

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
183 Finishers

5K12&UF - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/5	HOWES, PEYTON	7198	29:42.221	05:56	58/183	26/106	+00:00:00	MEDICINE HAT
2/5	PARKE, WINNIE	7314	36:04.791	07:12	112/183	58/106	+00:06:22	DR SAUER SCHOC
3/5	VALENTINE, LAUREN	7320	42:12.454	08:26	154/183	83/106	+00:12:30	PARKSIDE SCHOC
4/5	HARDER, HENDRIX	7190	43:19.767	08:39	155/183	84/106	+00:13:37	MEDICINE HAT
5/5	STREIFEL, ELI	7318	51:21.620	10:16	174/183	98/106	+00:21:39	DR SAUER SCHOC

5K12&UM - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	MCNEILL, TYSON	7312	24:38.494	04:55	15/183	11/77	+00:00:00	HILDA
2/13	LORENZ, ABBOTT	7307	25:08.777	05:01	19/183	14/77	+00:00:30	LETHBRIDGE
3/13	MCNEILL, EMITT	7311	26:29.027	05:17	27/183	21/77	+00:01:50	HILDA
4/13	GREEN, SLOAN	7304	26:35.239	05:19	30/183	22/77	+00:01:56	CYPRESS COUNT
5/13	STEIGER, KADE	7331	28:06.573	05:37	39/183	26/77	+00:03:28	MEDICINE HAT
6/13	PHON, ROWAN	7240	30:48.602	06:09	70/183	40/77	+00:06:10	METHANEX
7/13	SEHN, DANIEL	7258	34:37.111	06:55	98/183	50/77	+00:09:58	CYPRESS COUNT
8/13	STATHAM, TRISTEN	7270	35:21.688	07:04	106/183	53/77	+00:10:43	MEDICINE HAT
9/13	PENO, LINCOLN	7315	39:07.017	07:49	137/183	65/77	+00:14:28	MEDICINE HAT
10/13	MARDIAN, NATE	7309	39:19.087	07:51	139/183	67/77	+00:14:40	DR SAUER SCHOC
11/13	HANIAK, ERIK	7305	39:22.578	07:52	140/183	68/77	+00:14:44	DR SAUER SCHOC
12/13	KUEHN, SOLOMON	7330	45:23.282	09:04	161/183	73/77	+00:20:44	MEDICINE HAT
13/13	STREIFEL, ASHER	7317	50:47.268	10:09	173/183	76/77	+00:26:08	DR SAUER SCHOC

5K13-17F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/11	CHATTERTON, ANNA	7150	21:33.340	04:18	7/183	1/106	+00:00:00	LETHBRIDGE
2/11	PHON, TAEYA	7241	26:33.527	05:18	29/183	8/106	+00:05:00	METHANEX
3/11	DYCK, AVA	7163	27:12.901	05:26	33/183	9/106	+00:05:39	MEDICINE HAT
4/11	SEHN, ANGELA	7257	29:43.089	05:56	59/183	27/106	+00:08:09	CYPRESS COUNT
5/11	BECKER, GRACE	7300	30:04.583	06:00	64/183	29/106	+00:08:31	PARKSIDE SCHOC
6/11	DYCK, JULIA	7166	31:38.823	06:19	80/183	37/106	+00:10:05	MEDICINE HAT
7/11	HAMILL, HILLARY	7188	36:48.571	07:21	119/183	61/106	+00:15:15	DUNMORE
8/11	SEHN, VICTORIA	7260	37:44.259	07:32	122/183	64/106	+00:16:10	CYPRESS COUNT
9/11	NELSON, ELISE	7346	38:08.427	07:37	125/183	66/106	+00:16:35	MEDICINE HAT
10/11	BLENKIN, REESA	7141	38:26.352	07:41	128/183	68/106	+00:16:53	MEDICINE HAT
11/11	BUCHTA, CARSYN	7145	47:21.292	09:28	169/183	95/106	+00:25:47	MEDICINE HAT

