

Overall Results

Olympic 1.5K - 40K - 10K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 VAN GEEST, ALEXANDER	566	OLY20-29M	00:34:34.85	6	02:18	01:12:01.95	1	33.32	00:46:13.90	2	04:37	02:32:50.70	TABER
2 JOHNSON, KYLE	581	OLY30-39M	00:27:06.35	2	01:48	01:21:36.85	4	29.41	00:50:31.30	5	05:03	02:39:14.50	LETHBRIDGE
3 BAINES, STEPHEN	571	OLY30-39M	00:32:19.90	4	02:09	01:18:22.70	2	30.62	00:51:57.90	6	05:11	02:42:40.50	LETHBRIDGE
4 DALPHOND, LOUISE	574	OLY40-49F	00:29:07.25	3	01:56	01:25:38.45	8	28.02	00:50:25.00	4	05:02	02:45:10.70	LETHBRIDGE
5 NYKWIST, SHEILA	569	OLY30-39F	00:35:57.05	9	02:23	01:30:10.30	11	26.62	00:40:01.35	1	04:00	02:46:08.70	LETHBRIDGE
6 TAYLOR, LOWELL	565	OLY20-29M	00:34:38.20	7	02:18	01:22:41.05	6	29.03	00:50:20.90	3	05:02	02:47:40.15	LETHBRIDGE
7 DIXON, TAYLOR	563	OLY19&UF	00:24:30.05	1	01:38	01:28:45.80	10	27.04	00:58:02.50	8	05:48	02:51:18.35	LETHBRIDGE
8 BRIDGE, AARON	572	OLY30-39M	00:39:42.85	11	02:38	01:18:59.85	3	30.38	00:54:10.55	7	05:25	02:52:53.25	RAYMOND
9 POYTRESS, ALAN	577	OLY50-59M	00:33:47.05	5	02:15	01:22:24.10	5	29.13	01:06:51.10	10	06:41	03:03:02.25	FORT MACLI
10 HADFORD, CHRISTY	568	OLY30-39F	00:42:42.30	12	02:50	01:24:49.15	7	28.30	00:58:57.60	9	05:53	03:06:29.05	LETHBRIDGE
11 WILLIAMSON, ROB	573	OLY30-39M	00:35:07.65	8	02:20	01:26:19.90	9	27.80	01:09:53.50	11	06:59	03:11:21.05	LETHBRIDGE
12 SMITH, TAMARA	575	OLY40-49F	00:38:41.65	10	02:34	01:38:49.40	13	24.29	01:11:05.95	12	07:06	03:28:37.00	COCHRANE
13 GORBAHN, JONATHAN	564	OLY19&UM	00:43:59.35	13	02:55	01:35:54.35	12	25.02	01:24:54.95	13	08:29	03:44:48.65	WESTEROSE