

Overall Results w/Pace

Sprint 750M - 20K - 5K **41 Competitors**

41 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	Pace	Bike:	O/A	Cat	PaceK/H	Run:	O/A	Cat	Pace	City
ROBDRUP, DANNY	SP30-39M	307	01:07:25.22	1	1	00:12:52.14	2	1	01:42	00:33:19.80	2	1	36.00	00:19:25.19	2	1	03:53	ZEPHBRIDGE
JENSEN, BROCK	SP13-16M	286	01:11:04.85	2	1	00:13:01.33	3	1	01:44	00:37:55.90	3	1	31.64	00:17:03.09	1	1	03:24	LETHBRIDGE
SMITH, BECKY	SP20-29F	293	01:16:31.19	3	1	00:12:16.20	1	1	01:38	00:39:04.04	8	1	30.72	00:23:02.23	4	1	04:36	CAMROSE
BRYANT, JEFF	SP60+M	325	01:17:10.43	4	1	00:13:44.89	5	1	01:49	00:38:45.43	6	2	30.96	00:22:36.35	3	1	04:31	LETHBRIDGE
JENSEN, JAMES	SP40-49M	313	01:19:19.44	5	1	00:14:55.00	8	1	01:59	00:38:08.16	4	1	31.47	00:23:04.17	5	1	04:36	LETHBRIDGE
WINGERTER, LES	SP60+M	326	01:23:03.92	6	2	00:14:08.82	6	2	01:53	00:38:45.13	5	1	30.97	00:26:19.01	12	2	05:15	LETHBRIDGE
KURIO, BRETT	SP30-39M	306	01:23:37.35	7	2	00:17:18.29	14	2	02:18	00:39:27.54	9	2	30.41	00:23:25.46	6	2	04:41	LETHBRIDGE
KASKO, RYAN	SP40-49M	314	01:24:08.48	8	2	00:17:20.23	15	3	02:18	00:39:28.06	10	2	30.40	00:24:08.97	9	2	04:49	COALDALE
TURCATO, BRETT	SP30-39M	308	01:25:53.96	9	3	00:18:18.74	20	3	02:26	00:40:26.50	12	3	29.67	00:23:39.16	7	3	04:43	LETHBRIDGE
HARVEY, WILLIAM	SP50-59M	330	01:26:05.12	10	1	00:15:08.91	9	1	02:01	00:38:55.18	7	1	30.83	00:28:50.20	20	1	05:46	LETHBRIDGE
FOLTINEK, MELISSA	SP30-39F	298	01:29:47.72	11	1	00:16:50.24	12	3	02:14	00:41:08.97	13	1	29.16	00:27:08.92	14	2	05:25	CALGARY
HALL, KIRK	SP40-49M	312	01:30:06.82	12	3	00:17:08.43	13	2	02:17	00:40:14.82	11	3	29.82	00:27:41.94	17	6	05:32	RAYMOND
BIONDO, VINCENZO	SP40-49M	328	01:31:47.19	13	4	00:20:26.95	27	7	02:43	00:42:19.16	14	4	28.36	00:25:03.84	11	3	05:00	CALGARY
OLIVEROS, VALENTE	SP40-49M	316	01:32:27.12	14	5	00:17:36.76	16	4	02:20	00:43:33.53	17	5	27.55	00:27:35.23	16	5	05:31	COALDALE
MULDER, BROOKE	SP30-39F	300	01:32:54.26	15	2	00:16:21.92	11	2	02:10	00:44:07.97	18	2	27.19	00:29:09.93	22	3	05:49	LETHBRIDGE
LOW, JENNIE	SP30-39F	299	01:34:44.66	16	3	00:22:04.09	35	7	02:56	00:45:17.28	21	3	26.50	00:24:12.39	10	1	04:50	LETHBRIDGE
GALBRAITH, MIKE	SP40-49M	311	01:34:50.08	17	6	00:19:07.27	24	6	02:32	00:44:28.14	19	6	26.99	00:27:01.99	13	4	05:24	RAYMOND
PAYNE, BARB	SP50-59F	319	01:35:27.47	18	1	00:20:49.95	30	1	02:46	00:43:09.52	15	1	27.80	00:27:28.66	15	1	05:29	EDMONTON
NICKLE, CHAD	SP40-49M	315	01:36:38.41	19	7	00:18:00.63	18	5	02:24	00:45:28.56	22	7	26.39	00:29:33.44	23	7	05:54	RAYMOND
SEDDON, JESSE	SP20-29M	295	01:37:12.91	20	1	00:20:47.18	29	1	02:46	00:44:43.88	20	1	26.83	00:28:01.81	18	1	05:36	REDCLIFF
