

Overall Results

Super Sprint .2K - 10K - 2K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 COUTURE, JESSE	2013	SS20-29M	00:04:07.00	3	02:03	00:19:31.30	1	30.74	00:09:03.05	2	04:31	00:32:41.35	LETHBRIDGE
2 SNOW, TYLER	2038	SS16-19M	00:03:45.35	1	01:52	00:22:04.25	6	27.19	00:09:54.45	5	04:57	00:35:44.05	RAYMOND
3 GOMES, CHRISTIAN	2005	SS10-15M	00:03:58.55	2	01:59	00:21:54.45	5	27.39	00:10:21.70	8	05:10	00:36:14.70	LETHBRIDGE
4 STEPHAN, DAVID	2015	SS20-29M	00:05:29.45	16	02:44	00:21:01.95	4	28.53	00:10:28.70	9	05:14	00:37:00.10	RAYMOND
5 NICKLE, CHAD	2024	SS30-39M	00:05:57.25	24	02:58	00:20:52.90	3	28.73	00:10:43.20	10	05:21	00:37:33.35	RAYMOND
6 COUTURE, KATIE	2010	SS20-29F	00:04:23.55	7	02:11	00:20:40.65	2	29.02	00:12:32.55	22	06:16	00:37:36.75	LETHBRIDGE
7 BRIDGE, PETER	2033	SS16-19M	00:05:46.50	20	02:53	00:24:54.85	14	24.08	00:08:26.45	1	04:13	00:39:07.80	RAYMOND
8 BROOKS, BRAD	2034	SS16-19M	00:05:59.60	25	02:59	00:23:39.60	8	25.36	00:09:35.45	4	04:47	00:39:14.65	RAYMOND
9 STEWART, MATT	2031	SS10-15M	00:06:04.30	27	03:02	00:25:03.30	16	23.95	00:09:19.30	3	04:39	00:40:26.90	LETHBRIDGE
10 SALMON, STEPHANIE	2021	SS30-39F	00:04:49.95	10	02:24	00:24:12.10	10	24.79	00:11:36.95	18	05:48	00:40:39.00	RAYMOND
11 ROMPAIN, JOHNNY	2035	SS16-19M	00:06:01.40	26	03:00	00:24:26.20	11	24.55	00:10:12.35	7	05:06	00:40:39.95	RAYMOND
12 COHEN, JODIE	2016	SS30-39F	00:06:39.70	29	03:19	00:23:26.30	7	25.60	00:10:51.95	11	05:25	00:40:57.95	ATASCADER
13 JACOBS, ZACHARY	2007	SS10-15M	00:05:08.70	12	02:34	00:26:22.85	23	22.74	00:10:02.50	6	05:01	00:41:34.05	LETHBRIDGE
14 GEDNY, TRINA	2018	SS30-39F	00:05:50.90	22	02:55	00:24:54.35	13	24.09	00:11:31.25	17	05:45	00:42:16.50	TABER
15 POWLESLAND, SHELLEY	2020	SS30-39F	00:05:36.55	18	02:48	00:25:45.35	19	23.30	00:11:26.20	16	05:43	00:42:48.10	RAYMOND
16 DAVIS, WHITNEY	2017	SS30-39F	00:05:32.00	17	02:46	00:24:00.20	9	25.00	00:13:36.90	28	06:48	00:43:09.10	RAYMOND
17 MANKEE, LARISSA	2012	SS20-29F	00:04:45.95	9	02:22	00:26:09.60	22	22.94	00:12:13.60	21	06:06	00:43:09.15	LETHBRIDGE
18 DIXON, TEAGAN	1999	SS10-15F	00:04:38.20	8	02:19	00:25:15.70	17	23.75	00:13:16.40	26	06:38	00:43:10.30	LETHBRIDGE
19 GEDNY, CHASE	2004	SS10-15M	00:04:17.70	5	02:08	00:27:29.50	26	21.82	00:11:25.45	15	05:42	00:43:12.65	TABER
20 STEPHAN, COLLET	2022	SS30-39F	00:05:15.30	14	02:37	00:25:45.10	18	23.30	00:12:36.30	23	06:18	00:43:36.70	RAYMOND
21 SNOW, DALLIN	2009	SS10-15M	00:04:16.10	4	02:08	00:25:56.65	21	23.13	00:14:01.50	29	07:00	00:44:14.25	RAYMOND
22 SNOW, MEGAN	2002	SS10-15F	00:04:21.70	6	02:10	00:29:11.50	30	20.55	00:12:02.25	19	06:01	00:45:35.45	RAYMOND
23 JACOBS, JORDAN	2006	SS10-15M	00:04:53.60	11	02:26	00:25:02.50	15	23.96	00:15:47.30	34	07:53	00:45:43.40	LETHBRIDGE
24 LEAVITT, ISAAC	2008	SS10-15M	00:09:21.00	35	04:40	00:24:37.70	12	24.36	00:12:05.70	20	06:02	00:46:04.40	SELAH
25 STONE, SACHIE	2023	SS30-39F	00:05:54.55	23	02:57	00:27:14.75	24	22.02	00:13:00.45	25	06:30	00:46:09.75	STIRLING
26 WEBSTER, BRUCE	2028	SS50-59M	00:05:44.20	19	02:52	00:25:50.30	20	23.22	00:14:36.95	30	07:18	00:46:11.45	CARDSTON
27 HARTLEY, KYIRA	2000	SS10-15F	00:05:09.05	13	02:34	00:30:26.60	32	19.71	00:10:52.10	12	05:26	00:46:27.75	RAYMOND
28 HARVEY, ROSIE	2001	SS10-15F	00:05:17.60	15	02:38	00:27:16.35	25	22.00	00:15:06.85	31	07:33	00:47:40.80	LETH
29 BROOKS, BOYD	2003	SS10-15M	00:09:14.85	34	04:37	00:27:44.80	28	21.62	00:11:01.05	13	05:30	00:48:00.70	RAYMOND
30 ROMPAIN, SAM	2036	SS10-15M	00:07:47.85	33	03:53	00:27:42.00	27	21.66	00:12:41.35	24	06:20	00:48:11.20	RAYMOND
31 HEGGIE, CODY	2014	SS20-29M	00:05:50.70	21	02:55	00:31:03.85	33	19.31	00:11:22.75	14	05:41	00:48:17.30	RAYMOND
32 ROBINSON, CAROL	2026	SS50-59F	00:07:20.60	30	03:40	00:27:49.35	29	21.57	00:15:15.40	32	07:37	00:50:25.35	RAYMOND
33 STONE, DIANNA	2027	SS50-59F	00:06:15.20	28	03:07	00:29:18.40	31	20.47	00:16:07.10	35	08:03	00:51:40.70	CALGARY
34 BROOKS, KARI	2025	SS40-49F	00:07:35.95	32	03:47	00:31:43.60	34	18.91	00:13:33.30	27	06:46	00:52:52.85	RAYMOND
35 HAYNES, ANDREA	2019	SS30-39F	00:07:26.35	31	03:43	00:33:23.40	35	17.97	00:15:31.65	33	07:45	00:56:21.40	RAYMOND