

**2019 Raymond Triathlon  
Overall Gender Results**

**Super Sprint 250M - 10K - 2.5K \*\*22 Competitors\*\***

**Female \*\*15 Competitors\*\***

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
1. ELLIOTT, SASHA	856	SS13-16F	00:38:01.67	00:04:34.71	1	00:21:00.44	1	00:10:34.87	1	WATERTON
2. WOOD, PAIGE	863	SS20-29F	00:47:59.94	00:05:43.51	1	00:24:36.25	2	00:13:47.43	1	BARNWELL
3. WILDE, MIA	857	SS13-16F	00:48:18.64	00:05:08.98	2	00:25:27.49	2	00:13:17.52	2	WELLING
4. WENDORFF, KIAH	853	SS12&UF	00:50:33.15	00:05:41.22	1	00:26:11.46	1	00:14:43.03	1	RAYMOND
5. WOLFS, CARLENE	862	SS20-29F	00:52:31.54	00:07:25.52	2	00:23:58.91	1	00:16:24.59	2	SPARWOOD
6. SCHINDEL, BRIE	868	SS30-39F	00:56:33.65	00:07:56.81	2	00:26:53.68	1	00:17:00.29	1	LETHBRIDGE
7. SIDDALL, DONNA	877	SS60+F	01:03:22.75	00:11:38.74	1	00:26:43.56	1	00:19:15.23	1	FERNIE
8. FREED, MARY	872	SS40-49F	01:03:31.77	00:11:52.71	3	00:28:36.21	1	00:18:46.98	1	CALGARY
9. DE GUZMAN, JENNA	861	SS20-29F	01:03:42.94	00:11:11.64	3	00:27:21.37	3	00:17:45.55	3	LETHBRIDGE
10. PRENEVOST, TAMMY	874	SS40-49F	01:06:17.42	00:06:30.79	1	00:32:44.80	2	00:20:41.83	2	LETHBRIDGE
11. NELSON, MAELLE	851	SS12&UF	01:07:42.54	00:07:41.01	2	00:33:27.38	2	00:20:53.54	2	RAYMOND
12. SCHIPPER, CHRISTIE	869	SS30-39F	01:07:45.83	00:06:41.83	1	00:33:18.34	2	00:21:01.10	2	LETHBRIDGE
13. KAPCSOS, SARAH	867	SS30-39F	01:19:01.66	00:11:31.75	3	00:34:52.36	3	00:25:01.38	3	COCHRANE
14. FRANKS, JILL	871	SS40-49F	01:41:56.13	00:07:26.47	2	00:45:17.70	3	00:31:36.05	3	CALGARY
15. KING, TRACY	873	SS40-49F	01:43:33.01	00:11:54.38	4	00:48:46.80	4	00:31:40.11	4	OKOTOKS

**Male \*\*7 Competitors\*\***

Name	Bib#	Category	Finish	Swim	Cat	Bike	Cat	Run	Cat	City
1. PALMER, WESTON	866	SS20-29M	00:46:48.77	00:07:21.45	3	00:21:26.78	1	00:13:24.28	1	EDMONTON
2. PALMER, ETHAN	865	SS20-29M	00:48:47.33	00:06:45.89	2	00:23:38.20	2	00:14:02.84	2	SPARWOOD
3. HEGGIE, WYATT	864	SS20-29M	00:51:51.48	00:06:01.41	1	00:25:07.46	3	00:14:37.53	3	RAYMOND
4. BEAZER, BRODY	854	SS12&UM	00:55:23.42	00:07:03.12	2	00:29:54.96	2	00:14:34.75	1	RAYMOND
5. CAIN, RYDER	855	SS12&UM	00:56:10.40	00:06:11.53	1	00:29:15.27	1	00:16:24.16	2	FERNIE
6. DAVIS, ROMAN	858	SS13-16M	01:00:29.89	00:07:12.18	1	00:30:43.94	1	00:17:24.20	1	RAYMOND
7. ROBINSON, ZACK	860	SS13-16M	01:07:32.64	00:07:46.72	2	00:31:58.53	2	00:21:48.67	2	LETHBRIDGE