NIXON, MEGAN	SP20-29F	289	01:37:25.31	21	2	00:13:41.01	4	2	01:49	00:50:24.23	31	5	23.81	00:28:27.84	19	3	05:41	LETHBRIDGE
WOLFS, EDWARD	SP30-39M	309	01:39:25.74	22	4	00:18:31.33	23	4	02:28	00:43:25.70	16	4	27.63	00:30:57.60	27	4	06:11	LACOMBE
CHOLIK, SHARLEEN	SP30-39F	297	01:42:37.50	23	4	00:20:03.46	26	5	02:40	00:47:26.24	24	4	25.30	00:31:00.18	28	4	06:12	MORINVILLE
PATTERSON, STACY	SP20-29F	290	01:44:03.42	24	3	00:18:29.86	21	5	02:27	00:47:29.11	25	2	25.27	00:34:00.73	30	6	06:48	LETHBRIDGE
TAUBERT, BRAD	SP20-29M	296	01:46:15.22	25	2	00:23:29.51	37	2	03:07	00:47:31.03	26	2	25.25	00:30:29.75	25	2	06:05	CALGARY
STEVENS, SCOTT	SP40-49M	317	01:47:20.05	26	8	00:23:14.48	36	8	03:05	00:46:28.45	23	8	25.82	00:33:24.70	29	8	06:40	PICTURE BUTTE
MCCAHON, ERICA	SP20-29F	288	01:47:30.90	27	4	00:21:23.37	33	8	02:51	00:57:09.28	38	8	21.00	00:23:42.84	8	2	04:44	MAGRATH
GOMES, ADRIENNE	SP20-29F	327	01:47:40.54	28	5	00:14:22.56	7	3	01:55	00:48:32.75	29	4	24.72	00:41:10.15	36	8	08:14	LETHBRIDGE
STORER, MANDI	SP20-29F	329	01:47:41.93	29	6	00:17:38.29	17	4	02:21	00:54:45.72	33	6	21.91	00:29:54.07	24	4	05:58	IDAHO FALLS
FISHER, JOHN	SP50-59M	320	01:50:25.05	30	2	00:18:03.37	19	2	02:24	00:48:32.37	28	2	24.72	00:38:56.42	35	3	07:47	RAYMOND
MCCAHON, JAMIE	SP50-59M	323	01:51:51.31	31	3	00:21:50.53	34	3	02:54	00:55:49.21	35	3	21.50	00:28:59.96	21	2	05:47	MAGRATH
WENDORFF, NAOMI	SP30-39F	304	01:54:47.09	32	5	00:18:30.85	22	4	02:28	00:49:06.84	30	5	24.43	00:43:30.13	38	7	08:42	LETHBRIDGE
WARD, KIM	SP40-49F	310	01:55:13.03	33	1	00:21:07.10	32	1	02:48	00:54:02.06	32	1	22.21	00:34:47.66	31	1	06:57	BARONS
STEED, JULIA	SP20-29F	294	01:56:00.09	34	7	00:25:23.29	40	9	03:23	00:56:14.07	36	7	21.34	00:30:35.63	26	5	06:07	LETHBRIDGE
NAKASHIMA, MIKA	SP30-39F	301	02:00:29.75	35	6	00:24:33.61	38	8	03:16	00:55:37.97	34	6	21.57	00:35:00.94	32	5	07:00	LETHBRIDGE
SEKURA, SAMANTHA	SP20-29F	292	02:00:49.07	36	8	00:20:34.52	28	7	02:44	01:00:24.09	39	9	19.87	00:36:07.97	33	7	07:13	COALHURST
FOLTINEK, SUSAN	SP60+F	324	02:17:05.37	37	1	00:32:19.11	41	1	04:18	00:56:48.94	37	1	21.12	00:38:53.71	34	1	07:46	CALGARY
SARUWATARI, MEGHAN	SP30-39F	303	02:21:54.57	38	7	00:20:56.80	31	6	02:47	01:13:33.36	41	8	16.31	00:42:13.34	37	6	08:26	CALGARY
PARKINSON, COURTENAY	SP30-39F	302	02:27:09.77	39	8	00:24:52.79	39	9	03:19	01:10:03.85	40	7	17.13	00:45:02.84	39	8	09:00	CALGARY
PEDERSEN, CHANDLER	SP20-29F	291	DNF	40	9	00:19:35.19	25	6	02:36	00:47:47.79	27	3	25.11	00:00:00.00			00:00	LETHBRIDGE
YAVITU, SARAH	SP30-39F	305	DNF	41	9	00:15:19.30	10	1	02:02	00:00:00.00	1		0.00	00:00:00.00			00:00	LETHBRIDGE