

**2011 Raymond Triathlon  
Overall Results**

**Olympic 1.5K - 40K - 10K**

| Name                   | Bib# | Category  | Swim        | O/A | Cat | Bike        | O/A | Cat | Run         | O/A | Cat | Finish      | Cat/Pl | City         |
|------------------------|------|-----------|-------------|-----|-----|-------------|-----|-----|-------------|-----|-----|-------------|--------|--------------|
| 1 VAN GEEST, ALEXANDER | 566  | OLY20-29M | 00:34:34.85 | 6   | 1   | 01:12:01.95 | 1   | 1   | 00:46:13.90 | 2   | 1   | 02:32:50.70 | 1 / 2  | TABER        |
| 2 JOHNSON, KYLE        | 581  | OLY30-39M | 00:27:06.35 | 2   | 1   | 01:21:36.85 | 4   | 3   | 00:50:31.30 | 5   | 1   | 02:39:14.50 | 1 / 4  | LETHBRIDGE   |
| 3 BAINES, STEPHEN      | 571  | OLY30-39M | 00:32:19.90 | 4   | 2   | 01:18:22.70 | 2   | 1   | 00:51:57.90 | 6   | 2   | 02:42:40.50 | 2 / 4  | LETHBRIDGE   |
| 4 DALPHOND, LOUISE     | 574  | OLY40-49F | 00:29:07.25 | 3   | 1   | 01:25:38.45 | 8   | 1   | 00:50:25.00 | 4   | 1   | 02:45:10.70 | 1 / 2  | LETHBRIDGE   |
| 5 NYKWIST, SHEILA      | 569  | OLY30-39F | 00:35:57.05 | 9   | 1   | 01:30:10.30 | 11  | 2   | 00:40:01.35 | 1   | 1   | 02:46:08.70 | 1 / 2  | LETHBRIDGE   |
| 6 TAYLOR, LOWELL       | 565  | OLY20-29M | 00:34:38.20 | 7   | 2   | 01:22:41.05 | 6   | 2   | 00:50:20.90 | 3   | 2   | 02:47:40.15 | 2 / 2  | LETHBRIDGE   |
| 7 DIXON, TAYLOR        | 563  | OLY19&UF  | 00:24:30.05 | 1   | 1   | 01:28:45.80 | 10  | 1   | 00:58:02.50 | 8   | 1   | 02:51:18.35 | 1 / 1  | LETHBRIDGE   |
| 8 BRIDGE, AARON        | 572  | OLY30-39M | 00:39:42.85 | 11  | 4   | 01:18:59.85 | 3   | 2   | 00:54:10.55 | 7   | 3   | 02:52:53.25 | 3 / 4  | RAYMOND      |
| 9 POYTRESS, ALAN       | 577  | OLY50-59M | 00:33:47.05 | 5   | 1   | 01:22:24.10 | 5   | 1   | 01:06:51.10 | 10  | 1   | 03:03:02.25 | 1 / 1  | FORT MACLEOD |
| 10 HADFORD, CHRISTY    | 568  | OLY30-39F | 00:42:42.30 | 12  | 2   | 01:24:49.15 | 7   | 1   | 00:58:57.60 | 9   | 2   | 03:06:29.05 | 2 / 2  | LETHBRIDGE   |
| 11 WILLIAMSON, ROB     | 573  | OLY30-39M | 00:35:07.65 | 8   | 3   | 01:26:19.90 | 9   | 4   | 01:09:53.50 | 11  | 4   | 03:11:21.05 | 4 / 4  | LETHBRIDGE   |
| 12 SMITH, TAMARA       | 575  | OLY40-49F | 00:38:41.65 | 10  | 2   | 01:38:49.40 | 13  | 2   | 01:11:05.95 | 12  | 2   | 03:28:37.00 | 2 / 2  | COCHRANE     |
| 13 GORBAHN, JONATHAN   | 564  | OLY19&UM  | 00:43:59.35 | 13  | 1   | 01:35:54.35 | 12  | 1   | 01:24:54.95 | 13  | 1   | 03:44:48.65 | 1 / 1  | WESTEROSE    |