

## Overall Results w/Pace

## Sprint 750M - 20K - 5K \*\*37 Competitors\*\*

37 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	Pace	Bike:	O/A	Cat	PaceK/H	Run:	O/A	Cat	Pace	City
ROBDRUP, DANNY	SP30-39M	166	01:10:29.05	1	1	00:13:51.80	3	3	01:50	00:35:04.10	1	1	34.22	00:20:10.50	1	1	04:02	ZEPHBRIDGE
ELLIS, SHANE	SP30-39M	165	01:18:55.80	2	2	00:14:55.05	6	4	01:59	00:39:15.80	5	2	30.56	00:21:47.65	2	2	04:21	LETHBRIDGE
WINGERTER, LES	SP50-59M	178	01:20:31.00	3	1	00:13:55.00	4	1	01:51	00:38:26.50	4	2	31.22	00:24:58.85	5	1	04:59	LETHBRIDGE
SARGENT, DAVID	SP50-59M	177	01:23:57.20	4	2	00:15:44.40	11	2	02:05	00:37:29.60	3	1	32.01	00:25:55.60	7	2	05:11	CALGARY
DAVIS, KIMBERLEE	SP30-39F	183	01:25:04.25	5	1	00:19:17.50	20	4	02:34	00:36:59.75	2	1	32.44	00:25:04.60	6	1	05:00	LETHBRIDGE
WALKEY, GREG	SP30-39M	167	01:25:16.25	6	3	00:12:29.05	2	2	01:39	00:42:58.15	7	3	27.93	00:26:40.10	10	3	05:20	LETHBRIDGE
LOWE, DAVID	SP30-39M	184	01:28:16.75	7	4	00:11:45.30	1	1	01:34	00:43:12.70	8	4	27.77	00:28:45.95	17	4	05:45	LETHBRIDGE
FOGGIN, CODY	SP20-29M	157	01:30:14.10	8	1	00:18:05.15	17	2	02:24	00:43:27.35	9	1	27.61	00:24:31.40	4	1	04:54	CALGARY
ELLIS, SARAH	SP30-39F	162	01:30:23.45	9	2	00:14:56.05	7	1	01:59	00:45:40.80	13	2	26.27	00:27:10.85	12	3	05:26	LETHBRIDGE
BIONDO, VINCENZO	SP40-49M	170	01:31:54.15	10	1	00:19:08.50	19	3	02:33	00:42:32.10	6	1	28.21	00:26:53.80	11	1	05:22	CALGARY
SALMON, STEPHANIE	SP30-39F	163	01:34:16.95	11	3	00:16:38.50	12	2	02:13	00:46:06.15	14	3	26.03	00:28:38.30	16	4	05:43	RAYMOND
BEAZER, ALYSSA	SP20-29F	153	01:34:27.85	12	1	00:15:16.95	9	1	02:02	00:47:01.05	16	2	25.52	00:29:22.20	20	1	05:52	RAYMOND
HEINO, SHERRY	SP50-59F	175	01:34:54.70	13	1	00:22:35.55	30	3	03:00	00:44:19.75	10	1	27.07	00:24:02.30	3	1	04:48	LETHBRIDGE
SMITH, CAMERON	SP20-29M	160	01:35:19.50	14	2	00:16:41.65	13	1	02:13	00:47:44.95	19	2	25.13	00:27:11.20	13	2	05:26	CALGARY
NICKLE, CHAD	SP40-49M	172	01:36:24.05	15	2	00:15:09.20	8	1	02:01	00:45:13.75	11	2	26.53	00:32:28.50	31	4	06:29	RAYMOND
BEAZER, ESTHER	SP20-29F	154	01:36:41.35	16	2	00:15:21.00	10	2	02:02	00:45:25.75	12	1	26.41	00:32:12.70	30	4	06:26	LETHBRIDGE
GALBRAITH, MIKE	SP30-39M	181	01:37:20.70	17	5	00:16:46.00	14	5	02:14	00:47:15.30	17	5	25.39	00:29:37.05	21	5	05:55	RAYMOND
ZOETEMAN, SHERRI	SP40-49F	169	01:42:42.90	18	1	00:19:21.15	21	1	02:34	00:47:21.55	18	1	25.34	00:30:56.35	24	1	06:11	FORT MACLEOS