5K13-17M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/10	AYALA AGUILAR, ALEJANDRO	7135	17:56.519	03:35	1/183	1/77	+00:00:00	MEDICINE HAT
2/10	JORDET, ODIN	7340	19:55.305	03:59	4/183	4/77	+00:01:58	CYPRESS COUNT
3/10	LEARNED, AIDAN	7306	23:38.425	04:43	11/183	8/77	+00:05:41	MEDICINE HAT
4/10	BARTON-JONES, KYLE	7299	23:48.368	04:45	13/183	10/77	+00:05:51	PARKSIDE SCHOC
5/10	VAN DAM, REECE	7281	24:46.839	04:57	17/183	13/77	+00:06:50	MEDICINE HAT
6/10	HINTZ, GAGE	7333	26:05.007	05:13	26/183	20/77	+00:08:08	BOW ISLAND
7/10	LEIGHTON, LEVI	7225	26:54.127	05:22	31/183	23/77	+00:08:57	MEDICINE HAT ST
8/10	HINTZ, MASON	7334	30:40.652	06:08	68/183	38/77	+00:12:44	BOW ISLAND
9/10	WILLIAMS, DREYDEN	7293	36:07.487	07:13	116/183	57/77	+00:18:10	REDCLIFF
10/10	QUIRK, CASHTON	7244	36:14.072	07:14	118/183	58/77	+00:18:17	REDCLIFF

5K18-29F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/15	BARLOW, ELLIE	7138	22:43.183	04:32	9/183	2/106	+00:00:00	MEDICINE HAT ST
2/15	ULM, HANNAH	7277	24:07.417	04:49	14/183	4/106	+00:01:24	MEDICINE HAT ST
3/15	WEIR, ADDISON	7289	24:51.317	04:58	18/183	5/106	+00:02:08	MEDICINE HAT ST
4/15	HARRIS, TEYA	7193	27:18.433	05:27	34/183	10/106	+00:04:35	TABER
5/15	ANGUS, MORGAN	7338	28:26.706	05:41	42/183	16/106	+00:05:43	MEDICINE HAT
6/15	KRUSHEL, EMILEE	7219	29:10.065	05:50	51/183	21/106	+00:06:26	MEDICINE HAT
7/15	MCGREGOR, DANI	7227	31:23.730	06:16	78/183	35/106	+00:08:40	DESERT BLUME
8/15	MAURER, RACHEL	7337	31:24.620	06:16	79/183	36/106	+00:08:41	MEDICINE HAT
9/15	OSADCZUK, JADE	7237	32:00.480	06:24	84/183	40/106	+00:09:17	JENNER
10/15	WEST, ALANA	7290	32:36.644	06:31	88/183	43/106	+00:09:53	MEDICINE HAT
11/15	CRIPPS, TILLEY	7155	34:47.377	06:57	99/183	49/106	+00:12:04	MEDICINE HAT
12/15	KOPEC, JORDAN	7213	34:50.891	06:58	100/183	50/106	+00:12:07	METHANEX
13/15	KLINGER, NATHALIE	7210	45:50.096	09:10	163/183	90/106	+00:23:06	MEDICINE HAT

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Category Results

5K Run - 3.1 Miles
183 Finishers

5K18-29F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
14/15	WALDBAUER, LEXIE	7285	46:26.072	09:17	166/183	92/106	+00:23:42	HANNA
15/15	FRANCIS, ERIN	7172	46:26.259	09:17	167/183	93/106	+00:23:43	HANNA

