	01:16:36.90	GRANDE PRAIRIE, AB
70/79	LAMBERT, KELLIE	1144	01:17:36.15	07:45	232/265	01:16:49.55	GRANDE PRAIRIE, AB
71/79	HUITT, JODIE	1127	01:18:08.70	07:48	234/265	01:17:29.90	GRANDE PRAIRIE, AB
72/79	SCHWEMLER, ANGEL	1218	01:18:31.70	07:51	236/265	01:17:54.25	SEXSMITH, AB
73/79	BECK, BONNIE	1020	01:22:05.25	08:12	243/265	01:21:22.90	BEAVER LODGE, AB
74/79	FLUNDR A, ANGELA	1089	01:25:11.15	08:31	250/265	01:24:31.15	GRANDE PRAIRIE, AB
75/79	BEZOVIE, CHERI	1029	01:25:36.55	08:33	251/265	01:25:20.50	GRANDE PRAIRIE, AB
76/79	KOLOSKY, KATHY	1137	01:25:47.65	08:34	254/265	01:25:33.05	WEMBLEY, AB
77/79	MCCARTHY, SHANNON	1170	01:26:02.30	08:36	256/265	01:25:14.80	PEACE RIVER, AB
78/79	HINES, SHAUNDA	1116	01:30:28.70	09:02	259/265	01:29:39.20	GRANDE PRAIRIE, AB
79/79	STEELE, ALISON	1241	01:32:41.55	09:16	261/265	01:31:52.85	GRANDE PRAIRIE, AB

10KR30-39M - 19 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/19	LEWIS, RYAN	1154	00:43:19.90	04:19	2/265	00:43:16.15	GRANDE PRAIRIE, AB
2/19	OTTAHAL, GREG	1193	00:44:48.05	04:28	4/265	00:44:45.05	GRANDE PRAIRIE, AB
3/19	DOBROWOLSKI, JOHN	1068	00:48:05.65	04:48	9/265	00:47:46.65	POUCE COUPE, BC
4/19	BOULET, RAY	1039	00:48:13.70	04:49	11/265	00:48:08.20	GRANDE PRAIRIE, AB
5/19	MACK, KEVIN	1162	00:49:52.35	04:59	19/265	00:49:48.20	GRANDE PRAIRIE, AB
6/19	LEBLANC, CEDRICK	1147	00:53:36.10	05:21	30/265	00:53:33.75	GRANDE PRAIRIE, AB
7/19	AKHURST, DAMIAN	1282	00:53:57.55	05:23	32/265	00:53:35.50	GRANDE PRAIRIE, AB
8/19	CONRAD, TIM	1060	00:54:14.45	05:25	37/265	00:53:58.70	GRANDE PRAIRIE, AB
9/19	MARTIN, SERGE	1165	00:54:21.90	05:26	38/265	00:54:17.05	GRANDE PRAIRIE, AB
10/19	MCCRACKEN, LIAM	1173	00:54:50.15	05:29	46/265	00:54:40.85	GRANDE PRAIRIE, AB
11/19	KISH, JOEL	1287	00:56:55.65	05:41	60/265	00:56:43.70	GRANDE PRAIRIE, AB
12/19	WEBB, CLINT	1269	00:58:19.90	05:49	75/265	00:58:13.20	GRANDE PRAIRIE, AB
13/19	BEESTON, DALLAS	1021	00:59:44.10	05:58	86/265	00:59:22.95	GRANDE PRAIRIE, AB
14/19	AKBAR, HUSSAIN	1281	01:00:21.75	06:02	93/265	01:00:00.35	GRANDE PRAIRIE, AB
15/19	KENNEDY, ROY	1132	01:00:57.10	06:05	96/265	01:00:38.90	GRANDE PRAIRIE, AB

Category Results

10K Run - 6.21 Miles

10KR30-39M - 19 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
16/19	BROWN, CURTIS	1044	01:02:47.15	06:16	110/265	01:02:46.60	GRANDE PRAIRIE, AB
17/19	LAWRANCE, EVAN	1145	01:08:04.90	06:48	163/265	01:07:42.70	GRANDE PRAIRIE, AB
18/19	ENYEDY, DEAN	1082	01:09:22.60	06:56	177/265	01:09:08.55	GRANDE PRAIRIE, AB
19/19	OESER, MARKUS	1190	01:13:39.40	07:21	211/265	01:12:24.10	GRANDE PRAIRIE, AB

