

## 2013 Raymond Triathlon Overall Results w/Pace

**Sprint 750M - 20K - 5K****38 Total**

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	Pace	Bike:	O/A	Cat	Pace/K/H	Run:	O/A	Cat	Pace	City
WALKEY, GREG	SP30-39M	79	01:16:17.20	1	1	00:11:51.25	1	1	01:34	00:36:46.95	1	1	32.62	00:23:32.80	3	3	04:42	LETHBRIDGE
WINGERTER, LES	SP50-59M	92	01:18:09.00	2	1	00:13:29.00	3	2	01:47	00:37:22.15	2	1	32.11	00:24:05.25	5	1	04:49	LETHBRIDGE
MOHR, RYAN	SP30-39M	76	01:19:04.50	3	2	00:15:11.30	4	2	02:01	00:38:30.30	5	2	31.16	00:22:44.45	1	1	04:32	WELLING
PAWLENCHUK, TODD	SP40-49M	98	01:19:52.50	4	1	00:15:54.80	8	1	02:07	00:37:42.75	3	1	31.82	00:23:44.10	4	1	04:44	CARDSTON
DEPEW, JEFFREY	SP30-39M	74	01:20:40.40	5	3	00:15:36.65	6	3	02:04	00:39:08.75	7	3	30.65	00:22:58.05	2	2	04:35	CALGARY
DOERKSEN, BRIAN	SP40-49M	86	01:24:05.25	6	2	00:17:25.70	14	2	02:19	00:38:50.85	6	2	30.89	00:24:36.85	6	2	04:55	COALDALE
THOMPSON, DION	SP20-29M	66	01:24:58.75	7	1	00:16:14.00	11	1	02:09	00:37:56.60	4	1	31.63	00:27:41.20	11	1	05:32	LETHBRIDGE
BOSCH, WAYNE	SP40-49M	85	01:27:41.30	8	3	00:19:43.55	24	4	02:37	00:39:41.60	8	3	30.23	00:26:05.45	9	3	05:13	LETHBRIDGE
SALMON, STEPHANIE	SP30-39F	71	01:28:27.05	9	1	00:15:58.80	10	1	02:07	00:44:12.00	16	1	27.15	00:25:53.00	7	1	05:10	RAYMOND
ALSTON, KAREN	SP50-59F	101	01:31:18.35	10	1	00:18:52.05	21	2	02:30	00:41:13.40	10	1	29.11	00:28:26.70	16	1	05:41	MAGRATH
HEGGIE, WYATT	SP19&UM	62	01:32:51.40	11	1	00:20:03.90	27	2	02:40	00:44:04.30	15	1	27.23	00:26:02.00	8	1	05:12	RAYMOND
ARNOLDUSSEN, JONAS	SP40-49M	84	01:33:26.90	12	4	00:18:00.10	16	3	02:24	00:42:51.80	12	4	28.00	00:28:32.30	17	4	05:42	LETHBRIDGE
GALBRAITH, MICHAEL	SP30-39M	75	01:34:47.05	13	4	00:17:29.05	15	4	02:19	00:44:48.50	21	7	26.78	00:28:51.80	19	7	05:46	RAYMOND
ADAMS, BRITTNEY	SP20-29F	64	01:35:02.90	14	1	00:15:29.00	5	1	02:03	00:46:04.25	23	1	26.05	00:30:52.35	22	1	06:10	LETHBRIDGE
THORNTON, JEFF	SP50-59M	91	01:35:21.10	15	2	00:12:16.05	2	1	01:38	00:42:33.50	11	3	28.20	00:35:55.75	30	3	07:11	LETHBRIDGE
VANDER HEYDEN, MANON	SP40-49F	96	01:35:50.70	16	1	00:15:54.65	7	1	02:07	00:47:22.50	27	4	25.33	00:29:19.35	20	2	05:51	LETHBRIDGE
SUTTON, JEFFREY	SP30-39M	78	01:36:14.85	17	5	00:20:52.70	29	7	02:47	00:43:38.15	13	4	27.50	00:27:11.30	10	4	05:26	SPRUCE GROVE
CAHOON, JARETT	SP30-39M	73	01:36:59.75	18	6	00:18:02.45	17	5	02:24	00:44:44.85	19	6	26.82	00:28:47.10	18	6	05:45	CALGARY