5K18-29M - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/16	HALLDORSON, QUINN	7187	18:46.886	03:45	2/183	2/77	+00:00:00	MEDICINE HAT
2/16	KOLOGY, KEEGAN	7212	19:33.034	03:54	3/183	3/77	+00:00:46	MEDICINE HAT
3/16	WILSON, SPENCER	7296	20:32.050	04:06	6/183	6/77	+00:01:45	MEDICINE HAT ST
4/16	GALLANT, CARSON	7178	23:38.987	04:43	12/183	9/77	+00:04:52	LETHBRIDGE
5/16	VANN, JUSTIN	7282	24:45.362	04:57	16/183	12/77	+00:05:58	MEDICINE HAT
6/16	SMITHIES, DONOVAN	7266	25:41.167	05:08	23/183	18/77	+00:06:54	MEDICINE HAT
7/16	KRUSHEL, KANEN	7220	29:09.785	05:49	50/183	30/77	+00:10:22	MEDICINE HAT
8/16	SEHN, ISSIAH	7259	29:13.933	05:50	54/183	32/77	+00:10:27	MEDICINE HAT ST
9/16	HERTER, ATLAS	7195	30:43.160	06:08	69/183	39/77	+00:11:56	CALGARY
10/16	PRICE, JUSTYN	7242	31:02.356	06:12	73/183	41/77	+00:12:15	MEDICINE HAT
11/16	CABANELA, CARL	7148	32:03.082	06:24	85/183	45/77	+00:13:16	MEDICINE HAT
12/16	HOWELLS, HAYDEN	7197	33:08.706	06:37	94/183	48/77	+00:14:21	MEDICINE HAT
13/16	KREUGER, LONDON	7216	33:42.408	06:44	97/183	49/77	+00:14:55	MEDICINE HAT
14/16	HURLBUT, ISAIAH	7200	38:26.774	07:41	129/183	61/77	+00:19:39	MEDICINE HAT
15/16	CARTER, LIAM	7149	40:56.798	08:11	148/183	70/77	+00:22:09	MEDICINE HAT
16/16	PINANGAY, CHRISTIAN	7348	40:58.461	08:11	149/183	71/77	+00:22:11	MEDICINE HAT ST

5K30-39F - 29 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/29	DEIS, ALLYSON	7160	27:52.183	05:34	37/183	12/106	+00:00:00	MEDICINE HAT
2/29	SCHLENKER, MELISSA	7253	28:22.488	05:40	41/183	15/106	+00:00:30	MEDICINE HAT
3/29	KRUEGER, SYDNEY	7218	28:42.620	05:44	46/183	18/106	+00:00:50	BROOKS
4/29	GIESBRECHT, COLLEEN	7303	28:58.370	05:47	48/183	19/106	+00:01:06	MEDICINE HAT
5/29	WHEELER, CHRISTINA	7291	29:26.753	05:53	55/183	23/106	+00:01:34	MEDICINE HAT ST
6/29	SHELSTAD, TASHA	7341	30:18.081	06:03	66/183	30/106	+00:02:25	MEDICINE HAT
7/29	YATES, LEYA	7298	30:48.972	06:09	71/183	31/106	+00:02:56	CORONACH
8/29	HANSON, KATELYNN	7189	32:24.480	06:28	87/183	42/106	+00:04:32	MEDICINE HAT
9/29	UNREINER, CORINNA	7280	32:51.502	06:34	90/183	44/106	+00:04:59	MEDICINE HAT
10/29	FRASER, NICOLE	7173	33:06.479	06:37	92/183	45/106	+00:05:14	FOX VALLEY
11/29	MARSHALL, CHELSEA	7324	33:10.979	06:38	95/183	47/106	+00:05:18	MEDICINE HAT
12/29	STEINHUBL, JENNY LEE	7271	35:18.994	07:03	103/183	52/106	+00:07:26	MEDICINE HAT
13/29	STUMBORG, CHAR	7350	35:19.322	07:03	104/183	53/106	+00:07:27	MEDICINE HAT
14/29	GEHL, COURTNEY	7181	35:58.157	07:11	109/183	55/106	+00:08:05	MEDICINE HAT
15/29	GEHL, CEANNA	7180	35:58.227	07:11	110/183	56/106	+00:08:06	RED DEER
16/29	SCHELLENBERG, KRYSTAL	7252	35:58.275	07:11	111/183	57/106	+00:08:06	RED DEER COUNT
17/29	KLEIN, TAYLOR	7209	37:24.336	07:28	121/183	63/106	+00:09:32	MEDICINE HAT
18/29	BULLOCK, CHELSIE	7147	38:23.048	07:40	127/183	67/106	+00:10:30	BARNWELL
19/29	GALECKI, LISA	7176	38:35.423	07:43	131/183	70/106	+00:10:43	MEDICINE HAT
20/29	DAVIS, JESSICA	7157	38:54.688	07:46	134/183	71/106	+00:11:02	RICHMOUND
21/29	PUDSEY, BRITTANY	7243	40:08.352	08:01	143/183	75/106	+00:12:16	MEDICINE HAT ST
22/29	ROSENAU, CHELSEA	7247	40:15.595	08:03	144/183	76/106	+00:12:23	MEDICINE HAT
23/29	WHITE, KIRSTEN	7292	40:15.618	08:03	145/183	77/106	+00:12:23	MEDICINE HAT
24/29	TUCKER, CODY	7276	40:59.400	08:11	150/183	79/106	+00:13:07	MEDICINE HAT
25/29	RYAN, STEPHANIE	7249	41:08.049	08:13	152/183	81/106	+00:13:15	MEDICINE HAT
26/29	GILCHRIST, MICHELA	7182	44:26.259	08:53	158/183	86/106	+00:16:34	MEDICINE HAT
27/29	KUEHN, NAGISA	7329	45:24.526	09:04	162/183	89/106	+00:17:32	MEDICINE HAT
28/29	NAZAROFF, SYDNEY	7234	51:23.494	10:16	176/183	100/106	+00:23:31	MEDICINE HAT
29/29	DART, APRIL	7322	51:26.566	10:17	178/183	102/106	+00:23:34	MEDICINE HAT