10KR40-49F - 39 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/39	KEEFE, KAREN	1131	00:51:01.50	05:06	24/265	00:51:01.25	LA CRETE, AB
2/39	MOROZ, PEARL	1182	00:54:04.95	05:24	33/265	00:53:29.10	GRANDE PRAIRIE, AB
3/39	LINSLEY, BONNIE	1155	00:54:24.50	05:26	41/265	00:54:13.55	DAWSON CREEK, BC
4/39	MCNEIL, LORNA	2042	00:56:13.50	05:37	51/265	00:55:32.35	GRANDE PRAIRIE, AB
5/39	THIESSEN, LORI	1249	00:56:29.10	05:38	53/265	00:56:16.35	GRANDE PRAIRIE, AB
6/39	SLUIK, LISA	1226	00:57:33.90	05:45	69/265	00:56:57.35	GRANDE PRAIRIE, AB
7/39	SELZLER, TRACY	1222	00:58:18.20	05:49	73/265	00:58:04.00	GRANDE PRAIRIE, AB
8/39	TURCOTTE, COLETTE	1259	00:58:58.95	05:53	82/265	00:58:11.60	FALHER, AB
9/39	REID, SUSAN	1205	01:00:14.15	06:01	90/265	00:59:45.50	GRANDE PRAIRIE, AB
10/39	SEABROOK, DENISE	1221	01:00:25.50	06:02	94/265	00:59:49.30	GRANDE PRAIRIE, AB
11/39	ELSENDER, PAM	1081	01:01:37.00	06:09	101/265	01:01:13.60	BEAVERLODGE, AB
12/39	TAYLOR, SANDY	1248	01:01:57.15	06:11	102/265	01:01:38.75	GRANDE PRAIRIE, AB
13/39	RICHARD, SHELLY	1206	01:02:07.80	06:12	103/265	01:01:50.50	EDMONTON, AB
14/39	OOSTRA, KAREN	1192	01:02:17.80	06:13	105/265	01:01:46.20	GRANDE PRAIRIE, AB
15/39	BONAZZO, KAREN	1037	01:02:56.70	06:17	112/265	01:02:08.85	GRANDE PRAIRIE, AB
16/39	MCATEER, SIMONE	1169	01:03:35.85	06:21	121/265	01:02:39.60	MANNING, AB
17/39	SHAVERS, HEATHER	1223	01:05:45.35	06:34	146/265	01:05:38.80	GRANDE PRAIRIE, AB
18/39	SMITH, TRISH	1232	01:07:39.50	06:45	160/265	01:07:01.30	GRANDE PRAIRIE, AB
19/39	MATLOCK, BERNIE	1168	01:08:14.95	06:49	166/265	01:08:09.10	GRANDE PRAIRIE, AB
20/39	SCOTT, TANYA	1220	01:08:26.15	06:50	167/265	01:07:46.35	GRANDE PRAIRIE, AB
21/39	BELL, MELODY	1022	01:09:05.95	06:54	175/265	01:08:25.40	GRANDE PRAIRIE, AB
22/39	TRANTER, APRIL	1253	01:09:20.30	06:56	176/265	01:08:54.95	GRANDE PRAIRIE, AB
23/39	GERUS, COLLEEN	1097	01:10:44.15	07:04	188/265	01:10:17.05	SEXSMITH, AB
24/39	MARCOUX, JULIE	1164	01:10:58.60	07:05	190/265	01:10:15.90	GRANDE PRAIRIE, AB
25/39	NELSON, JOANNE	1187	01:11:06.75	07:06	195/265	01:10:58.00	DAWSON CREEK, BC
26/39	PURA, PATTY	1201	01:12:09.75	07:12	200/265	01:11:42.20	GRANDE PRAIRIE, AB
27/39	DAVIS, SARA	1062	01:12:15.85	07:13	201/265	01:11:25.80	GRANDE PRAIRIE, AB
28/39	LEBLANC, EVA	1148	01:12:16.45	07:13	202/265	01:11:26.40	GRANDE PRAIRIE, AB
29/39	HOPKINS, DONNA	1119	01:13:07.00	07:18	210/265	01:12:33.30	GRANDE PRAIRIE, AB
30/39	STRICKLAND, ZANNE	1246	01:14:15.95	07:25	214/265	01:13:31.30	SEXSMITH, AB
31/39	BERG, SHELLY	1025	01:16:30.25	07:39	226/265	01:15:51.30	GRANDE PRAIRIE, AB
32/39	PARADIS, DAWN	1194	01:16:36.55	07:39	227/265	01:16:17.95	FORT ST JOHN, BC
33/39	LESLIE, MAUREEN	1152	01:17:23.30	07:44	231/265	01:17:03.85	GRANDE PRAIRIE, AB
34/39	JACQUES, TANYA	1126	01:19:55.30	07:59	238/265	01:19:02.95	CROOKED CREEK, AB
35/39	BIELESKI, CARLA	1031	01:21:21.15	08:08	240/265	01:20:24.10	MANNING, AB
36/39	AUTHENAC, VAL	1014	01:25:04.70	08:30	247/265	01:24:32.05	GRANDE PRAIRIE, AB
37/39	BRATT, CHARLOTTE	1041	01:25:37.60	08:33	252/265	01:25:21.10	MANNING, AB
38/39	RIEF, LEANNE	1357	01:28:54.90	08:53	258/265	01:28:00.10	GRANDE PRAIRIE, AB
39/39	FINDLAY, DEB	1085	01:36:19.25	09:37	265/265	01:36:14.60	WEMBLEY, AB

