

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K/3.11 Miles

183 Finishers

5K12&UF (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	HOWES, PEYTON	7198	29:42.221	05:56	09:33	+00:00:00	58/183	26/106	MEDICINE HAT
2/5	PARKE, WINNIE	7314	36:04.791	07:12	11:36	+00:06:22	112/183	58/106	DR SAUER SCHOOL
3/5	VALENTINE, LAUREN	7320	42:12.454	08:26	13:34	+00:12:30	154/183	83/106	PARKSIDE SCHOOL

5K12&UM (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	MCNEILL, TYSON	7312	24:38.494	04:55	07:55	+00:00:00	15/183	11/77	HILDA
2/13	LORENZ, ABBOTT	7307	25:08.777	05:01	08:05	+00:00:30	19/183	14/77	LETHBRIDGE
3/13	MCNEILL, EMITT	7311	26:29.027	05:17	08:30	+00:01:50	27/183	21/77	HILDA

5K13-17F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/11	CHATTERTON, ANNA	7150	21:33.340	04:18	06:55	+00:00:00	7/183	1/106	LETHBRIDGE
2/11	PHON, TAEYA	7241	26:33.527	05:18	08:32	+00:05:00	29/183	8/106	METHANEX
3/11	DYCK, AVA	7163	27:12.901	05:26	08:45	+00:05:39	33/183	9/106	MEDICINE HAT

5K13-17M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	AYALA AGUILAR, ALEJANDRO	7135	17:56.519	03:35	05:46	+00:00:00	1/183	1/77	MEDICINE HAT
2/10	JORDET, ODIN	7340	19:55.305	03:59	06:24	+00:01:58	4/183	4/77	CYPRESS COUNTY
3/10	LEARNED, AIDAN	7306	23:38.425	04:43	07:36	+00:05:41	11/183	8/77	MEDICINE HAT

5K18-29F (Female) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	BARLOW, ELLIE	7138	22:43.183	04:32	07:18	+00:00:00	9/183	2/106	MEDICINE HAT STUDENT
2/15	ULM, HANNAH	7277	24:07.417	04:49	07:45	+00:01:24	14/183	4/106	MEDICINE HAT STUDENT
3/15	WEIR, ADDISON	7289	24:51.317	04:58	07:59	+00:02:08	18/183	5/106	MEDICINE HAT STUDENT

5K18-29M (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	HALLDORSON, QUINN	7187	18:46.886	03:45	06:02	+00:00:00	2/183	2/77	MEDICINE HAT
2/16	KOLOGY, KEEGAN	7212	19:33.034	03:54	06:17	+00:00:46	3/183	3/77	MEDICINE HAT
3/16	WILSON, SPENCER	7296	20:32.050	04:06	06:36	+00:01:45	6/183	6/77	MEDICINE HAT STUDENT

5K30-39F (Female) - 29 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/29	DEIS, ALLYSON	7160	27:52.183	05:34	08:57	+00:00:00	37/183	12/106	MEDICINE HAT
2/29	SCHLENKER, MELISSA	7253	28:22.488	05:40	09:07	+00:00:30	41/183	15/106	MEDICINE HAT
3/29	KRUEGER, SYDNEY	7218	28:42.620	05:44	09:13	+00:00:50	46/183	18/106	BROOKS

5K30-39M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	VOSSLER, LORNE	7284	22:38.707	04:31	07:16	+00:00:00	8/183	7/77	MEDICINE HAT
2/10	GIESBRECHT, CALEB	7302	25:45.761	05:09	08:17	+00:03:07	24/183	19/77	MEDICINE HAT
3/10	BABA, CHRISTOPHER	7136	28:32.449	05:42	09:10	+00:05:53	44/183	27/77	MEDICINE HAT

5K40-49F (Female) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/24	BAIGENT, VANESSA	7202	26:04.956	05:12	08:23	+00:00:00	25/183	6/106	MEDICINE HAT
2/24	HARRIS, STACEY	7192	27:46.699	05:33	08:55	+00:01:41	35/183	11/106	TABER
3/24	PHON, PAIGE	7239	27:54.292	05:34	08:58	+00:01:49	38/183	13/106	METHANEX

5K40-49M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/7	LORENZ, BRENT	7308	25:09.386	05:01	08:05	+00:00:00	20/183	15/77	LETHBRIDGE
2/7	HUBICK, DUSTIN	7344	27:48.649	05:33	08:56	+00:02:39	36/183	25/77	RAYMORE
3/7	DYCK, ERIC	7164	28:57.620	05:47	09:18	+00:03:48	47/183	29/77	MEDICINE HAT

5K50-59F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	EMERSON, SHERI	7323	23:21.198	04:40	07:30	+00:00:00	10/183	3/106	MEDICINE HAT
2/13	BARLOW, JANE	7139	29:08.473	05:49	09:22	+00:05:47	49/183	20/106	COCHRANE
3/13	SLORSTAD, TERESA	7263	31:16.254	06:15	10:03	+00:07:55	74/183	33/106	SUNNYNOOK

5K50-59M (Male) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/13	MESHEN, ROBBIE	7327	20:00.575	04:00	06:26	+00:00:00	5/183	5/77	MEDICINE HAT
2/13	MURPHY, ALAN	7232	25:28.136	05:05	08:11	+00:05:27	21/183	16/77	MEDICINE HAT
3/13	MACDONALD, TIM	7347	25:35.637	05:07	08:13	+00:05:35	22/183	17/77	MEDICINE HAT

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Category Award Results

TOP 3 In Category

5K/3.11 Miles

183 Finishers

5K60-69F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/6	GAUTHIER, HEATHER	7179	26:33.317	05:18	08:32	+00:00:00	28/183	7/106	LETHBRIDGE
2/6	GYORKOS, TERESA	7349	31:45.761	06:21	10:12	+00:05:12	81/183	38/106	CYPRESS COUNTY
3/6	CLOUTIER, COLLEEN	7321	32:20.285	06:28	10:23	+00:05:46	86/183	41/106	MAPLE CREEK

5K60-69M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	CRIPPS, STERLING	7154	29:43.652	05:56	09:33	+00:00:00	60/183	33/77	MEDICINE HAT
2/4	FODE, CLAYTON	7170	34:53.423	06:58	11:13	+00:05:09	101/183	51/77	BOW ISLAND
3/4	WRIGHT, SHAUN	7297	45:54.666	09:10	14:45	+00:16:11	165/183	74/77	MEDICINE HAT

5K70-79F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/3	LABAS, CATHY	7221	43:21.300	08:40	13:56	+00:00:00	157/183	85/106	MEDICINE HAT
2/3	BROST, JUDY	7144	45:50.683	09:10	14:44	+00:02:29	164/183	91/106	CONSUL
3/3	THOMPSON, GAIL	7275	1:21:22.130	16:16	26:09	+00:38:00	183/183	106/106	MEDICINE HAT

5K70-79M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	JOHNSTON, NORMAN	7206	29:55.534	05:59	09:37	+00:00:00	63/183	35/77	MEDICINE HAT
2/4	MCKINNON, ROBERT	7229	31:20.871	06:16	10:04	+00:01:25	76/183	43/77	CALGARY
3/4	LEBSACK, WARREN	7223	37:54.409	07:34	12:11	+00:07:58	124/183	59/77	MEDICINE HAT