5K30-39M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/10	VOSSLER, LORNE	7284	22:38.707	04:31	8/183	7/77	+00:00:00	MEDICINE HAT
2/10	GIESBRECHT, CALEB	7302	25:45.761	05:09	24/183	19/77	+00:03:07	MEDICINE HAT
3/10	BABA, CHRISTOPHER	7136	28:32.449	05:42	44/183	27/77	+00:05:53	MEDICINE HAT
4/10	ANDRES, BRANDON	7133	28:33.643	05:42	45/183	28/77	+00:05:54	MEDICINE HAT
5/10	MONSON, KEVIN	7230	30:10.324	06:02	65/183	36/77	+00:07:31	MEDICINE HAT ST
6/10	STUDER, DEANER	7274	30:19.599	06:03	67/183	37/77	+00:07:40	MEDICINE HAT ST
7/10	ECKERT-LEDENE, ADAM	7167	35:19.744	07:03	105/183	52/77	+00:12:41	MEDICINE HAT

OA/PI = Overall Placing

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Category Results

5K Run - 3.1 Miles
183 Finishers

5K30-39M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
8/10	GALECKI, DYLAN	7175	38:37.087	07:43	132/183	62/77	+00:15:58	MEDICINE HAT
9/10	MAY, EVAN	7326	39:04.485	07:48	136/183	64/77	+00:16:25	MEDICINE HAT
10/10	HARDER, KEITH	7191	43:20.424	08:40	156/183	72/77	+00:20:41	MEDICINE HAT

5K40-49F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/24	BAIGENT, VANESSA	7202	26:04.956	05:12	25/183	6/106	+00:00:00	MEDICINE HAT
2/24	HARRIS, STACEY	7192	27:46.699	05:33	35/183	11/106	+00:01:41	TABER
3/24	PHON, PAIGE	7239	27:54.292	05:34	38/183	13/106	+00:01:49	METHANEX
4/24	WALKER, EMMA	7286	28:18.315	05:39	40/183	14/106	+00:02:13	MEDICINE HAT
5/24	CHUDLEIGH, KRISTY	7151	28:30.690	05:42	43/183	17/106	+00:02:25	MEDICINE HAT
6/24	BANMAN, ALISON	7137	29:10.488	05:50	53/183	22/106	+00:03:05	SWIFT CURRENT
7/24	JORDET, MELANIE	7339	29:36.292	05:55	56/183	24/106	+00:03:31	CYPRESS COUNT
8/24	DIACHENKO, OKSANA	7343	29:37.114	05:55	57/183	25/106	+00:03:32	MEDICINE HAT
9/24	LEHR, MANDY	7224	29:52.278	05:58	62/183	28/106	+00:03:47	MEDICINE HAT ST
10/24	SCHWAB, ERIN	7255	31:01.276	06:12	72/183	32/106	+00:04:56	MEDICINE HAT
11/24	KOBLEY, KENDRA	7211	31:21.035	06:16	77/183	34/106	+00:05:16	MEDICINE HAT ST
12/24	ARNAL, CAITLIN	7134	31:51.269	06:22	82/183	39/106	+00:05:46	EASTEND
13/24	MCHARGUE, CRYSTAL	7228	33:24.174	06:40	96/183	48/106	+00:07:19	MEDICINE HAT
14/24	CAMPBELL, MANDI	7342	37:24.266	07:28	120/183	62/106	+00:11:19	MEDICINE HAT
15/24	JANSMA, STACEY	7203	37:49.134	07:33	123/183	65/106	+00:11:44	BURSTALL
16/24	BLENKIN, LESLIE	7140	38:28.157	07:41	130/183	69/106	+00:12:23	MEDICINE HAT
17/24	GREENSTEIN, TWYLA	7185	39:43.089	07:56	141/183	73/106	+00:13:38	REDCLIFF
18/24	STEVENS, TRENA	7272	39:43.205	07:56	142/183	74/106	+00:13:38	RALSTON
19/24	MATHESON, COURTNEY	7226	41:07.218	08:13	151/183	80/106	+00:15:02	MEDICINE HAT
20/24	STATHAM, TRISH	7269	44:28.790	08:53	159/183	87/106	+00:18:23	MEDICINE HAT
21/24	DYCK, JENNIFER	7165	44:33.291	08:54	160/183	88/106	+00:18:28	MEDICINE HAT
22/24	BUCHTA, MELISSA	7146	47:20.611	09:28	168/183	94/106	+00:21:15	MEDICINE HAT
23/24	STREIFEL, RUTH	7273	51:22.393	10:16	175/183	99/106	+00:25:17	MEDICINE HAT
24/24	PENNER, AMY	7238	51:26.401	10:17	177/183	101/106	+00:25:21	MEDICINE HAT