HIMSL, CHRISTINE	SP50-59F	176	01:42:47.55	19	2	00:19:47.20	22	1	02:38	00:46:44.50	15	2	25.67	00:31:55.65	29	3	06:23	LETHBRIDGE
GORBAHN, GREGERY	SP20-29M	158	01:43:29.00	20	3	00:22:16.85	29	4	02:58	00:48:30.15	21	4	24.74	00:28:57.75	18	4	05:47	WESTEROSE
BIONDO, PATRICIA	SP30-39F	161	01:43:55.05	21	4	00:16:49.30	15	3	02:14	00:50:37.65	23	4	23.70	00:31:22.95	25	5	06:16	CALGARY
WALSHE, HEIDEE	SP30-39F	164	01:44:25.80	22	5	00:21:10.80	27	5	02:49	00:51:56.50	26	5	23.10	00:26:00.80	8	2	05:12	LETHBRIDGE
BAKER, JARED	SP20-29M	185	01:44:38.55	23	4	00:20:24.85	24	3	02:43	00:47:57.55	20	3	25.02	00:30:36.40	22	5	06:07	RAYMOND
BEAZER, MAX	SP20-29M	156	01:46:30.70	24	5	00:23:45.40	32	5	03:10	00:49:08.60	22	5	24.42	00:28:34.90	15	3	05:42	RAYMOND
MCKAY, JOHN	SP40-49M	171	01:47:20.70	25	3	00:19:00.85	18	2	02:32	00:54:50.35	28	4	21.88	00:28:33.30	14	2	05:42	LETHBRIDGE
BOHNE, CHASE	SP19&UM	188	01:47:43.30	26	1	00:14:20.00	5	1	01:54	01:01:18.10	37	4	19.58	00:28:59.70	19	2	05:47	RAYMOND
BROOKS, BOYD	SP19&UM	150	01:51:15.00	27	2	00:23:26.10	31	4	03:07	00:58:30.55	32	3	20.51	00:26:28.30	9	1	05:17	RAYMOND
HEGGIE, CHASE	SP19&UM	152	01:54:28.15	28	3	00:21:12.75	28	3	02:49	00:55:44.25	30	2	21.53	00:34:39.65	32	3	06:55	RAYMOND
GIBB, BLAKE	SP19&UM	151	01:54:43.35	29	4	00:17:56.80	16	2	02:23	00:51:34.55	25	1	23.27	00:41:47.70	36	4	08:21	RAYMOND
GEDNY, TRINA	SP40-49F	168	01:56:27.50	30	2	00:20:19.20	23	2	02:42	00:55:05.85	29	3	21.78	00:37:03.45	33	2	07:24	TABER
TOLLESTRUP, DIANNE	SP50-59F	187	01:56:42.25	31	3	00:20:49.40	26	2	02:46	00:59:28.65	35	3	20.18	00:31:28.55	26	2	06:17	RAYMOND
BAKER, NATALIE	SP20-29F	186	01:57:50.05	32	3	00:20:25.50	25	3	02:43	00:59:21.10	34	4	20.22	00:31:28.85	27	2	06:17	RAYMOND
WALSHE, SEAN	SP40-49M	173	01:58:47.50	33	4	00:31:13.25	37	4	04:09	00:51:07.50	24	3	23.47	00:30:41.90	23	3	06:08	LETHBRIDGE
SEKURA, SAM	SP20-29F	155	01:59:14.90	34	4	00:24:49.25	35	4	03:18	00:58:37.40	33	3	20.47	00:31:54.55	28	3	06:22	LETHBRIDGE
JONES, TESSA	SP40-49F	190	02:04:38.45	35	3	00:24:41.60	34	3	03:17	00:53:48.15	27	2	22.30	00:40:43.55	35	3	08:08	LETHBRIDGE
GORBAHN, JONATHAN	SP20-29M	159	02:04:39.60	36	6	00:23:54.10	33	6	03:11	00:57:42.00	31	6	20.80	00:37:51.55	34	6	07:34	WESTEROSE
GORBAHN, LYNNE	SP50-59F	174	02:15:26.55	37	4	00:26:47.85	36	4	03:34	01:00:26.70	36	4	19.85	00:42:50.50	37	4	08:34	WESTEROSE