10KR40-49M - 17 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/17	CARROLL, ROBERT	1290	00:42:55.65	04:17	1/265	00:42:55.05	GRANDE PRAIRIE, AB
2/17	KEEFE, DEAN	1130	00:48:40.05	04:52	13/265	00:48:39.45	LA CRETE, AB
3/17	EASTER, DARRYL	1079	00:50:58.95	05:05	23/265	00:50:53.80	SPIRIT RIVER, AB
4/17	LOWE, SAM	1158	00:57:23.80	05:44	67/265	00:56:56.60	GRANDE PRAIRIE, AB
5/17	KOPECKY, ROB	1138	00:57:52.05	05:47	70/265	00:57:44.75	DAWSON CREEK, BC
6/17	SMALL, PAUL	1228	00:58:35.40	05:51	76/265	00:56:57.85	GRANDE PRAIRIE, AB
7/17	COLLINS, ROBIN	1058	01:02:14.30	06:13	104/265	01:01:50.15	WEMBLEY, AB
8/17	MYTOPHER, TERRY	1186	01:03:31.25	06:21	119/265	01:03:21.90	GRANDE PRAIRIE, AB
9/17	MARTYN, RICHARD	1167	01:03:55.30	06:23	124/265	01:03:17.65	GRANDE PRAIRIE, AB
10/17	ERICK, BRAD	1083	01:04:11.50	06:25	126/265	01:03:26.15	GRANDE PRAIRIE, AB
11/17	BARDAK, RUSSELL	1018	01:05:08.65	06:30	142/265	01:04:28.10	BEZANSON, AB
12/17	REICHERT, LEONARD	1203	01:05:09.95	06:31	144/265	01:04:47.65	GRANDE PRAIRIE, AB
13/17	SNOBLE, RUSS	1233	01:06:31.95	06:39	150/265	01:06:22.40	GRANDE PRAIRIE, AB
14/17	TREMBLAY, STEVE	1255	01:08:35.65	06:51	171/265	01:08:17.70	GRANDE PRAIRIE, AB
15/17	SCHWEMLER, PHILLIP	1219	01:18:31.55	07:51	235/265	01:17:54.10	SEXSMITH, AB

**2011 Grand Prairie DHT Press Run/Walk
Category Results**

10K Run - 6.21 Miles**10KR40-49M - 17 Competitors**

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
16/17	ARMSTRONG, DALLAS	1010	01:27:18.60	08:43	257/265	01:26:33.65	SEXSMITH, AB
17/17	JACQUES, MIKE	1125	01:31:59.30	09:11	260/265	01:31:08.65	CROOKED CREEK, AB