5K40-49M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/7	LORENZ, BRENT	7308	25:09.386	05:01	20/183	15/77	+00:00:00	LETHBRIDGE
2/7	HUBICK, DUSTIN	7344	27:48.649	05:33	36/183	25/77	+00:02:39	RAYMORE
3/7	DYCK, ERIC	7164	28:57.620	05:47	47/183	29/77	+00:03:48	MEDICINE HAT
4/7	STATHAM, ALLAN	7268	31:18.386	06:15	75/183	42/77	+00:06:09	MEDICINE HAT
5/7	ZMURCHYK, MIKE	7351	35:27.036	07:05	107/183	54/77	+00:10:17	MEDICINE HAT
6/7	HURLBUT, TIM	7201	36:05.774	07:13	113/183	55/77	+00:10:56	MEDICINE HAT
7/7	KREUGER, GREG	7215	38:48.689	07:45	133/183	63/77	+00:13:39	MEDICINE HAT

5K50-59F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	EMERSON, SHERI	7323	23:21.198	04:40	10/183	3/106	+00:00:00	MEDICINE HAT
2/13	BARLOW, JANE	7139	29:08.473	05:49	49/183	20/106	+00:05:47	COCHRANE
3/13	SLORSTAD, TERESA	7263	31:16.254	06:15	74/183	33/106	+00:07:55	SUNNYNOOK
4/13	SCHULTZ, BERNADETTE	7254	33:08.401	06:37	93/183	46/106	+00:09:47	MAPLE CREEK
5/13	SIEDLECKI, RANDY	7336	35:18.830	07:03	102/183	51/106	+00:11:57	MEDICINE HAT
6/13	KISINGER, SHERRI	7328	35:46.509	07:09	108/183	54/106	+00:12:25	MEDICINE HAT
7/13	POLLARD, LAURIE	7316	36:12.970	07:14	117/183	60/106	+00:12:51	DR SAUER SCHOC
8/13	FODE, DENISE	7171	41:58.344	08:23	153/183	82/106	+00:18:37	BOW ISLAND
9/13	REYNOLDS, TAMI	7245	47:47.002	09:33	170/183	96/106	+00:24:25	CONSUL
10/13	DEGREEVE, LAURA	7158	50:23.002	10:04	172/183	97/106	+00:27:01	CALGARY
11/13	ORABI, TERESA	7235	54:28.118	10:53	180/183	103/106	+00:31:06	MEDICINE HAT
12/13	KOVALEVA, JULIE	7214	54:38.870	10:55	181/183	104/106	+00:31:17	MEDICINE HAT
13/13	WANDLER, DENISE	7288	54:40.982	10:56	182/183	105/106	+00:31:19	MEDICINE HAT