ZECK, JAMES	SP19&UM	63	01:37:22.35	19	2	00:16:40.95	13	1	02:13	00:47:27.90	28	3	25.28	00:28:13.45	13	2	05:38	LETHBRIDGE
HIMSL-RAYNER, CHRISTINE	SP40-49F	82	01:37:36.30	20	2	00:19:41.50	23	4	02:37	00:43:52.00	14	1	27.36	00:28:14.85	14	1	05:38	LETHBRIDGE
BILODEAU-GOESEELS, SYLVIE	SP40-49F	80	01:39:53.90	21	3	00:18:50.25	20	3	02:30	00:45:41.30	22	2	26.26	00:30:31.65	21	3	06:06	LETHBRIDGE
NICKLE, CHAD	SP30-39M	77	01:40:42.40	22	7	00:19:48.25	26	6	02:38	00:46:07.80	25	8	26.01	00:31:45.75	23	8	06:21	RAYMOND
BIONDO, VINCENZO	SP30-39M	97	01:40:49.65	23	8	00:21:16.40	30	8	02:50	00:44:41.80	17	5	26.85	00:28:12.35	12	5	05:38	CALGARY
DAVIS, WHITNEY	SP30-39F	68	01:41:15.80	24	2	00:18:59.90	22	4	02:31	00:44:44.05	18	2	26.83	00:34:17.35	26	2	06:51	RAYMOND
ZOETEMAN, SHERRI	SP40-49F	83	01:42:44.75	25	4	00:18:44.70	18	2	02:29	00:47:17.35	26	3	25.38	00:31:58.10	24	4	06:23	FORT MACLEOD
GROVER, JACQUELINE	SP30-39F	69	01:45:32.95	26	3	00:16:36.95	12	2	02:12	00:48:42.30	29	3	24.64	00:35:22.60	28	3	07:04	LETHBRIDGE
GORBAHN, JONATHAN	SP19&UM	61	01:46:09.55	27	3	00:22:39.60	31	3	03:01	00:44:47.80	20	2	26.79	00:33:34.60	25	4	06:42	WESTEROSE
STODDARD, BECKY	SP50-59F	89	01:47:05.60	28	2	00:15:55.75	9	1	02:07	00:49:45.80	31	3	24.11	00:35:47.65	29	2	07:09	CALGARY
AUSTIN, STU	SP50-59M	90	01:48:32.35	29	3	00:28:45.30	35	3	03:50	00:39:56.80	9	2	30.04	00:35:14.95	27	2	07:02	CANMORE
AUSTIN, ROBYN	SP50-59F	88	01:50:02.55	30	3	00:19:46.90	25	3	02:38	00:46:04.30	24	2	26.05	00:38:39.55	32	3	07:43	CANMORE
FRANTZ, DON	SP60+M	99	02:00:24.25	31	1	00:20:11.80	28	1	02:41	00:50:27.80	33	1	23.78	00:44:43.30	34	1	08:56	LETHBRIDGE
BROOKS, BOYD	SP19&UM	100	02:00:41.30	32	4	00:28:54.15	36	4	03:51	00:58:12.70	36	4	20.61	00:28:16.05	15	3	05:39	RAYMOND
GORBAHN, LYNNE	SP40-49F	81	02:00:55.65	33	5	00:27:50.10	34	5	03:42	00:49:42.60	30	5	24.14	00:36:48.30	31	5	07:21	WESTEROSE
GORBAHN, JON	SP40-49M	87	02:07:25.15	34	5	00:25:48.90	33	5	03:26	00:55:00.95	35	5	21.81	00:39:43.30	33	5	07:56	WESTEROSE
GORBAHN, GREGERY	SP20-29M	65	02:11:40.15	35	2	00:23:20.70	32	2	03:06	00:50:23.30	32	2	23.82	00:52:37.45	37	2	10:31	WESTEROSE
GORBAHN, MARY	SP19&UF	59	02:17:04.05	36	1	00:30:50.55	37	1	04:06	00:51:13.85	34	1	23.42	00:47:22.90	36	1	09:28	WESTEROSE
HANCOCK, AMANDA	SP30-39F	70	02:24:42.15	37	4	00:18:46.00	19	3	02:30	01:14:51.50	38	4	16.03	00:45:56.85	35	4	09:11	RAYMOND
GREGSON, TENILLE	SP19&UF	60	02:33:19.70	38	2	00:30:59.40	38	2	04:07	00:58:39.00	37	2	20.46	00:54:13.85	38	2	10:50	EDMONTON