10KR50-59F - 18 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/18	GAGNON, COLLEEN	1095	00:56:44.90	05:40	57/265	00:56:33.40	GRANDE PRAIRIE, AB
2/18	GREEN, SHELIA	1101	00:56:57.05	05:41	61/265	00:56:47.30	GROVEDALE, AB
3/18	BARBER, BONNIE	1016	01:01:20.85	06:08	99/265	01:01:05.75	GRANDE PRAIRIE, AB
4/18	FISHER, JANET	1087	01:02:32.55	06:15	107/265	01:02:09.80	GRANDE PRAIRIE, AB
5/18	TURNER, PATRICIA	1262	01:04:40.50	06:28	135/265	01:04:07.45	DAWSON CREEK, BC
6/18	HOMMY, SANDRA	1118	01:04:46.55	06:28	137/265	01:04:23.20	BEAVERLODGE, AB
7/18	DONALD, GRACE	1073	01:06:58.40	06:41	151/265	01:06:45.10	GRANDE PRAIRIE, AB
8/18	BALLANCE, JOANNE	1015	01:08:40.15	06:52	173/265	01:08:16.00	GRANDE PRAIRIE, AB
9/18	ALEXANDER, KIM	1002	01:09:35.50	06:57	180/265	01:08:56.65	GRANDE PRAIRIE, AB
10/18	BLOIS, PATSY	1036	01:09:42.20	06:58	181/265	01:09:16.85	WANHAM, AB
11/18	BROWN, IVY	1046	01:10:28.05	07:02	184/265	01:09:37.20	GRANDE PRAIRIE, AB
12/18	FRIEDEL, SANDRA	1093	01:10:39.45	07:03	186/265	01:09:53.40	GRANDE PRAIRIE, AB
13/18	BENNION, SANDY	1024	01:11:32.85	07:09	197/265	01:10:56.40	GRANDE PRAIRIE, AB
14/18	BROWN, LOIS	1047	01:14:13.40	07:25	213/265	01:13:40.85	GRANDE PRAIRIE, AB
15/18	FLIGATE, LAURA	1088	01:16:36.85	07:39	228/265	01:16:17.65	CHETWYND, BC
16/18	WRIGHT, LOLA	1277	01:21:46.90	08:10	241/265	01:21:07.20	GRANDE PRAIRIE, AB
17/18	MCPHERSON, BERNADINE	1026	01:22:04.45	08:12	242/265	01:21:22.90	BEAVERLODGE, AB
18/18	THIYAGARAJAN, PONNI	1250	01:25:47.45	08:34	253/265	01:25:32.60	GRANDE PRAIRIE, AB

10KR50-59M - 8 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/8	HOUSSAIN, DRAKE	1122	00:43:44.00	04:22	3/265	00:43:40.55	GRANDE PRAIRIE, AB
2/8	STEVENSON, DUANE	1243	00:47:37.15	04:45	7/265	00:47:33.60	GRANDE PRAIRIE, AB
3/8	WOODMAN, DANIEL	1276	00:52:13.65	05:13	25/265	00:51:53.35	GRANDE PRAIRIE, AB
4/8	BROWN, TIM	1048	00:54:56.25	05:29	48/265	00:54:54.50	GRANDE PRAIRIE, AB
5/8	BLIMKE, DARRELL	1034	00:55:33.65	05:33	49/265	00:55:04.70	GRANDE PRAIRIE, AB
6/8	PREDIGER, RICK	1200	00:58:46.45	05:52	80/265	00:58:20.40	GRANDE PRAIRIE, AB
7/8	WATERMAN, KEN	1268	01:03:50.55	06:23	123/265	01:03:37.65	GRANDE PRAIRIE, AB
8/8	BLOIS, EARL	1035	01:15:34.05	07:33	222/265	01:15:07.80	WANHAM, AB

10KR60-69M - 5 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/5	DONALD, D'ARCY	1072	00:52:35.30	05:15	26/265	00:52:29.05	GRANDE PRAIRIE, AB
2/5	TRYDAL, DAVID	1257	00:58:01.95	05:48	71/265	00:57:55.40	GRANDE PRAIRIE, AB
3/5	BIEHN, HARVEY	1030	01:00:46.25	06:04	95/265	01:00:23.10	GRANDE PRAIRIE, AB
4/5	BROMLING, AL	1043	01:05:11.75	06:31	145/265	01:04:37.50	GRANDE PRAIRIE, AB
5/5	FRIEDEL, LLOYD	1092	01:18:59.15	07:53	237/265	01:18:14.00	GRANDE PRAIRIE, AB

10KR70+M - 1 Competitors

Cat	Name	Bib #	Time	Pace/K	O/A	Chiptime	City
1/1	DAWSON, LEO	1063	01:33:40.05	09:22	263/265	01:33:05.80	GRANDE PRAIRIE, AB