5K50-59M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/13	MESHEN, ROBBIE	7327	20:00.575	04:00	5/183	5/77	+00:00:00	MEDICINE HAT
2/13	MURPHY, ALAN	7232	25:28.136	05:05	21/183	16/77	+00:05:27	MEDICINE HAT
3/13	MACDONALD, TIM	7347	25:35.637	05:07	22/183	17/77	+00:05:35	MEDICINE HAT
4/13	GALLANT, BRAD	7177	27:08.753	05:25	32/183	24/77	+00:07:08	LETHBRIDGE
5/13	EGAN, DUNCAN	7169	29:10.395	05:50	52/183	31/77	+00:09:09	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles

183 Finishers

5K50-59M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
6/13	JOHNSON, CHRIS	7205	29:46.347	05:57	61/183	34/77	+00:09:45	METHANEX
7/13	GROVE, JOE	7186	31:58.627	06:23	83/183	44/77	+00:11:58	MEDICINE HAT ST
8/13	COPELAND, TREVOR	7152	32:50.823	06:34	89/183	46/77	+00:12:50	MEDICINE HAT
9/13	MARSHALL, CURTIS	7325	32:54.621	06:34	91/183	47/77	+00:12:54	DUNMORE
10/13	WILLIAMS, PAUL	7294	36:07.040	07:13	114/183	56/77	+00:16:06	REDCLIFF
11/13	NELSON, AARON	7345	38:09.336	07:37	126/183	60/77	+00:18:08	MEDICINE HAT
12/13	TAYLOR, PATRICK	7319	39:10.791	07:50	138/183	66/77	+00:19:10	MEDICINE HAT
13/13	DEGREEVE, SHAWN	7159	50:22.651	10:04	171/183	75/77	+00:30:22	CALGARY

5K60-69F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/6	GAUTHIER, HEATHER	7179	26:33.317	05:18	28/183	7/106	+00:00:00	LETHBRIDGE
2/6	GYORKOS, TERESA	7349	31:45.761	06:21	81/183	38/106	+00:05:12	CYPRESS COUNT
3/6	CLOUTIER, COLLEEN	7321	32:20.285	06:28	86/183	41/106	+00:05:46	MAPLE CREEK
4/6	SEATON, DE	7256	36:07.461	07:13	115/183	59/106	+00:09:34	MEDICINE HAT
5/6	DAVIS, ANNE	7156	38:54.690	07:46	135/183	72/106	+00:12:21	EASTEND
6/6	JENSEN, ANITA	7204	40:16.674	08:03	146/183	78/106	+00:13:43	BARNWELL

5K60-69M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	CRIPPS, STERLING	7154	29:43.652	05:56	60/183	33/77	+00:00:00	MEDICINE HAT
2/4	FODE, CLAYTON	7170	34:53.423	06:58	101/183	51/77	+00:05:09	BOW ISLAND
3/4	WRIGHT, SHAUN	7297	45:54.666	09:10	165/183	74/77	+00:16:11	MEDICINE HAT
4/4	SMITH, GARY	7264	53:32.870	10:42	179/183	77/77	+00:23:49	MEDICINE HAT

5K70-79F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/3	LABAS, CATHY	7221	43:21.300	08:40	157/183	85/106	+00:00:00	MEDICINE HAT
2/3	BROST, JUDY	7144	45:50.683	09:10	164/183	91/106	+00:02:29	CONSUL
3/3	THOMPSON, GAIL	7275	1:21:22.130	16:16	183/183	106/106	+00:38:00	MEDICINE HAT

5K70-79M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	OA/PI	Gen/PI	Offset	City
1/4	JOHNSTON, NORMAN	7206	29:55.534	05:59	63/183	35/77	+00:00:00	MEDICINE HAT
2/4	MCKINNON, ROBERT	7229	31:20.871	06:16	76/183	43/77	+00:01:25	CALGARY
3/4	LEBSACK, WARREN	7223	37:54.409	07:34	124/183	59/77	+00:07:58	MEDICINE HAT
4/4	EGAN, COLIN	7168	40:46.463	08:09	147/183	69/77	+00:10:50	MEDICINE HAT