

Overall Results

Sprint .5K - 20K - 5K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 SCHAERZ, SIMON	3819	SP20-29M	00:07:07.85	1	01:25	00:30:53.80	1	38.84	00:16:41.30	1	03:20	00:54:42.95	LETHBRIDGE
2 ADAMS, DAVE	3836	SP50-59M	00:11:41.85	15	02:20	00:36:08.35	2	33.20	00:21:05.75	2	04:13	01:08:55.95	LETHBRIDGE
3 SNOW, KIMBER	3811	SP16-19F	00:09:28.10	3	01:53	00:38:39.10	3	31.05	00:22:41.25	5	04:32	01:10:48.45	RAYMOND
4 ADAMS, BRITNEY	3814	SP20-29F	00:10:32.05	7	02:06	00:39:58.90	6	30.01	00:22:34.55	4	04:30	01:13:05.50	LETHBRIDGE
5 FREEZE, ROBERT	3825	SP30-39M	00:12:33.05	19	02:30	00:39:34.25	5	30.33	00:21:59.25	3	04:23	01:14:06.55	BOUNTIFUL
6 HARVEY, WILLIAM	576	SP50-59M	00:09:36.10	4	01:55	00:38:43.50	4	30.99	00:26:00.10	13	05:12	01:14:19.70	LETH
7 KASKO, RYAN	3833	SP40-49M	00:10:44.00	10	02:08	00:40:47.45	7	29.42	00:24:21.30	10	04:52	01:15:52.75	COALDALE
8 HILL, CAMELA	3815	SP20-29F	00:11:08.10	12	02:13	00:42:13.40	8	28.42	00:22:41.45	6	04:32	01:16:02.95	LETH
9 GOMES, ANTHONY	3832	SP40-49M	00:10:41.00	9	02:08	00:43:17.90	10	27.71	00:23:02.00	8	04:36	01:17:00.90	LETHBRIDGE
10 GOMES, ADRIENNE	3807	SP10-15F	00:09:50.50	5	01:58	00:44:33.50	15	26.93	00:23:01.60	7	04:36	01:17:25.60	LETHBRIDGE
11 GALLAGHER, DIANE	3821	SP30-39F	00:11:46.25	16	02:21	00:42:52.05	9	27.99	00:24:10.00	9	04:50	01:18:48.30	COALDALE
12 DOIG, BECKY	3820	SP30-39F	00:10:31.80	6	02:06	00:43:42.15	11	27.46	00:25:34.05	11	05:06	01:19:48.00	MAGRATH
13 DEJONG, JEFFREY	3831	SP40-49M	00:10:39.10	8	02:07	00:44:12.70	14	27.14	00:27:43.30	17	05:32	01:22:35.10	LETHBRIDGE
14 STEWART, PARKER	3810	SP10-15M	00:14:10.45	23	02:50	00:43:42.95	12	27.45	00:25:40.65	12	05:08	01:23:34.05	LETHBRIDGE
15 GALBRAITH, MIKE	3826	SP30-39M	00:12:25.95	18	02:29	00:44:39.50	16	26.87	00:27:15.80	15	05:27	01:24:21.25	RAYMOND
16 HAWKINS, TRACY	3822	SP30-39F	00:11:59.10	17	02:23	00:46:20.95	19	25.89	00:27:04.30	14	05:24	01:25:24.35	LETHBRIDGE
17 STEINBECK, MELISSA	3817	SP20-29F	00:13:38.95	22	02:43	00:45:55.50	18	26.13	00:29:06.15	19	05:49	01:28:40.60	LETH
18 WALKER, RENA	3824	SP30-39F	00:14:13.15	24	02:50	00:47:46.90	20	25.11	00:27:39.60	16	05:31	01:29:39.65	LETHBRIDGE
19 OHLMANN, NIKKI	3816	SP20-29F	00:11:30.90	14	02:18	00:48:33.30	21	24.71	00:29:51.10	22	05:58	01:29:55.30	COALDALE
20 ZOETEMAN, SHERRI	3830	SP40-49F	00:12:49.65	21	02:33	00:50:59.75	24	23.53	00:28:08.00	18	05:37	01:31:57.40	FORT MACLI
21 GIBB, J.O.	3827	SP30-39M	00:12:40.40	20	02:32	00:50:03.30	23	23.97	00:33:46.55	24	06:45	01:36:30.25	RAYMOND
22 HARVEY, JACK	3809	SP10-15M	00:11:15.10	13	02:15	00:45:17.40	17	26.50	00:41:24.70	28	08:16	01:37:57.20	LETH
23 OSADCZUK, LORNA	3834	SP50-59F	00:17:09.40	26	03:25	00:51:38.40	25	23.24	00:29:43.15	21	05:56	01:38:30.95	JENNER
24 GORBAHN, LYNNE	3829	SP40-49F	00:17:32.55	27	03:30	00:49:00.55	22	24.49	00:34:35.05	25	06:55	01:41:08.15	WESTEROSE
25 ZEMP, NORMA	3835	SP50-59F	00:20:09.95	28	04:01	00:43:44.45	13	27.43	00:39:35.00	27	07:55	01:43:29.40	RAYMOND
26 FISHER, JOHN	3837	SP50-59M	00:10:53.80	11	02:10	00:55:49.85	26	21.49	00:36:55.15	26	07:23	01:43:38.80	RAYMOND
27 SORENSEN, JULIETTA	3812	SP16-19F	00:08:46.40	2	01:45	01:08:23.80	28	17.54	00:29:15.05	20	05:51	01:46:25.25	LETHBRIDGE
28 BULLIS, BEV	3828	SP40-49F	00:15:40.95	25	03:08	01:00:46.75	27	19.74	00:31:59.10	23	06:23	01:48:26.80	STIRLING